

# **The Southwark Children and Young People's Health and Wellbeing Survey 2023**

**A report for  
Borough, Bankside & Walworth**

**The Schools Health Education Unit**

**[www.sheu.org.uk](http://www.sheu.org.uk)**

**SHEU**



# **School Survey Report 2023**

Borough, Bankside & Walworth compared with Southwark Primary

Produced by the  
Schools Health Education Unit

The contents of this book are © SHEU 2023. Users of the Health Related Behaviour Questionnaire survey service are permitted to reproduce or adapt these materials for use within the classroom only.

The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager  
Schools Health Education Unit  
9 Yeo Business Park  
Axehayes Farm  
Clyst St. Mary  
Exeter EX5 1DP

Tel: 01392 667272 Fax: 01392 667269

e-mail [angela.balding@sheu.org.uk](mailto:angela.balding@sheu.org.uk)

## CONTENTS

Foreword .....	2
Introduction .....	3
Spine Charts .....	5
Top differences between Borough, Bankside & Walworth and Southwark Primary Borough, Bankside & Walworth Headlines.....	6 10
Significant Differences .....	14
Background .....	16
School .....	19
Emotional Health & Wellbeing .....	26
Safety and Bullying .....	42
Health & Hygiene .....	48
Year 6 only: Growing Up.....	51
Physical Activity .....	52
Healthy Eating .....	56
Smoking and Vaping .....	61
Year 6 only: Internet Safety .....	62
List of Tables .....	68

N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

## Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



**Angela Balding**

Survey Manager

Schools Health Education Unit



**Dr. David Regis**

Research Manager

Schools Health Education Unit

## Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 40 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have had access to your online results, which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The online results show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

### Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at [www.sheu.org.uk/publications](http://www.sheu.org.uk/publications)) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

**Your survey** (Reference sample)

	Your Survey		Reference Sample	
	Year 4	Year 6	Year 4	Year 6
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits			
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

**Your survey** (Reference sample)

## Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

## The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	91	46	88	493	262	521
Girls	76	44	83	410	245	497

Please note that 3 (26) pupil(s) identified themselves as other, while 12 (56) preferred not to say or didn't answer the question. These pupils will not be included in any tables or charts which are split by sex, however they will be included in any total figures.

Please note that if the proportions of younger and older pupils, or boys or girls, are very different in your school sample compared with the wider sample, then you may need to consider this as a cause when looking at any differences between your school and the wider data. Many of the headlines figures are broken by age and gender in the main body of the report, which will give more contexts for interpretation. Please contact SHEU if you would like to discuss.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

In the report, you may see '-' in the tables or text (e.g. '%').

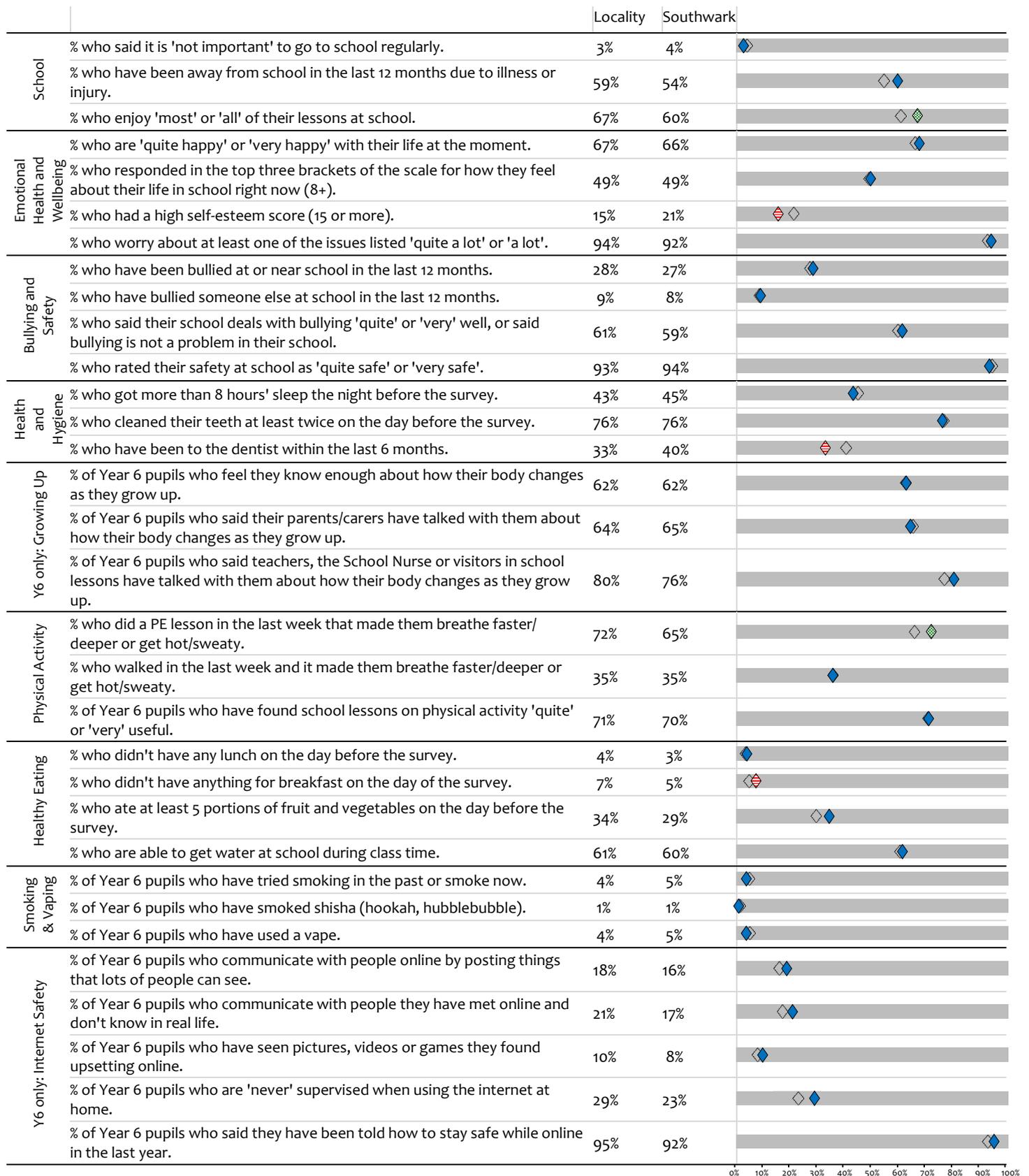
This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

# Spine Charts

## Key Findings

In the chart below a coloured diamond represents Borough, Bankside & Walworth's result, while the hollow diamond represents the figure for Southwark Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (spots), negative (stripes) or if it is not statistically significant (solid).

◆ Locality neutral value   ◆ Locality worse than Southwark   ◆ Locality better than Southwark   ◇ Southwark value



0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

# Top differences between Borough, Bankside & Walworth and Southwark Primary

<p><b>Key:</b></p> <ul style="list-style-type: none"> <li><span style="color: green;">●</span> - Significantly better than Southwark average</li> <li><span style="color: blue;">●</span> - Not significantly different</li> <li><span style="color: red;">●</span> - Significantly worse than Southwark average</li> </ul>	<p><b>Interpretation</b></p> <p>In the chart below a coloured circle represents Borough, Bankside &amp; Walworth's result, while the black line represents the mean for Southwark. The distance between the circle and the black line indicates the size of the difference between the percentages – the greater the gap, the larger the difference.</p> <p>The colour of the circle reflects whether a difference is statistically significant and if the difference is positive (green), negative (red) or if it is not statistically significant (blue).</p>
---	---

## Most positive differences between Borough, Bankside & Walworth and Southwark Primary:

### School

	Locality 2023	Southwark 2023	
Pupils who enjoy 'most' or 'all' of their lessons at school.	67%	60%	
Pupils who said it is 'not important' to go to school regularly.	3%	4%	
Year 6 pupils who had a high pupil perceptions score (1.5-2).	39%	36%	
Year 6 pupils who have found school lessons about living in the wider world 'quite' or 'very' useful.	62%	61%	
Year 6 pupils who said it's 'certainly true' that their school encourages everyone to take part in decisions.	56%	56%	

### Emotional Health & Wellbeing

	Locality 2023	Southwark 2023	
Pupils who had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.	29%	24%	
Pupils who have been feeling or thinking that good things will happen in their life at least 'quite a lot of the time' over the past couple of weeks.	63%	60%	
Pupils who don't worry 'at all' about moving on to secondary school.	20%	18%	
Pupils who are 'quite happy' or 'very happy' with their life at the moment.	67%	66%	
Year 6 pupils who said that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do.	73%	71%	

### Safety and Bullying

	Locality 2023	Southwark 2023	
Pupils who said adults not listening to them makes them feel unsafe in school.	2%	3%	
Pupils who don't feel safe in school.	9%	9%	
Year 6 pupils who have been pushed or hit for no reason in the last month.	32%	32%	

### Health & Hygiene

	Locality 2023	Southwark 2023	
No applicable differences found.			

### Year 6 only: Growing Up

	Locality 2023	Southwark 2023	
Year 6 pupils who said teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.	80%	76%	
Year 6 pupils who feel they know enough about how their body changes as they grow up.	62%	62%	

### Physical Activity

	Locality 2023	Southwark 2023	
Pupils who did physical activity classes outside of school in the last 7 days.	42%	40%	

### Healthy Eating

	Locality 2023	Southwark 2023	
Pupils who ate at least 5 portions of fruit and vegetables on the day before the survey.	34%	29%	
Pupils who are able to get water at school during break time.	93%	90%	
Pupils who are able to get water at school during class time.	61%	60%	
Pupils who aren't able to get water at school either during class time or during breaktime.	1%	1%	

### Year 6 only: Smoking and Vaping

	Locality 2023	Southwark 2023	
Year 6 pupils who have vaped.	4%	5%	
Year 6 pupils who have tried smoking in the past or smoke now.	4%	5%	
Year 6 pupils who have smoked shisha.	1%	1%	

### Year 6 only: Internet Safety

	Locality 2023	Southwark 2023	
Pupils who have access to the internet at home to do school-work/homework 'most days' or 'every day/almost every day'.	86%	82%	
Year 6 pupils who said that in the last year they have been told how to stay safe while online.	95%	92%	
Year 6 pupils who said someone they don't know in person has asked to meet with them at least 'once or twice' in the last year.	9%	11%	

Least positive differences between Borough, Bankside & Walworth and Southwark Primary:

**School**

	Locality 2023	Southwark 2023	
Year 6 pupils who have found school lessons about managing money (saving and spending money) 'quite' or 'very' useful.	37%	47%	
Pupils who have been away from school in the last 12 months due to illness or injury.	59%	54%	
Year 6 pupils who said it's 'certainly true' that their school helps them work as part of a team.	48%	49%	

**Emotional Health & Wellbeing**

	Locality 2023	Southwark 2023	
Pupils who had a high self-esteem score (15 or more).	15%	21%	
Pupils who worry about more than 5 issues listed 'quite a lot' or 'a lot'.	60%	55%	
Pupils who do not usually feel uneasy saying things in front of teachers in class.	28%	32%	
Pupils who worry 'quite a lot' or 'a lot' about exams, tests and SATs.	53%	49%	
Pupils who do not often feel lonely at school.	54%	58%	

**Safety and Bullying**

	Locality 2023	Southwark 2023	
Pupils who said their school always does something if bullying happens.	74%	77%	
Pupils who said their school deals with bullying 'badly'.	10%	8%	
Pupils who rated their safety when going out after dark in their area as 'not at all safe'.	43%	41%	
Pupils who have been bullied because of their skin colour or race.	14%	13%	
Pupils who rated their safety at school as 'quite safe' or 'very safe'.	93%	94%	

**Health & Hygiene**

	Locality 2023	Southwark 2023	
Pupils who have been to the dentist within the last 6 months.	33%	40%	
Pupils who have never been to the dentist.	11%	8%	
Pupils who got less than 4 hours sleep last night.	6%	6%	
Pupils who cleaned their teeth at least twice on the day before the survey.	76%	76%	

**Year 6 only: Growing Up**

	Locality 2023	Southwark 2023	
Year 6 pupils who said their parents/carers have talked with them about how their body changes as they grow up.	64%	65%	

### Physical Activity

	Locality 2023	Southwark 2023	
Year 6 pupils who think that there is enough to do in their free time near where they live.	55%	59%	
Pupils who took part in active play in the last week and it made them breathe faster/deeper and get hot/sweaty.	57%	59%	

### Healthy Eating

	Locality 2023	Southwark 2023	
Pupils who didn't have anything for breakfast on the day of the survey.	7%	5%	
Pupils who didn't have any lunch on the day before the survey.	4%	3%	
Pupils who said their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.	11%	11%	

### Year 6 only: Smoking and Vaping

	Locality 2023	Southwark 2023	
Year 6 pupils who smoked cigarettes in the 7 days before the survey.	1%	1%	

### Year 6 only: Internet Safety

	Locality 2023	Southwark 2023	
Year 6 pupils who got a message or picture at least 'once or twice' in the last 12 months that scared or upset them.	33%	25%	
Year 6 pupils who communicate with people they have met online and don't know in real life.	21%	17%	
Year 6 pupils who have been told how to stay safe online and 'always' follow the advice they have been given.	37%	42%	
Year 6 pupils who communicate with people online by posting things that lots of people can see.	18%	16%	
Year 6 pupils who have seen pictures, videos or games they found upsetting online.	10%	8%	

## Borough, Bankside & Walworth Headlines

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	91	46	88	493	262	521
Girls	76	44	83	410	245	497

Southwark Primary data in brackets; see notes on interpreting differences

### Background

#### ETHNICITY

- ❑ 15% (18%) of pupils described themselves as White British.

#### HOME LIFE

- ❑ 64% (64%) of pupils responded that they live with their Mum and Dad together.
- ❑ 25% (24%) of pupils responded that they live with their Mum, while 2% (1%) said they live with their Dad.

#### YEAR 6 ONLY: YOUNG CARERS

- ❑ 12% (11%) of Year 6 pupils responded that they care for or look after someone at home on a regular basis, while 17% (15%) said they 'don't know' if they do.
- ❑ 13% (10%) of Year 6 pupils responded that being a young carer stops them doing things they want to enjoy at least sometimes, while 3% (4%) said they don't know.
- ❑ Of the 20 (114) Year 6 pupils who look after someone at home on a regular basis, 45% (39%) said it at least 'sometimes' stops them doing things they want to enjoy.

#### RELIGION

- ❑ 71% (66%) of pupils said they have a religion, faith, or belief that is important to them, while 13% (11%) are 'not sure'.
- ❑ 42% (41%) of pupils said they are Christian and 22% (20%) said they are Muslim.

#### BELONGING

- ❑ 80% (80%) of pupils responded that they feel 'fairly' or 'very' strongly that they belong to their school; 64% (65%) said the same of their neighbourhood.

### School

#### ATTENDANCE

- ❑ 3% (4%) of pupils responded that it is 'not important' to go to school regularly, while 68% (65%) said it is 'very important'.
- ❑ 59% (54%) of pupils responded that they have been away from school in the last 12 months due to illness or injury.

#### SCHOOL LESSONS

- ❑ 67% (60%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 6% (6%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- ❑ 37% (47%) of Year 6 pupils responded that they have found school lessons about managing money (saving

and spending money) 'quite' or 'very' useful; 71% (68%) said the same about safety and crime.

- ❑ 6% (9%) of Year 6 pupils responded that they have found school lessons about puberty and growing up 'not at all useful'.
- ❑ 56% (56%) of Year 6 pupils responded that it's 'certainly true' that their school encourages everyone to take part in decisions.
- ❑ 48% (49%) of Year 6 pupils responded that it's 'certainly true' that their school helps them work as part of a team.
- ❑ 9% (9%) of Year 6 pupils responded that their school doesn't encourage everyone to take part in decisions.
- ❑ 18% (18%) of Year 6 pupils had a med-low pupil perceptions score (0.99 or less).
- ❑ 39% (36%) of Year 6 pupils had a high pupil perceptions score (1.5-2).

### Emotional Health & Wellbeing

#### THE STIRLING CHILDREN'S WELLBEING SCALE

- ❑ 63% (60%) of pupils responded that they have been feeling or thinking that good things will happen in their life at least 'quite a lot of the time' over the past couple of weeks.
- ❑ 14% (15%) of pupils had a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale.
- ❑ 39% (41%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.
- ❑ 22% (21%) of pupils had a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale.
- ❑ 31% (30%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.
- ❑ 15% (17%) of pupils had a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.
- ❑ 29% (24%) of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.
- ❑ 2% (2%) of pupils scored exactly 15/15 on the Social Desirability Scale.
- ❑ 8% (7%) of pupils had a score of 12 – 30 on the Stirling Children's Wellbeing Scale; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.
- ❑ 31% (31%) of pupils had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

#### HAPPINESS

- ❑ 6% (6%) of pupils responded that they are 'very unhappy' with their life at the moment.
- ❑ 67% (66%) of pupils responded that they are 'quite happy' or 'very happy' with their life at the moment.

- ❑ On average, pupils scored themselves 7 (7) out of 10 for how they feel about their life in school right now (0 = 'worst life possible'; 10 = 'best life possible').
- ❑ 22% (24%) of pupils responded in the lower half of the scale (1-5) for how they feel about their life in school.
- ❑ 49% (49%) of pupils responded in the top three brackets of the scale (8+) for how they feel about their life in school.
- ❑ On average, pupils scored themselves 8 (8) out of 10 for how they feel about their life outside of school right now (0 = 'worst life possible'; 10 = 'best life possible').
- ❑ 14% (13%) of pupils responded in the lower half of the scale (1-5) for how they feel about their life outside of school.
- ❑ 71% (71%) of pupils responded in the top three brackets of the scale (8+) for how they feel about their life outside of school.
- ❑ 24% (22%) of pupils ranked their life in school higher than life outside of school; 52% (58%) ranked life outside of school higher.

#### SELF-ESTEEM

- ❑ 43% (38%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 15% (21%) of pupils had a high self-esteem score (15 or more).
- ❑ 67% (68%) of pupils responded that they feel happy talking to other pupils at school.
- ❑ 65% (68%) of pupils responded that their parents/carers like to hear their ideas.

#### WORRYING

- ❑ 94% (92%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 59% (55%) of boys and 61% (54%) of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.
- ❑ 53% (49%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams, tests and SATs, while 59% (58%) said they worry about their family.
- ❑ 20% (18%) of pupils said they don't worry 'at all' about moving on to secondary school.
- ❑ 71% (73%) of pupils responded that they would go to their parents/carers for support, advice or reassurance if they were worried about something, while 45% (45%) would go to their friend.

#### YEAR 6 ONLY: RESILIENCE

- ❑ 24% (18%) of Year 6 pupils had a low measure of resilience (0-16).
- ❑ 29% (28%) of Year 6 pupils had a high measure of resilience (24+).
- ❑ 73% (71%) of Year 6 pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do; 54% (53%) said they ask for help.
- ❑ 58% (62%) of Year 6 pupils responded that if something goes wrong, they usually or always learn from it for next time.

## Safety and Bullying

### SAFETY IN SCHOOL

- ❑ 9% (9%) of pupils said they don't feel safe in school, while 63% (61%) said they do.
- ❑ 2% (3%) of pupils said adults not listening to them makes them feel unsafe in school.

### BULLYING

- ❑ 28% (27%) of pupils responded that they have been bullied at or near school in the last 12 months, while 22% (20%) said they 'don't know' if they have.
- ❑ 9% (8%) of pupils responded that they have bullied someone else at school in the last 12 months, while 19% (17%) said they 'don't know' if they have.
- ❑ 10% (8%) of pupils responded that their school deals with bullying 'badly'.
- ❑ 50% (48%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 11% (11%) said that bullying is not a problem in their school.
- ❑ 32% (32%) of Year 6 pupils responded that they have been pushed or hit for no reason in the last month, while 15% (16%) said they've had their belongings taken or broken.
- ❑ 51% (50%) of Year 6 pupils responded that the negative behaviour occurred at school; while 14% (13%) said at or near home.
- ❑ 11% (11%) of Year 6 pupils did not tell anyone if they have been bullied recently.
- ❑ 3% (5%) of Year 6 pupils responded that the problem stopped after telling someone, while 5% (5%) said they don't know.
- ❑ 39% (46%) of Year 6 pupils who told someone responded that the problem improved or stopped after doing so.
- ❑ 29% (27%) of pupils responded that they have been bullied because of the way they look; 14% (13%) said it was because of their skin colour or race.
- ❑ 89% (90%) of pupils said their school has clear rules about bullying and 84% (87%) said it has adults they can talk to about bullying.
- ❑ 74% (77%) of pupils said their school always does something if bullying happens and 85% (83%) said it has lessons about avoiding/dealing with bullying.

### FEELING SAFE

- ❑ 43% (41%) of pupils rated their safety when going out after dark in their area as 'not at all safe'.
- ❑ 93% (94%) of pupils rated their safety at school as 'quite safe' or 'very safe'.

## Health & Hygiene

### SLEEP

- ❑ 6% (6%) of pupils responded that they got less than 4 hours sleep last night.
- ❑ 78% (80%) of pupils responded that they got at least 6 hours sleep last night, with 43% (45%) saying that they got more than 8 hours.
- ❑ 71% (74%) of Year 6 pupils responded that the amount of sleep they got last night is usual for a school night, while 15% (13%) said it's less than they usually get.

## DENTAL HEALTH

- ❑ 3% (2%) of pupils responded that they didn't clean their teeth at all on the day before the survey.
- ❑ 76% (76%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 33% (40%) of pupils responded that they have been to the dentist within the last 6 months; 9% (9%) said they have been more than a year ago.
- ❑ 11% (8%) of pupils responded that they have never been to the dentist, while 35% (31%) said they can't remember.

## Year 6 only: Growing Up

- ❑ 62% (62%) of Year 6 pupils responded that they feel they know enough about how their body changes as they grow up, while 6% (7%) of pupils feel they do not know enough.
- ❑ 64% (65%) of Year 6 pupils responded that their parents/carers have talked with them about how their body changes as they grow up; 75% (71%) said their teachers have talked with them in school lessons.
- ❑ 80% (76%) of Year 6 pupils responded that teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

## Physical Activity

### FREE TIME

- ❑ 55% (59%) of Year 6 pupils think that there is enough to do in their free time near where they live, while 19% (14%) said there is not enough to do.
- ❑ 42% (40%) of pupils said they did physical activity classes outside of school in the last 7 days.
- ❑ 49% (48%) of pupils said they did active play on at least 3 days in the last 7 days.
- ❑ 60% (63%) of boys and 55% (55%) of girls said that they took part in active play in the last week and it made them breathe faster/deeper and get hot/sweaty.

## Healthy Eating

### LUNCH

- ❑ 84% (81%) of pupils responded that they had a school lunch on the day before the survey.
- ❑ 4% (3%) of boys and 3% (3%) of girls responded that they didn't have any lunch on the day before the survey.

### BREAKFAST

- ❑ 7% (5%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 15% (15%) had hot food.
- ❑ 3% (2%) of pupils responded that they had only snacks for breakfast on the day of the survey.

### FIVE-A-DAY

- ❑ 13% (14%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 34% (29%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

## FOOD POVERTY

- ❑ 11% (11%) of pupils said their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.
- ❑ 75% (76%) of pupils said their household has been able to get enough food for everyone 'every day/almost every day' in the last 12 months.
- ❑ 31% (35%) of pupils said their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months; 4% (8%) said it has 'most weeks'.

## WATER

- ❑ 61% (60%) of pupils responded that they are able to get water at school during class time; while 29% (30%) said 'not easily'.
- ❑ 93% (90%) of pupils responded that they are able to get water at school during break time; while 5% (7%) said 'not easily'.
- ❑ 1% (1%) of pupils said they aren't able to get water at school either during class time or during breaktime.

## Smoking and Vaping

- ❑ 1% (1%) of Year 6 pupils responded that they smoked cigarettes in the 7 days before the survey.
- ❑ 4% (5%) of Year 6 pupils responded that they have tried smoking in the past or smoke now.
- ❑ 1% (1%) of Year 6 pupils responded that they have smoked shisha.
- ❑ 4% (5%) of Year 6 pupils responded that they have vaped.

## Year 6 only: Internet Safety

- ❑ 18% (16%) of Year 6 pupils responded that they communicate with people online by posting things that lots of people can see while 18% (16%) said they communicate with people using picture/video sharing sites/apps and 13% (17%) said they don't communicate with people online.
- ❑ 21% (17%) of Year 6 pupils responded that they communicate with people they have met online and don't know in real life.
- ❑ 10% (8%) of Year 6 pupils responded that they have seen pictures, videos or games they found upsetting online; while 51% (55%) said they have not experienced any of these things.
- ❑ 29% (23%) of Year 6 pupils responded that they are 'never' supervised when using the internet at home.
- ❑ 33% (25%) of Year 6 pupils responded that they got a message or picture at least 'once or twice' in the last 12 months that scared or upset them; 10% (6%) said this has happened several times.
- ❑ 9% (11%) of Year 6 pupils responded that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year; 0% (2%) said this has happened several times.
- ❑ 95% (92%) of Year 6 pupils responded that in the last year they have been told how to stay safe while online.
- ❑ 37% (42%) of Year 6 pupils responded that they have been told how to stay safe online and 'always' follow

the advice they have been given, while 13% (11%) said they 'rarely' do.

- ❑ 16% (14%) of Year 6 pupils responded that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.
- ❑ 5% (5%) of pupils said they don't have access to a computer, laptop, tablet or other device 'at all' at home where they can do school-work/homework; 18% (17%) said they 'sometimes' do.
- ❑ 77% (78%) of pupils said they have access to a computer, laptop, tablet or other device at home where they can do school-work/homework 'most days' or 'every day/almost every day'.
- ❑ 6% (6%) of pupils said they don't have access to the internet 'at all' at home to do school-work/homework; 8% (13%) said they 'sometimes' do.
- ❑ 86% (82%) of pupils said they have access to the internet at home to do school-work/homework 'most days' or 'every day/almost every day'.

## Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number	20	6.7	8.9	10.2	11.0	11.2
In	30	5.5	7.3	8.4	8.9	9.1
sample	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
	500	1.3	1.8	2.0	2.2	2.2

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about  $\pm 6.5\%$ .

## List of Significant Differences

Below we have listed some statistically significant differences between Borough, Bankside & Walworth and Southwark Primary.

Sig	Locality	Southwark	Question
↓***	33%	40%	of pupils responded that they have been to the dentist within the last 6 months.
↓***	15%	21%	of pupils had a high self-esteem score (15 or more).
↑**	67%	60%	of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
↓*	37%	47%	of Year 6 pupils responded that they have found school lessons about managing money (saving and spending money) 'quite' or 'very' useful.
↑*	71%	66%	of pupils said they have a religion, faith, or belief that is important to them.
↑*	7%	5%	of pupils responded that they didn't have anything for breakfast on the day of the survey.

Tests: Chi-squared ( $\chi^2$ ). KEY: \* =  $p < 0.05$  (5%) \*\* =  $p < 0.01$  (1%) \*\*\* =  $p < 0.001$  (0.1%).

## Background

### Ethnicity

15% (18%) of pupils described themselves as White British.

QD. Percentage describing themselves as White British.

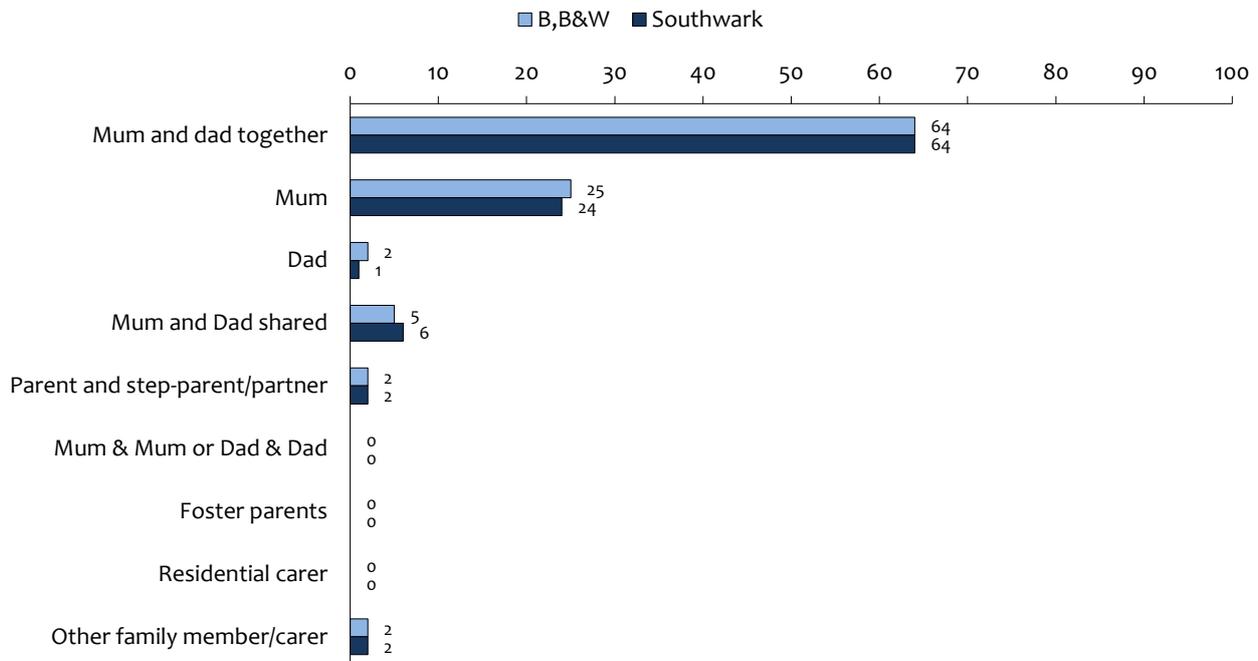
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	18	11	14	19	20	21
Girls	11	11	16	17	13	18

QD. Percentage of pupils responding that the following best describes their ethnic background (top 5 – Southwark Primary data in brackets):

Boys			Girls		
1	Black British	22 (15)	1	Black British	24 (17)
2	White British	15 (20)	2	Black African	16 (19)
3	Black African	15 (17)	3	White British	13 (16)
4	Don't know/other	10 (7)	4	Don't know/other	11 (9)
5	Don't want to say	7 (7)	5	Don't want to say	8 (5)

### Home life

Q2. Which adults do you live with?



64% (64%) of pupils responded that they live with their Mum and Dad together.

Q2. Percentage answering that they live with their Mum and Dad together.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	59	62	72	65	65	67
Girls	62	58	70	65	64	62

25% (24%) of pupils responded that they live with their Mum, while 2% (1%) said they live with their Dad.

Q2. Percentage answering that they live with their Mum.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	25	31	20	22	23	21
Girls	23	35	23	26	26	26

## Year 6 only: Young carers

12% (11%) of Year 6 pupils responded that they care for or look after someone at home on a regular basis, while 17% (15%) said they 'don't know' if they do.

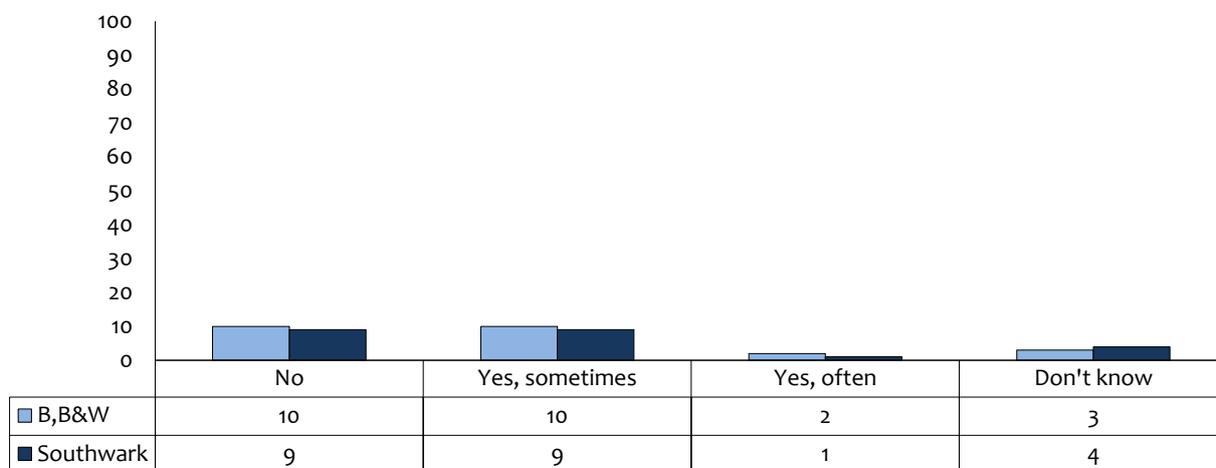
**Q3a.** Percentage of Year 6 pupils answering that they care for or look after someone at home on a regular basis.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	14	12
Girls	10	10

**Q3b.** Percentage of Year 6 pupils responding that they look after the following (top 3 – Southwark Primary data in brackets):

Boys			Girls		
1	Brother/sister	13 (13)	1	Mum or Dad	7 (5)
2	Mum or Dad	12 (7)	2	Brother/sister	5 (8)
3	Grandparent	2 (3)	3	Grandparent	2 (2)

**Q3c.** Year 6 only: If you are a 'young carer', does this stop you doing things you want to enjoy?



13% (10%) of Year 6 pupils responded that being a young carer stops them doing things they want to enjoy at least sometimes, while 3% (4%) said they don't know.

Of the 20 (114) Year 6 pupils who look after someone at home on a regular basis, 45% (39%) said it at least 'sometimes' stops them doing things they want to enjoy.

## Religion

71% (66%) of pupils said they have a religion, faith, or belief that is important to them, while 13% (11%) are 'not sure'.

**Q3c.** Percentage of Year 6 pupils answering that being a young carer stops them doing things they want to enjoy at least sometimes.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	17	12
Girls	9	8

**Q4.** Percentage answering that they have a religion, faith, or belief that is important to them.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	70	73	75	63	65	68
Girls	61	77	80	65	66	71

42% (41%) of pupils said they are Christian and 22% (20%) said they are Muslim.

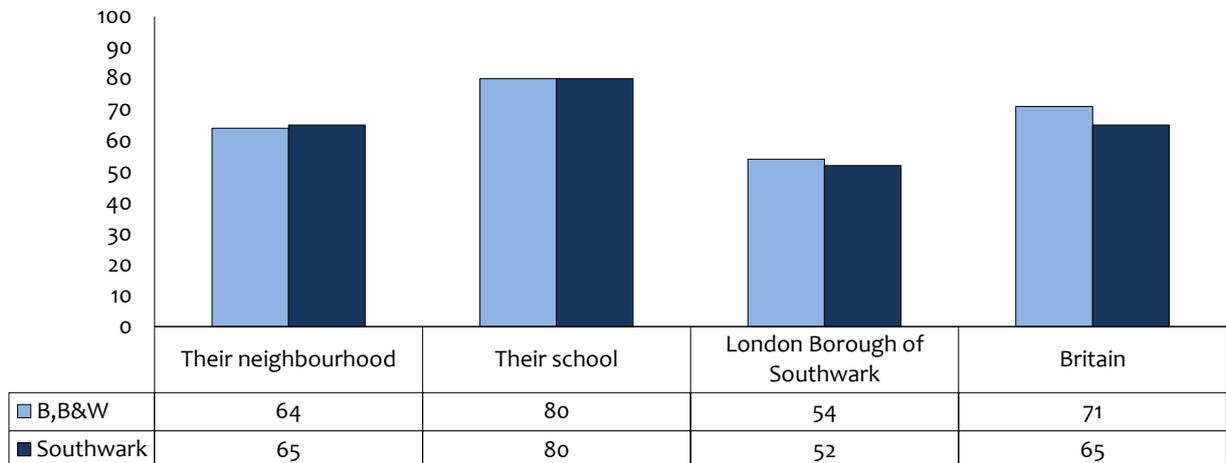
**Q5.** Percentage responding that they belong to the following religion (top 3 – Southwark Primary data in brackets):

Boys			Girls		
1	Christian	43 (40)	1	Christian	42 (44)
2	Muslim	22 (20)	2	Muslim	24 (20)
3	Don't know/don't want to say	1 (2)	3	Don't know/don't want to say	1 (2)

## Belonging

80% (80%) of pupils responded that they feel 'fairly' or 'very' strongly that they belong to their school; 64% (65%) said the same of their neighbourhood.

**Q6.** Percentage of pupils responding that they feel 'fairly' or 'very' strongly that they belong to the following:

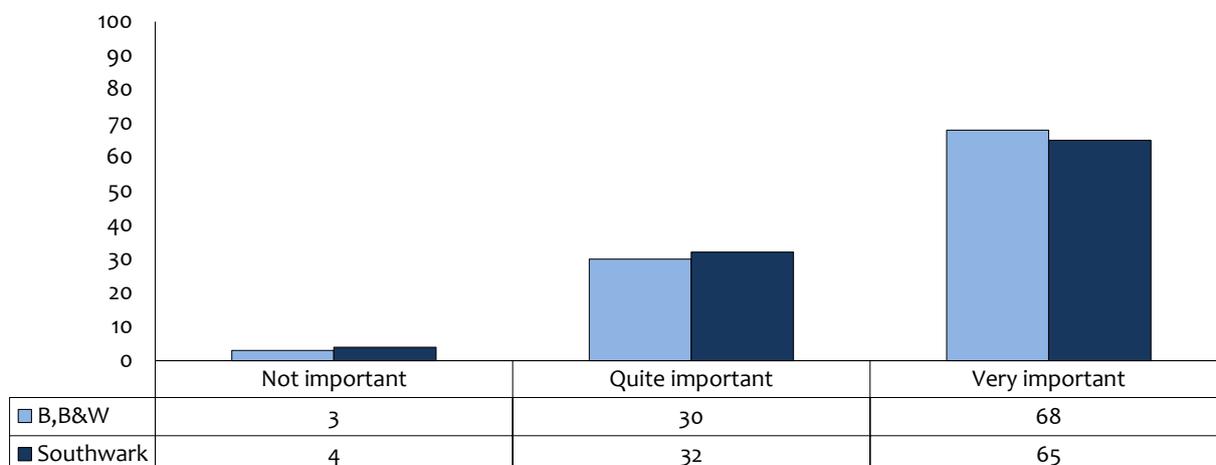


**Q6.** Percentage of pupils responding how strongly they feel they belong to the following (Southwark Primary data in brackets):

	Very strongly	Fairly strongly	Not very	Not at all	Don't know
Their neighbourhood	30 (29)	35 (37)	14 (14)	6 (6)	16 (14)
Their school	50 (46)	30 (33)	9 (11)	6 (5)	5 (4)
London Borough of Southwark	27 (24)	28 (28)	15 (18)	6 (7)	23 (22)
Britain	44 (38)	27 (27)	9 (13)	6 (7)	13 (15)

## Attendance

Q7. How important do you think it is to go to school regularly?



3% (4%) of pupils responded that it is 'not important' to go to school regularly, while 68% (65%) said it is 'very important'.

Q7. Percentage answering that it is 'very important' to go to school regularly.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	68	64	65	66	59	62
Girls	73	82	60	75	69	61

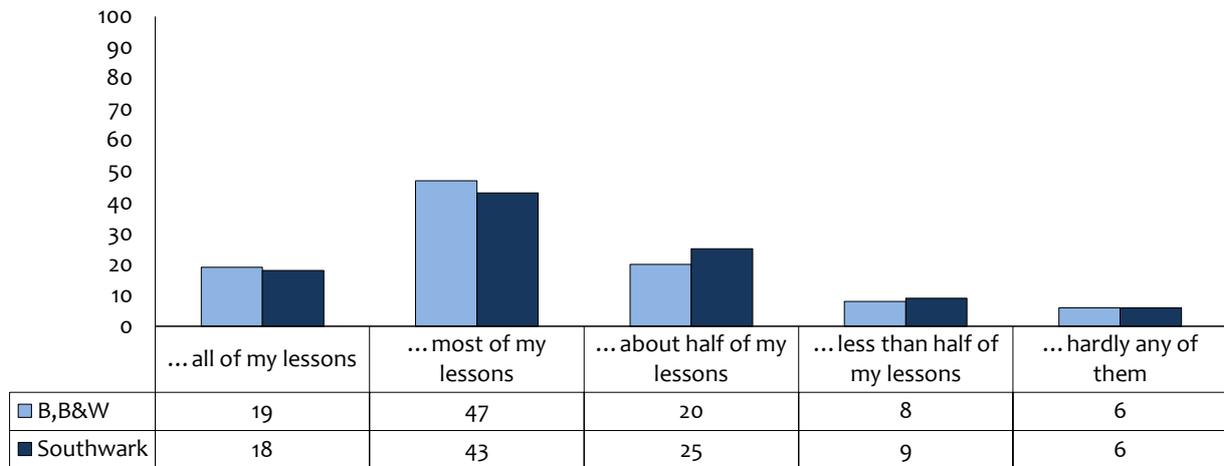
59% (54%) of pupils responded that they have been away from school in the last 12 months due to illness or injury.

Q8. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Illness or injury	55 (48)	63 (49)	55 (56)	43 (50)	64 (61)	68 (58)	59 (54)
Mental health	12 (8)	11 (5)	9 (6)	5 (7)	10 (5)	13 (8)	11 (7)
Caring for family members	8 (8)	12 (6)	2 (6)	5 (7)	8 (4)	5 (6)	7 (6)
Medical/dental appointments	29 (17)	32 (22)	34 (25)	20 (24)	31 (29)	34 (29)	30 (24)
Day trips or holiday in term time	21 (13)	31 (16)	14 (14)	16 (14)	18 (16)	29 (17)	22 (15)
Religious occasions	5 (6)	12 (9)	7 (7)	14 (7)	14 (12)	20 (13)	12 (9)
Other	3 (2)	7 (4)	5 (4)	2 (4)	3 (5)	4 (5)	4 (4)
None	21 (31)	17 (29)	18 (24)	30 (26)	25 (23)	22 (23)	22 (26)

## School lessons

**Q9.** Thinking back to your enjoyment of school lessons over the past 12 months, which statement describes you best?  
I have enjoyed...



67% (60%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

**Q9.** Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

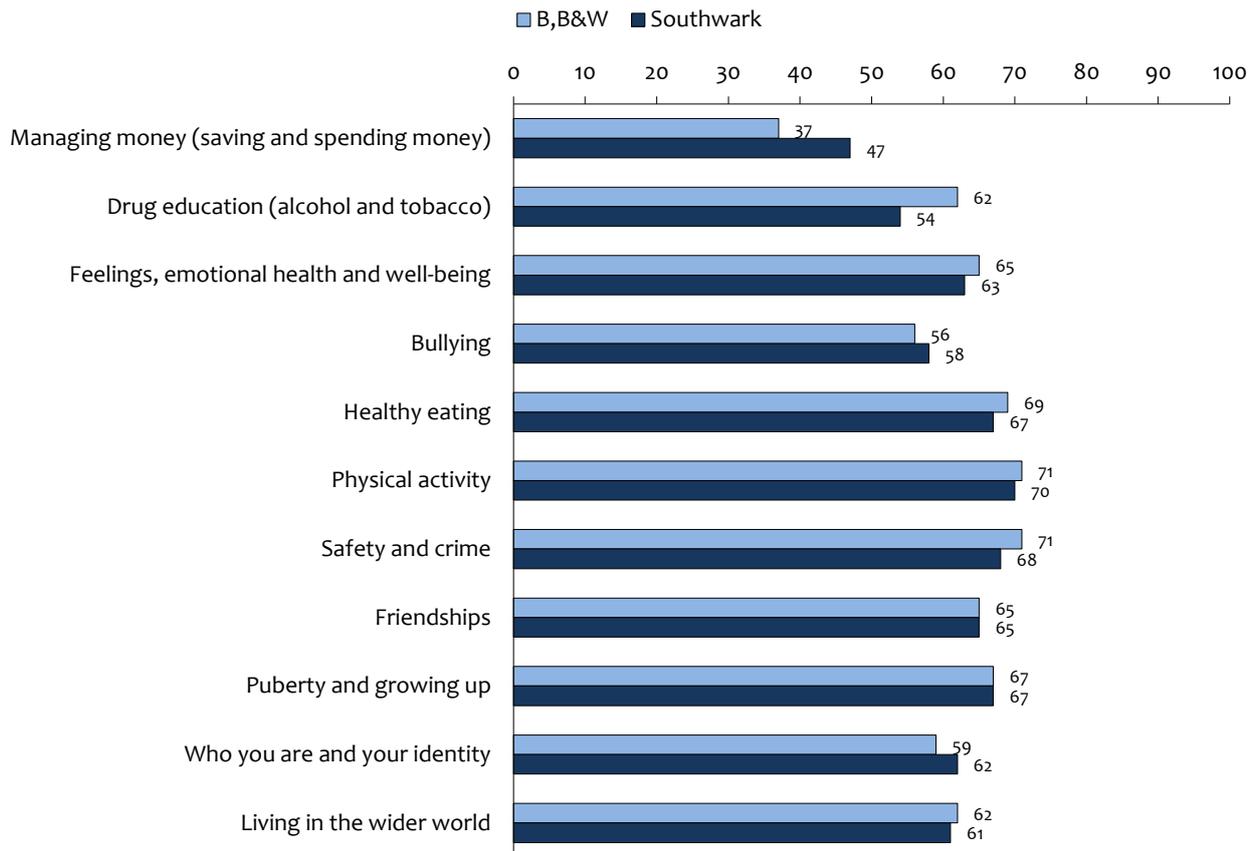
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	78	58	55	66	58	53
Girls	82	68	57	73	58	55

6% (6%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

**Q9.** Percentage answering that they enjoy 'hardly any' of their lessons at school.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	6	9	7	6	9	8
Girls	5	5	5	3	8	6

**Q63.** Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

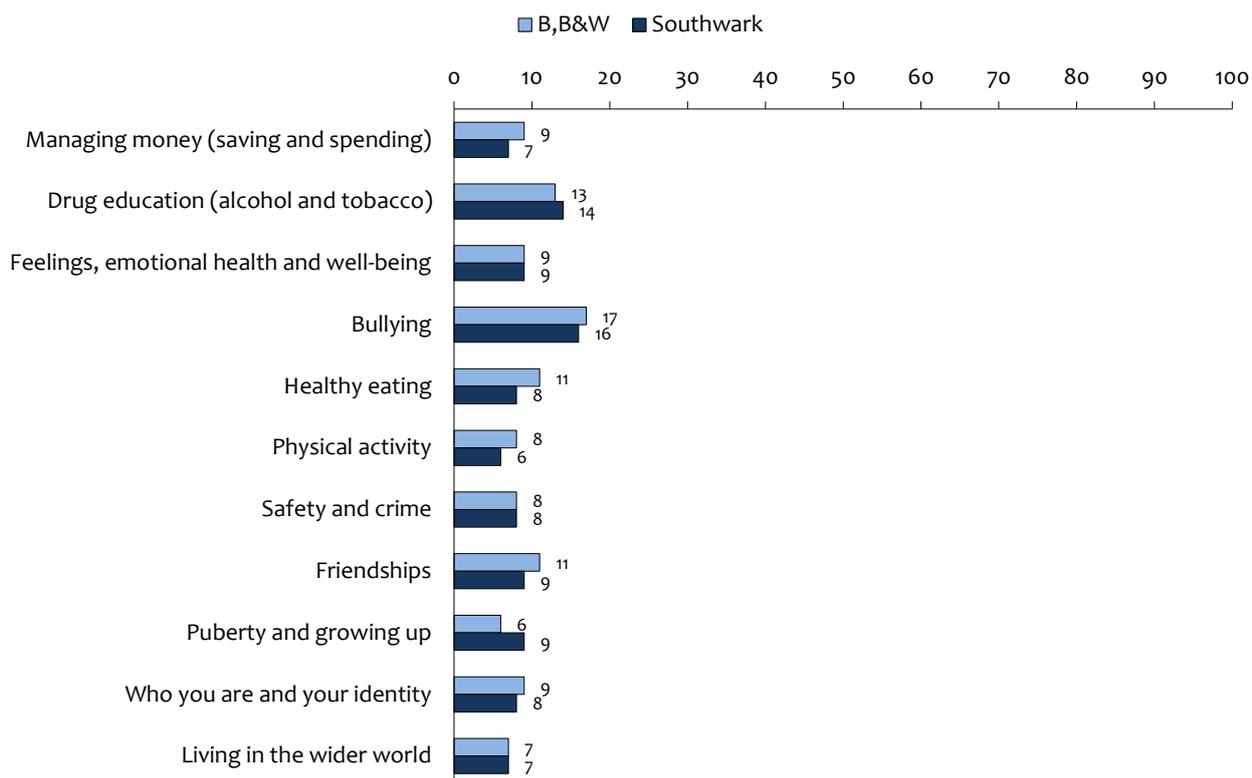


37% (47%) of Year 6 pupils responded that they have found school lessons about managing money (saving and spending money) 'quite' or 'very' useful; 71% (68%) said the same about safety and crime.

**Q63.** Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Managing money (saving and spending money)	36 (49)	37 (45)	37 (47)
Drug education (including alcohol and tobacco)	54 (53)	69 (55)	62 (54)
Feelings, emotional health and well-being	61 (63)	66 (63)	65 (63)
Bullying	49 (56)	61 (60)	56 (58)
Healthy eating	66 (68)	74 (66)	69 (67)
Physical activity	73 (74)	68 (67)	71 (70)
Safety and crime	69 (66)	71 (70)	71 (68)
Friendships	61 (65)	73 (65)	65 (65)
Puberty and growing up	58 (60)	76 (73)	67 (67)
Who you are and your identity	57 (61)	61 (63)	59 (62)
Living in the wider world	63 (61)	63 (62)	62 (61)

**Q63.** Percentage of Year 6 pupils responding that they have found school lessons about the following 'not at all' useful:



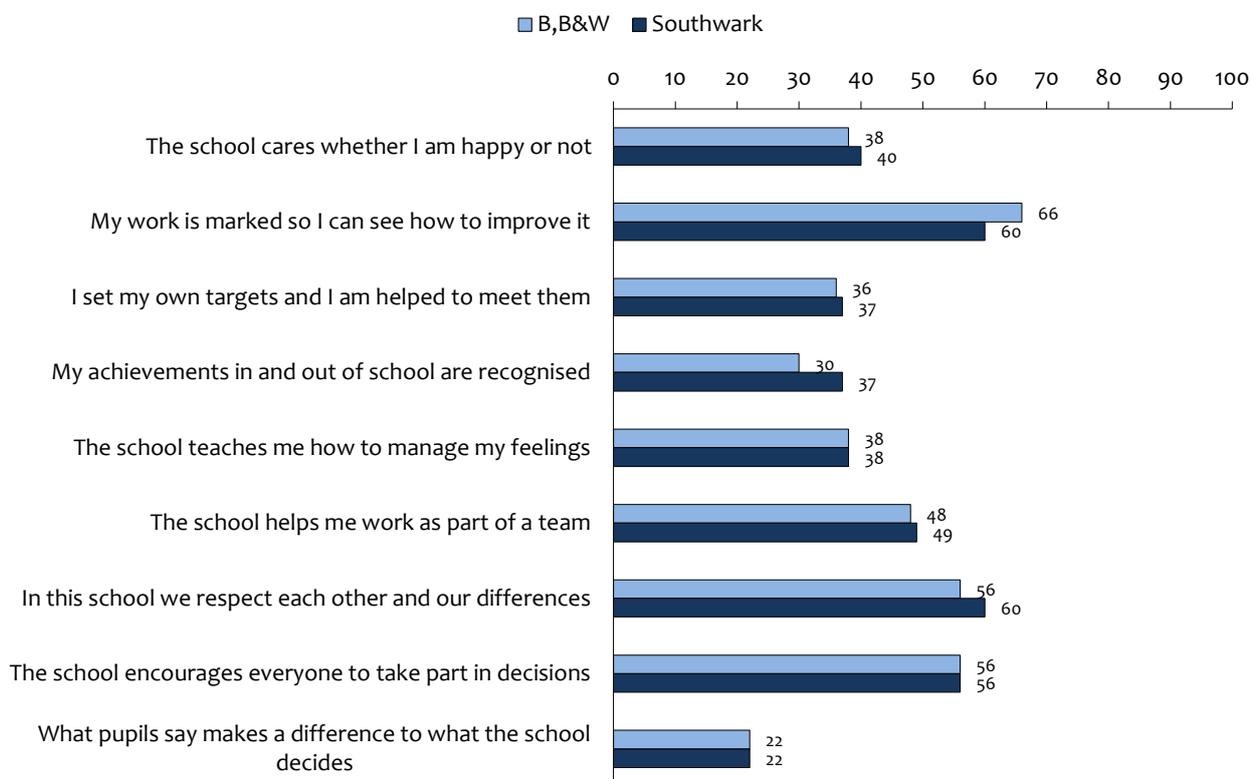
6% (9%) of Year 6 pupils responded that they have found school lessons about puberty and growing up 'not at all useful'.

**Q63.** Percentage of Year 6 pupils responding that they have found school lessons about the following 'not at all' useful (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Managing money (saving and spending money)	9 (8)	10 (7)	9 (7)
Drug education (alcohol and tobacco)	18 (15)	8 (13)	13 (14)
Feelings, emotional health and well-being	9 (9)	10 (10)	9 (9)
Bullying	19 (18)	15 (14)	17 (16)
Healthy eating	12 (8)	8 (8)	11 (8)
Physical activity	7 (7)	6 (6)	8 (6)
Safety and crime	10 (10)	5 (6)	8 (8)
Friendships	12 (8)	10 (11)	11 (9)
Puberty and growing up	7 (13)	5 (6)	6 (9)
Who you are and your identity	9 (9)	8 (8)	9 (8)
Living in the wider world	6 (8)	6 (6)	7 (7)

56% (56%) of Year 6 pupils responded that it's 'certainly true' that their school encourages everyone to take part in decisions.

**Q10.** Percentage of Year 6 pupils responding 'certainly true' to the following statements:



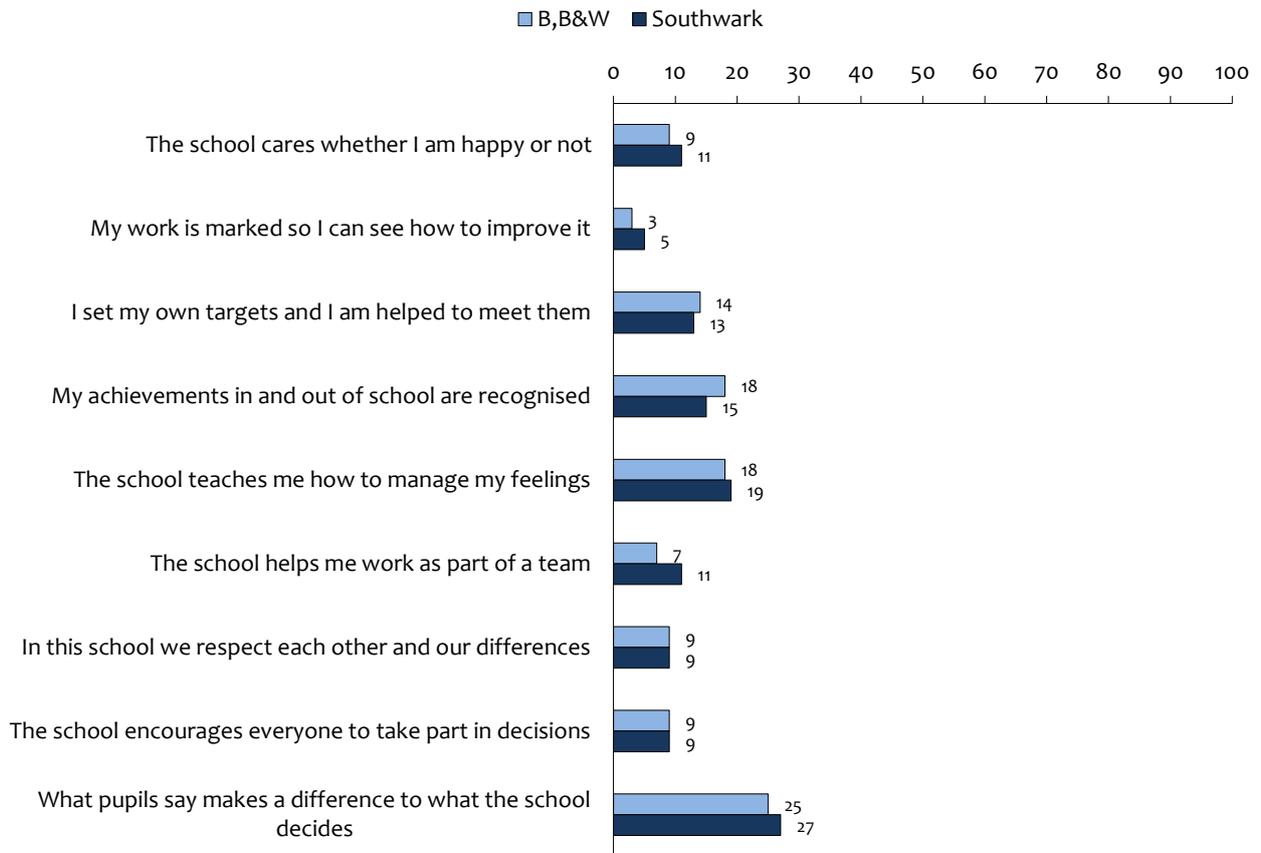
48% (49%) of Year 6 pupils responded that it's 'certainly true' that their school helps them work as part of a team.

**Q10.** Percentage of Year 6 pupils responding 'certainly true' to the following statements (Southwark Primary data in brackets):

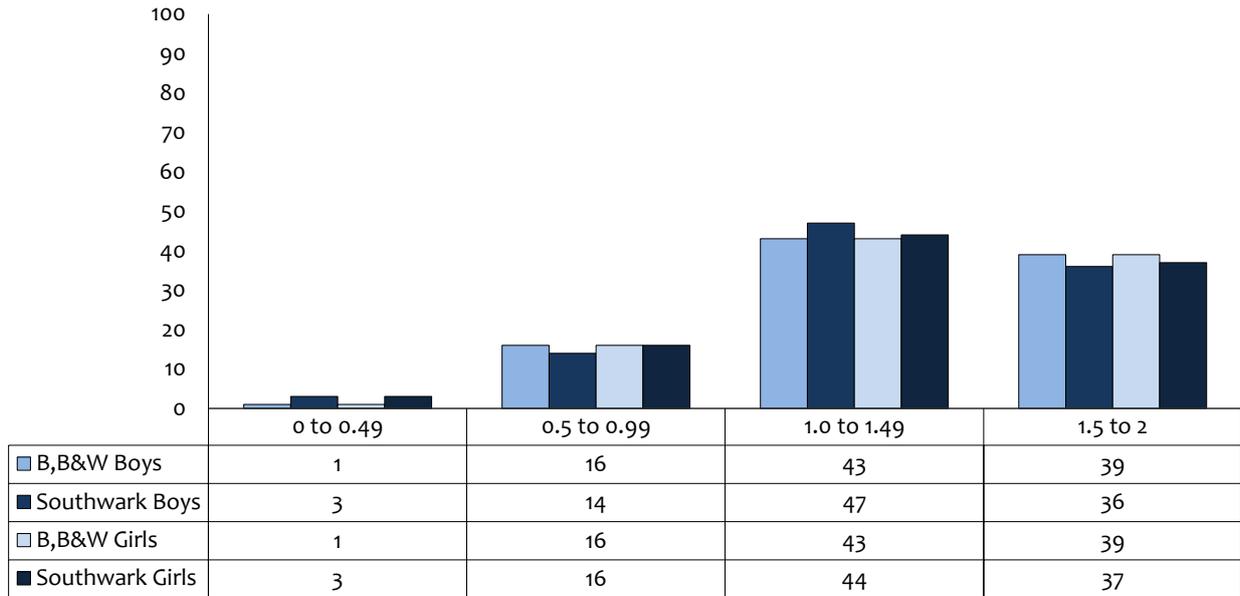
Boys				Girls			
1	In this school we respect each other and our differences	60	(61)	1	My work is marked so I can see how to improve it	77	(62)
2	The school encourages everyone to take part in decisions	60	(54)	2	In this school we respect each other and our differences	53	(60)
3	My work is marked so I can see how to improve it	56	(58)	3	The school encourages everyone to take part in decisions	53	(58)
4	The school helps me work as part of a team	53	(51)	4	The school helps me work as part of a team	42	(48)
5	The school teaches me how to manage my feelings	47	(41)	5	My achievements in and out of school are recognised	39	(37)
6	The school cares whether I am happy or not	44	(40)	6	I set my own targets and I am helped to meet them	32	(34)
7	I set my own targets and I am helped to meet them	40	(40)	7	The school cares whether I am happy or not	30	(40)
8	My achievements in and out of school are recognised	23	(37)	8	The school teaches me how to manage my feelings	30	(35)
9	What pupils say makes a difference to what the school decides	20	(20)	9	What pupils say makes a difference to what the school decides	27	(25)

9% (9%) of Year 6 pupils responded that their school doesn't encourage everyone to take part in decisions.

**Q10.** Percentage of Year 6 pupils responding 'not at all true' to the following statements:



**Q10. Year 6 only: Composite pupil perceptions score:**



N.B. This score is derived from the levels of agreement to the positive statements about their experience in school (Q10).

18% (18%) of Year 6 pupils had a med-low pupil perceptions score (0.99 or less).

**Q10. Percentage with a med-low pupil perceptions score (0.99 or less).**

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	18	17
Girls	18	19

39% (36%) of Year 6 pupils had a high pupil perceptions score (1.5-2).

**Q10. Percentage with a high pupil perceptions score (1.5-2).**

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	39	36
Girls	39	37

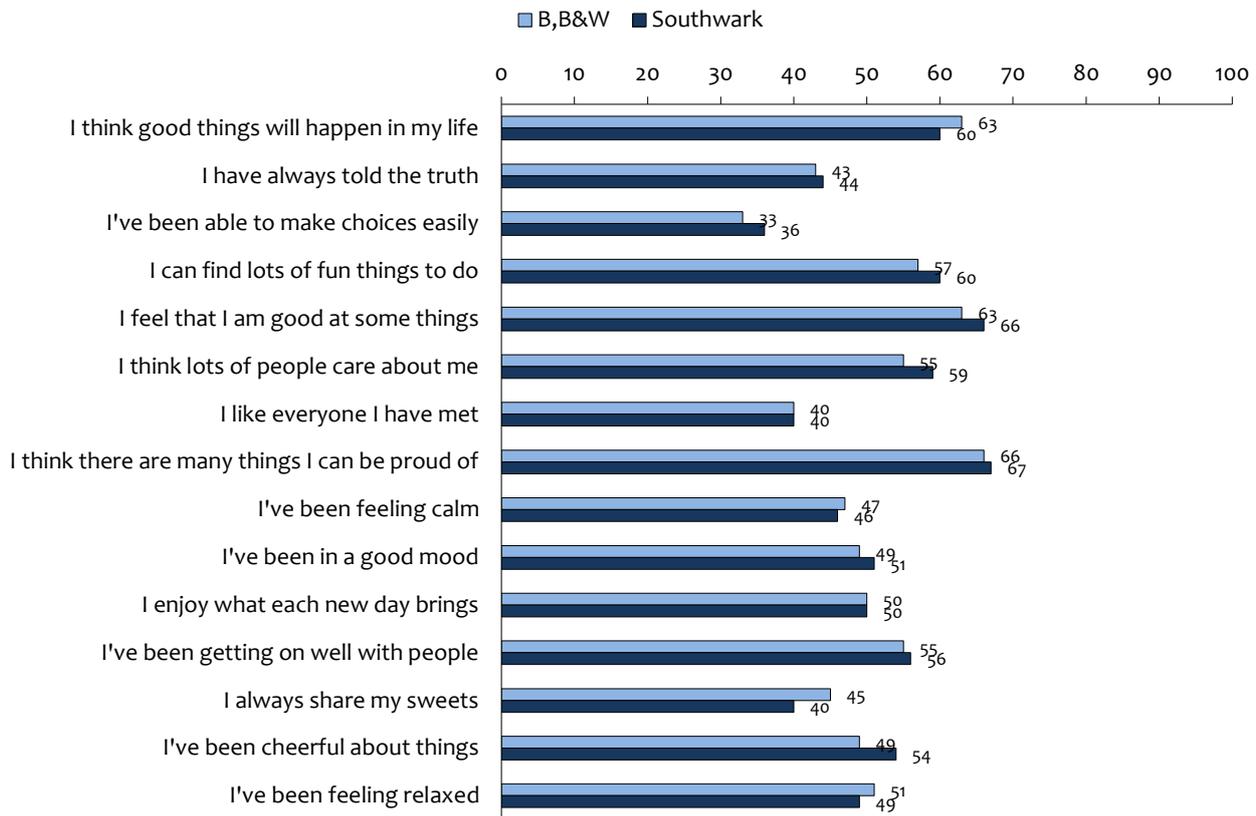
## Emotional Health & Wellbeing

### The Stirling Children's Wellbeing Scale

This scale has been devised by researchers interested in young people's Wellbeing. This scale comprises 15 questions, which are combined to make three separate sub-scales:

- Positive Outlook e.g. I think good things will happen in my life
- Positive Emotional State e.g. I've been in a good mood
- Social Desirability e.g. I have always told the truth

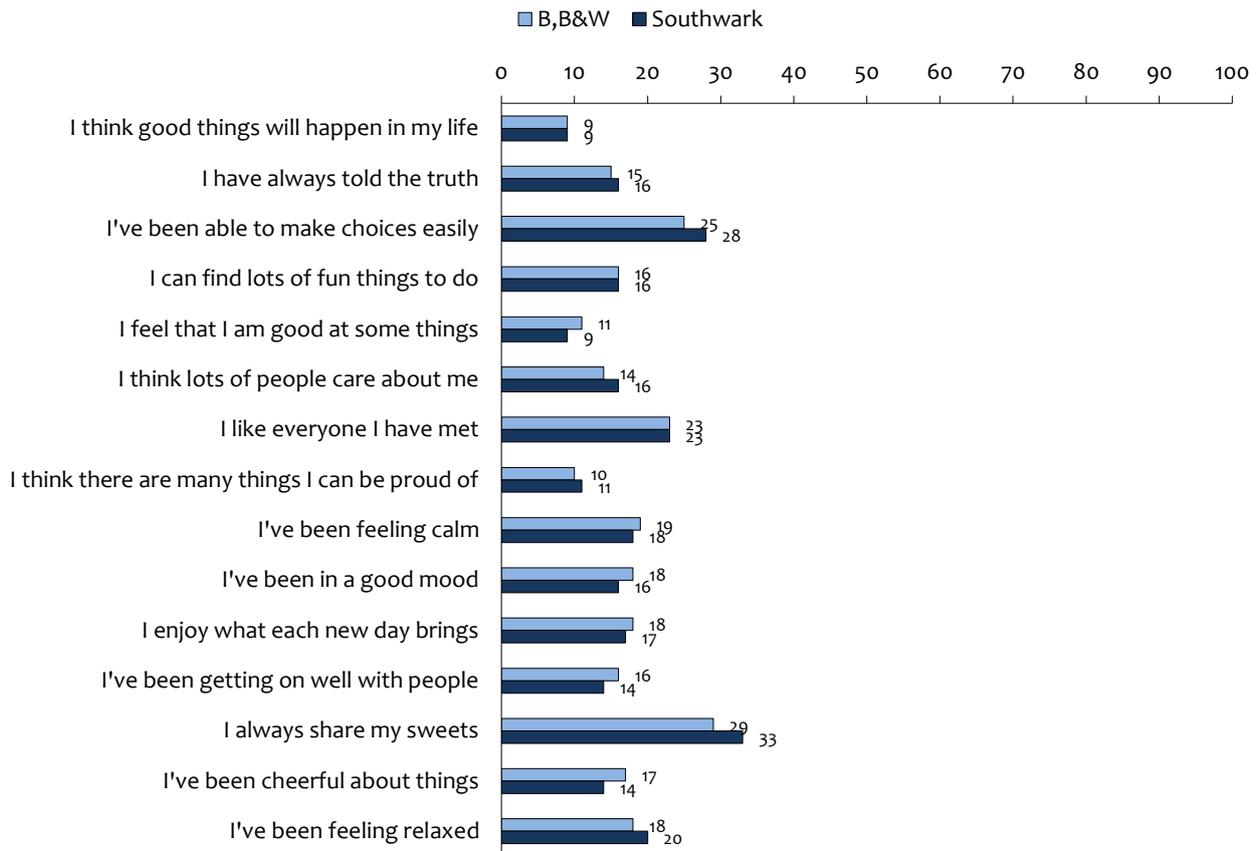
**Q11.** Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks:



**Q11.** Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I think good things will happen in my life	63 (58)	71 (61)	61 (62)	59 (55)	62 (65)	64 (59)	63 (60)
I have always told the truth	48 (47)	50 (46)	39 (38)	45 (45)	40 (45)	40 (42)	43 (44)
I've been able to make choices easily	31 (36)	33 (35)	56 (43)	27 (25)	33 (41)	30 (34)	33 (36)
I can find lots of fun things to do	61 (64)	60 (61)	54 (60)	57 (58)	52 (63)	57 (51)	57 (60)
I feel that I am good at some things	62 (66)	64 (61)	71 (73)	61 (64)	65 (72)	57 (63)	63 (66)
I think lots of people care about me	63 (63)	51 (59)	54 (56)	52 (61)	53 (63)	52 (57)	55 (59)
I like everyone I have met	51 (52)	43 (45)	39 (40)	36 (39)	33 (33)	35 (31)	40 (40)
I think there are many things I can be proud of	54 (65)	60 (66)	76 (71)	70 (63)	70 (72)	75 (65)	66 (67)
I've been feeling calm	45 (48)	42 (49)	49 (45)	41 (42)	48 (50)	56 (42)	47 (46)
I've been in a good mood	43 (51)	46 (51)	49 (50)	55 (43)	51 (59)	52 (46)	49 (51)
I enjoy what each new day brings	55 (53)	49 (58)	46 (48)	68 (52)	42 (48)	49 (43)	50 (50)
I've been getting on well with people	55 (58)	53 (58)	59 (58)	52 (55)	53 (58)	60 (53)	55 (56)
I always share my sweets	49 (44)	42 (41)	51 (39)	43 (43)	42 (37)	51 (41)	45 (40)
I've been cheerful about things	45 (55)	50 (56)	51 (52)	52 (52)	50 (54)	54 (53)	49 (54)
I've been feeling relaxed	47 (52)	51 (53)	56 (50)	41 (46)	53 (55)	59 (42)	51 (49)

**Q11.** Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks:

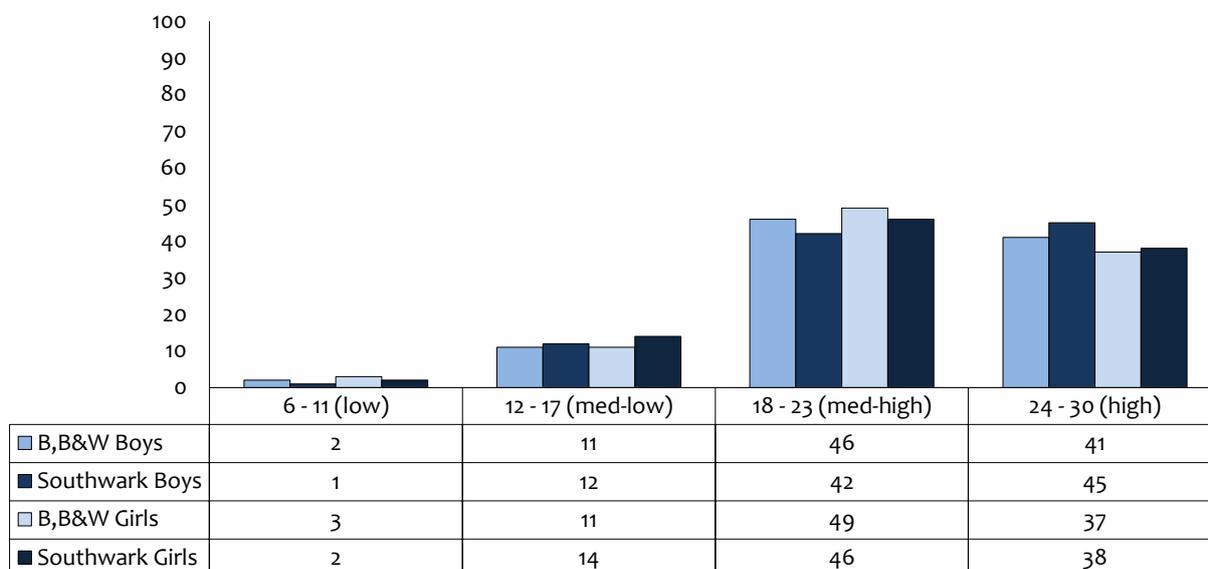


**Q11.** Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I think good things will happen in my life	11 (11)	8 (10)	12 (7)	5 (10)	9 (6)	5 (8)	9 (9)
I have always told the truth	19 (19)	11 (15)	10 (17)	18 (13)	16 (14)	10 (14)	15 (16)
I've been able to make choices easily	26 (29)	28 (27)	20 (27)	23 (34)	26 (21)	27 (31)	25 (28)
I can find lots of fun things to do	15 (13)	8 (16)	22 (15)	25 (18)	15 (13)	17 (20)	16 (16)
I feel that I am good at some things	12 (9)	14 (12)	7 (11)	7 (11)	8 (6)	10 (9)	11 (9)
I think lots of people care about me	11 (14)	15 (15)	15 (15)	14 (17)	20 (15)	10 (16)	14 (16)
I like everyone I have met	20 (13)	24 (19)	29 (25)	27 (24)	27 (27)	17 (29)	23 (23)
I think there are many things I can be proud of	11 (10)	13 (11)	7 (12)	9 (13)	8 (8)	10 (13)	10 (11)
I've been feeling calm	18 (17)	26 (18)	22 (21)	23 (20)	17 (14)	9 (19)	19 (18)
I've been in a good mood	18 (16)	15 (10)	27 (18)	16 (18)	19 (14)	15 (21)	18 (16)
I enjoy what each new day brings	18 (15)	14 (10)	24 (19)	11 (20)	21 (18)	16 (21)	18 (17)
I've been getting on well with people	21 (14)	14 (11)	12 (14)	14 (13)	20 (14)	10 (15)	16 (14)
I always share my sweets	26 (30)	24 (33)	24 (35)	34 (34)	37 (34)	25 (31)	29 (33)
I've been cheerful about things	24 (14)	18 (10)	22 (17)	11 (16)	16 (14)	12 (15)	17 (14)
I've been feeling relaxed	18 (18)	25 (19)	17 (22)	20 (22)	19 (16)	9 (21)	18 (20)

## Positive Outlook

Q11. Stirling Children's Wellbeing Scale: Positive Outlook Sub-Scale:



14% (15%) of pupils had a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale.

Q11. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	13	11	14	13	12	14
Girls	13	12	16	12	16	20

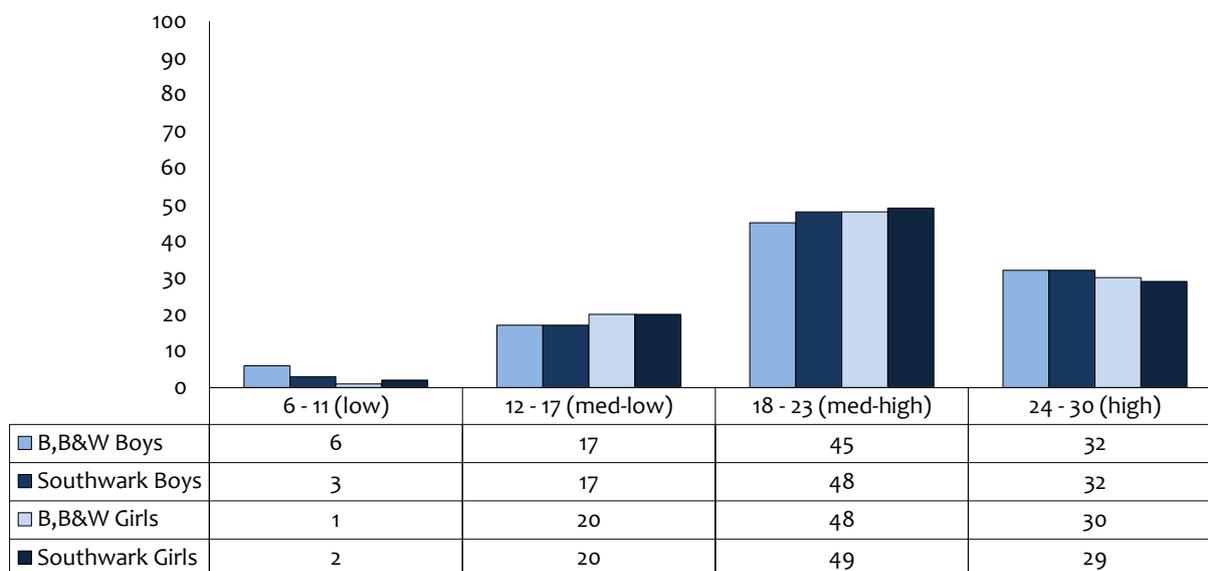
39% (41%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

Q11. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	43	37	42	44	40	49
Girls	39	33	38	42	35	36

## Positive Emotional State

Q11. Stirling Children's Wellbeing Scale: Positive Emotional State Sub-Scale:



22% (21%) of pupils had a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale.

Q11. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	23	18	25	20	24	18
Girls	30	18	15	16	24	26

31% (30%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.

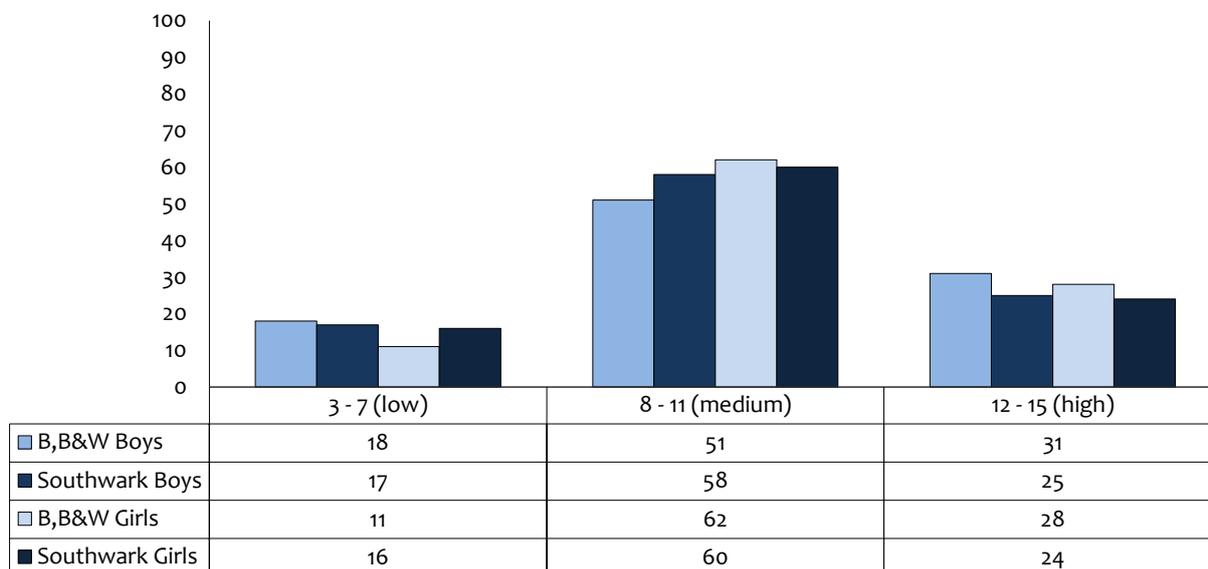
Q11. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	30	29	35	32	31	33
Girls	30	25	33	36	26	25

## Social Desirability

It is suggested that pupils who answer 'all of the time' for all three Social Desirability items might be unreliable with their answers – trying too hard to please. These pupils are not included in the combined score on the next page.

**Q11.** Stirling Children's Wellbeing Scale: Social Desirability Sub-Scale:



15% (17%) of pupils had a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

**Q11.** Percentage with a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	16	11	23	12	21	19
Girls	7	16	10	14	17	18

29% (24%) of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

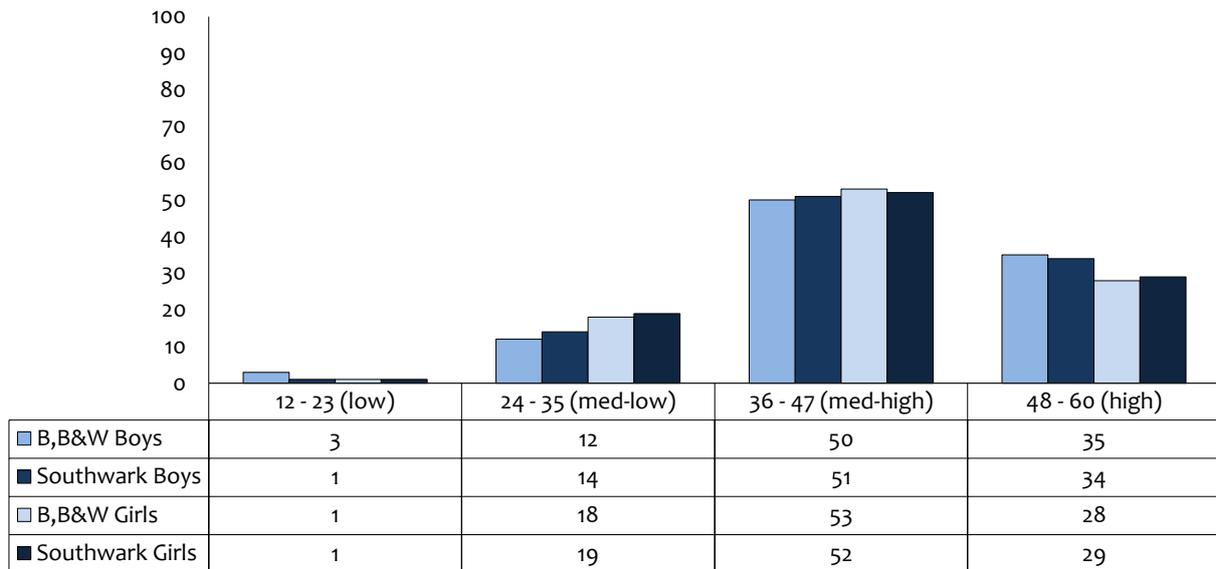
**Q11.** Percentage with a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	35	32	27	31	25	20
Girls	31	25	26	32	21	19

2% (2%) of pupils scored exactly 15/15 on the Social Desirability Scale.

## Combined Score

Q11. Stirling Children's Wellbeing Scale: Combined Score:



8% (7%) of pupils had a score of 12 – 30 on the Stirling Children's Wellbeing Scale; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.

Q11. Percentage with a score 12 – 30 on the Stirling Children's Wellbeing Scale.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	4	11	12	6	7	7
Girls	7	5	7	4	9	9

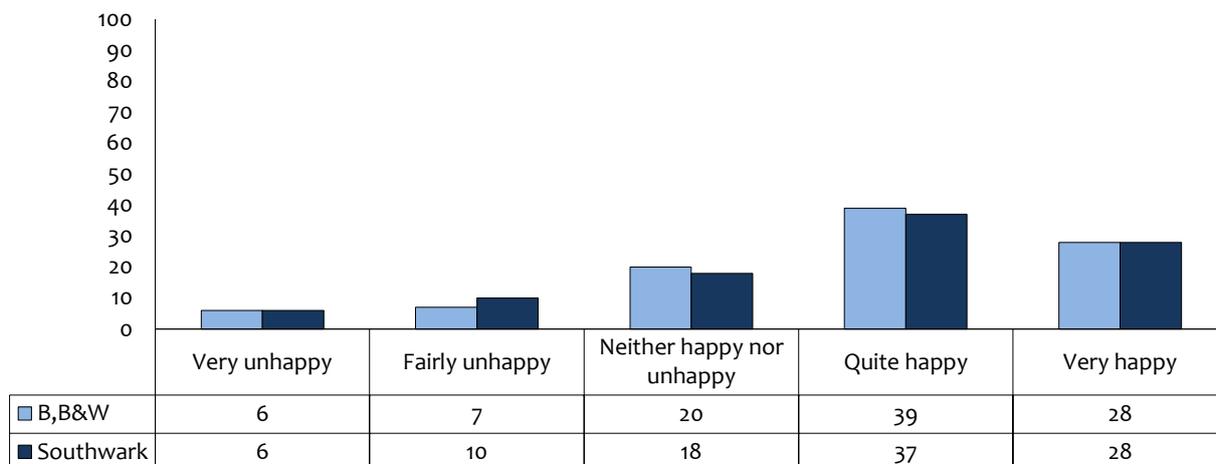
31% (31%) of pupils had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

Q11. Percentage with a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	35	38	34	32	31	37
Girls	25	26	32	34	26	26

## Happiness

**Q12.** In general, how happy or unhappy are you with your life at the moment?



6% (6%) of pupils responded that they are 'very unhappy' with their life at the moment.

**Q12.** Percentage answering that they are 'very unhappy' with their life at the moment.

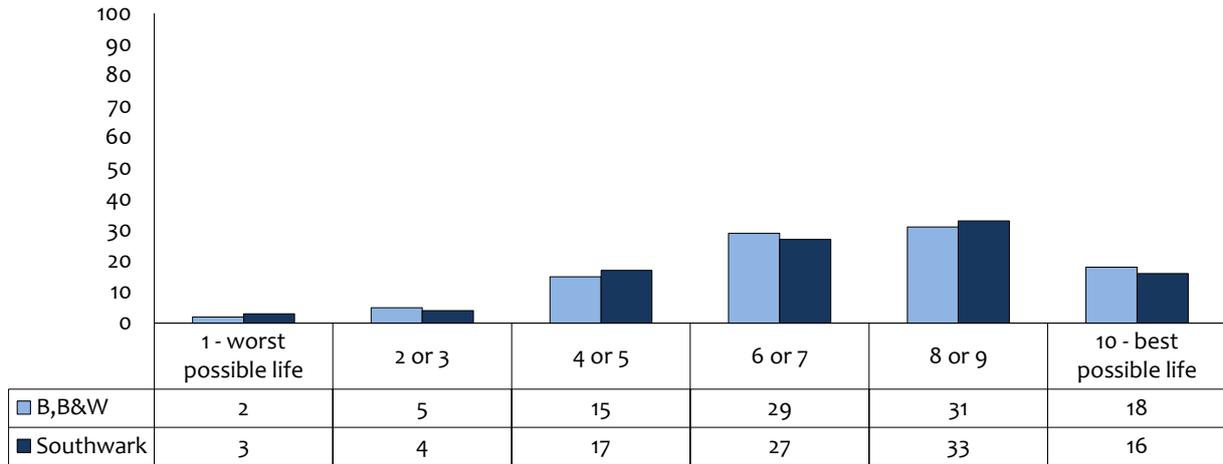
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	5	3	9	8	4	7
Girls	3	7	4	4	5	6

67% (66%) of pupils responded that they are 'quite happy' or 'very happy' with their life at the moment.

**Q12.** Percentage answering that they are 'quite happy' or 'very happy' with their life at the moment.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	68	60	59	69	64	63
Girls	86	68	64	76	64	62

**Q13. How do you feel about your life in school right now?**



On average, pupils scored themselves 7 (7) out of 10 for how they feel about their life in school right now (0 = 'worst life possible'; 10 = 'best life possible').

**Q13. Mean score out of 10 for how they feel about their life in school right now.**

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	7	8	7	7	7	7
Girls	8	7	7	7	7	7

22% (24%) of pupils responded in the lower half of the scale (1-5) for how they feel about their life in school.

**Q13. Percentage answering in the lower half of the scale (1-5) for how they feel about their life in school.**

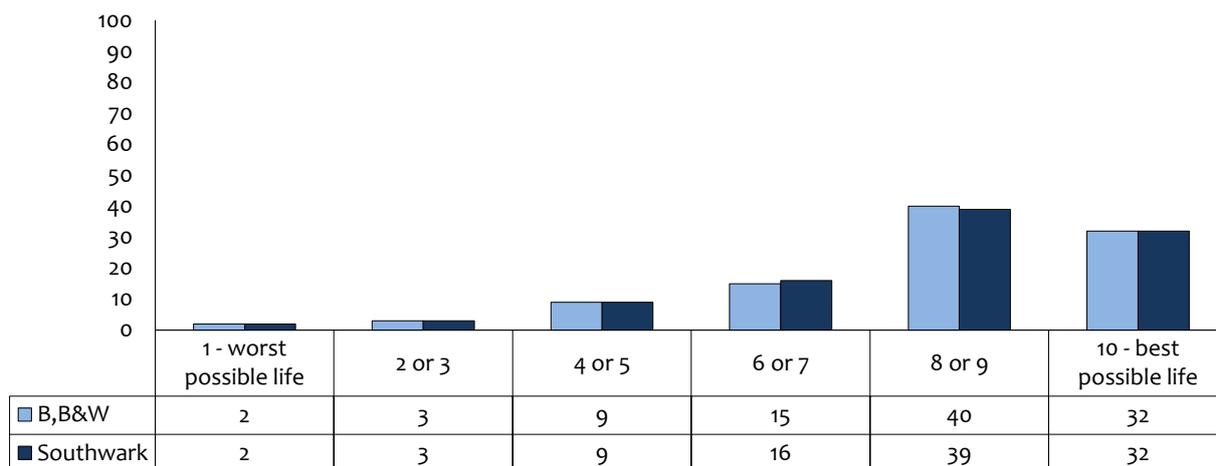
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	18	19	27	21	25	23
Girls	17	25	23	19	31	26

49% (49%) of pupils responded in the top three brackets of the scale (8+) for how they feel about their life in school.

**Q13. Percentage answering in the top three brackets of the scale (8+) for how they feel about their life in school.**

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	56	52	44	56	51	48
Girls	56	52	40	54	41	43

**Q14.** How do you feel about your life outside of school right now?



On average, pupils scored themselves 8 (8) out of 10 for how they feel about their life outside of school right now (0 = 'worst life possible'; 10 = 'best life possible').

**Q14.** Mean score out of 10 for how they feel about their life outside of school right now.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	8	8	8	8	8	8
Girls	8	8	8	8	8	8

14% (13%) of pupils responded in the lower half of the scale (1-5) for how they feel about their life outside of school.

**Q14.** Percentage answering in the lower half of the scale (1-5) for how they feel about their life outside of school.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	20	10	15	16	11	9
Girls	10	11	9	13	16	14

71% (71%) of pupils responded in the top three brackets of the scale (8+) for how they feel about their life outside of school.

**Q14.** Percentage answering in the top three brackets of the scale (8+) for how they feel about their life outside of school.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	71	76	79	73	71	76
Girls	70	50	75	69	63	70

24% (22%) of pupils ranked their life in school higher than life outside of school; 52% (58%) ranked life outside of school higher.

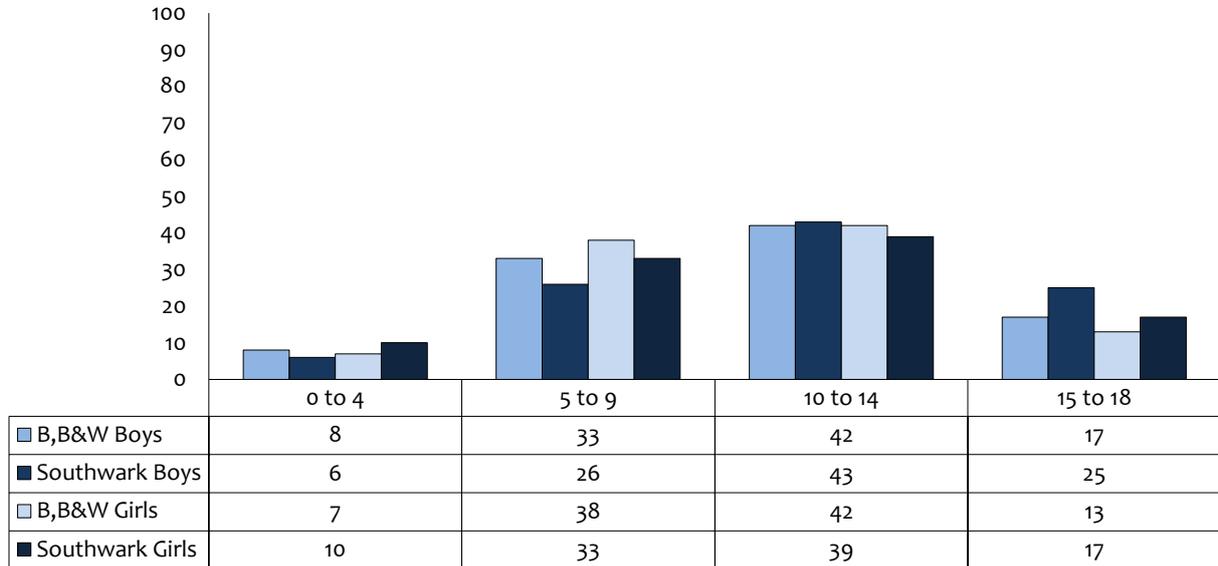
**Q14.** Percentage who ranked their life in school higher than life outside of school.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	26	26	19	26	23	17
Girls	26	30	21	25	25	19

## Self esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with Southwark Primary are:

**Q15.** Composite self-esteem score:



Data from the 'Young People in...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

43% (38%) of pupils had a med-low self-esteem score (9 or less).

**Q15.** Percentage with a med-low self-esteem score (9 or less).

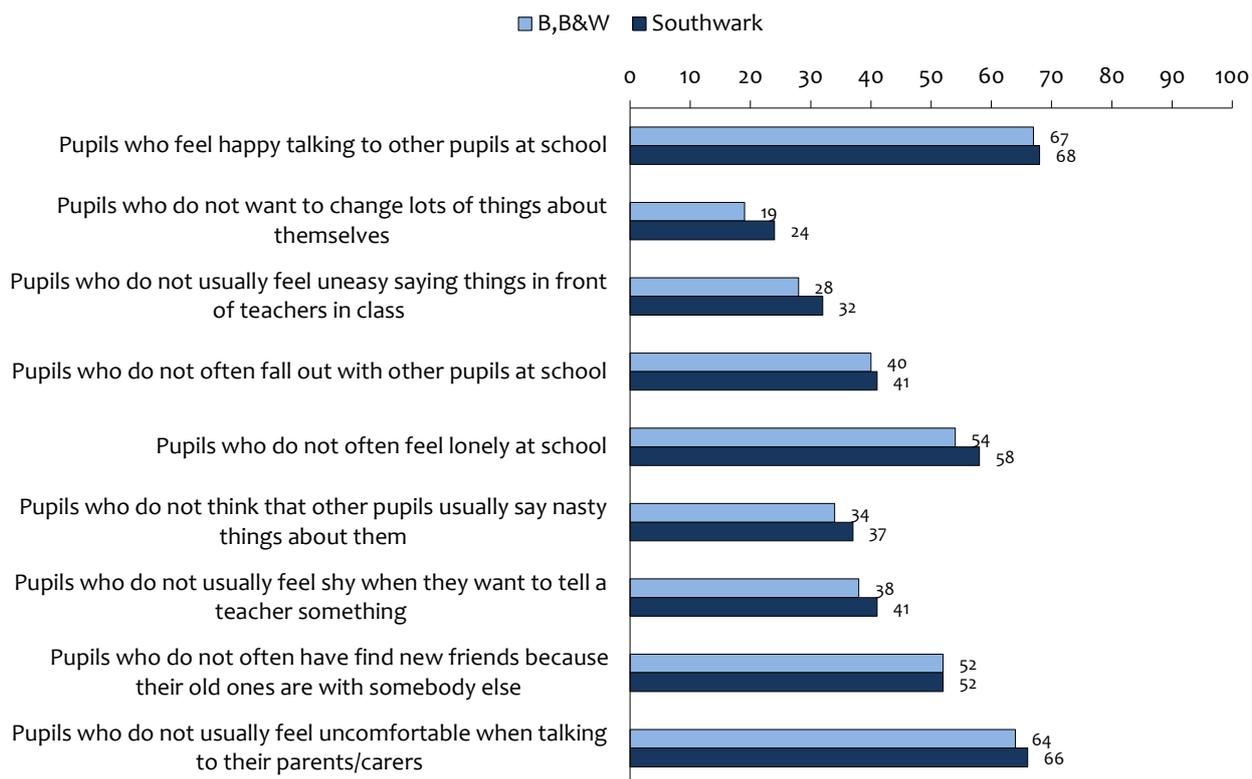
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	44	45	35	32	36	29
Girls	49	43	43	44	49	41

15% (21%) of pupils had a high self-esteem score (15 or more).

**Q15.** Percentage with a high self-esteem score (15 or more).

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	13	10	25	22	23	28
Girls	6	20	15	15	14	20

**Q15.** (Individual self-esteem items) Percentage giving a high esteem response:



67% (68%) of pupils responded that they feel happy talking to other pupils at school.

**Q15.** (Individual self-esteem items) Percentage in each group giving a high esteem response (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	72 (71)	62 (66)	66 (70)	68 (62)	62 (72)	73 (67)	67 (68)
Pupils who do not want to change lots of things about themselves	13 (20)	30 (28)	12 (28)	18 (26)	27 (25)	15 (21)	19 (24)
Pupils who do not usually feel uneasy saying things in front of teachers in class	30 (34)	24 (30)	29 (36)	30 (24)	33 (36)	21 (28)	28 (32)
Pupils who do not often fall out with other pupils at school	34 (42)	42 (39)	34 (39)	43 (38)	38 (45)	49 (43)	40 (41)
Pupils who do not often feel lonely at school	56 (61)	45 (52)	49 (59)	48 (50)	67 (65)	54 (55)	54 (58)
Pupils who do not think that other pupils usually say nasty things about them	34 (44)	28 (34)	32 (41)	39 (27)	38 (42)	33 (32)	34 (37)
Pupils who do not usually feel shy when they want to tell a teacher something	45 (47)	37 (38)	39 (43)	48 (32)	41 (46)	25 (35)	38 (41)
Pupils who do not often have find new friends because their old ones are with somebody else	49 (55)	32 (42)	49 (56)	61 (48)	61 (62)	58 (48)	52 (52)
Pupils who do not usually feel uncomfortable when talking to their parents/carers	56 (63)	52 (65)	66 (68)	70 (60)	72 (69)	69 (69)	64 (66)

N.B. The item below does not contribute to the composite self-esteem score, and as such is reported separately.

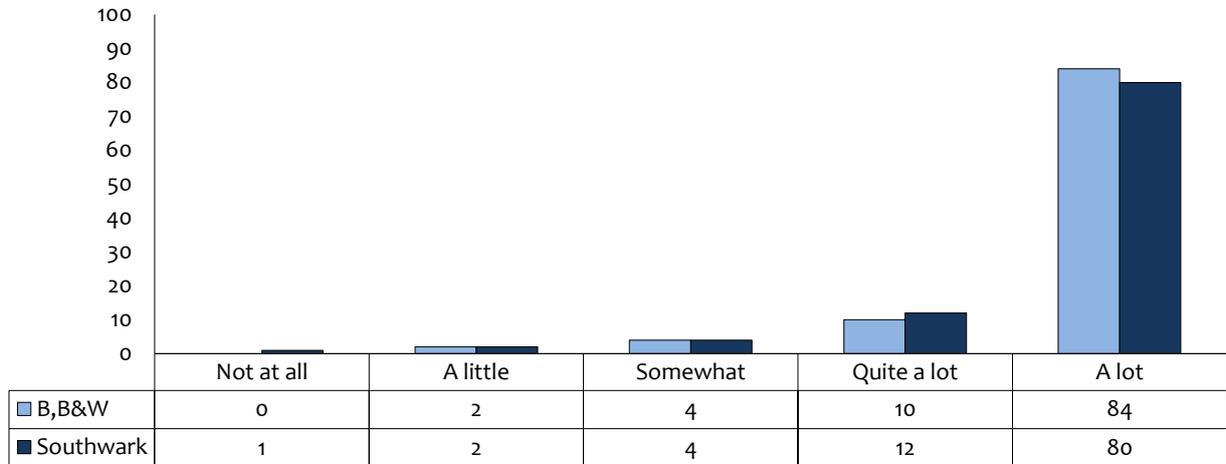
65% (68%) of pupils responded that their parents/carers like to hear their ideas.

**Q15.** Percentage answering that their parents/carers like to hear their ideas.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	64	54	62	68	60	72
Girls	61	82	70	68	68	70

## Worrying

**Q16.** Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



N.B. Highest worry level recorded.

94% (92%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

**Q16.** Percentage answering that they worry 'quite a lot' or 'a lot' to at least one of the issues listed.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	91	98	96	92	94	91
Girls	94	95	91	94	93	91

59% (55%) of boys and 61% (54%) of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

**Q16.** Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

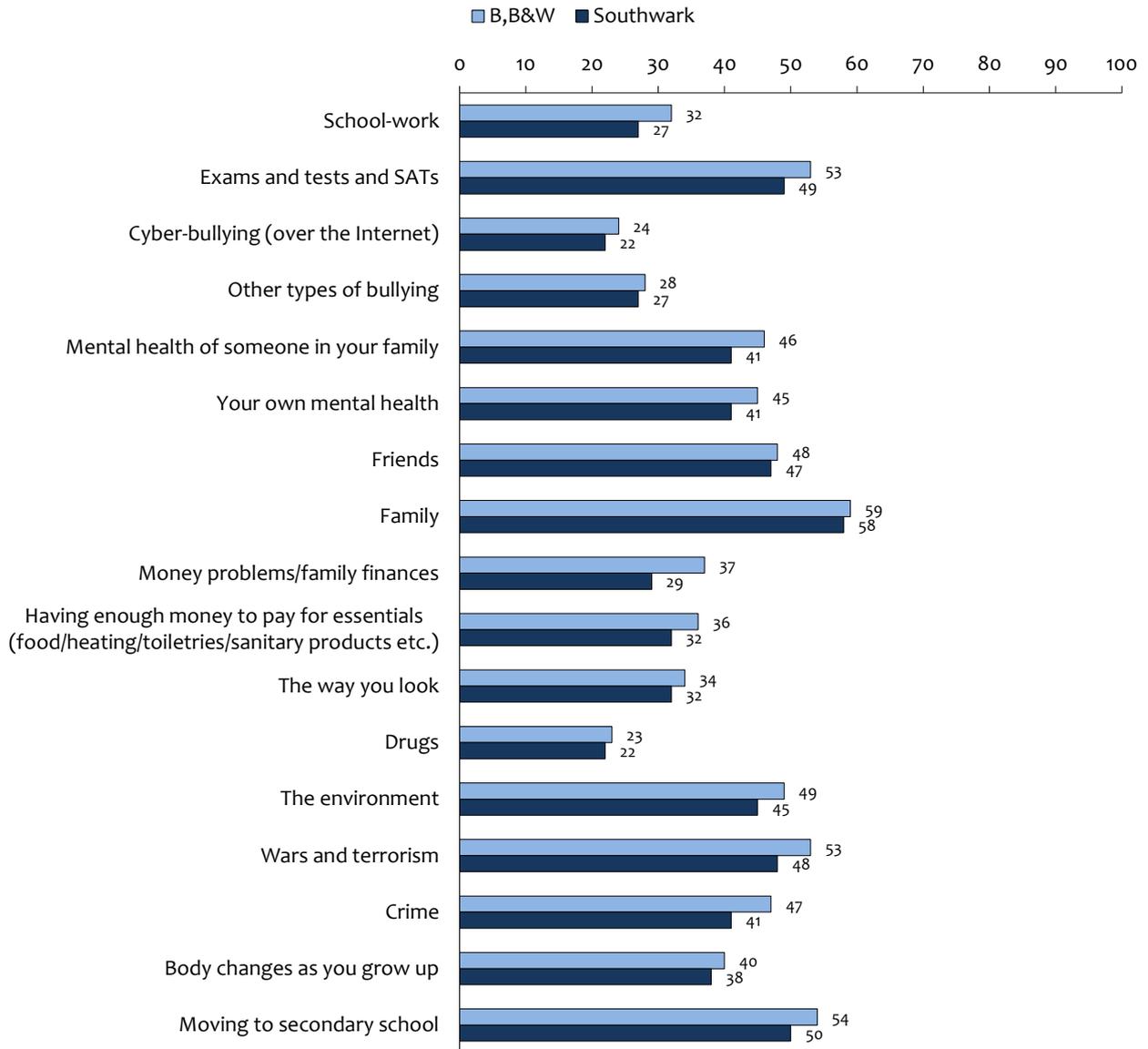
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	64	54	57	60	58	49
Girls	63	69	56	55	61	51

53% (49%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams, tests and SATs, while 59% (58%) said they worry about their family.

**Q16.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 - Southwark Primary data in brackets):

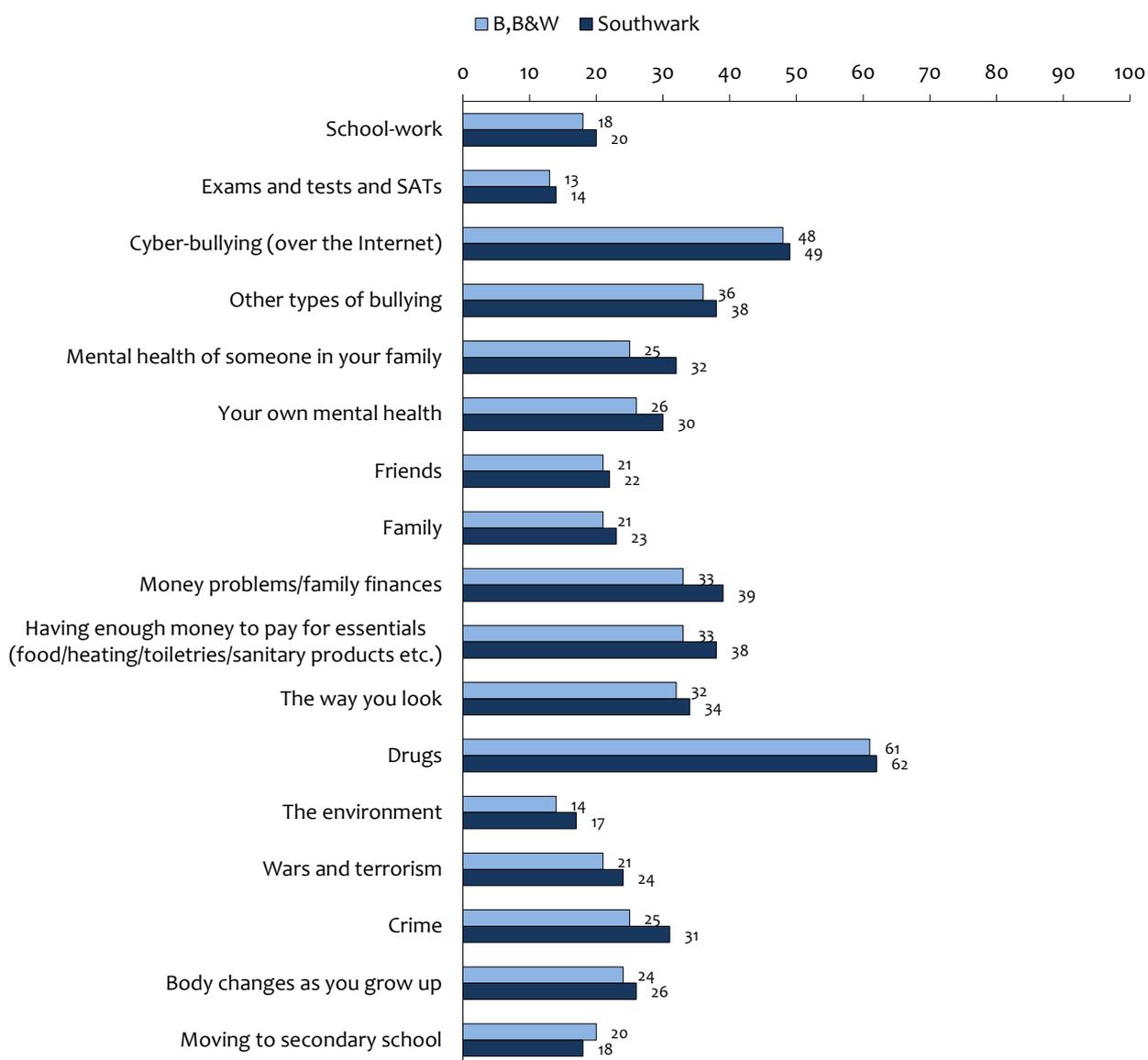
Boys				Girls			
1	Family	57	(59)	1	Family	62	(56)
2	Exams, tests and SATs	54	(46)	2	Moving to secondary school	58	(53)
3	Wars and terrorism	53	(49)	3	Wars and terrorism	54	(47)
4	The environment	51	(47)	4	Exams, tests and SATs	53	(53)
5	Moving to secondary school	50	(47)	5	Friends	49	(47)
6	Friends	47	(48)	6	Crime	49	(39)
7	Mental health of someone in your family	47	(42)	7	The environment	47	(43)
8	Crime	47	(42)	8	Mental health of someone in your family	46	(40)
9	Your own mental health	45	(42)	9	Your own mental health	46	(39)
10	Money problems/family finances	40	(32)	10	Body changes as they grow up	44	(42)

**Q16.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



20% (18%) of pupils said they don't worry 'at all' about moving on to secondary school.

**Q16.** Percentage of pupils responding that they don't worry about the following 'at all':



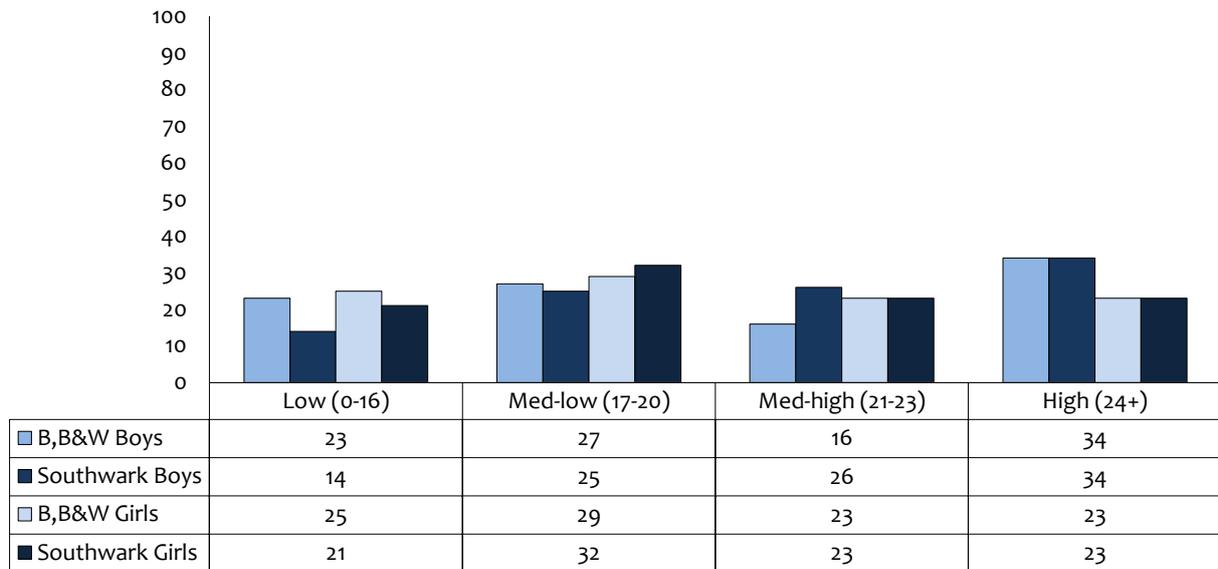
71% (73%) of pupils responded that they would go to their parents/carers for support, advice or reassurance if they were worried about something, while 45% (45%) would go to their friend.

**Q17.** Percentage of pupils responding that if they were worried they know where they would go to get advice, support or reassurance (Southwark Primary data in brackets):

Boys				Girls			
1	Parent/carer	69	(73)	1	Parent/carer	73	(74)
2	I would keep it to myself	40	(32)	2	Friend	53	(49)
3	Friend	38	(40)	3	I would keep it to myself	39	(37)
4	Member of school staff (other than nurse)	32	(27)	4	Member of school staff (other than nurse)	37	(32)
5	My own GP	12	(10)	5	My own GP	8	(9)
6	School nurse	12	(8)	6	School nurse	7	(4)
7	I would find the information on my own	9	(6)	7	I would find the information on my own	6	(8)
8	Online help agency	5	(5)	8	Online help agency	5	(6)
9	Youth worker	4	(3)	9	Youth worker	2	(3)

## Year 6 only: Resilience

Q18/19. Year 6 only: Composite resilience score:



We have used these questions 18 & 19 to form an overall measure of “resilience”. 11 of the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

24% (18%) of Year 6 pupils had a low measure of resilience (0-16).

Q18/19. Percentage of Year 6 pupils with a low measure of resilience (0-16).

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	23	14
Girls	25	21

29% (28%) of Year 6 pupils had a high measure of resilience (24+).

Q18/19. Percentage of Year 6 pupils with a high measure of resilience (24+).

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	34	34
Girls	23	23

73% (71%) of Year 6 pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do; 54% (53%) said they ask for help.

**Q18.** Percentage of Year 6 pupils responding that they do the following 'usually' or 'always' if at first they don't succeed (Southwark Primary data in brackets):

Boys	Never	Sometimes	Usually	Always
Blame someone else	49 (54)	40 (40)	10 (4)	1 (2)
Keep on trying until you do	2 (4)	27 (20)	38 (41)	32 (35)
Have another go	5 (3)	16 (17)	37 (38)	41 (42)
Give up	43 (44)	42 (45)	10 (8)	5 (3)
Try a different way of doing it	7 (4)	32 (27)	26 (43)	33 (25)
Ask for help	10 (9)	41 (43)	26 (29)	23 (19)
Go and do something else	22 (19)	47 (52)	20 (20)	11 (9)
Just accept you can't do it	53 (49)	27 (35)	7 (8)	10 (7)

Girls	Never	Sometimes	Usually	Always
Blame someone else	63 (63)	33 (33)	3 (3)	1 (1)
Keep on trying until you do	1 (5)	21 (29)	50 (44)	26 (22)
Have another go	1 (4)	28 (22)	36 (42)	36 (32)
Give up	30 (31)	49 (50)	17 (12)	4 (7)
Try a different way of doing it	3 (5)	49 (35)	33 (40)	16 (21)
Ask for help	11 (8)	28 (33)	39 (36)	21 (23)
Go and do something else	13 (16)	61 (52)	14 (21)	11 (11)
Just accept you can't do it	41 (35)	36 (40)	12 (13)	12 (12)

58% (62%) of Year 6 pupils responded that if something goes wrong, they usually or always learn from it for next time.

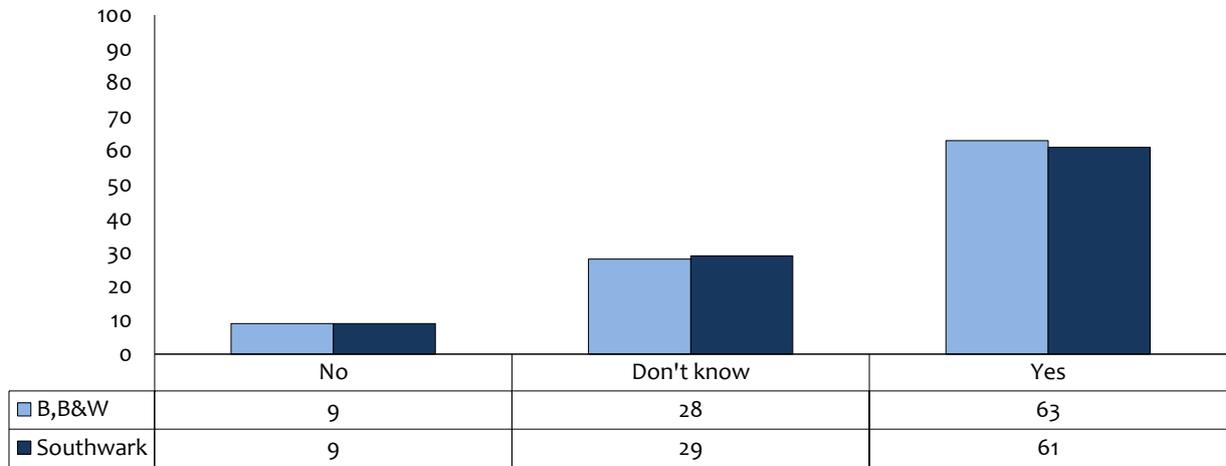
**Q19.** Percentage of Year 6 pupils responding that they 'usually' or 'always' do the following if things go wrong (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Get upset and feel bad for ages	24 (18)	43 (29)	34 (24)
Feel a bit bad but soon forget about it	59 (53)	42 (44)	49 (48)
Are calm and can carry on	49 (49)	34 (34)	41 (41)
Learn from it for next time	61 (64)	53 (61)	58 (62)

# Safety and Bullying

## Safety in school

**Q20a.** Do you feel safe in school?

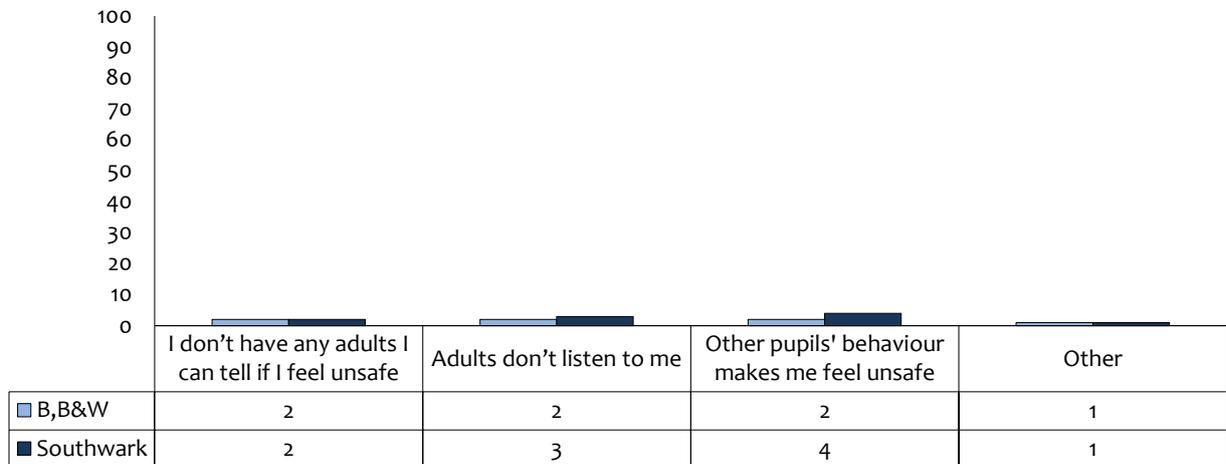


9% (9%) of pupils said they don't feel safe in school, while 63% (61%) said they do.

**Q20a.** Percentage answering that they don't feel safe in school.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	10	7	14	10	10	11
Girls	5	2	9	8	11	7

**Q20b.** What makes you feel unsafe?



2% (3%) of pupils said adults not listening to them makes them feel unsafe in school.

**Q20b.** Percentage of pupils responding that the following things make them feel unsafe in school (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I don't have any adults I can tell if I feel unsafe	1 (3)	0 (2)	0 (2)	0 (2)	5 (2)	3 (2)	2 (2)
Adults don't listen to me	1 (3)	0 (2)	0 (2)	2 (2)	7 (4)	1 (3)	2 (3)
Other pupils' behaviour makes me feel unsafe	1 (4)	3 (3)	0 (2)	2 (7)	2 (4)	4 (3)	2 (4)
Other	2 (2)	0 (1)	0 (1)	0 (1)	1 (1)	1 (1)	1 (1)

## Bullying

28% (27%) of pupils responded that they have been bullied at or near school in the last 12 months, while 22% (20%) said they 'don't know' if they have.

**Q21.** Percentage answering they have been bullied at or near school in the last 12 month.

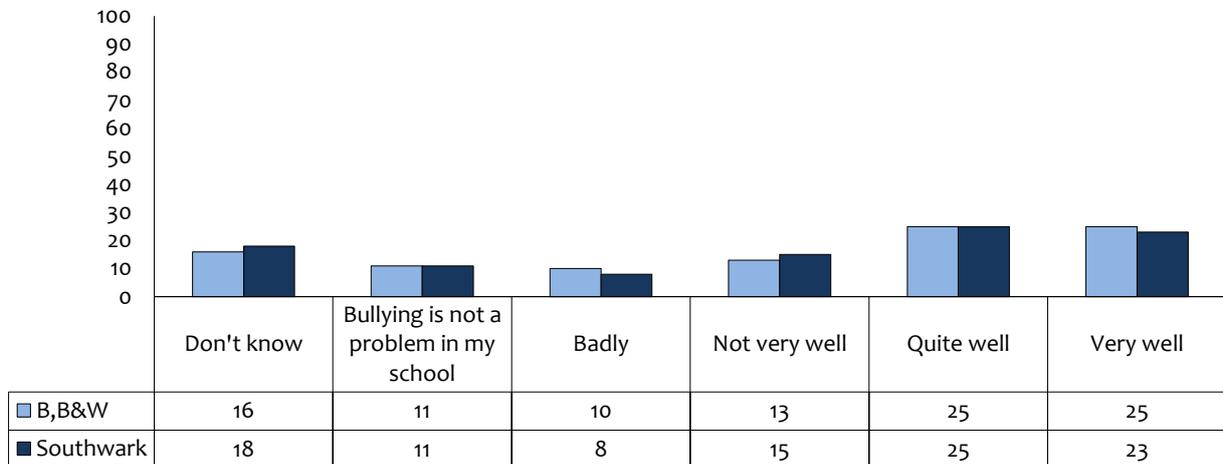
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	32	24	30	29	29	24
Girls	27	24	27	29	32	23

9% (8%) of pupils responded that they have bullied someone else at school in the last 12 months, while 19% (17%) said they 'don't know' if they have.

**Q22.** Percentage answering that they have bullied someone else at school in the last 12 months.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	9	7	14	11	11	9
Girls	10	9	4	6	8	5

**Q23.** How well does your school deal with bullying?



10% (8%) of pupils responded that their school deals with bullying 'badly'.

**Q23.** Percentage answering that their school deals with bullying 'badly'.

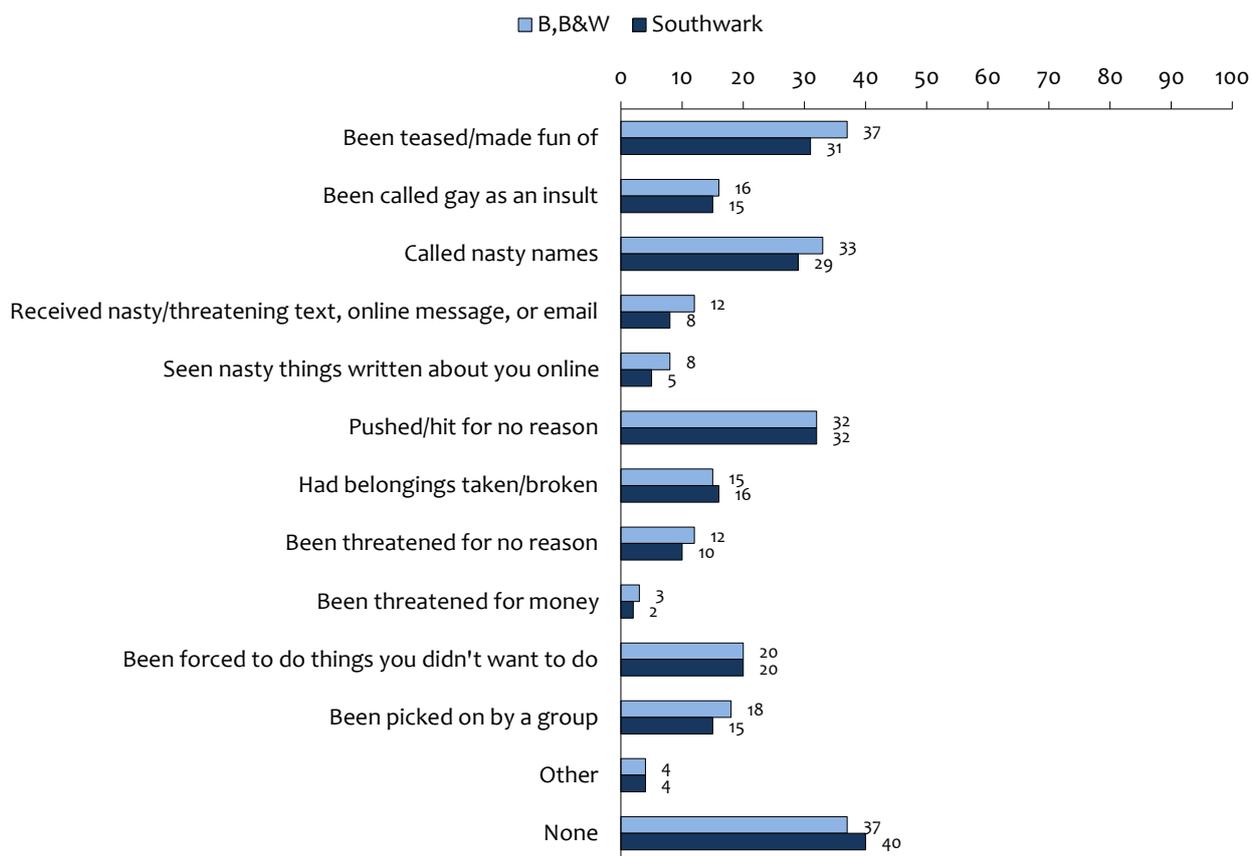
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	11	5	7	8	10	10
Girls	9	9	12	6	9	7

50% (48%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 11% (11%) said that bullying is not a problem in their school.

**Q23.** Percentage answering that their school deals with bullying 'quite' or 'very' well.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	57	55	48	50	49	46
Girls	53	49	45	52	46	49

**Q24.** Percentage of Year 6 pupils responding that they have experienced the following negative behaviours in the last month:



32% (32%) of Year 6 pupils responded that they have been pushed or hit for no reason in the last month, while 15% (16%) said they've had their belongings taken or broken.

**Q24.** Percentage of Year 6 pupils responding that they have experienced the following negative behaviours in the last month (top 10 – Southwark Primary data in brackets):

Boys				Girls			
1	Been teased/made fun of	37	(33)	1	Been teased/made fun of	37	(30)
2	Called nasty names	34	(30)	2	Pushed/hit for no reason	36	(31)
3	Pushed/hit for no reason	28	(33)	3	Called nasty names	33	(29)
4	Been called gay as an insult	25	(20)	4	Been forced to do things you didn't want to do	19	(19)
5	Been forced to do things you didn't want to do	22	(21)	5	Had belongings taken/broken	19	(18)
6	Been picked on by a group	16	(14)	6	Been picked on by a group	19	(15)
7	Had belongings taken/broken	12	(14)	7	Received nasty/threatening text, online message, or email	14	(9)
8	Been threatened for no reason	12	(12)	8	Been threatened for no reason	12	(9)
9	Received nasty/threatening text, online message, or email	11	(7)	9	Seen nasty things written about you online	10	(7)
10	Seen nasty things written about you online	7	(4)	10	Been called gay as an insult	7	(10)

51% (50%) of Year 6 pupils responded that the negative behaviour occurred at school; while 14% (13%) said at or near home.

**Q25.** Percentage of Year 6 pupils responding that they have experienced negative behaviour at the following places in the last month (Southwark Primary data in brackets):

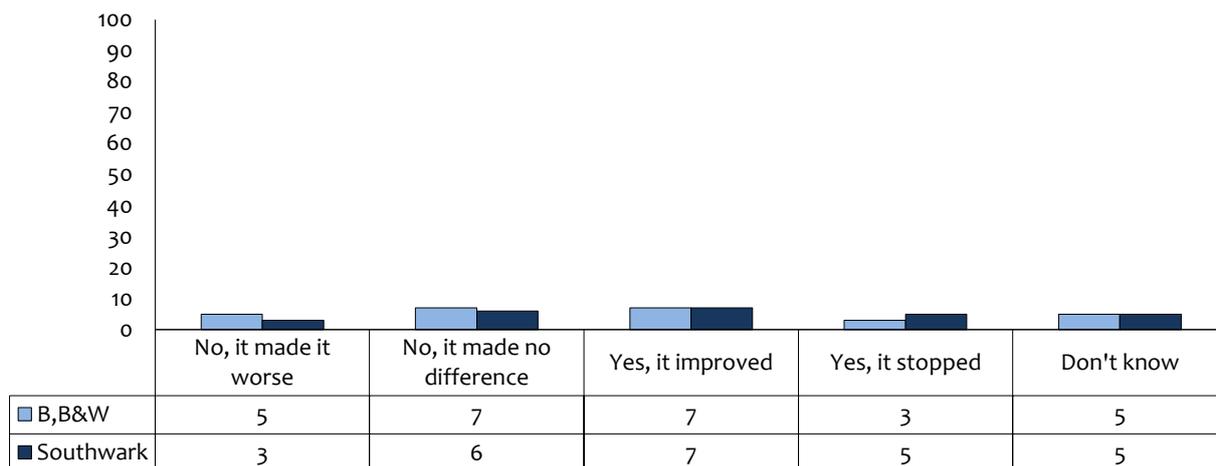
Boys			Girls		
1	At school	56 (52)	1	At school	46 (48)
2	At or near home	15 (13)	2	At or near home	14 (12)
3	Online	13 (10)	3	Online	10 (11)
4	On the way to or from school	7 (5)	4	On the way to or from school	10 (5)
5	Somewhere else	3 (4)	5	Somewhere else	4 (4)

11% (11%) of Year 6 pupils did not tell anyone if they have been bullied recently.

**Q26.** Percentage of Year 6 pupils responding that if they have been bullied recently, they told the following people about it (Southwark Primary data in brackets):

Boys			Girls		
1	Parent/carer	18 (14)	1	Parent/carer	16 (15)
2	Teacher or adult in school	17 (11)	2	Friend	16 (14)
3	No one	11 (11)	3	No one	11 (10)
4	Friend	11 (9)	4	Teacher or adult in school	9 (11)
5	Other trusted adult	8 (4)	5	Other trusted adult	4 (6)
6	Other	3 (1)	6	Other	1 (1)
7	Online service or telephone helpline	0 (0)	7	Online service or telephone helpline	1 (1)

**Q27.** Year 6 only: Did the problem stop after telling someone?



3% (5%) of Year 6 pupils responded that the problem stopped after telling someone, while 5% (5%) said they don't know.

39% (46%) of Year 6 pupils who told someone responded that the problem improved or stopped after doing so.

**Q27.** Percentage of Year 6 pupils answering that the problem stopped after telling someone.

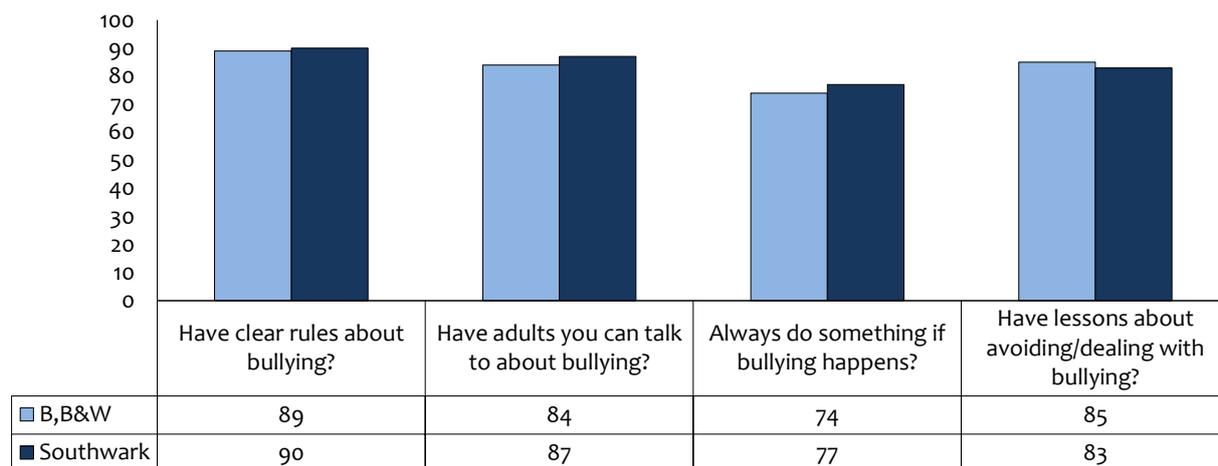
	B, B&W	Southwark
Yr 6		
Boys	1	5
Girls	6	6

29% (27%) of pupils responded that they have been bullied because of the way they look; 14% (13%) said it was because of their skin colour or race.

**Q28.** Percentage of pupils responding that they feel they have been 'picked on' or bullied for the following reasons (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Their size or weight	18 (15)	16 (19)	11 (20)	30 (23)	23 (23)	33 (27)	22 (21)
The way they look	28 (19)	25 (26)	21 (21)	30 (30)	22 (27)	39 (36)	29 (27)
The clothes they wear	5 (8)	7 (12)	8 (9)	11 (8)	11 (10)	13 (13)	9 (11)
Their skin colour or race	11 (9)	13 (11)	3 (15)	14 (15)	27 (14)	13 (14)	14 (13)
Their religion, faith or culture	9 (7)	2 (4)	0 (3)	3 (7)	3 (3)	6 (5)	4 (5)
Their gender	5 (6)	11 (9)	8 (6)	11 (9)	7 (4)	17 (10)	10 (7)
Being different	8 (12)	14 (17)	8 (12)	19 (21)	25 (15)	12 (19)	14 (16)
A disability or learning difficulty	5 (5)	9 (3)	5 (6)	5 (6)	5 (4)	10 (7)	7 (5)
Their ability	9 (6)	11 (7)	8 (9)	8 (6)	8 (10)	6 (8)	8 (8)
Their family background	13 (7)	11 (6)	5 (7)	11 (8)	11 (7)	10 (9)	10 (7)
Their health	9 (8)	13 (9)	5 (6)	3 (5)	7 (5)	4 (3)	7 (6)
Other	9 (8)	9 (9)	8 (5)	8 (9)	11 (6)	4 (7)	8 (7)
[Year 6 only] Their sexual orientation	- (-)	- (-)	- (-)	- (-)	3 (3)	1 (4)	3 (4)

**Q29.** Does your school...?



89% (90%) of pupils said their school has clear rules about bullying and 84% (87%) said it has adults they can talk to about bullying.

**Q29.** Percentage answering that their school has clear rules about bullying.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	90	90	90	89	92	87
Girls	88	88	89	91	90	91

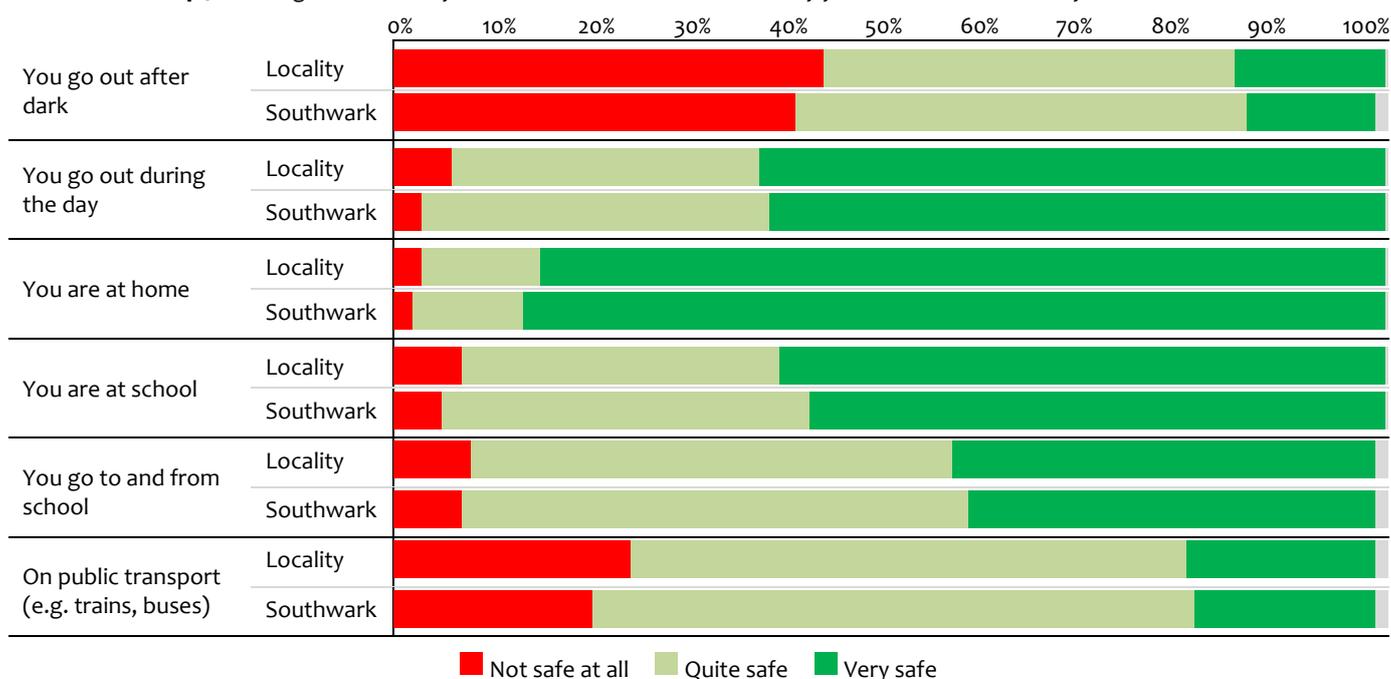
74% (77%) of pupils said their school always does something if bullying happens and 85% (83%) said it has lessons about avoiding/dealing with bullying.

**Q29.** Percentage answering that their school always does something if bullying happens.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	77	90	69	83	84	72
Girls	75	73	66	83	78	71

## Feeling Safe

Q67. Feeling safe summary: Please think about the community you live in. How safe do you feel when...?



43% (41%) of pupils rated their safety when going out after dark in their area as 'not at all safe'.

Q25. Percentage of pupils rating their safety at 'not at all safe' in the following situations (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
When going out after dark	30 (32)	47 (45)	43 (37)	51 (50)	43 (39)	51 (47)	43 (41)
When going out during the day	9 (5)	6 (4)	10 (3)	0 (3)	4 (2)	4 (1)	6 (3)
At home	5 (1)	5 (3)	0 (3)	0 (2)	3 (1)	0 (1)	3 (2)
At school	6 (4)	3 (4)	10 (7)	5 (8)	6 (5)	7 (5)	7 (5)
When going to and from school	6 (6)	11 (9)	8 (7)	5 (10)	8 (5)	8 (6)	8 (7)
On public transport (e.g. trains, buses)	29 (23)	34 (25)	23 (18)	18 (25)	17 (15)	21 (18)	24 (20)

93% (94%) of pupils rated their safety at school as 'quite safe' or 'very safe'.

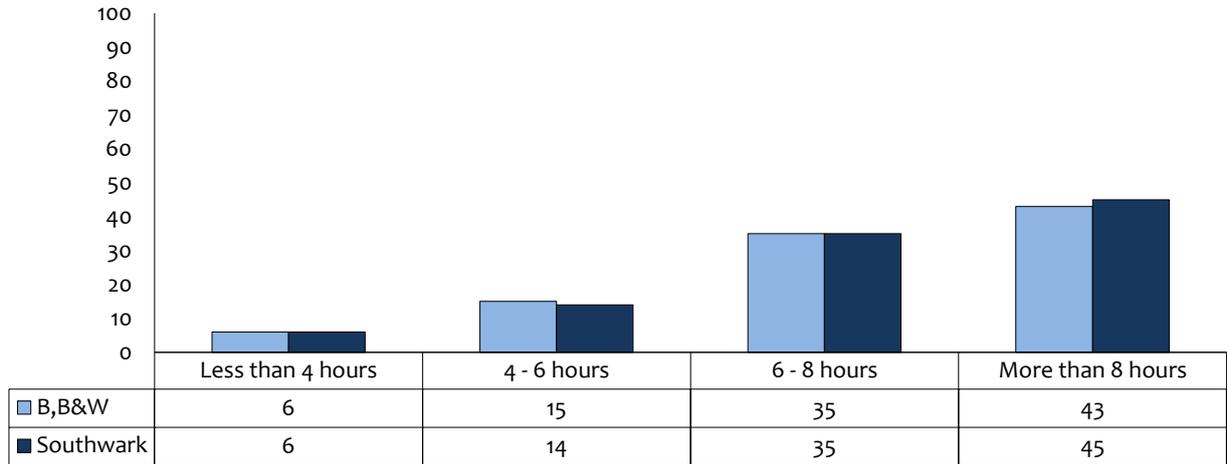
Q25. Percentage of pupils rating their safety at 'quite safe' or 'very safe' in the following situations (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
When going out after dark	70 (68)	53 (53)	58 (62)	49 (50)	57 (61)	49 (53)	57 (59)
When going out during the day	91 (95)	94 (96)	90 (96)	100 (97)	95 (97)	96 (99)	94 (97)
At home	95 (98)	94 (96)	100 (97)	100 (98)	97 (98)	100 (99)	97 (98)
At school	94 (96)	95 (95)	90 (93)	95 (91)	94 (94)	93 (95)	93 (94)
When going to and from school	94 (93)	87 (89)	93 (92)	92 (89)	92 (94)	90 (94)	91 (92)
On public transport (e.g. trains, buses)	68 (75)	65 (73)	78 (81)	79 (74)	83 (83)	79 (82)	74 (79)

# Health & Hygiene

## Sleep

**Q31.** How much sleep did you get last night?



6% (6%) of pupils responded that they got less than 4 hours sleep last night.

**Q31.** Percentage answering that they got less than 4 hours sleep last night.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	7	2	9	9	8	4
Girls	2	5	7	4	6	3

78% (80%) of pupils responded that they got at least 6 hours sleep last night, with 43% (45%) saying that they got more than 8 hours.

**Q31.** Percentage answering that they got at least 6 hours sleep last night.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	74	80	84	73	79	86
Girls	77	87	75	78	81	82

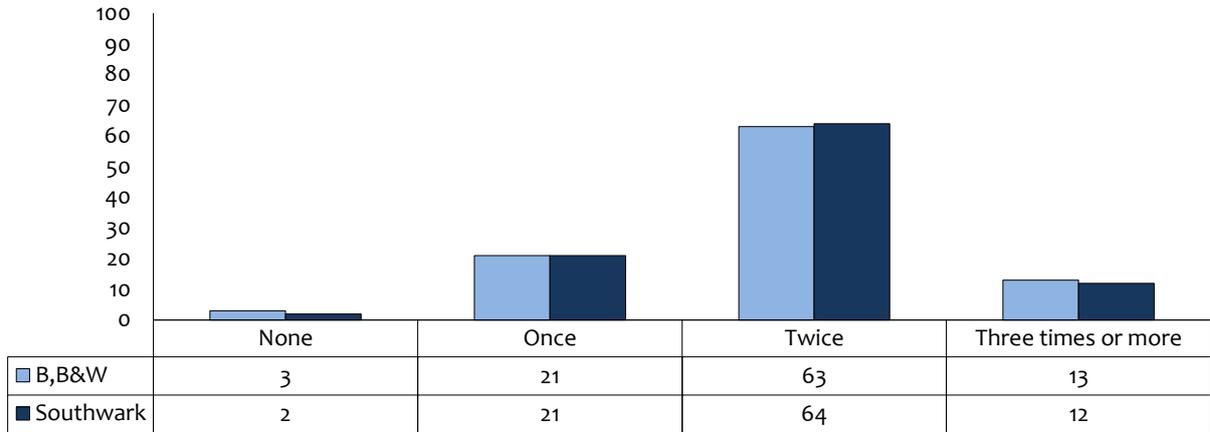
71% (74%) of Year 6 pupils responded that the amount of sleep they got last night is usual for a school night, while 15% (13%) said it's less than they usually get.

**Q32.** Percentage of Year 6 pupils answering that the amount of sleep they got last night is usual for a school night.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	73	76
Girls	67	73

## Dental health

**Q33.** How many times did you clean your teeth on the day before the survey?



3% (2%) of pupils responded that they didn't clean their teeth at all on the day before the survey.

**Q33.** Percentage answering that they didn't clean their teeth at all on the day before the survey.

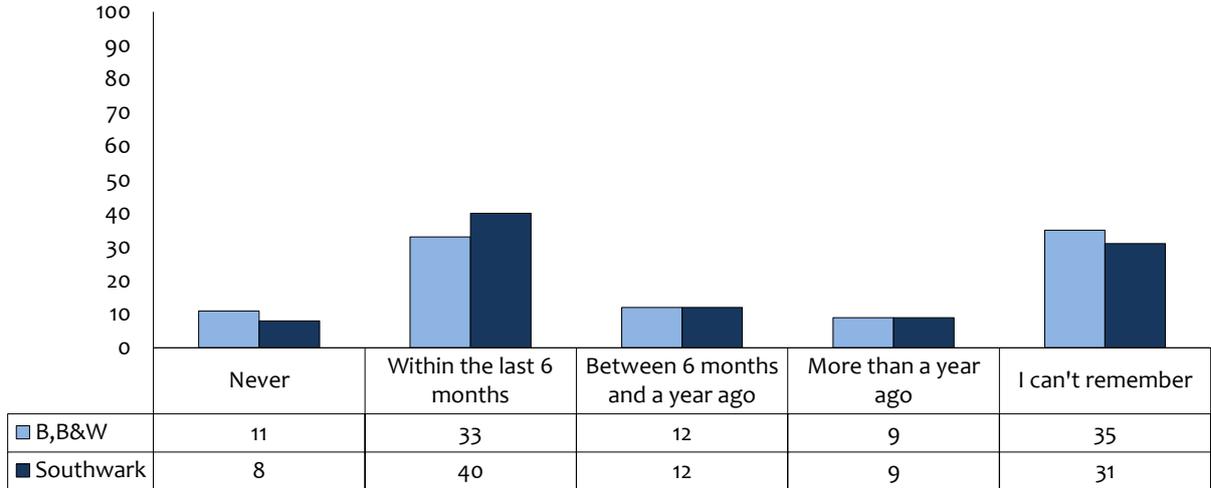
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	1	5	5	3	4	2
Girls	7	0	0	3	1	2

76% (76%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.

**Q33.** Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	74	67	70	74	71	77
Girls	77	79	85	79	73	80

**Q34. When did you last visit the dentist?**



33% (40%) of pupils responded that they have been to the dentist within the last 6 months; 9% (9%) said they have been more than a year ago.

**Q34.** Percentage answering that they have been to the dentist within the last 6 months.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	26	29	27	32	41	47
Girls	22	38	52	31	36	50

11% (8%) of pupils responded that they have never been to the dentist, while 35% (31%) said they can't remember.

**Q34.** Percentage answering that they have never been to the dentist

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	8	26	5	11	10	5
Girls	10	12	11	10	10	4

## Year 6 only: Growing Up

62% (62%) of Year 6 pupils responded that they feel they know enough about how their body changes as they grow up, while 6% (7%) of pupils feel they do not know enough.

**Q35.** Percentage of Year 6 pupils answering that they feel they know enough about how their body changes as they grow up.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	63	62
Girls	64	64

64% (65%) of Year 6 pupils responded that their parents/carers have talked with them about how their body changes as they grow up; 75% (71%) said their teachers have talked with them in school lessons.

**Q36.** Percentage of Year 6 pupils responding that the following people have talked with them about how their body changes as they grow up (Southwark Primary data in brackets):

Boys			Girls		
1	Teachers in school lessons	71 (68)	1	Teachers in school lessons	79 (74)
2	Parents/carers	51 (55)	2	Parents/carers	78 (76)
3	Brothers or sisters	26 (17)	3	Brothers or sisters	25 (19)
4	Friends	15 (12)	4	Friends	25 (17)
5	Visitors in school lessons	13 (15)	5	Visitors in school lessons	21 (18)
6	Other close relatives	13 (9)	6	Other close relatives	16 (18)
7	School Nurse	9 (5)	7	School Nurse	9 (8)
8	None of these	4 (6)	8	None of these	1 (4)

80% (76%) of Year 6 pupils responded that teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

**Q36a.** Percentage Year 6 pupils answering that teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	78	74
Girls	82	80

## Physical Activity

### Free Time

55% (59%) of Year 6 pupils think that there is enough to do in their free time near where they live, while 19% (14%) said there is not enough to do.

**Q37.** Percentage of Year 6 pupils answering that there is enough to do in their free time near where they live.

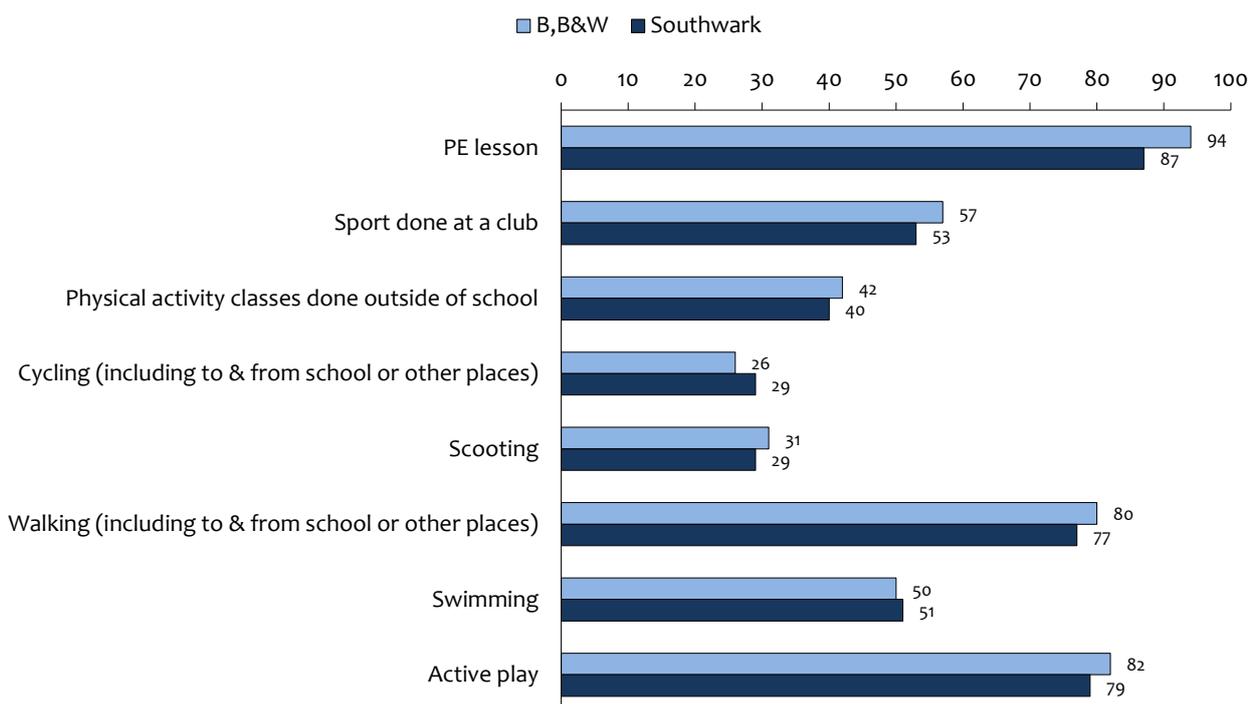
	B,B&W	Southwark
	Yr 6	Yr 6
Boys	57	62
Girls	52	55

**Q37b.** Percentage of Year 6 pupils responding that they don't think there's enough to do in their free time in the area where they live and they'd like to have the following (top 10 – Southwark Primary data in brackets):

Boys			Girls		
1	Sports equipment (e.g. basketball hoops, painted markings for goals etc.)	14 (9)	1	Playgrounds	10 (7)
2	Cinema/theatres	14 (8)	2	Swimming pool or swimming club	9 (8)
3	Outdoor courts and pitches	13 (8)	3	Parks or open spaces	9 (6)
4	Martial arts club (e.g. karate, judo, boxing, kickboxing)	13 (5)	4	Activity equipment (e.g. fitness trails in the parks, climbing frames)	7 (7)
5	Team sports club (e.g. basketball, cricket, football, hockey, netball, rounders, rugby etc.)	11 (7)	5	Cinema/theatres	7 (6)
6	Activity equipment (e.g. fitness trails in the parks, climbing frames)	10 (7)	6	Arts and crafts activities/groups	7 (6)
7	Swimming pool or swimming club	9 (7)	7	Libraries	7 (6)
8	Parks or open spaces	9 (7)	8	Gymnastics/trampoline/acrobatics/cheerleading/majorettes	4 (6)
9	Athletics club/running/jogging club	9 (6)	9	Outdoor courts and pitches	4 (4)
10	Playgrounds	9 (5)	10	Museums/art galleries	4 (4)

42% (40%) of pupils said they did physical activity classes outside of school in the last 7 days.

**Q38.** Percentage of pupils responding that they did the following activities on at least one day in the last 7 days:

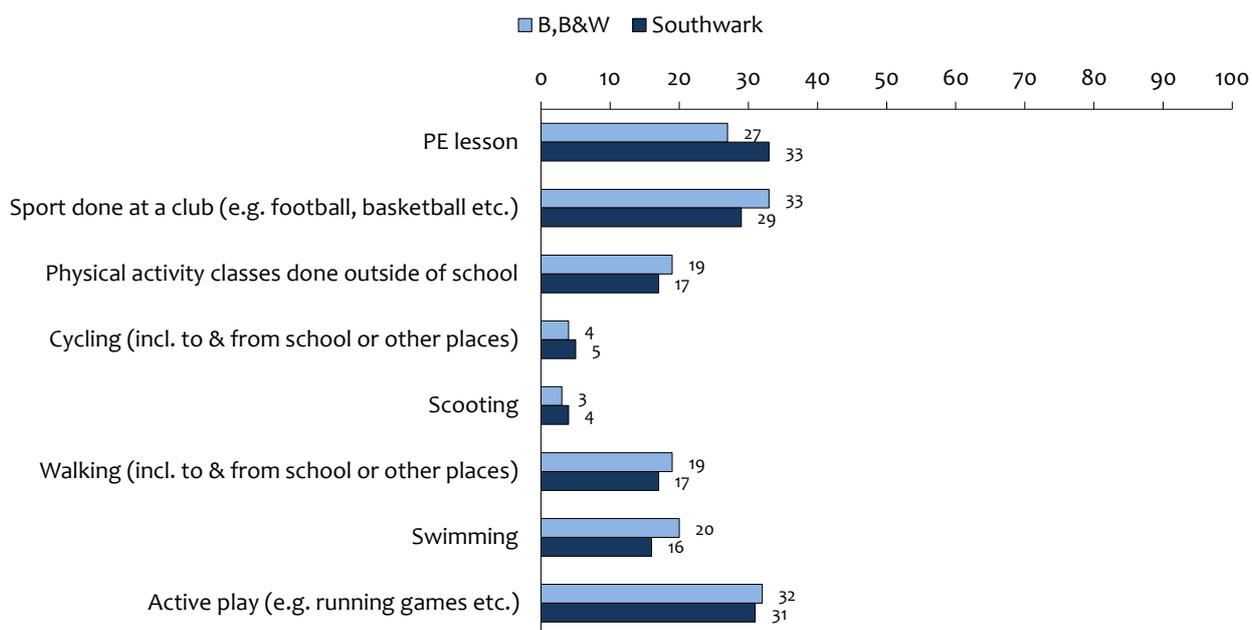


49% (48%) of pupils said they did active play on at least 3 days in the last 7 days.

**Q38.** Percentage of pupils responding that they did the following activities in the last 7 days (Southwark Primary data in brackets):

	Not done	1 or 2 days	3 or 4 days	5 or more days
<b>Boys</b>				
PE lesson	5 (14)	90 (83)	4 (3)	1 (1)
Sport done at a club	36 (39)	47 (44)	10 (9)	7 (8)
Physical activity classes done outside of school	59 (61)	34 (30)	3 (4)	3 (5)
Cycling (including to & from school or other places)	73 (68)	21 (22)	2 (3)	4 (6)
Scooting	67 (72)	25 (18)	1 (3)	7 (7)
Walking (including to & from school or other places)	23 (25)	19 (17)	5 (6)	53 (52)
Swimming	51 (48)	46 (49)	3 (2)	0 (1)
Active play	17 (18)	31 (29)	9 (11)	42 (42)
<b>Girls</b>				
PE lesson	6 (13)	90 (84)	4 (3)	0 (1)
Sport done at a club	51 (57)	44 (36)	4 (5)	1 (2)
Physical activity classes done outside of school	58 (59)	35 (32)	4 (5)	3 (3)
Cycling (including to & from school or other places)	76 (74)	19 (20)	2 (3)	3 (4)
Scooting	72 (71)	21 (20)	3 (3)	5 (6)
Walking (including to & from school or other places)	15 (20)	19 (18)	3 (4)	63 (59)
Swimming	49 (50)	49 (48)	2 (2)	0 (1)
Active play	19 (24)	37 (33)	8 (8)	35 (35)

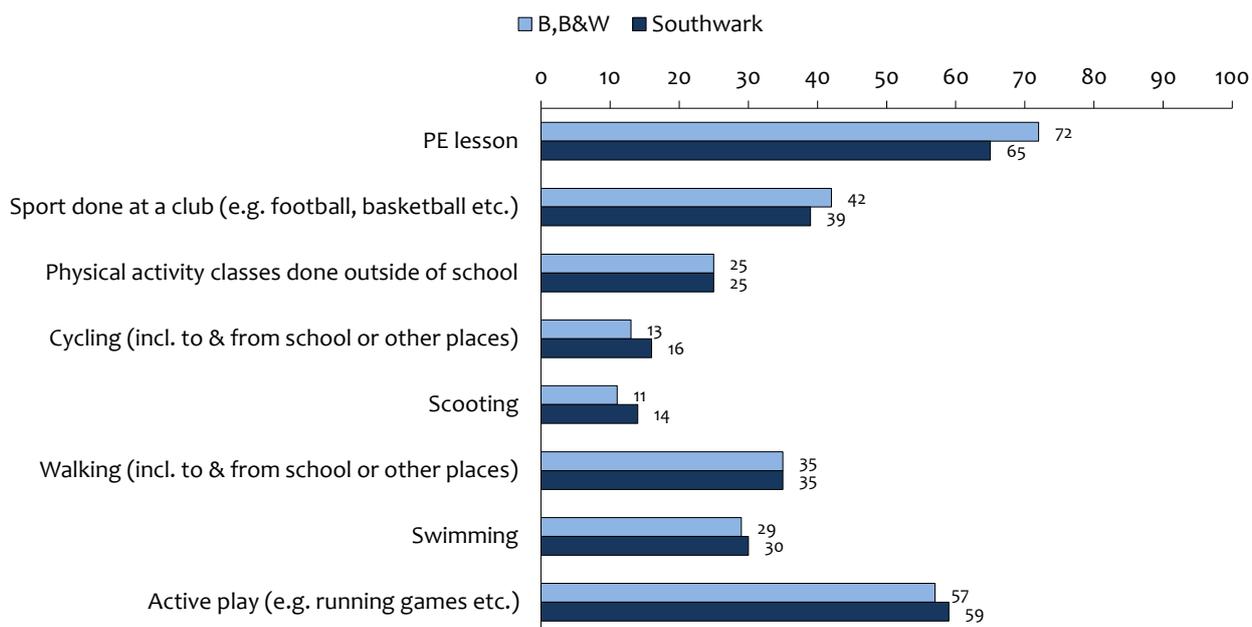
**Q39.** On the last day you did the activity (last week), how long did you do it for?  
% responding at least 'one hour'



**Q39.** Percentage of pupils responding that, on the last day they did the activity last week, they did it for the following amount of time (Southwark Primary data in brackets):

Boys	Not done	About 15 mins or less	About 30-45 mins	One hour or more	Not sure
PE lesson	7 (16)	9 (6)	46 (35)	26 (33)	7 (6)
Sport done at a club (e.g. football, basketball, netball)	42 (43)	3 (3)	11 (10)	39 (37)	3 (4)
Physical activity classes done outside of school (e.g. ballet, gymnastics)	66 (68)	4 (3)	7 (8)	18 (15)	4 (3)
Cycling (including to & from school or other places)	76 (72)	6 (10)	5 (7)	5 (6)	4 (3)
Scooting	73 (75)	13 (10)	5 (7)	4 (4)	3 (2)
Walking (including to & from school or other places)	26 (28)	31 (29)	13 (15)	23 (19)	5 (6)
Swimming	53 (51)	1 (3)	19 (24)	20 (16)	4 (3)
Active play (e.g. running games, kicking a ball about etc.)	21 (22)	11 (10)	18 (19)	39 (39)	6 (7)
<b>Girls</b>	<b>Not done</b>	<b>About 15 mins or less</b>	<b>About 30-45 mins</b>	<b>One hour or more</b>	<b>Not sure</b>
PE lesson	8 (15)	5 (6)	47 (35)	28 (32)	5 (8)
Sport done at a club (e.g. football, basketball, netball)	56 (64)	5 (3)	6 (9)	27 (19)	2 (3)
Physical activity classes done outside of school (e.g. ballet, gymnastics)	66 (65)	5 (4)	6 (9)	18 (18)	4 (3)
Cycling (including to & from school or other places)	81 (78)	5 (9)	7 (7)	2 (3)	4 (3)
Scooting	76 (75)	10 (12)	6 (6)	3 (3)	2 (4)
Walking (including to & from school or other places)	16 (22)	42 (37)	16 (14)	13 (15)	6 (7)
Swimming	50 (51)	8 (3)	15 (25)	21 (16)	1 (3)
Active play (e.g. running games, kicking a ball about etc.)	25 (28)	21 (17)	19 (22)	24 (22)	5 (7)

**Q40.** When you did the activity (last week), did it make you breathe faster/deeper or get hot/sweaty?  
% responding 'yes'



60% (63%) of boys and 55% (55%) of girls said that they took part in active play in the last week and it made them breathe faster/deeper and get hot/sweaty.

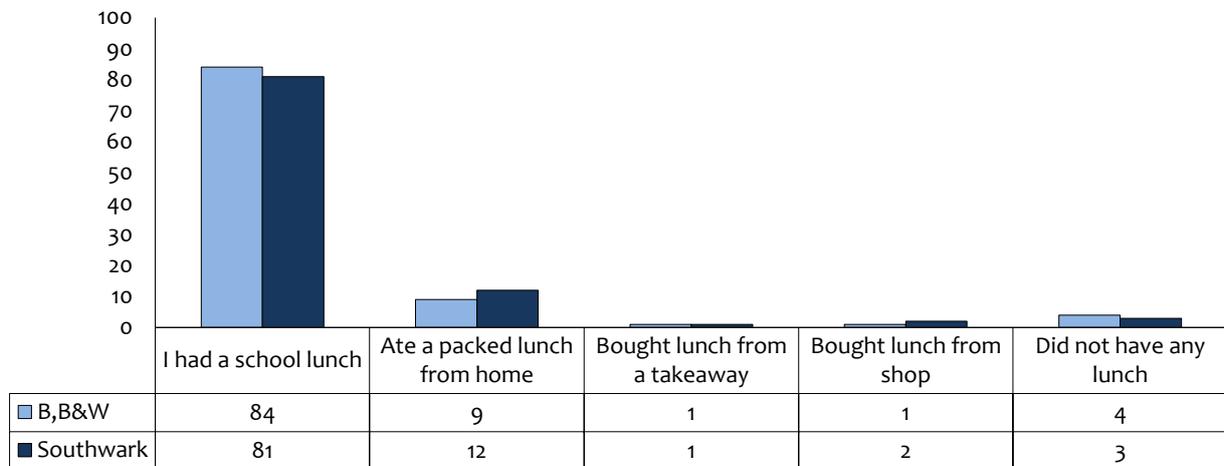
**Q40.** Percentage of pupils responding that they did the following activities last week and it made them breathe faster/deeper and get hot/sweaty (top 5 – Southwark Primary data in brackets):

Boys			Girls		
1	PE lesson	68 (66)	1	PE lesson	76 (65)
2	Active play	60 (63)	2	Active play	55 (55)
3	Sport done at a club	49 (48)	3	Walking (including to & from school or other places)	38 (38)
4	Walking (including to & from school or other places)	33 (33)	4	Sport done at a club	33 (28)
5	Swimming	27 (30)	5	Swimming	30 (30)

# Healthy Eating

## Lunch

**Q42.** What did you do for lunch yesterday?



84% (81%) of pupils responded that they had a school lunch on the day before the survey.

**Q42.** Percentage answering that they had a school lunch on the day before the survey.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	83	85	83	84	78	82
Girls	96	83	81	88	78	78

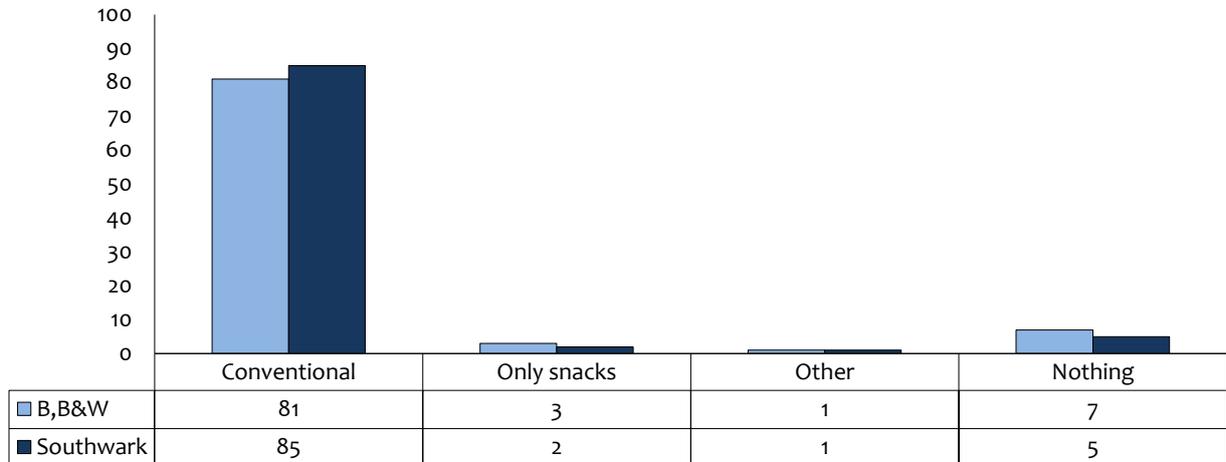
4% (3%) of boys and 3% (3%) of girls responded that they didn't have any lunch on the day before the survey.

**Q42.** Percentage answering that they didn't have any lunch on the day before the survey.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	4	5	4	3	5	3
Girls	0	7	3	1	4	3

## Breakfast

**Q44.** Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast, bread or bagels; hot food; fruit; yoghurt; croissants or pastries or breakfast bar. Only snacks means: chocolate bar, sweets, biscuits or pop-tarts/cakes; crisp-type snack but not conventional breakfast.

7% (5%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 15% (15%) had hot food.

**Q44.** Percentage answering that they didn't have anything for breakfast on the day of the survey.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	6	5	8	4	6	4
Girls	10	10	4	5	4	5

3% (2%) of pupils responded that they had only snacks for breakfast on the day of the survey.

**Q44.** Percentage answering that they had only snacks for breakfast on the day of the survey.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	8	3	2	3	1
Girls	9	0	0	4	1	3

**Q44.** Percentage of pupils responding that they had the following to eat before lessons on the day of the survey (top 5 – Southwark Primary data in brackets):

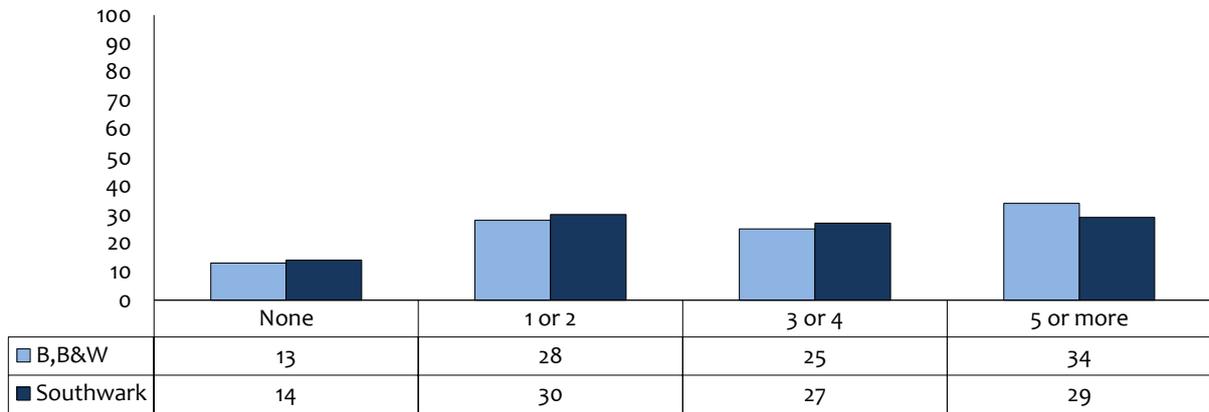
Boys			Girls		
1	Toast, bread or bagels etc.	44 (39)	1	Toast, bread or bagels etc.	39 (37)
2	A drink (e.g. water, milk, juice etc.)	29 (25)	2	A drink (e.g. water, milk, juice etc.)	36 (33)
3	Cereal e.g. cornflakes	28 (32)	3	Cereal e.g. cornflakes	25 (29)
4	Hot food e.g. egg on toast	15 (15)	4	Hot food e.g. egg on toast	14 (15)
5	Fruit	11 (10)	5	Fruit	13 (14)

**Q43.** Percentage of pupils responding that they had something to eat or drink for breakfast at the following places on the morning of the survey (Southwark Primary data in brackets):

Boys			Girls		
1	Something at home	66 (69)	1	Something at home	68 (70)
2	Something at school	20 (23)	2	Something at school	25 (26)
3	Something on the way to school	14 (12)	3	Something on the way to school	17 (16)

## Five-a-day

**Q45.** How many portions of fruit and vegetables did you eat yesterday?



13% (14%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

**Q45.** Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	9	33	11	15	25	12
Girls	13	7	10	12	12	11

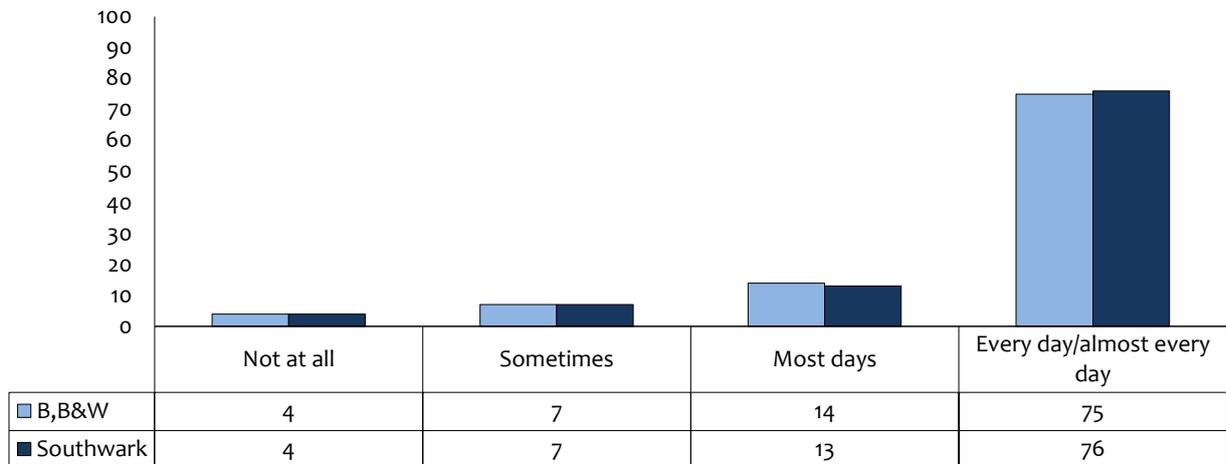
34% (29%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

**Q45.** Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	39	18	32	36	25	28
Girls	50	27	33	36	26	24

## Food poverty

**Q46.** Has your household been able to get enough food for everyone in the last 12 months?



11% (11%) of pupils said their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.

**Q46.** Percentage answering that their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.

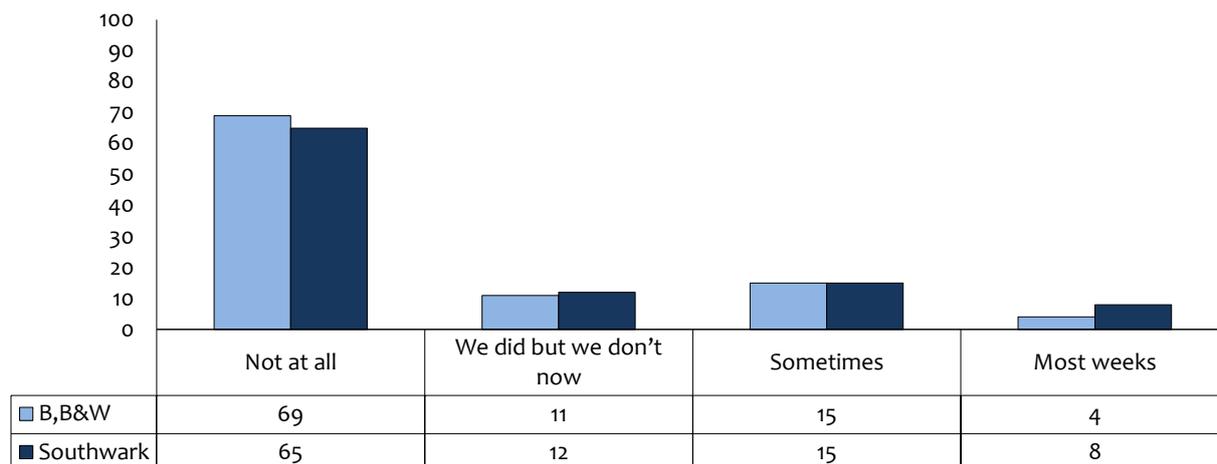
	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	15	19	5	16	16	7
Girls	14	13	7	11	12	7

75% (76%) of pupils said their household has been able to get enough food for everyone 'every day/almost every day' in the last 12 months.

**Q46.** Percentage answering that their household has been able to get enough food for everyone 'every day/ almost every day' in the last 12 months.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	68	62	81	66	69	81
Girls	66	75	88	76	75	85

**Q47.** Has your household used 'food banks' or similar sources of free or subsidised food in the last 12 months?



31% (35%) of pupils said their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months; 4% (8%) said it has 'most weeks'.

**Q47.** Percentage answering that their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	32	37	29	43	36	30
Girls	39	31	23	38	35	28

## Water

61% (60%) of pupils responded that they are able to get water at school during class time; while 29% (30%) said 'not easily'.

**Q48a.** Percentage answering that they are able to get water at school during class time.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	65	66	59	55	60	64
Girls	57	50	65	53	62	65

93% (90%) of pupils responded that they are able to get water at school during break time; while 5% (7%) said 'not easily'.

**Q48b.** Percentage answering that they are able to get water at school during break time.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	98	95	88	93	90	88
Girls	93	90	93	90	89	89

1% (1%) of pupils said they aren't able to get water at school either during class time or during breaktime.

**Q48a&b.** Percentage answering that they aren't able to get water at school either during class time or during breaktime.

	B,B&W			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	0	1	0	1	1
Girls	4	0	0	2	2	1

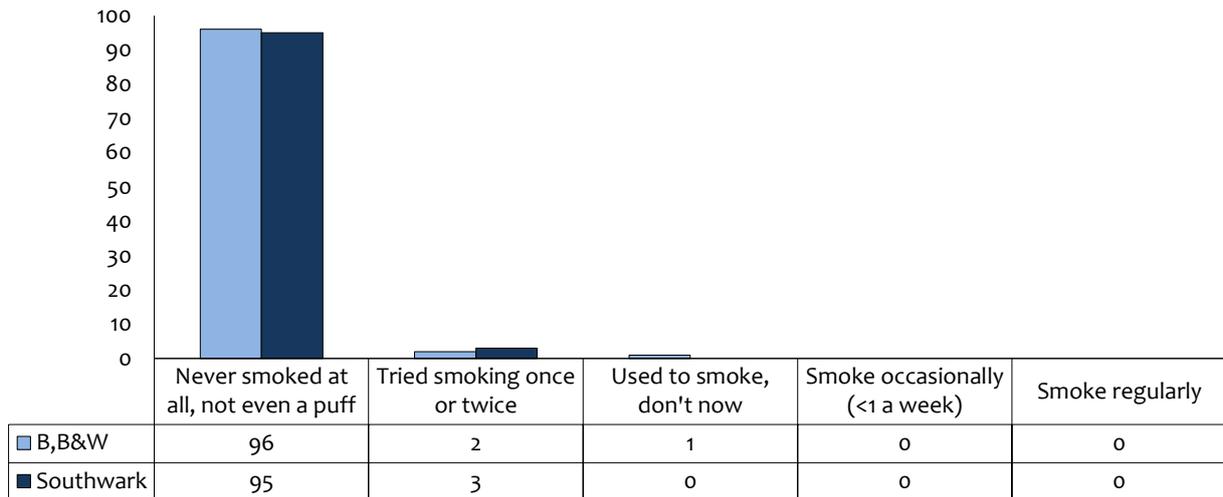
## Smoking and Vaping

1% (1%) of Year 6 pupils responded that they smoked cigarettes in the 7 days before the survey.

**Q49.** Percentage of Year 6 pupils answering that they smoked cigarettes in the 7 days before the survey.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	3	1
Girls	0	1

**Q50.** Year 6 only: Smoking: Which sentence describes you best?



4% (5%) of Year 6 pupils responded that they have tried smoking in the past or smoke now.

**Q50.** Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	3	5
Girls	5	5

1% (1%) of Year 6 pupils responded that they have smoked shisha.

**Q51.** Percentage of Year 6 pupils answering that they have smoked shisha.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	0	1
Girls	2	1

4% (5%) of Year 6 pupils responded that they have vaped.

**Q52.** Percentage of Year 6 pupils answering that they have vaped.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	4	5
Girls	3	5

## Year 6 only: Internet Safety

18% (16%) of Year 6 pupils responded that they communicate with people online by posting things that lots of people can see while 18% (16%) said they communicate with people using picture/video sharing sites/apps and 13% (17%) said they don't communicate with people online.

**Q53.** Percentage of Year 6 pupils responding that they communicate with people online by the following means (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
I don't do this	12 (18)	14 (17)	13 (17)
Posting things that lots of people can see	15 (14)	23 (18)	18 (16)
Sending messages to one or a few people	56 (49)	69 (66)	62 (57)
Picture/video sharing sites/apps	15 (16)	23 (15)	18 (16)
Livestreaming	8 (5)	3 (1)	6 (4)
Video chat	27 (30)	36 (35)	30 (32)
Through online games	64 (49)	28 (31)	48 (40)
Other	3 (3)	3 (3)	3 (3)

21% (17%) of Year 6 pupils responded that they communicate with people they have met online and don't know in real life.

**Q54.** Percentage of Year 6 pupils responding that they communicate with the following people online (Southwark Primary data in brackets):

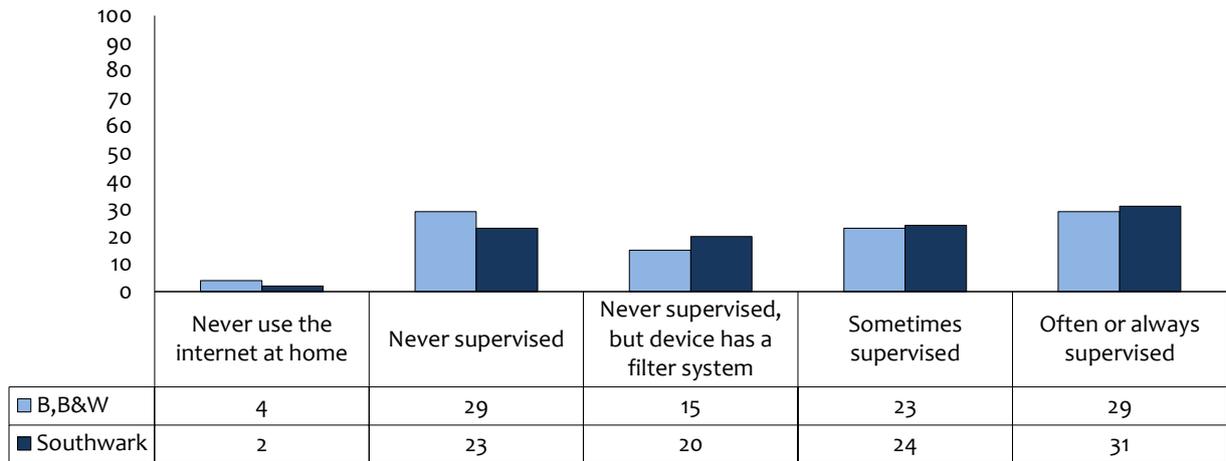
	Year 6		Total
	Boys	Girls	
No-one	7 (7)	3 (5)	5 (6)
Friends and family I know in real life	85 (88)	97 (93)	91 (91)
People I have met online and I don't know in real life	26 (21)	16 (12)	21 (17)

10% (8%) of Year 6 pupils responded that they have seen pictures, videos or games they found upsetting online; while 51% (55%) said they have not experienced any of these things.

**Q55.** Percentage of Year 6 pupils responding that they have experienced the following online (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
None of these	41 (51)	62 (59)	51 (55)
Placed a bet	18 (11)	8 (5)	13 (8)
Someone writing or showing things to hurt or upset you (with text, pictures or video)	18 (11)	15 (15)	17 (12)
Someone published private information about you	7 (3)	3 (4)	5 (3)
Someone published false information about you	10 (6)	2 (6)	6 (6)
Someone used your identity/password to upset or hurt you	3 (3)	2 (2)	2 (2)
You sent personal information to someone which then you wished you hadn't or had thought more about	6 (4)	7 (4)	6 (4)
You saw pictures, videos or games you found upsetting	11 (7)	8 (9)	10 (8)
Played games that have an older age rating than your present age	35 (29)	11 (17)	24 (23)
You saw 'fake news' or false information	21 (15)	16 (16)	18 (15)
Being bullied online or cyberbullying	14 (9)	13 (10)	13 (9)

**Q56. Year 6 only: Do you use the Internet at home without adult supervision?**

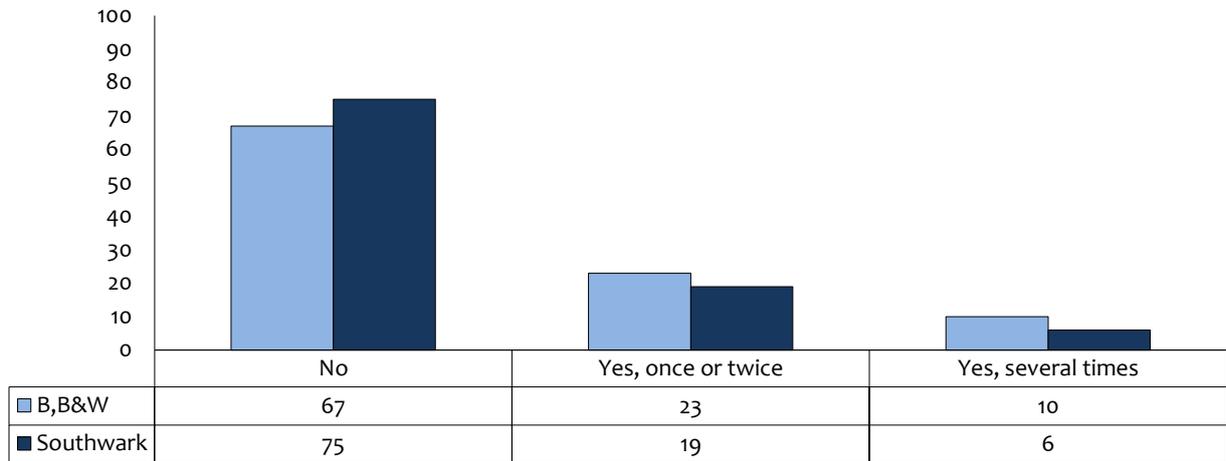


29% (23%) of Year 6 pupils responded that they are 'never' supervised when using the internet at home.

**Q56. Percentage of Year 6 pupils responding to: Are you able to use the internet at home without adult supervision?**  
(Southwark Primary data in brackets)

	Year 6		Total
	Boys	Girls	
I never use the internet at home	6 (3)	2 (1)	4 (2)
Never supervised	29 (25)	27 (22)	29 (23)
Never supervised, but device has a filter system (parental controls)	16 (18)	16 (22)	15 (20)
Sometimes supervised	21 (19)	24 (27)	23 (24)
Often supervised	13 (17)	14 (12)	13 (14)
Always supervised	16 (18)	17 (16)	16 (17)

**Q57.** Year 6 only: In the last 12 months, have you ever got a message or picture that scared you or made you upset?



33% (25%) of Year 6 pupils responded that they got a message or picture at least 'once or twice' in the last 12 months that scared or upset them; 10% (6%) said this has happened several times.

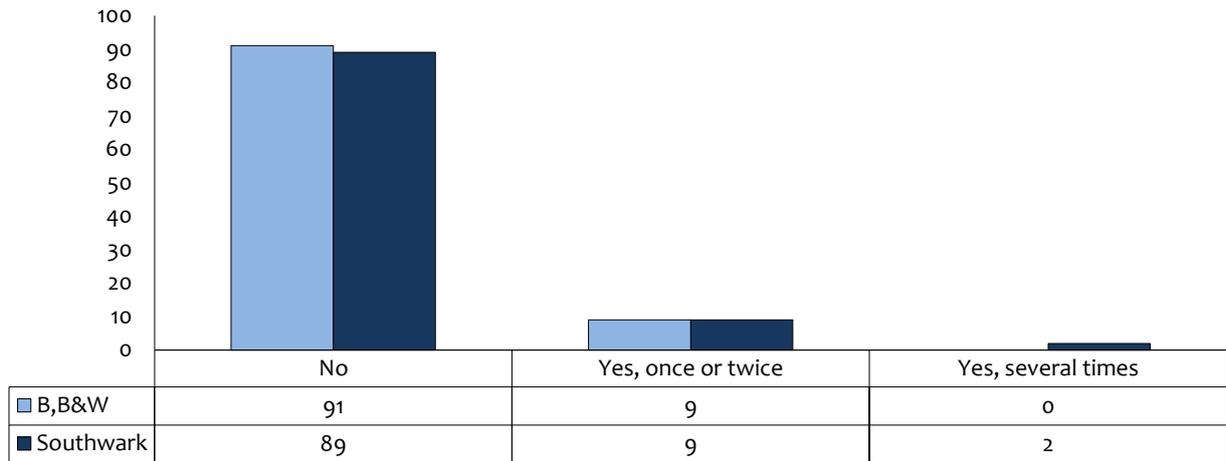
**Q57.** Percentage of Year 6 pupils answering that they got a message or picture at least 'once or twice' in the last 12 months that scared or upset them.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	36	26
Girls	29	24

**Q58.** Percentage of Year 6 pupils responding that they did the following after getting a message or picture which scared or upset them (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Deleted it without showing anyone	19 ( 8)	10 ( 9)	15 ( 9)
Told/showed their friends	9 ( 5)	8 ( 5)	8 ( 5)
Told/showed their parents	7 ( 6)	14 (10)	10 ( 8)
Told/showed a responsible adult (e.g. teacher)	6 ( 4)	3 ( 1)	4 ( 3)
Reported to the Police/CEOP/Childline etc.	3 ( 1)	2 ( 0)	2 ( 1)
None of these	40 (45)	38 (47)	39 (46)

**Q59.** Year 6 only: In the last 12 months, has anyone you don't know in person asked to meet with you?



9% (11%) of Year 6 pupils responded that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year; 0% (2%) said this has happened several times.

**Q59.** Percentage of Year 6 pupils answering that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	13	14
Girls	5	7

95% (92%) of Year 6 pupils responded that in the last year they have been told how to stay safe while online.

**Q60a.** Percentage of Year 6 pupils answering that they have been told how to stay safe while online.

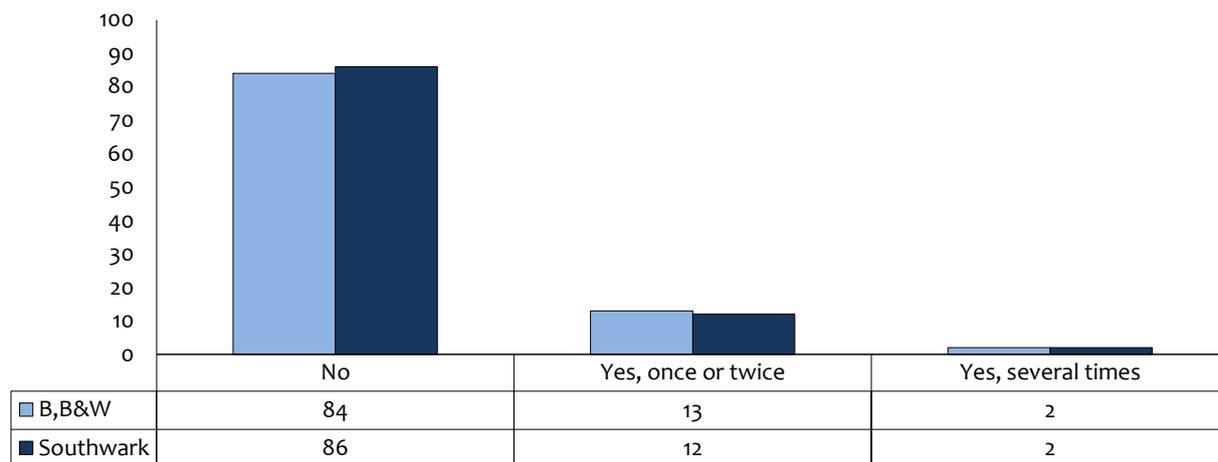
	B,B&W	Southwark
	Yr 6	Yr 6
Boys	93	89
Girls	98	96

37% (42%) of Year 6 pupils responded that they have been told how to stay safe online and 'always' follow the advice they have been given, while 13% (11%) said they 'rarely' do.

**Q60b.** Percentage of Year 6 pupils answering that they have been told how to stay safe online and 'always' follow the advice they have been given.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	28	36
Girls	48	47

**Q61.** Year 6 only: In the past year, have you ever sent personal information or images to someone which then you wished you hadn't done?

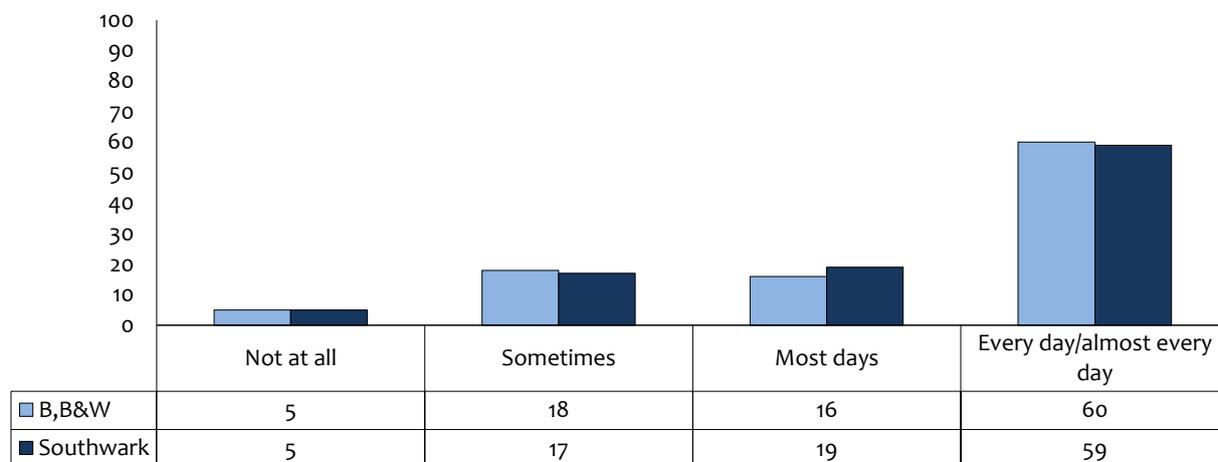


16% (14%) of Year 6 pupils responded that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.

**Q61.** Percentage of Year 6 pupils answering that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	22	15
Girls	10	13

**Q62a.** Year 6 only: Do you have access to a computer, laptop, tablet or other device at home where you can do school work/homework?



5% (5%) of pupils said they don't have access to a computer, laptop, tablet or other device 'at all' at home where they can do school-work/homework; 18% (17%) said they 'sometimes' do.

**Q62a.** Percentage of Year 6 pupils answering that they don't have access to a device 'at all' at home where they can do school-work/homework.

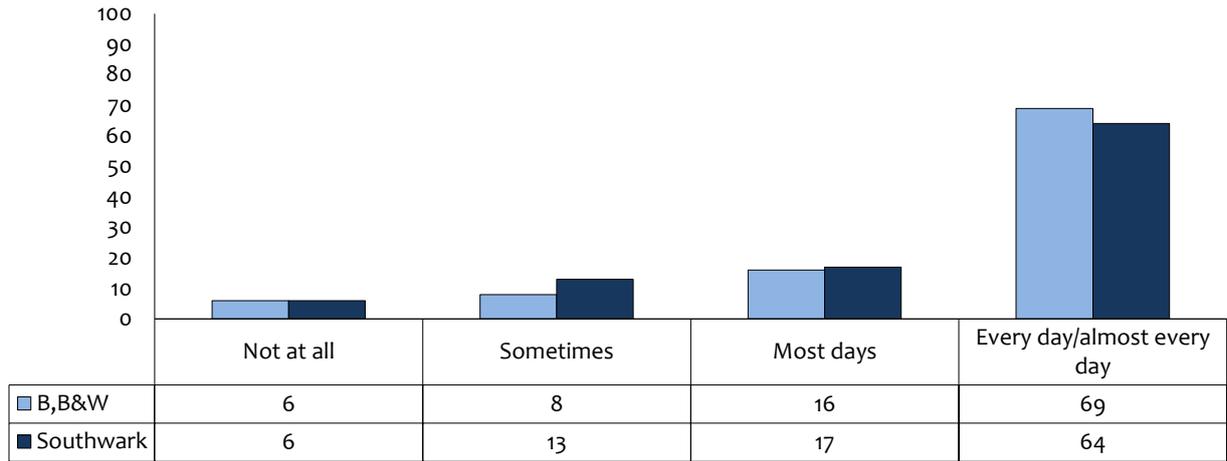
	B,B&W	Southwark
	Yr 6	Yr 6
Boys	7	5
Girls	3	4

77% (78%) of pupils said they have access to a computer, laptop, tablet or other device at home where they can do school-work/homework 'most days' or 'every day/almost every day'.

**Q62a.** Percentage of Year 6 pupils answering that they have access to a device at home where they can do school-work/homework at least 'most days'.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	74	79
Girls	81	78

**Q62b.** Year 6 only: Do you have access to the internet at home to do school work/homework?



6% (6%) of pupils said they don't have access to the internet 'at all' at home to do school-work/homework; 8% (13%) said they 'sometimes' do.

**Q62b.** Percentage of Year 6 pupils answering that they don't have access to the internet 'at all' at home to do school-work/homework.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	9	7
Girls	2	4

86% (82%) of pupils said they have access to the internet at home to do school-work/homework 'most days' or 'every day/almost every day'.

**Q62b.** Percentage of Year 6 pupils answering that they have access to the internet at home to do school-work/homework at least 'most days'.

	B,B&W	Southwark
	Yr 6	Yr 6
Boys	84	84
Girls	89	80

## List of Tables

QD. Percentage describing themselves as White British.....	16
QD. Percentage of pupils responding that the following best describes their ethnic background (top 5 – Southwark Primary data in brackets): .....	16
Q2. Which adults do you live with? .....	16
Q2. Percentage answering that they live with their Mum and Dad together. ....	16
Q2. Percentage answering that they live with their Mum.....	16
Q3a. Percentage of Year 6 pupils answering that they care for or look after someone at home on a regular basis. ....	17
Q3b. Percentage of Year 6 pupils responding that they look after the following (top 3 – Southwark Primary data in brackets): 17	
Q3c. Year 6 only: If you are a 'young carer', does this stop you doing things you want to enjoy?.....	17
Q3c. Percentage of Year 6 pupils answering that being a young carer stops them doing things they want to enjoy at least sometimes. ....	17
Q4. Percentage answering that they have a religion, faith, or belief that is important to them. ....	17
Q5. Percentage responding that they belong to the following religion (top 3 – Southwark Primary data in brackets): .....	17
Q6. Percentage of pupils responding that they feel 'fairly' or 'very' strongly that they belong to the following: .....	18
Q6. Percentage of pupils responding how strongly they feel they belong to the following (Southwark Primary data in brackets):.....	18
Q7. How important do you think it is to go to school regularly?.....	19
Q7. Percentage answering that it is 'very important' to go to school regularly. ....	19
Q8. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (Southwark Primary data in brackets): .....	19
Q9. Thinking back to your enjoyment of school lessons over the past 12 months, which statement describes you best? I have enjoyed... ..	20
Q9. Percentage answering that they enjoy 'most' or 'all' of their lessons at school. ....	20
Q9. Percentage answering that they enjoy 'hardly any' of their lessons at school. ....	20
Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful: 21	
Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful (Southwark Primary data in brackets): .....	21
Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'not at all' useful:.....	22
Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'not at all' useful (Southwark Primary data in brackets): .....	22
Q10. Percentage of Year 6 pupils responding 'certainly true' to the following statements:.....	23
Q10. Percentage of Year 6 pupils responding 'certainly true' to the following statements (Southwark Primary data in brackets):.....	23
Q10. Percentage of Year 6 pupils responding 'not at all true' to the following statements: .....	24
Q10. Year 6 only: Composite pupil perceptions score: .....	25
Q10. Percentage with a med-low pupil perceptions score (0.99 or less). ....	25
Q10. Percentage with a high pupil perceptions score (1.5-2). ....	25
Q11. Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks: .....	26
Q11. Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks (Southwark Primary data in brackets): .....	26
Q11. Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks: .....	27
Q11. Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks (Southwark Primary data in brackets): .....	27
Q11. Stirling Children's Wellbeing Scale: Positive Outlook Sub-Scale:.....	28
Q11. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale. ....	28
Q11. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale. ....	28
Q11. Stirling Children's Wellbeing Scale: Positive Emotional State Sub-Scale:.....	29
Q11. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale. ....	29
Q11. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale. ....	29
Q11. Stirling Children's Wellbeing Scale: Social Desirability Sub-Scale: .....	30

Q11. Percentage with a low score (3 – 7) on the Stirling Social Desirability Sub-Scale. ....	30
Q11. Percentage with a high score (12 – 15) on the Stirling Social Desirability Sub-Scale. ....	30
Q11. Stirling Children's Wellbeing Scale: Combined Score: .....	31
Q11. Percentage with a score 12 – 30 on the Stirling Children's Wellbeing Scale.....	31
Q11. Percentage with a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale. ....	31
Q12. Percentage answering that they are 'very unhappy' with their life at the moment. ....	32
Q12. Percentage answering that they are 'quite happy' or 'very happy' with their life at the moment. ....	32
Q13. How do you feel about your life in school right now? .....	33
Q13. Mean score out of 10 for how they feel about their life in school right now. ....	33
Q13. Percentage answering in the lower half of the scale (1-5) for how they feel about their life in school. ....	33
Q13. Percentage answering in the top three brackets of the scale (8+) for how they feel about their life in school. ....	33
Q14. How do you feel about your life outside of school right now? .....	34
Q14. Mean score out of 10 for how they feel about their life outside of school right now. ....	34
Q14. Percentage answering in the lower half of the scale (1-5) for how they feel about their life outside of school. ....	34
Q14. Percentage answering in the top three brackets of the scale (8+) for how they feel about their life outside of school. ....	34
Q14. Percentage who ranked their life in school higher than life outside of school. ....	34
Q15. Composite self-esteem score: .....	35
Q15. Percentage with a med-low self-esteem score (9 or less). ....	35
Q15. Percentage with a high self-esteem score (15 or more). ....	35
Q15. (Individual self-esteem items) Percentage giving a high esteem response: .....	36
Q15. (Individual self-esteem items) Percentage in each group giving a high esteem response (Southwark Primary data in brackets):.....	36
Q15. Percentage answering that their parents/carers like to hear their ideas. ....	36
Q16. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:.....	37
Q16. Percentage answering that they worry 'quite a lot' or 'a lot' to at least one of the issues listed.....	37
Q16. Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.....	37
Q16. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 - Southwark Primary data in brackets): .....	37
Q16. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot': .....	38
Q16. Percentage of pupils responding that they don't worry about the following 'at all': .....	39
Q17. Percentage of pupils responding that if they were worried they know where they would go to get advice, support or reassurance (Southwark Primary data in brackets): .....	39
Q18/19. Year 6 only: Composite resilience score:.....	40
Q18/19. Percentage of Year 6 pupils with a low measure of resilience (0-16). ....	40
Q18/19. Percentage of Year 6 pupils with a high measure of resilience (24+). ....	40
Q19. Percentage of Year 6 pupils responding that they 'usually' or 'always' do the following if things go wrong (Southwark Primary data in brackets):.....	41
Q20a. Do you feel safe in school? .....	42
Q20a. Percentage answering that they don't feel safe in school. ....	42
Q20b. What makes you feel unsafe? .....	42
Q20b. Percentage of pupils responding that the following things make them feel unsafe in school (Southwark Primary data in brackets):.....	42
Q21. Percentage answering they have been bullied at or near school in the last 12 month. ....	43
Q22. Percentage answering that they have bullied someone else at school in the last 12 months. ....	43
Q23. How well does your school deal with bullying? .....	43
Q23. Percentage answering that their school deals with bullying 'badly'. ....	43
Q23. Percentage answering that their school deals with bullying 'quite' or 'very' well. ....	43
Q24. Percentage of Year 6 pupils responding that they have experienced the following negative behaviours in the last month:44	
Q24. Percentage of Year 6 pupils responding that they have experienced the following negative behaviours in the last month (top 10 – Southwark Primary data in brackets): .....	44
Q25. Percentage of Year 6 pupils responding that they have experienced negative behaviour at the following places in the last month (Southwark Primary data in brackets): .....	45

Q26. Percentage of Year 6 pupils responding that if they have been bullied recently, they told the following people about it (Southwark Primary data in brackets): .....	45
Q27. Year 6 only: Did the problem stop after telling someone? .....	45
Q27. Percentage of Year 6 pupils answering that the problem stopped after telling someone.....	45
Q28. Percentage of pupils responding that they feel they have been 'picked on' or bullied for the following reasons (Southwark Primary data in brackets): .....	46
Q29. Does your school...? .....	46
Q29. Percentage answering that their school has clear rules about bullying. ....	46
Q29. Percentage answering that their school always does something if bullying happens.....	46
Q67. Feeling safe summary: Please think about the community you live in. How safe do you feel when...? .....	47
Q25. Percentage of pupils rating their safety at 'not at all safe' in the following situations (Southwark Primary data in brackets):.....	47
Q25. Percentage of pupils rating their safety at 'quite safe' or 'very safe' in the following situations (Southwark Primary data in brackets):.....	47
Q31. How much sleep did you get last night?.....	48
Q31. Percentage answering that they got less than 4 hours sleep last night. ....	48
Q31. Percentage answering that they got at least 6 hours sleep last night. ....	48
Q32. Percentage of Year 6 pupils answering that the amount of sleep they got last night is usual for a school night. ....	48
Q33. How many times did you clean your teeth on the day before the survey? .....	49
Q33. Percentage answering that they didn't clean their teeth at all on the day before the survey. ....	49
Q33. Percentage answering that they cleaned their teeth at least twice on the day before the survey.....	49
Q34. When did you last visit the dentist? .....	50
Q34. Percentage answering that they have been to the dentist within the last 6 months. ....	50
Q34. Percentage answering that they have never been to the dentist.....	50
Q35. Percentage of Year 6 pupils answering that they feel they know enough about how their body changes as they grow up.....	51
Q36. Percentage of Year 6 pupils responding that the following people have talked with them about how their body changes as they grow up (Southwark Primary data in brackets):.....	51
Q36a. Percentage Year 6 pupils answering that teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up. ....	51
Q37. Percentage of Year 6 pupils answering that there is enough to do in their free time near where they live.....	52
Q37b. Percentage of Year 6 pupils responding that they don't think there's enough to do in their free time in the area where they live and they'd like to have the following (top 10 – Southwark Primary data in brackets): .....	52
Q38. Percentage of pupils responding that they did the following activities on at least one day in the last 7 days:.....	53
Q38. Percentage of pupils responding that they did the following activities in the last 7 days (Southwark Primary data in brackets):.....	53
Q39. On the last day you did the activity (last week), how long did you do it for? % responding at least 'one hour' .....	54
Q39. Percentage of pupils responding that, on the last day they did the activity last week, they did it for the following amount of time (Southwark Primary data in brackets): .....	54
Q40. When you did the activity (last week), did it make you breathe faster/deeper or get hot/sweaty? % responding 'yes' .....	55
Q40. Percentage of pupils responding that they did the following activities last week and it made them breathe faster/deeper and get hot/sweaty (top 5 – Southwark Primary data in brackets):.....	55
Q42. What did you do for lunch yesterday? .....	56
Q42. Percentage answering that they had a school lunch on the day before the survey. ....	56
Q42. Percentage answering that they didn't have any lunch on the day before the survey.....	56
Q44. Percentage of pupils responding that they had the following types of breakfast on the day of the survey: .....	57
Q44. Percentage answering that they didn't have anything for breakfast on the day of the survey. ....	57
Q44. Percentage answering that they had only snacks for breakfast on the day of the survey.....	57
Q44. Percentage of pupils responding that they had the following to eat before lessons on the day of the survey (top 5 – Southwark Primary data in brackets):.....	57
Q43. Percentage of pupils responding that they had something to eat or drink for breakfast at the following places on the morning of the survey (Southwark Primary data in brackets):.....	57
Q45. How many portions of fruit and vegetables did you eat yesterday?.....	58
Q45. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey. ....	58

Q45. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey. ....	58
Q46. Has your household been able to get enough food for everyone in the last 12 months?.....	59
Q46. Percentage answering that their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months. ....	59
Q46. Percentage answering that their household has been able to get enough food for everyone 'every day/ almost every day' in the last 12 months. ....	59
Q47. Has your household used 'food banks' or similar sources of free or subsidised food in the last 12 months? .....	60
Q47. Percentage answering that their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months.....	60
Q48a. Percentage answering that they are able to get water at school during class time. ....	60
Q48b. Percentage answering that they are able to get water at school during break time. ....	60
Q48a&b. Percentage answering that they aren't able to get water at school either during class time or during breaktime.....	60
Q49. Percentage of Year 6 pupils answering that they smoked cigarettes in the 7 days before the survey. ....	61
Q50. Year 6 only: Smoking: Which sentence describes you best?.....	61
Q50. Percentage of Year 6 pupils answering that they have smoked in the past or smoke now. ....	61
Q51. Percentage of Year 6 pupils answering that they have smoked shisha. ....	61
Q52. Percentage of Year 6 pupils answering that they have vaped. ....	61
Q53. Percentage of Year 6 pupils responding that they communicate with people online by the following means (Southwark Primary data in brackets):.....	62
Q54. Percentage of Year 6 pupils responding that they communicate with the following people online (Southwark Primary data in brackets): .....	62
Q55. Percentage of Year 6 pupils responding that they have experienced the following online (Southwark Primary data in brackets):.....	62
Q56. Year 6 only: Do you use the Internet at home without adult supervision? .....	63
Q56. Percentage of Year 6 pupils responding to: Are you able to use the internet at home without adult supervision? (Southwark Primary data in brackets) .....	63
Q57. Year 6 only: In the last 12 months, have you ever got a message or picture that scared you or made you upset? .....	64
Q57. Percentage of Year 6 pupils answering that they got a message or picture at least 'once or twice' in the last 12 months that scared or upset them. ....	64
Q58. Percentage of Year 6 pupils responding that they did the following after getting a message or picture which scared or upset them (Southwark Primary data in brackets): .....	64
Q59. Year 6 only: In the last 12 months, has anyone you don't know in person asked to meet with you? .....	65
Q59. Percentage of Year 6 pupils answering that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year.....	65
Q60a. Percentage of Year 6 pupils answering that they have been told how to stay safe while online. ....	65
Q60b. Percentage of Year 6 pupils answering that they have been told how to stay safe online and 'always' follow the advice they have been given.....	65
Q61. Year 6 only: In the past year, have you ever sent personal information or images to someone which then you wished you hadn't done?.....	66
Q61. Percentage of Year 6 pupils answering that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year. ....	66
Q62a. Year 6 only: Do you have access to a computer, laptop, tablet or other device at home where you can do school work/homework? .....	66
Q62a. Percentage of Year 6 pupils answering that they don't have access to a device 'at all' at home where they can do school-work/homework. ....	66
Q62a. Percentage of Year 6 pupils answering that they have access to a device at home where they can do school-work/homework at least 'most days' .....	66
Q62b. Year 6 only: Do you have access to the internet at home to do school work/homework?.....	67
Q62b. Percentage of Year 6 pupils answering that they don't have access to the internet 'at all' at home to do school-work/homework. ....	67
Q62b. Percentage of Year 6 pupils answering that they have access to the internet at home to do school-work/homework at least 'most days' .....	67





SHEU : nationally-recognised since 1977 as  
the specialist provider of reliable local survey data  
for schools and colleges

In our work, we aim to provide services that  
promote objective debate in communities about  
the best ways to serve and educate, principally  
young people, about health and social issues, and  
to foster co-operation between professionals in  
education and health, and between  
adults and young people.

[www.sheu.org.uk](http://www.sheu.org.uk) • [research@sheu.org.uk](mailto:research@sheu.org.uk)

- Schools Health Education Unit Limited • Registered in England No.3400946 •
- Registered Office: 2 Barnfield Crescent Exeter Devon EX1 1QT •