# The Southwark Children and Young People's Health and Wellbeing Survey 2023

A report for Peckham, Peckham Rye & Nunhead

The Schools Health Education Unit <a href="https://www.sheu.org.uk">www.sheu.org.uk</a>



# School Survey Report 2023

Peckham, Peckham Rye & Nunhead compared with Southwark Primary

Produced by the Schools Health Education Unit

The contents of this book are © SHEU 2023. Users of the Health Related Behaviour Questionnaire survey service are permitted to reproduce or adapt these materials for use within the classroom only.

The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager Schools Health Education Unit 9 Yeo Business Park Axehayes Farm Clyst St. Mary Exeter EX5 1DP

Tel: 01392 667272 Fax: 01392 667269 e-mail angela.balding@sheu.org.uk

#### CONTENTS

Foreword 2	
Introduction3	
Spine Charts5	
Top differences between Peckham, Peckham Rye & Nunhead and Southwark Primary	6
Peckham, Peckham Rye & Nunhead Headlines11	
Significant Differences15	
Background17	
School20	
Emotional Health & Wellbeing27	
Safety and Bullying43	
Health & Hygiene49	
Year 6 only: Growing Up52	
Physical Activity 53	
Healthy Eating58	
Smoking and Vaping63	
Year 6 only: Internet Safety64	
List of Tables70	

N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

## **Foreword**

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.

**Angela Balding** 

Survey Manager

Schools Health Education Unit

Angela Balding

Dr. David Regis

Research Manager

Schools Health Education Unit

#### Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 40 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have had access to your online results, which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The online results show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <a href="http://sheu.org.uk/content/page/appendix">http://sheu.org.uk/content/page/appendix</a>.

#### **Comparison figures**

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

**15**% (20%) of the sample...

Your survey (Reference sample)

	You	Your Survey		ence Sample
	Year 4	Year 6	Year 4	Year 6
Boys	10	20	30	40
Girls	80	70	60	50

Fav	ourite fruits		
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

#### Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

#### The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Ē.	P,PR&N		-	Southwark	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	158	66	118	493	262	521
Girls	140	64	116	410	245	497

Please note that 4 (26) pupil(s) identified themselves as other, while 16 (56) preferred not to say or didn't answer the question. These pupils will not be included in any tables or charts which are split by sex, however they will be included in any total figures.

Please note that if the proportions of younger and older pupils, or boys or girls, are very different in your school sample compared with the wider sample, then you may need to consider this as a cause when looking at any differences between your school and the wider data. Many of the headlines figures are broken by age and gender in the main body of the report, which will give more contexts for interpretation. Please contact SHEU if you would like to discuss.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

In the report, you may see '-' in the tables or text (e.g. '-%').

This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

# **Spine Charts**

# **Key Findings**

In the chart below a coloured diamond represents Peckham, Peckham Rye & Nunhead's result, while the hollow diamond represents the figure for Southwark Primary. The distance between the diamonds indicates the size of the difference between the percentages – the greater the gap, the larger the difference. The colour of the diamond reflects whether a difference is statistically significant and if the difference is positive (spots), negative (stripes) or if it is not statistically significant (solid).

		Locality	Southwark	
	% who said it is 'not important' to go to school regularly.	5%	4%	•
School	% who have been away from school in the last 12 months due to illness or injury.	51%	54%	<b>\$</b>
	% who enjoy 'most' or 'all' of their lessons at school.	58%	60%	<b>♦</b> >
	% who are 'quite happy' or 'very happy' with their life at the moment.	64%	66%	<b>♦</b> >
Emotional Health and Wellbeing	% who responded in the top three brackets of the scale for how they feel about their life in school right now (8+). % who had a high self-esteem score (15 or more).	49%	49%	<b>♦</b>
Em. Hea We	% who had a high self-esteem score (15 or more).	16%	21%	<b>♦</b> ♦
	% who worry about at least one of the issues listed 'quite a lot' or 'a lot'.	93%	92%	•
ъ	% who have been bullied at or near school in the last 12 months.	32%	27%	♦
g an	% who have bullied someone else at school in the last 12 months.	10%	8%	<b>♦</b>
Bullying and Safety	% who said their school deals with bullying 'quite' or 'very' well, or said bullying is not a problem in their school.	59%	59%	•
	% who rated their safety at school as 'quite safe' or 'very safe'.	92%	94%	<b>♦</b> >
ri _ en	$\ensuremath{\mathtt{\%}}$ who got more than 8 hours' sleep the night before the survey.	42%	45%	<b>♦</b> >
Health and <sub>1ygiene</sub>	% who got more than 8 hours' sleep the night before the survey. % who cleaned their teeth at least twice on the day before the survey. % who have been to the dentist within the last 6 months.	74%	76%	<b>♦</b> >
<u> </u>	$\ensuremath{\mathtt{\%}}$ who have been to the dentist within the last 6 months.	35%	40%	$\diamondsuit\diamondsuit$
ng Up	$\mbox{\%}$ of Year 6 pupils who feel they know enough about how their body changes as they grow up.	54%	62%	♦ ♦
Growii	% of Year 6 pupils who said their parents/carers have talked with them about how their body changes as they grow up.	57%	65%	♦ ◊
Y6 only: Growing Up	% of Year 6 pupils who said teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.	70%	76%	♦ ♦
tivity	% who did a PE lesson in the last week that made them breathe faster/ deeper or get hot/sweaty.	65%	65%	<b>•</b>
Physical Activity	% who walked in the last week and it made them breathe faster/deeper or get hot/sweaty.	36%	35%	•
Phys	% of Year 6 pupils who have found school lessons on physical activity 'quite' or 'very' useful.	69%	70%	•
28	% who didn't have any lunch on the day before the survey.	6%	3%	< <p>⟨♦</p>
Eatiı	% who didn't have anything for breakfast on the day of the survey.	5%	5%	•
Healthy Eating	$\mbox{\%}$ who ate at least 5 portions of fruit and vegetables on the day before the survey.	29%	29%	•
	% who are able to get water at school during class time.	50%	60%	♦ ♦
ing ing	% of Year 6 pupils who have tried smoking in the past or smoke now.	7%	5%	<b>(</b>
Smoking & Vaping	% of Year 6 pupils who have smoked shisha (hookah, hubblebubble).	2%	1%	•
	% of Year 6 pupils who have used a vape.	8%	5%	<b>◇</b>
Ţ.	% of Year 6 pupils who communicate with people online by posting things that lots of people can see.	16%	16%	<b>♦</b>
et Safe	% of Year 6 pupils who communicate with people they have met online and don't know in real life.	21%	17%	<
: Intern	% of Year 6 pupils who have seen pictures, videos or games they found upsetting online.	8%	8%	<b>♦</b>
Y6 only: Internet Safety	% of Year 6 pupils who are 'never' supervised when using the internet at home.	30%	23%	♦ ♦
<i></i>	% of Year 6 pupils who said they have been told how to stay safe while online in the last year.	90%	92%	•
			0	% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

# Top differences between Peckham, Peckham Rye & Nunhead and Southwark Primary

#### Key: Interpretation - Significantly better than Southwark In the chart below a coloured circle represents Peckham, Peckham Rye & Nunhead's result, while the black line represents the mean for Southwark. The average distance between the circle and the black line indicates the size of the Not significantly different difference between the percentages – the greater the gap, the larger the - Significantly worse than Southwark difference. average The colour of the circle reflects whether a difference is statistically significant and if the difference is positive (green), negative (red) or if it is not statistically significant (blue). Most positive differences between Peckham, Peckham Rye & Nunhead and Southwark Primary: School Locality Southwark 2023 2023 Pupils who have been away from school in the last 12 51% 54% months due to illness or injury. **Emotional Health & Wellbeing** Locality Southwark 2023 2023 Pupils who responded in the top three brackets of the 49% 49% scale (8+) for how they feel about their life in school. Pupils who had a high score (12 – 15) on the Stirling 25% 24% Social Desirability Sub-Scale. Safety and Bullying Southwark Locality 2023 2023 Pupils who said their school always does something if 79% 77% bullying happens. Pupils who said their school deals with bullying 'badly'. 8% 8% Year 6 pupils who have been pushed or hit for no 31% 32% reason in the last month. Health & Hygiene Locality Southwark 2023 No applicable differences found. Year 6 only: Growing Up Locality Southwark 2023 2023 No applicable differences found. **Physical Activity** Locality Southwark 2023 2023 No applicable differences found. **Healthy Eating** Locality Southwark 2023 No applicable differences found. Year 6 only: Smoking and Vaping Locality Southwark 2023 2023

No applicable differences found.

Year 6 only: Internet Safety

ar o only: Internet safety			
	Locality 2023	Southwark 2023	
Year 6 pupils who have access to a computer, laptop, tablet or other device at home where they can do school-work/homework 'most days' or 'every day/almost every day'.	79%	78%	
Year 6 pupils who have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.	13%	14%	•
Pupils who have access to the internet at home to do school-work/homework 'most days' or 'every day/almost every day'.	82%	82%	•

<u>Least</u> positive differences between Peckham, Peckham Rye & Nunhead and Southwark Primary:

#### School

	Locality 2023	Southwark 2023	
Year 6 pupils who said it's 'certainly true' that their school encourages everyone to take part in decisions.	49%	56%	
Year 6 pupils who had a high pupil perceptions score (1.5-2).	31%	36%	
Year 6 pupils who have found school lessons about living in the wider world 'quite' or 'very' useful.	56%	61%	
Year 6 pupils who have found school lessons about managing money (saving and spending money) 'quite' or 'very' useful.	42%	47%	
Pupils who said it is 'not important' to go to school regularly.	5%	4%	•

Emotional Health & Wellbeing

otional Health & Wellbeing			
	Locality	Southwark	
	2023	2023	
Pupils who said their parents/carers like to hear their ideas.	62%	68%	
Pupils who had a high self-esteem score (15 or more).	16%	21%	
Pupils who do not often feel lonely at school.	53%	58%	
Pupils who worry 'quite a lot' or 'a lot' about their family.	62%	58%	
Pupils who worry about more than 5 issues listed 'quite a lot' or 'a lot'.	59%	55%	

Safety and Bullying

ety and Bullying			
	Locality	Southwark	
	2023	2023	
Pupils who have been bullied at or near school in the last 12 months.	32%	27%	
Pupils who rated their safety at school as 'quite safe' or 'very safe'.	92%	94%	
Pupils who <u>don't</u> feel safe in school.	12%	9%	
Pupils who have bullied someone else at school in the last 12 months.	10%	8%	
Pupils who rated their safety when going out after dark in their area as 'not at all safe'.	43%	41%	<b>•</b>

Health & Hygiene

	Locality	Southwark	
	2023	2023	
Pupils who have been to the dentist within the last 6 months.	35%	40%	
Pupils who have never been to the dentist.	10%	8%	
Pupils who cleaned their teeth at least twice on the day before the survey.	74%	76%	
Pupils who got less than 4 hours sleep last night.	6%	6%	

Year 6 only: Growing Up

i comit dicting op			
	Locality	Southwark	
	2023	2023	
Year 6 pupils who said their parents/carers have talked with them about how their body changes as they grow up.	57%	65%	
Year 6 pupils who feel they know enough about how their body changes as they grow up.	54%	62%	
Year 6 pupils who said teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.	70%	76%	

**Physical Activity** 

,,			
	Locality	Southwark	
	2023	2023	
Pupils who took part in active play in the last week and it made them breathe faster/deeper and get hot/ sweaty.	55%	59%	
Pupils who did physical activity classes outside of school in the last 7 days.	37%	40%	
Year 6 pupils who think that there is enough to do in their free time near where they live.	55%	59%	

**Healthy Eating** 

altny Eating			
	Locality	Southwark	
	2023	2023	
Pupils who are able to get water at school during class time.	50%	60%	
Pupils who didn't have any lunch on the day before the survey.	6%	3%	
Pupils who said their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.	15%	11%	
Pupils who didn't have anything for breakfast on the day of the survey.	5%	5%	•
Pupils who are able to get water at school during break time.	89%	90%	

Year 6 only: Smoking and Vaping

ar o orny. Smoking and vaping			
	Locality	Southwark	
	2023	2023	
Year 6 pupils who have vaped.	8%	5%	
Year 6 pupils who have tried smoking in the past or smoke now.	7%	5%	
Year 6 pupils who have smoked shisha.	2%	1%	
Year 6 pupils who smoked cigarettes in the 7 days before the survey.	2%	1%	•

Year 6 only: Internet Safety

ar 6 only: Internet Safety			
	Locality 2023	Southwark 2023	
Year 6 pupils who have been told how to stay safe online and 'always' follow the advice they have been given.	36%	42%	
Year 6 pupils who said someone they don't know in person has asked to meet with them at least 'once or twice' in the last year.	14%	11%	
Year 6 pupils who got a message or picture at least 'once or twice' in the last 12 months that scared or upset them.	30%	25%	
Year 6 pupils who communicate with people they have met online and don't know in real life.	21%	17%	
Year 6 pupils who said that in the last year they have been told how to stay safe while online.	90%	92%	

# Peckham, Peckham Rye & Nunhead Headlines

		P,PR&N	1	•	Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	158	66	118	493	262	521	
Girls	140	64	116	410	245	497	

Southwark Primary data in brackets; see notes on interpreting differences

#### **Background**

#### **ETHNICITY**

 16% (18%) of pupils described themselves as White British.

#### **HOME LIFE**

- □ 59% (64%) of pupils responded that they live with their Mum and Dad together.
- □ 27% (24%) of pupils responded that they live with their Mum, while 2% (1%) said they live with their Dad.

#### YEAR 6 ONLY: YOUNG CARERS

- □ 12% (11%) of Year 6 pupils responded that they care for or look after someone at home on a regular basis, while 20% (15%) said they 'don't know' if they do.
- 13% (10%) of Year 6 pupils responded that being a young carer stops them doing things they want to enjoy at least sometimes, while 7% (4%) said they don't know.
- ☐ Of the 28 (114) Year 6 pupils who look after someone at home on a regular basis, 39% (39%) said it at least 'sometimes' stops them doing things they want to enjoy.

#### RELIGION

- 70% (66%) of pupils said they have a religion, faith, or belief that is important to them, while 10% (11%) are 'not sure'
- 43% (41%) of pupils said they are Christian and 23% (20%) said they are Muslim.

#### **BELONGING**

□ 78% (80%) of pupils responded that they feel 'fairly' or 'very' strongly that they belong to their school; 62% (65%) said the same of their neighbourhood.

#### School

#### ATTENDANCE

- 5% (4%) of pupils responded that it is 'not important' to go to school regularly, while 67% (65%) said it is 'very important'.
- 51% (54%) of pupils responded that they have been away from school in the last 12 months due to illness or injury.

#### SCHOOL LESSONS

- □ 58% (60%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- 7% (6%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- 42% (47%) of Year 6 pupils responded that they have found school lessons about managing money (saving

- and spending money) 'quite' or 'very' useful; 61% (68%) said the same about safety and crime.
- 11% (9%) of Year 6 pupils responded that they have found school lessons about puberty and growing up 'not at all useful'.
- ☐ 49% (56%) of Year 6 pupils responded that it's 'certainly true' that their school encourages everyone to take part in decisions.
- 47% (49%) of Year 6 pupils responded that it's 'certainly true' that their school helps them work as part of a team.
- 9% (9%) of Year 6 pupils responded that their school doesn't encourage everyone to take part in decisions.
- □ 22% (18%) of Year 6 pupils had a med-low pupil perceptions score (0.99 or less).
- 31% (36%) of Year 6 pupils had a high pupil perceptions score (1.5-2).

#### **Emotional Health & Wellbeing**

#### THE STIRLING CHILDREN'S WELLBEING SCALE

- 60% (60%) of pupils responded that they have been feeling or thinking that good things will happen in their life at least 'quite a lot of the time' over the past couple of weeks.
- ☐ 16% (15%) of pupils had a low or med-low score (6 17) on the Stirling Positive Outlook Sub-Scale.
- 39% (41%) of pupils had a high or maximum score (24 –
   30) on the Stirling Positive Outlook Sub-Scale.
- □ 23% (21%) of pupils had a low or med-low score (6 17) on the Stirling Positive Emotional State Sub-Scale.
- 28% (30%) of pupils had a high or maximum score (24

   30) on the Stirling Positive Emotional State Sub-Scale.
- □ 20% (17%) of pupils had a low score (3 7) on the Stirling Social Desirability Sub-Scale.
- □ 25% (24%) of pupils had a high score (12 15) on the Stirling Social Desirability Sub-Scale.
- □ 3% (2%) of pupils scored exactly 15/15 on the Social Desirability Scale.
- □ 9% (7%) of pupils had a score of 12 30 on the Stirling Children's Wellbeing Scale; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.
- □ 28% (31%) of pupils had a high or maximum score (48 60) on the Stirling Children's Wellbeing Scale.

#### **HAPPINESS**

□ 8% (6%) of pupils responded that they are 'very unhappy' with their life at the moment.

	64% (66%) of pupils responded that they are 'quite happy' or 'very happy' with their life at the moment.		60% (62%) of Year 6 pupils responded that if something goes wrong, they usually or always learn from it for next time.		
	On average, pupils scored themselves 7 (7) out of 10 for how they feel about their life in school right now	Saf	fety and Bullying		
_	(o = 'worst life possible'; 10 = 'best life possible').	SAF	ETY IN SCHOOL		
	25% (24%) of pupils responded in the lower half of the scale (1-5) for how they feel about their life in school.		12% (9%) of pupils said they <u>don't</u> feel safe in school, while 57% (61%) said they do.		
	49% (49%) of pupils responded in the top three brackets of the scale (8+) for how they feel about their life in school.		4% (3%) of pupils said adults not listening to them makes them feel unsafe in school.		
	On average, pupils scored themselves 8 (8) out of 10	BUL	LYING		
	for how they feel about their life outside of school right now (o = 'worst life possible'; 10 = 'best life possible').		32% (27%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (20%) said they 'don't know' if they have.		
	13% (13%) of pupils responded in the lower half of the scale (1-5) for how they feel about their life outside of school.		10% (8%) of pupils responded that they have bullied someone else at school in the last 12 months, while 16% (17%) said they 'don't know' if they have.		
	71% (71%) of pupils responded in the top three brackets of the scale (8+) for how they feel about		8% (8%) of pupils responded that their school deals with bullying 'badly'.		
	their life outside of school.  22% (22%) of pupils ranked their life in school higher than life outside of school; 57% (58%) ranked life		50% (48%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 9% (11%) said that bullying is not a problem in their school.		
	outside of school higher.		31% (32%) of Year 6 pupils responded that they have		
SEL	F-ESTEEM		been pushed or hit for no reason in the last month,		
	42% (38%) of pupils had a med-low self-esteem score (9 or less).	_	while 16% (16%) said they've had their belongings taken or broken.		
	16% (21%) of pupils had a high self-esteem score (15 or more).		53% (50%) of Year 6 pupils responded that the negative behaviour occurred at school; while 11% (13%) said at or near home.		
	65% (68%) of pupils responded that they feel happy talking to other pupils at school.		15% (11%) of Year 6 pupils did not tell anyone if they have been bullied recently.		
	62% (68%) of pupils responded that their parents/carers like to hear their ideas.		5% (5%) of Year 6 pupils responded that the problem stopped after telling someone, while 4% (5%) said the		
wo	RRYING		don't know.		
	93% (92%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.		43% (46%) of Year 6 pupils who told someone responded that the problem improved or stopped		
	60% (55%) of boys and 58% (54%) of girls responded		after doing so.		
	that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.		28% (27%) of pupils responded that they have been bullied because of the way they look; 15% (13%) said it		
	52% (49%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams, tests and SATs, while 62%		was because of their skin colour or race.		
	(58%) said they worry about their family.		89% (90%) of pupils said their school has clear rules about bullying and 86% (87%) said it has adults they		
	17% (18%) of pupils said they don't worry 'at all' about		can talk to about bullying.		
	moving on to secondary school.		79% (77%) of pupils said their school always does		
	70% (73%) of pupils responded that they would go to their parents/carers for support, advice or		something if bullying happens and 81% (83%) said it has lessons about avoiding/dealing with bullying.		
	reassurance if they were worried about something, while 44% (45%) would go to their friend.	FEE	LING SAFE		
YEA	AR 6 ONLY: RESILIENCE		43% (41%) of pupils rated their safety when going out after dark in their area as 'not at all safe'.		
	23% (18%) of Year 6 pupils had a low measure of resilience (0-16).		92% (94%) of pupils rated their safety at school as 'quite safe' or 'very safe'.		
	24% (28%) of Year 6 pupils had a high measure of resilience (24+).	He	alth & Hygiene		
	67% (71%) of Year 6 pupils responded that if at first	SLE	EP		
_	they don't succeed, they 'usually' or 'always' keep on trying until they do; 50% (53%) said they ask for help.		6% (6%) of pupils responded that they got less than 4 hours sleep last night.		

- □ 76% (80%) of pupils responded that they got at least 6 hours sleep last night, with 42% (45%) saying that they got more than 8 hours.
- 73% (74%) of Year 6 pupils responded that the amount of sleep they got last night is usual for a school night, while 14% (13%) said it's less than they usually get.

#### **DENTAL HEALTH**

- 2% (2%) of pupils responded that they didn't clean their teeth at all on the day before the survey.
- □ 74% (76%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- □ 35% (40%) of pupils responded that they have been to the dentist within the last 6 months; 11% (9%) said they have been more than a year ago.
- □ 10% (8%) of pupils responded that they have never been to the dentist, while 31% (31%) said they can't remember.

#### Year 6 only: Growing Up

- □ 54% (62%) of Year 6 pupils responded that they feel they know enough about how their body changes as they grow up, while 9% (7%) of pupils feel they do not know enough.
- 57% (65%) of Year 6 pupils responded that their parents/carers have talked with them about how their body changes as they grow up; 64% (71%) said their teachers have talked with them in school lessons.
- □ 70% (76%) of Year 6 pupils responded that teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

## **Physical Activity**

#### **FREE TIME**

- 55% (59%) of Year 6 pupils think that there is enough to do in their free time near where they live, while 14% (14%) said there is not enough to do.
- 37% (40%) of pupils said they did physical activity classes outside of school in the last 7 days.
- 43% (48%) of pupils said they did active play on at least 3 days in the last 7 days.
- 61% (63%) of boys and 49% (55%) of girls said that they took part in active play in the last week and it made them breathe faster/deeper and get hot/sweaty.

#### **Healthy Eating**

#### LUNCH

- 80% (81%) of pupils responded that they had a school lunch on the day before the survey.
- □ 5% (3%) of boys and 6% (3%) of girls responded that they didn't have any lunch on the day before the survey.

#### BREAKFAST

- □ 5% (5%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 16% (15%) had hot food.
- 3% (2%) of pupils responded that they had only snacks for breakfast on the day of the survey.

#### FIVE-A-DAY

- 17% (14%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 29% (29%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

#### **FOOD POVERTY**

- □ 15% (11%) of pupils said their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.
- 70% (76%) of pupils said their household has been able to get enough food for everyone 'every day/almost every day' in the last 12 months.
- □ 41% (35%) of pupils said their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months; 8% (8%) said it has 'most weeks'.

#### WATER

- □ 50% (60%) of pupils responded that they are able to get water at school during class time; while 39% (30%) said 'not easily'.
- 89% (90%) of pupils responded that they are able to get water at school during break time; while 8% (7%) said 'not easily'.
- □ 1% (1%) of pupils said they aren't able to get water at school either during class time or during breaktime.

#### **Smoking and Vaping**

- 2% (1%) of Year 6 pupils responded that they smoked cigarettes in the 7 days before the survey.
- □ 7% (5%) of Year 6 pupils responded that they have tried smoking in the past or smoke now.
- 2% (1%) of Year 6 pupils responded that they have smoked shisha.
- 8% (5%) of Year 6 pupils responded that they have vaped.

#### Year 6 only: Internet Safety

- □ 16% (16%) of Year 6 pupils responded that they communicate with people online by posting things that lots of people can see while 18% (16%) said they communicate with people using picture/video sharing sites/apps and 21% (17%) said they don't communicate with people online.
- 21% (17%) of Year 6 pupils responded that they communicate with people they have met online and don't know in real life.
- 8% (8%) of Year 6 pupils responded that they have seen pictures, videos or games they found upsetting online; while 52% (55%) said they have not experienced any of these things.
- ☐ 30% (23%) of Year 6 pupils responded that they are 'never' supervised when using the internet at home.
- □ 30% (25%) of Year 6 pupils responded that they got a message or picture at least 'once or twice' in the last 12 months that scared or upset them; 6% (6%) said this has happened several times.

- □ 14% (11%) of Year 6 pupils responded that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year; 4% (2%) said this has happened several times.
- 90% (92%) of Year 6 pupils responded that in the last year they have been told how to stay safe while online.
- □ 36% (42%) of Year 6 pupils responded that they have been told how to stay safe online and 'always' follow the advice they have been given, while 15% (11%) said they 'rarely' do.
- □ 13% (14%) of Year 6 pupils responded that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.

- □ 5% (5%) of pupils said they don't have access to a computer, laptop, tablet or other device 'at all' at home where they can do school-work/homework; 16% (17%) said they 'sometimes' do.
- ☐ 79% (78%) of pupils said they have access to a computer, laptop, tablet or other device at home where they can do school-work/homework 'most days' or 'every day/almost every day'.
- 7% (6%) of pupils said they don't have access to the internet 'at all' at home to do schoolwork/homework; 11% (13%) said they 'sometimes' do.
- 82% (82%) of pupils said they have access to the internet at home to do school-work/homework 'most days' or 'every day/almost every day'.

# Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

- 1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
- 2. even if your sample is small, you may have a very high proportion of your available population if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample					
		10%	20%	30%	40%	50%	
Number	20	6.7	8.9	10.2	11.0	11.2	
In	30	5.5	7.3	8.4	8.9	9.1	
sample	40	4.7	6.3	7.2	7.7	7.9	
	50	4.2	5.7	6.5	6.9	7.1	
	60	3.9	5.2	5.9	6.3	6.5	
	80	3.4	4.5	5.1	5.5	5.6	
	100	3.0	4.0	4.6	4.9	5.0	
	150	2.4	3.3	3.7	4.0	4.1	
	200	2.1	2.8	3.2	3.5	3.5	
	300	1.7	2.3	2.6	2.8	2.9	
	500	1.3	1.8	2.0	2.2	2.2	

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about  $\pm 6.5\%$ .

# **List of Significant Differences**

Below we have listed some statistically significant differences between Peckham, Peckham Rye & Nunhead and Southwark Primary.

Sig	Locality	Southwark	Question
<b>↓</b> ***	50%	60%	of pupils responded that they are able to get water at school during class time.
<b> </b> ***	62%	68%	of pupils responded that their parents/carers like to hear their ideas.
<b>↓</b> ***	59%	64%	of pupils responded that they live with their Mum and Dad together.
<b>1</b> **	41%	35%	of pupils said their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months.
<b>!</b> **	16%	21%	of pupils had a high self-esteem score (15 or more).
<b>1</b> **	6%	3%	responded that they didn't have any lunch on the day before the survey.
<b>1</b> **	15%	11%	of pupils said their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.
<b>!</b> *	43%	48%	of pupils said they did active play on at least 3 days in the last 7 days.
<b>†</b> *	32%	27%	of pupils responded that they have been bullied at or near school in the last 12 months.
<b>†</b> *	70%	66%	of pupils said they have a religion, faith, or belief that is important to them.
<b>!</b> *	35%	40%	of pupils responded that they have been to the dentist within the last 6 months.
<b>1</b> *	57%	65%	of Year 6 pupils responded that their parents/carers have talked with them about how their body changes as they grow up.
1*	54%	62%	of Year 6 pupils responded that they feel they know enough about how their body changes as they grow up.
<b>1</b> *	30%	23%	of Year 6 pupils responded that they are 'never' supervised when using the internet at home.
	Tests: Chi-squared	$d(\chi^2)$ . KEY:	* = $p$ < 0.05 (5%) ** = $p$ < 0.01 (1%) *** = $p$ < 0.001 (0.1%).

# **Background**

#### **Ethnicity**

16% (18%) of pupils described themselves as White British.

**QD.** Percentage describing themselves as White British.

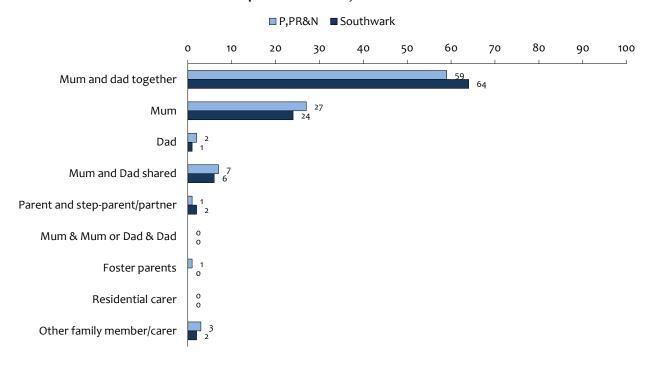
	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	18	14	22	19	20	21	
Girls	17	13	9	17	13	18	

**QD.** Percentage of pupils responding that the following best describes their ethnic background (top 5 – Southwark Primary data in brackets):

	Boys				Girls		
1	Black African	22	(17)	1	Black African	24	(19)
2	Black British	20	(15)	2	Black British	17	(17)
3	White British	18	(20)	3	White British	13	(16)
4	Don't want to say	8	(7)	4	Don't know/other	8	(9)
5	Black Caribbean	6	(4)	5	Don't want to say	6	(5)

#### Home life

Q2. Which adults do you live with?



59% (64%) of pupils responded that they live with their Mum and Dad together.

27% (24%) of pupils responded that they live with their Mum, while 2% (1%) said they live with their Dad.

**Q2.** Percentage answering that they live with their Mum and Dad together.

		P,PR&N	1	Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	56	58	60	65	65	67	
Girls	61	69	53	65	64	62	

**Q2.** Percentage answering that they live with their Mum.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	32	30	20	22	23	21
Girls	32	11	30	26	26	26

#### Year 6 only: Young carers

12% (11%) of Year 6 pupils responded that they care for or look after someone at home on a regular basis, while 20% (15%) said they 'don't know' if they do.

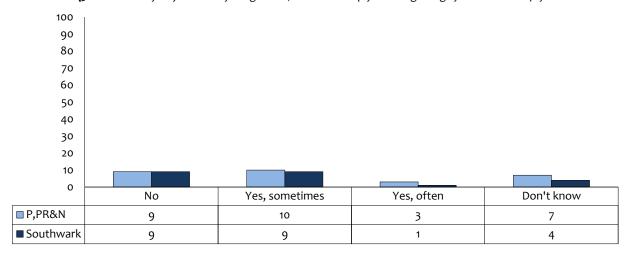
**Q3a.** Percentage of Year 6 pupils answering that they care for or look after someone at home on a regular basis.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	12	12
Girls	11	10

**Q3b.** Percentage of Year 6 pupils responding that they look after the following (top 3 – Southwark Primary data in brackets):

Boys					Girls			
1	Brother/sister	15	(13)	1	Brother/sister	14	(8)	
2	Mum or Dad	5	(7)	2	Mum or Dad	5	(5)	
3	Grandparent	5	(3)	3	Grandparent	4	(2)	

Q3c. Year 6 only: If you are a 'young carer', does this stop you doing things you want to enjoy?



13% (10%) of Year 6 pupils responded that being a young carer stops them doing things they want to enjoy at least sometimes, while 7% (4%) said they don't know.

Of the 28 (114) Year 6 pupils who look after someone at home on a regular basis, 39% (39%) said it at least 'sometimes' stops them doing things they want to enjoy.

#### Religion

70% (66%) of pupils said they have a religion, faith, or belief that is important to them, while 10% (11%) are 'not sure'.

**Q3c.** Percentage of Year 6 pupils answering that being a young carer stops them doing things they want to enjoy at least sometimes.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	12	12
Girls	13	8

**Q4.** Percentage answering that they have a religion, faith, or belief that is important to them.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	68	70	71	63	65	68	
Girls	69	67	82	65	66	71	

43% (41%) of pupils said they are Christian and 23% (20%) said they are Muslim.

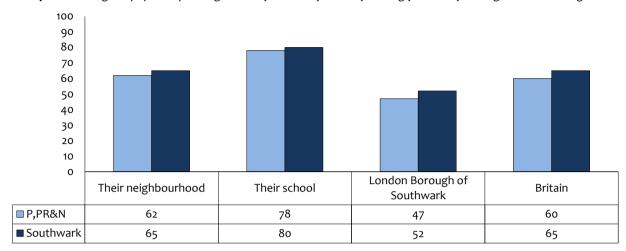
Q5. Percentage responding that they belong to the following religion (top 3 – Southwark Primary data in brackets):

	Boys				Girls		
1	Christian	40	(40)	1	Christian	48	(44)
2	Muslim	24	(20)	2	Muslim	22	(20)
3	Don't know/don't want to say	2	(2)	3	Don't know/don't want to say	2	(2)

# Belonging

78% (80%) of pupils responded that they feel 'fairly' or 'very' strongly that they belong to their school; 62% (65%) said the same of their neighbourhood.

**Q6.** Percentage of pupils responding that they feel 'fairly' or 'very' strongly that they belong to the following:



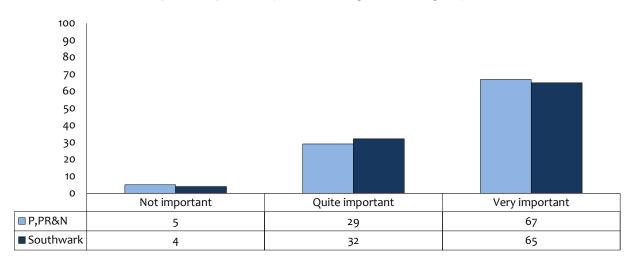
**Q6.** Percentage of pupils responding how strongly they feel they belong to the following (Southwark Primary data in brackets):

	Very strongly	Fairly strongly	Not very	Not at all	Don't know
Their neighbourhood	29 (29)	34 (37)	15 (14)	7(6)	15 (14)
Their school	49 (46)	28 (33)	12 (11)	4 (5)	5 (4)
London Borough of Southwark	19 (24)	28 (28)	18 (18)	10 (7)	24 (22)
Britain	35 (38)	25 (27)	15 (13)	7 (7)	16 (15)

# School

#### **Attendance**

**Q7.** How important do you think it is to go to school regularly?



5% (4%) of pupils responded that it is 'not important' to go to school regularly, while 67% (65%) said it is 'very important'.

**Q7.** Percentage answering that it is 'very important' to go to school regularly.

	P,PR&N				ırk	
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	69	62	56	66	59	62
Girls	74	80	62	75	69	61

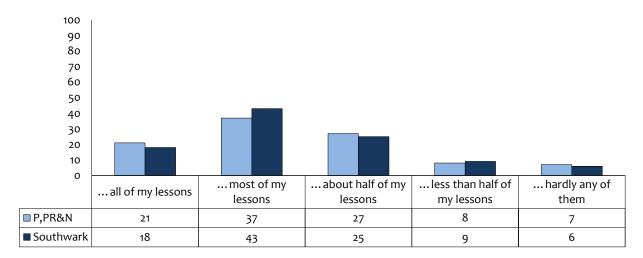
51% (54%) of pupils responded that they have been away from school in the last 12 months due to illness or injury.

**Q8.** Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Illness or injury	44 (48)	43 (49)	66 (56)	51 (50)	59 (61)	58 (58)	51 (54)
Mental health	5 (8)	4 (5)	6 (6)	5 (7)	5 (5)	7(8)	5 (7)
Caring for family members	8 (8)	4 (6)	5 (6)	6 (7)	3 (4)	3 (6)	5 (6)
Medical/dental appointments	15 (17)	21 (22)	31 (25)	29 (24)	20 (29)	29 (29)	22 (24)
Day trips or holiday in term time	9 (13)	11 (16)	13 (14)	11 (14)	15 (16)	18 (17)	13 (15)
Religious occasions	8 (6)	12 (9)	8 (7)	6 (7)	18 (12)	15 (13)	11 (9)
Other	2 (2)	4 (4)	2 (4)	3 (4)	4 (5)	4 (5)	3 (4)
None	36 (31)	29 (29)	16 (24)	29 (26)	20 (23)	21 (23)	27 (26)

#### **School lessons**

**Q9.** Thinking back to your enjoyment of school lessons over the past 12 months, which statement describes you best? I have enjoyed...



58% (60%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

**Q9.** Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

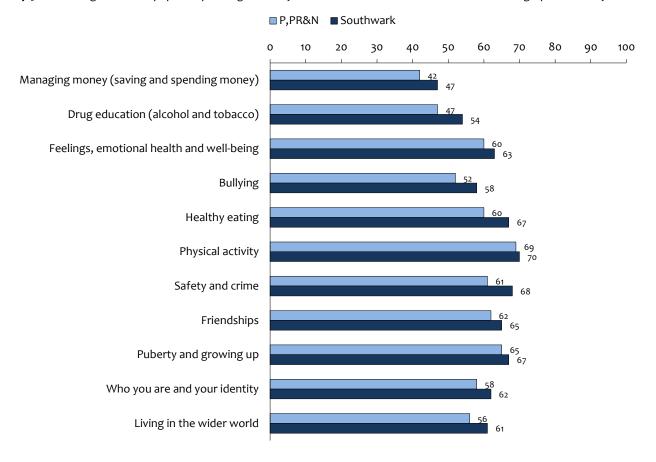
		P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	65	52	48	66	58	53	
Girls	69	60	51	73	58	55	

7% (6%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

**Q9.** Percentage answering that they enjoy 'hardly any' of their lessons at school.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	6	8	9	6	9	8	
Girls	2	11	9	3	8	6	

Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

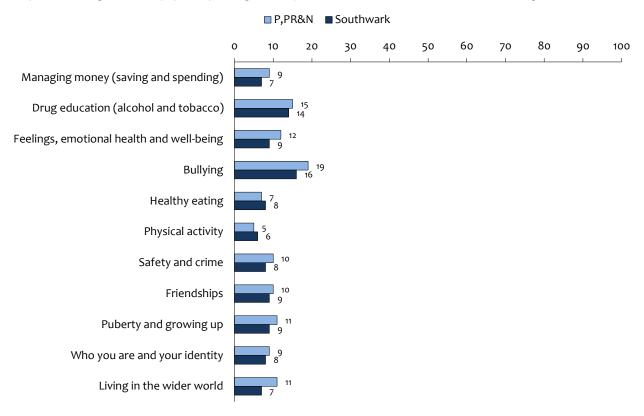


42% (47%) of Year 6 pupils responded that they have found school lessons about managing money (saving and spending money) 'quite' or 'very' useful; 61% (68%) said the same about safety and crime.

**Q63.** Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Managing money (saving and spending money)	44 (49)	40 (45)	42 (47)
Drug education (including alcohol and tobacco)	42 (53)	51 (55)	47 (54)
Feelings, emotional health and well-being	58 (63)	62 (63)	60 (63)
Bullying	49 (56)	55 (60)	52 (58)
Healthy eating	57 (68)	63 (66)	60 (67)
Physical activity	70 (74)	69 (67)	69 (70)
Safety and crime	52 (66)	67 (70)	61 (68)
Friendships	58 (65)	66 (65)	62 (65)
Puberty and growing up	57 (60)	71 (73)	65 (67)
Who you are and your identity	56 (61)	59 (63)	58 (62)
Living in the wider world	50 (61)	59 (62)	56 (61)

Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'not at all' useful:



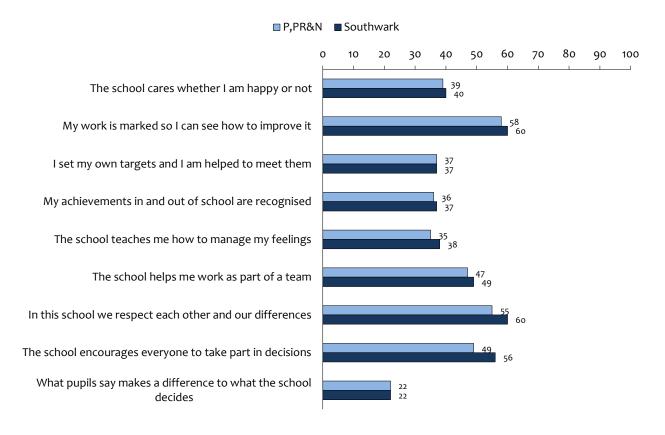
11% (9%) of Year 6 pupils responded that they have found school lessons about puberty and growing up 'not at all useful'.

**Q63.** Percentage of Year 6 pupils responding that they have found school lessons about the following 'not at all' useful (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Managing money (saving and spending money)	9 (8)	9 (7)	9 (7)
Drug education (alcohol and tobacco)	13 (15)	16 (13)	15 (14)
Feelings, emotional health and well-being	8 (9)	15 (10)	12 (9)
Bullying	20 (18)	18 (14)	19 (16)
Healthy eating	7 (8)	7(8)	7(8)
Physical activity	5 (7)	4 ( 6)	5 (6)
Safety and crime	14 (10)	7(6)	10 (8)
Friendships	8 (8)	12 (11)	10 (9)
Puberty and growing up	12 (13)	10 (6)	11 (9)
Who you are and your identity	10 (9)	9 (8)	9 (8)
Living in the wider world	13 ( 8)	10 (6)	11 (7)

49% (56%) of Year 6 pupils responded that it's 'certainly true' that their school encourages everyone to take part in decisions.

**Q10.** Percentage of Year 6 pupils responding 'certainly true' to the following statements:



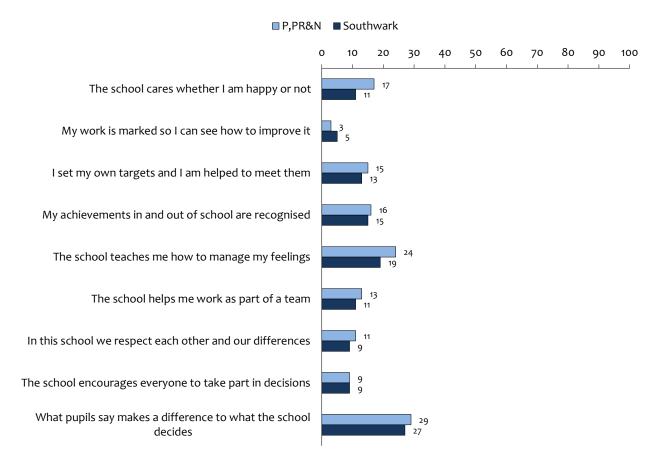
47% (49%) of Year 6 pupils responded that it's 'certainly true' that their school helps them work as part of a team.

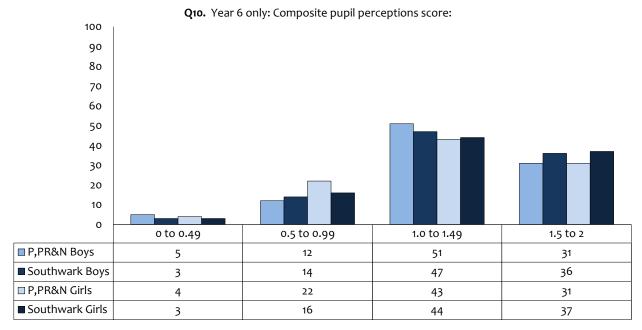
Q10. Percentage of Year 6 pupils responding 'certainly true' to the following statements (Southwark Primary data in brackets):

	Boys				Girls		
1	My work is marked so I can see how to improve it	56	(58)	1	My work is marked so I can see how to improve it	59	(62)
2	In this school we respect each other and our differences	54	(61)	2	In this school we respect each other and our differences	56	(60)
3	The school helps me work as part of a team	44	(51)	3	The school encourages everyone to take part in decisions	54	(58)
4	The school encourages everyone to take part in decisions	41	(54)	4	The school helps me work as part of a team	50	(48)
5	The school cares whether I am happy or not	39	(40)	5	The school cares whether I am happy or not	40	(40)
6	I set my own targets and I am helped to meet them	36	(40)	6	I set my own targets and I am helped to meet them	39	(34)
7	The school teaches me how to manage my feelings	35	(41)	7	My achievements in and out of school are recognised	35	(37)
8	My achievements in and out of school are recognised	34	(37)	8	The school teaches me how to manage my feelings	35	(35)
9	What pupils say makes a difference to what the school decides	28	(20)	9	What pupils say makes a difference to what the school decides	16	(25)
7	I set my own targets and I am helped to meet them The school teaches me how to manage my feelings My achievements in and out of school are recognised What pupils say makes a difference to what the school	36 35 34	(40) (41) (37)	7	I set my own targets and I am helped to meet them  My achievements in and out of school are recognised  The school teaches me how to manage my feelings  What pupils say makes a difference to what the school	35 35	

9% (9%) of Year 6 pupils responded that their school doesn't encourage everyone to take part in decisions.

Q10. Percentage of Year 6 pupils responding 'not at all true' to the following statements:





N.B. This score is derived from the levels of agreement to the positive statements about their experience in school (Q10).

22% (18%) of Year 6 pupils had a med-low pupil perceptions score (0.99 or less).

**Q10.** Percentage with a med-low pupil perceptions score (0.99 or less).

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	17	17
Girls	26	19

31% (36%) of Year 6 pupils had a high pupil perceptions score (1.5-2).

**Q10.** Percentage with a high pupil perceptions score (1.5-2).

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	31	36
Girls	31	37

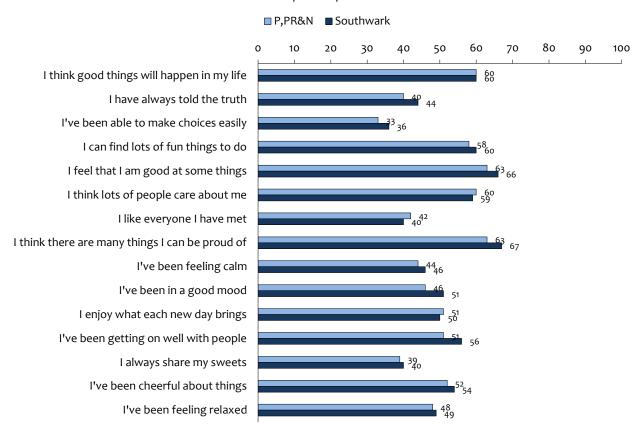
# **Emotional Health & Wellbeing**

#### The Stirling Children's Wellbeing Scale

This scale has been devised by researchers interested in young people's Wellbeing. This scale comprises 15 questions, which are combined to make three separate sub-scales:

- Positive Outlook e.g. I think good things will happen in my life
- Positive Emotional State e.g. I've been in a good mood
- Social Desirability e.g. I have always told the truth

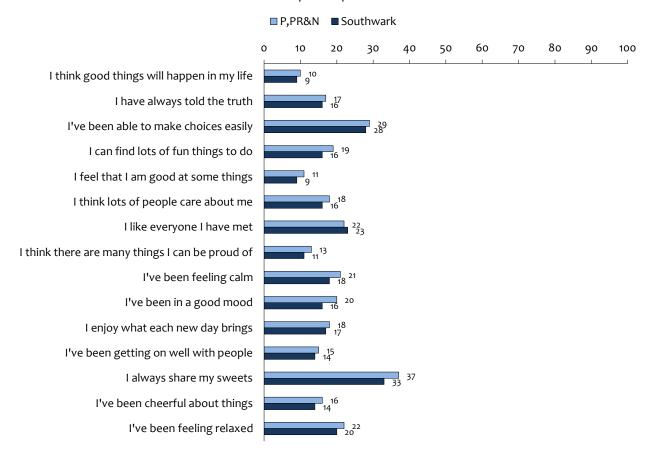
**Q11.** Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks:



**Q11.** Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I think good things will happen in my life	61 (58)	59 (61)	63 (62)	47 (55)	67 (65)	56 (59)	60 (60)
I have always told the truth	37 (47)	42 (46)	31 (38)	39 (45)	48 (45)	40 (42)	40 (44)
I've been able to make choices easily	32 (36)	33 (35)	31 (43)	26 (25)	41 (41)	33 (34)	33 (36)
I can find lots of fun things to do	60 (64)	63 (61)	52 (60)	52 (58)	66 (63)	47 (51)	58 (60)
I feel that I am good at some things	66 (66)	57 (61)	68 (73)	56 (64)	77 (72)	58 (63)	63 (66)
I think lots of people care about me	65 (63)	63 (59)	52 (56)	52 (61)	65 (63)	53 (57)	60 (59)
I like everyone I have met	51 (52)	43 (45)	38 (40)	40 (39)	36 (33)	35 (31)	42 (40)
I think there are many things I can be proud of	68 (65)	66 (66)	63 (71)	47 (63)	70 (72)	56 (65)	63 (67)
I've been feeling calm	49 (48)	48 (49)	43 (45)	37 (42)	50 (50)	34 (42)	44 (46)
I've been in a good mood	48 (51)	50 (51)	42 (50)	29 (43)	58 (59)	38 (46)	46 (51)
I enjoy what each new day brings	58 (53)	59 (58)	54 (48)	35 (52)	45 (48)	44 (43)	51 (50)
I've been getting on well with people	54 (58)	54 (58)	48 (58)	45 (55)	57 (58)	47 (53)	51 (56)
I always share my sweets	42 (44)	36 (41)	35 (39)	47 (43)	32 (37)	40 (41)	39 (40)
I've been cheerful about things	59 (55)	54 (56)	42 (52)	39 (52)	56 (54)	47 (53)	52 (54)
I've been feeling relaxed	49 (52)	55 (53)	51 (50)	42 (46)	47 (55)	42 (42)	48 (49)

**Q11.** Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks:

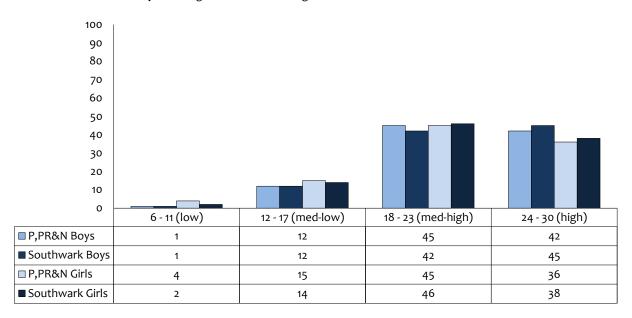


Q11. Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I think good things will happen in my life	9 (11)	8 (10)	5 (7)	16 (10)	5 (6)	17 (8)	10 (9)
I have always told the truth	21 (19)	16 (15)	28 (17)	10 (13)	13 (14)	15 (14)	17 (16)
I've been able to make choices easily	32 (29)	25 (27)	34 (27)	35 (34)	16 (21)	34 (31)	29 (28)
I can find lots of fun things to do	17 (13)	18 (16)	17 (15)	19 (18)	18 (13)	24 (20)	19 (16)
I feel that I am good at some things	7(9)	11 (12)	15 (11)	16 (11)	5 (6)	15 (9)	11 (9)
I think lots of people care about me	16 (14)	16 (15)	23 (15)	21 (17)	14 (15)	22 (16)	18 (16)
I like everyone I have met	12 (13)	19 (19)	23 (25)	27 (24)	27 (27)	34 (29)	22 (23)
I think there are many things I can be proud of	11 (10)	9 (11)	18 (12)	21 (13)	5 (8)	20 (13)	13 (11)
I've been feeling calm	19 (17)	15 (18)	29 (21)	23 (20)	14 (14)	28 (19)	21 (18)
I've been in a good mood	19 (16)	12 (10)	22 (18)	21 (18)	13 (14)	30 (21)	20 (16)
I enjoy what each new day brings	13 (15)	7 (10)	26 (19)	32 (20)	20 (18)	26 (21)	18 (17)
I've been getting on well with people	11 (14)	12 (11)	18 (14)	16 (13)	13 (14)	22 (15)	15 (14)
I always share my sweets	32 (30)	42 (33)	40 (35)	34 (34)	41 (34)	39 (31)	37 (33)
I've been cheerful about things	12 (14)	9 (10)	20 (17)	21 (16)	15 (14)	23 (15)	16 (14)
I've been feeling relaxed	22 (18)	17 (19)	26 (22)	26 (22)	17 (16)	29 (21)	22 (20)

#### **Positive Outlook**

**Q11.** Stirling Children's Wellbeing Scale: Positive Outlook Sub-Scale:



16% (15%) of pupils had a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale.

**Q11.** Percentage with a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	11	18	11	13	12	14
Girls	11	25	25	12	16	20

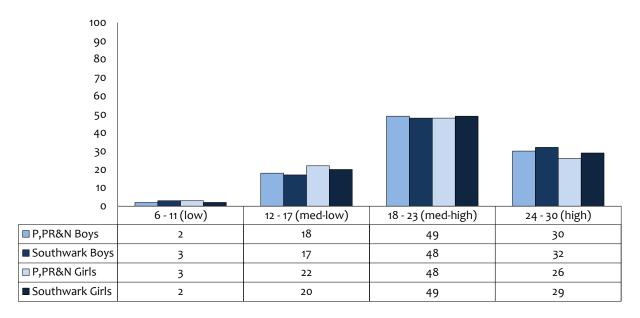
39% (41%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

**Q11.** Percentage with a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	42	27	51	44	40	49
Girls	44	26	32	42	35	36

#### **Positive Emotional State**

Q11. Stirling Children's Wellbeing Scale: Positive Emotional State Sub-Scale:



23% (21%) of pupils had a low or med-low score (6 -17) on the Stirling Positive Emotional State Sub-

Scale.

28% (30%) of pupils had a high or maximum score (24 - 30) on the Stirling Positive Emotional State Sub-Scale.

Q11. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale.

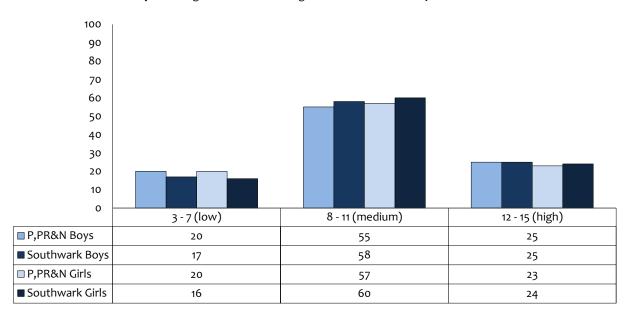
	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	18	34	16	20	24	18
Girls	12	38	32	16	24	26

Q11. Percentage with a high or maximum score (24 - 30) on the Stirling Positive Emotional State Sub-Scale.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	31	28	30	32	31	33
Girls	39	16	18	36	26	25

#### **Social Desirability**

It is suggested that pupils who answer 'all of the time' for all three Social Desirability items might be unreliable with their answers – trying too hard to please. These pupils are not included in the combined score on the next page.



Q11. Stirling Children's Wellbeing Scale: Social Desirability Sub-Scale:

20% (17%) of pupils had a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

25% (24%) of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

3% (2%) of pupils scored exactly 15/15 on the Social Desirability Scale.

**Q11.** Percentage with a low score (3 – 7) on the Stirling Social Desirability Sub-Scale.

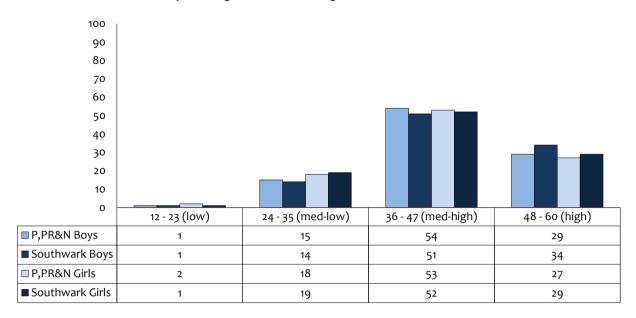
	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	11	33	25	12	21	19
Girls	17	20	23	14	17	18

**Q11.** Percentage with a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	27	26	22	31	25	20
Girls	26	25	18	32	21	19

#### **Combined Score**

Q11. Stirling Children's Wellbeing Scale: Combined Score:



9% (7%) of pupils had a score of 12 – 30 on the Stirling Children's Wellbeing Scale; Liddle & Carter (2010) suggest that scores in this range may indicate poor mental health.

28% (31%) of pupils had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

**Q11.** Percentage with a score 12 – 30 on the Stirling Children's Wellbeing Scale.

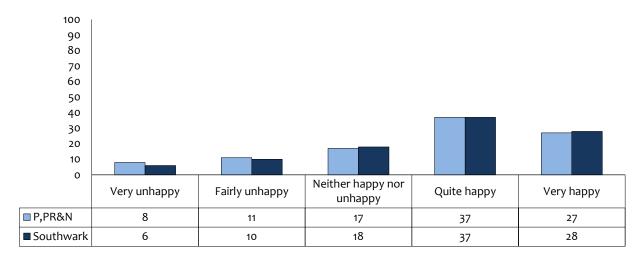
	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	6	7	5	6	7	7
Girls	3	16	15	4	9	9

**Q11.** Percentage with a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	28	24	35	32	31	37
Girls	36	18	22	34	26	26

### **Happiness**

Q12. In general, how happy or unhappy are you with your life at the moment?



8% (6%) of pupils responded that they are 'very unhappy' with their life at the moment.

**Q12.** Percentage answering that they are 'very unhappy' with their life at the moment.

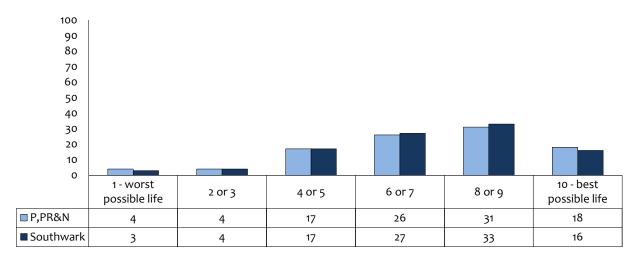
	P,PR&N			Southwark			
	Yr 4	Yr4 Yr5 Yr6		Yr 4	Yr 5	Yr 6	
Boys	8	11	6	8	4	7	
Girls	7	5	10	4	5	6	

64% (66%) of pupils responded that they are 'quite happy' or 'very happy' with their life at the moment.

**Q12.** Percentage answering that they are 'quite happy' or 'very happy' with their life at the moment.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	73	53	63	69	64	63	
Girls	73	57	56	76	64	62	

Q13. How do you feel about your life in school right now?



On average, pupils scored themselves 7 (7) out of 10 for how they feel about their life in school right now (0 = 'worst life possible'; 10 = 'best life possible').

**Q13.** Mean score out of 10 for how they feel about their life in school right now.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	8	7	7	7	7	7	
Girls	8	6	7	7	7	7	

25% (24%) of pupils responded in the lower half of the scale (1-5) for how they feel about their life in school.

**Q13.** Percentage answering in the lower half of the scale (1-5) for how they feel about their life in school.

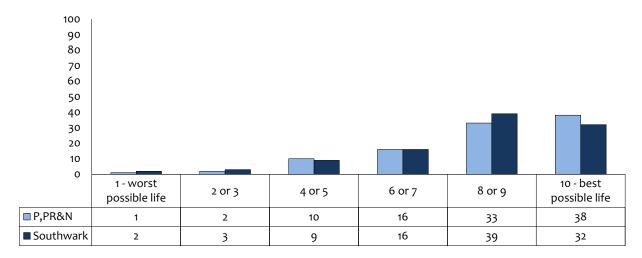
	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	17	30	26	21	25	23	
Girls	15	38	33	19	31	26	

49% (49%) of pupils responded in the top three brackets of the scale (8+) for how they feel about their life in school.

**Q13.** Percentage answering in the top three brackets of the scale (8+) for how they feel about their life in school.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	60	53	44	56	51	48	
Girls	56	30	43	54	41	43	

**Q14.** How do you feel about your life outside of school right now?



On average, pupils scored themselves 8 (8) out of 10 for how they feel about their life outside of school right now (0 = 'worst life possible'; 10 = 'best life possible').

**Q14.** Mean score out of 10 for how they feel about their life outside of school right now.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	9	8	8	8	8	8	
Girls	8	8	8	8	8	8	

13% (13%) of pupils responded in the lower half of the scale (1-5) for how they feel about their life outside of school.

**Q14.** Percentage answering in the lower half of the scale (1-5) for how they feel about their life outside of school.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	9	9	10	16	11	9	
Girls	14	15	21	13	16	14	

71% (71%) of pupils responded in the top three brackets of the scale (8+) for how they feel about their life outside of school.

**Q14.** Percentage answering in the top three brackets of the scale (8+) for how they feel about their life outside of school.

		P,PR&N	1	Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	77	70	73	73	71	76	
Girls	70	67	63	69	63	70	

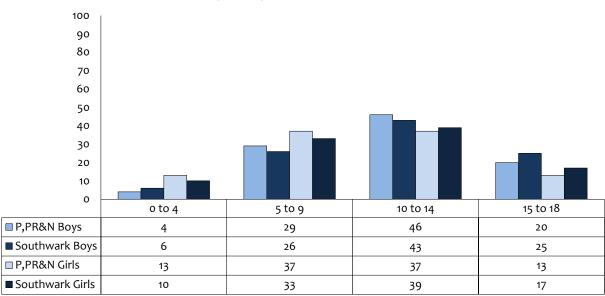
22% (22%) of pupils ranked their life <u>in school higher</u> than life outside of school; 57% (58%) ranked life outside of school higher.

**Q14.** Percentage who ranked their life <u>in school higher</u> than life outside of school.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	27	19	14	26	23	17	
Girls	26	22	24	25	25	19	

#### Self esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with Southwark Primary are:



**Q15.** Composite self-esteem score:

Data from the 'Young People in...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

42% (38%) of pupils had a med-low self-esteem score (9 or less).

**Q15.** Percentage with a med-low self-esteem score (9 or less).

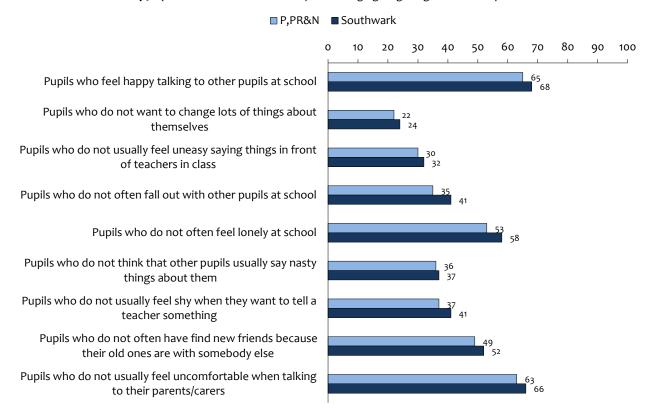
	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	31	43	31	32	36	29	
Girls	45	59	51	44	49	41	

16% (21%) of pupils had a high self-esteem score (15 or more).

**Q15.** Percentage with a high self-esteem score (15 or more).

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	21	21	19	22	23	28	
Girls	17	7	12	15	14	20	

**Q15.** (Individual self-esteem items) Percentage giving a <u>high</u> esteem response:



65% (68%) of pupils responded that they feel happy talking to other pupils at school.

**Q15.** (Individual self-esteem items) Percentage in each group giving a <u>high</u> esteem response (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	69 (71)	65 (66)	70 (70)	56 (62)	70 (72)	61 (67)	65 (68)
Pupils who do not want to change lots of things about themselves	17 (20)	31 (28)	21 (28)	14 (26)	26 (25)	18 (21)	22 (24)
Pupils who do not usually feel uneasy saying things in front of teachers in class	33 (34)	32 (30)	41 (36)	12 (24)	35 (36)	25 (28)	30 (32)
Pupils who do not often fall out with other pupils at school	41 (42)	35 (39)	37 (39)	31 (38)	38 (45)	27 (43)	35 (41)
Pupils who do not often feel lonely at school	57 (61)	53 (52)	60 (59)	36 (50)	58 (65)	48 (55)	53 (58)
Pupils who do not think that other pupils usually say nasty things about them	49 (44)	32 (34)	40 (41)	24 (27)	39 (42)	25 (32)	36 (37)
Pupils who do not usually feel shy when they want to tell a teacher something	46 (47)	34 (38)	35 (43)	32 (32)	42 (46)	26 (35)	37 (41)
Pupils who do not often have find new friends because their old ones are with somebody else	51 (55)	47 (42)	56 (56)	44 (48)	62 (62)	34 (48)	49 (52)
Pupils who do not usually feel uncomfortable when talking to their parents/carers	72 (63)	66 (65)	63 (68)	44 (60)	63 (69)	61 (69)	63 (66)

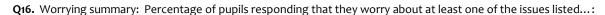
N.B. The item below does not contribute to the composite self-esteem score, and as such is reported separately.

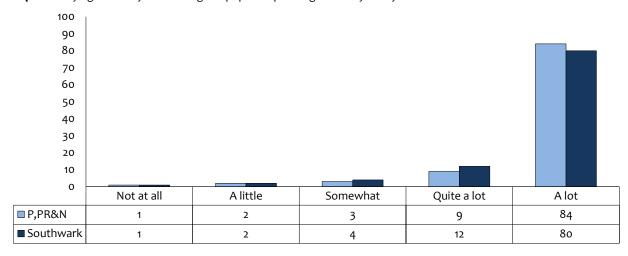
62% (68%) of pupils responded that their parents/carers like to hear their ideas.

**Q15.** Percentage answering that their parents/carers like to hear their ideas.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	64	48	67	68	60	72	
Girls	66	69	56	68	68	70	

#### Worrying





N.B. Highest worry level recorded.

93% (92%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

**Q16.** Percentage answering that they worry 'quite a lot' or 'a lot' to at least one of the issues listed.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	93	94	89	92	94	91	
Girls	93	98	95	94	93	91	

60% (55%) of boys and 58% (54%) of girls responded that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

**Q16.** Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'.

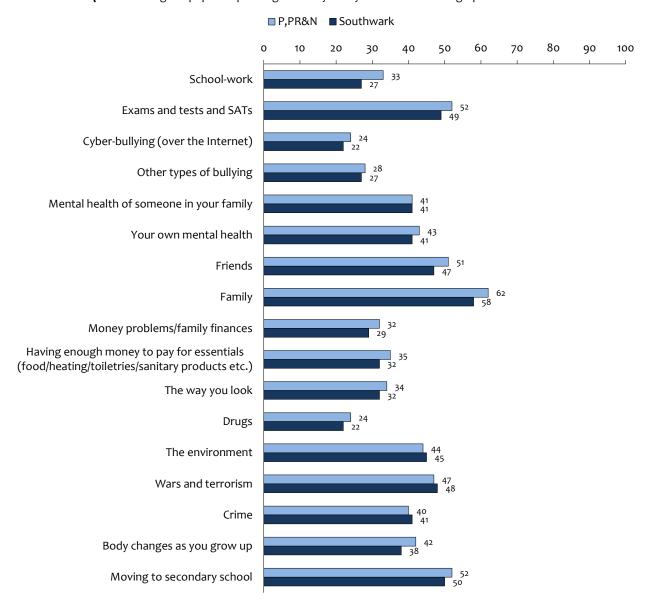
	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	62	77	48	60	58	49	
Girls	59	60	57	55	61	51	

52% (49%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams, tests and SATs, while 62% (58%) said they worry about their family.

**Q16.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 - Southwark Primary data in brackets):

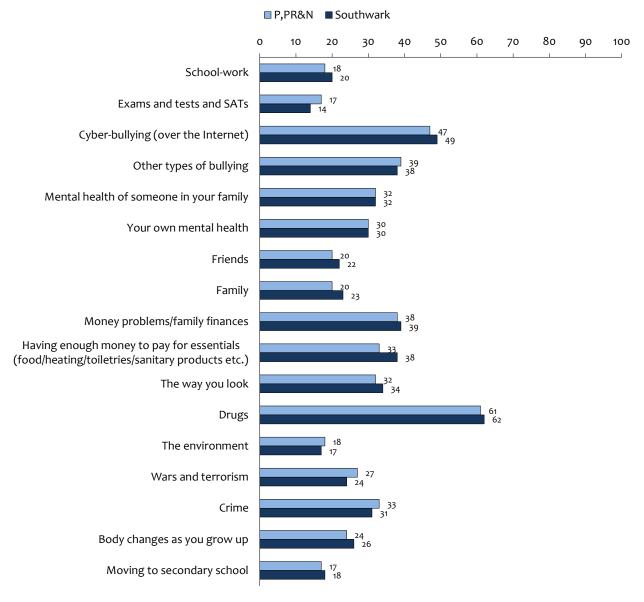
	Boys				Girls		
1	Family	64	(59)	1	Family	61	(56)
2	Moving to secondary school	50	(47)	2	Exams, tests and SATs	58	(53)
3	Friends	49	(48)	3	Moving to secondary school	55	(53)
4	The environment	47	(47)	4	Friends	53	(47)
5	Wars and terrorism	47	(49)	5	Wars and terrorism	48	(47)
6	Exams, tests and SATs	46	(46)	6	Body changes as they grow up	45	(42)
7	Your own mental health	45	(42)	7	Mental health of someone in your family	42	(40)
8	Crime	42	(42)	8	The environment	41	(43)
9	Mental health of someone in your family	41	(42)	9	Your own mental health	41	(39)
10	Having enough money to pay for essentials	40	(36)	10	Crime	38	(39)

**Q16.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



17% (18%) of pupils said they don't worry 'at all' about moving on to secondary school.

Q16. Percentage of pupils responding that they don't worry about the following 'at all':



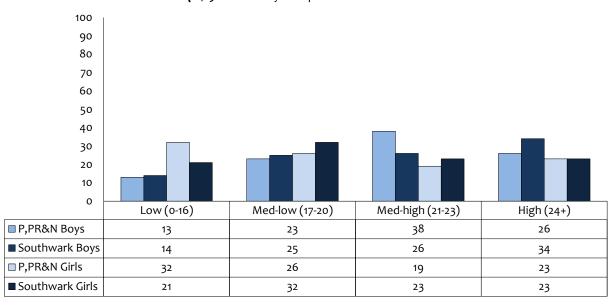
70% (73%) of pupils responded that they would go to their parents/carers for support, advice or reassurance if they were worried about something, while 44% (45%) would go to their friend.

**Q17.** Percentage of pupils responding that if they were worried they know where they would go to get advice, support or reassurance (Southwark Primary data in brackets):

	Boys				Girls		
1	Parent/carer	69	(73)	1	Parent/carer	71	(74)
2	Friend	40	(40)	2	Friend	48	(49)
3	I would keep it to myself	32	(32)	3	I would keep it to myself	35	(37)
4	Member of school staff (other than nurse)	24	(27)	4	Member of school staff (other than nurse)	30	(32)
5	My own GP	10	(10)	5	My own GP	12	(9)
6	School nurse	9	(8)	6	I would find the information on my own	8	(8)
7	I would find the information on my own	5	(6)	7	Online help agency	8	(6)
8	Online help agency	5	(5)	8	School nurse	4	(4)
9	Youth worker	3	(3)	9	Youth worker	4	(3)

#### Year 6 only: Resilience

Q18/19. Year 6 only: Composite resilience score:



We have used these questions 18 & 19 to form an overall measure of "resilience". 11 of the items are scored o-3 if phrased positively, or 3-o if they are phrased negatively.

23% (18%) of Year 6 pupils had a low measure of resilience (0-16).

**Q18/19.** Percentage of Year 6 pupils with a low measure of resilience (0-16).

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	13	14
Girls	32	21

24% (28%) of Year 6 pupils had a high measure of resilience (24+).

**Q18/19.** Percentage of Year 6 pupils with a high measure of resilience (24+).

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	26	34
Girls	23	23

67% (71%) of Year 6 pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do; 50% (53%) said they ask for help.

**Q18.** Percentage of Year 6 pupils responding that they do the following 'usually' or 'always' if at first they don't succeed (Southwark Primary data in brackets):

Boys	Never	Sometimes	Usually	Always
Blame someone else	48 (54)	41 (40)	6(4)	4 (2)
Keep on trying until you do	6 (4)	18 (20)	42 (41)	34 (35)
Have another go	3(3)	22 (17)	37 (38)	38 (42)
Give up	41 (44)	51 (45)	6(8)	2(3)
Try a different way of doing it	5(4)	33 (27)	42 (43)	19 (25)
Ask for help	6(9)	51 (43)	24 (29)	18 (19)
Go and do something else	19 (19)	46 (52)	23 (20)	9 (9)
Just accept you can't do it	46 (49)	32 (35)	9 (8)	10 (7)
Girls	Never	Sometimes	Usually	Always
Blame someone else	61 (63)	34 (33)	4(3)	1 ( 1)
Keep on trying until you do	13 (5)	30 (29)	31 (44)	27 (22)
Have another go	10 (4)	25 (22)	33 (42)	32 (32)
Give up	39 (31)	35 (50)	13 (12)	14 ( 7)
Try a different way of doing it	12 (5)	38 (35)	30 (40)	21 (21)
Ask for help	12 (8)	31 (33)	36 (36)	22 (23)
Go and do something else	20 (16)	42 (52)	23 (21)	15 (11)
Just accept you can't do it	30 (35)	32 (40)	14 (13)	25 (12)

60% (62%) of Year 6 pupils responded that if something goes wrong, they usually or always learn from it for next time.

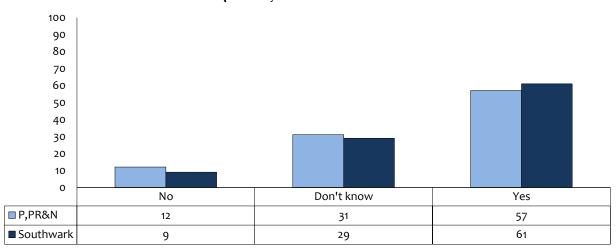
**Q19.** Percentage of Year 6 pupils responding that they 'usually' or 'always' do the following if things go wrong (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Get upset and feel bad for ages	15 (18)	33 (29)	25 (24)
Feel a bit bad but soon forget about it	55 (53)	41 (44)	48 (48)
Are calm and can carry on	48 (49)	31 (34)	40 (41)
Learn from it for next time	64 (64)	56 (61)	60 (62)

## Safety and Bullying

#### Safety in school

Q20a. Do you feel safe in school?

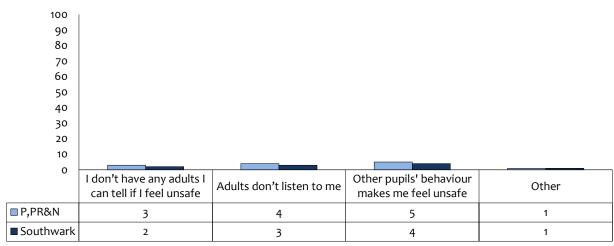


12% (9%) of pupils said they don't feel safe in school, while 57% (61%) said they do.

 ${\bf Q20a.}\,$  Percentage answering that they  $\underline{{\bf don't}}$  feel safe in school.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	8	11	15	10	10	11	
Girls	7	22	11	8	11	7	

Q20b. What makes you feel unsafe?



4% (3%) of pupils said adults not listening to them makes them feel unsafe in school.

**Q20b.** Percentage of pupils responding that the following things make them feel unsafe in school (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I don't have any adults I can tell if I feel unsafe	2 (3)	2 (2)	3 (2)	3 (2)	3 (2)	3 (2)	3 (2)
Adults don't listen to me	4(3)	3 (2)	5 (2)	0(2)	2 (4)	6 (3)	4(3)
Other pupils' behaviour makes me feel unsafe	3 (4)	3(3)	3(2)	14 (7)	5 (4)	4 (3)	5 (4)
Other	1(2)	1 ( 1)	0 (1)	0 (1)	2 (1)	1 (1)	1 (1)

#### **Bullying**

32% (27%) of pupils responded that they have been bullied at or near school in the last 12 months, while 19% (20%) said they 'don't know' if they have.

**Q21.** Percentage answering they have been bullied at or near school in the last 12 month.

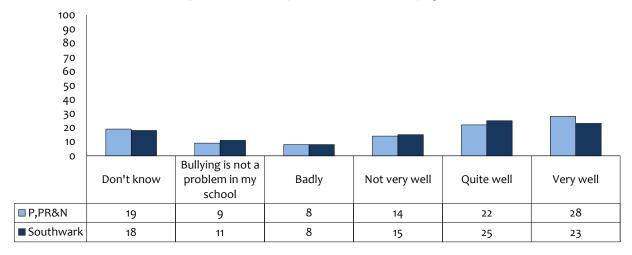
	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	34	43	25	29	29	24
Girls	33	25	30	29	32	23

10% (8%) of pupils responded that they have bullied someone else at school in the last 12 months, while 16% (17%) said they 'don't know' if they have.

**Q22.** Percentage answering that they have bullied someone else at school in the last 12 months.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	12	19	10	11	11	9	
Girls	5	9	8	6	8	5	

Q23. How well does your school deal with bullying?



8% (8%) of pupils responded that their school deals with bullying 'badly'.

**Q23.** Percentage answering that their school deals with bullying 'badly'.

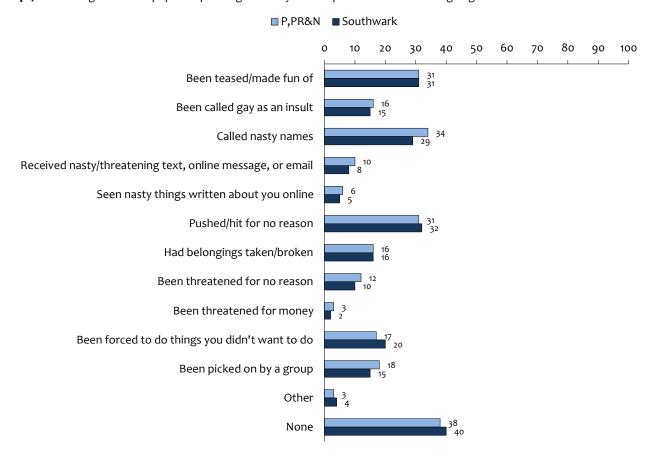
		P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6		
Boys	6	6	11	8	10	10		
Girls	2	7	9	6	9	7		

50% (48%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 9% (11%) said that bullying is not a problem in their school.

**Q23.** Percentage answering that their school deals with bullying 'quite' or 'very' well.

		P,PR&N	٨	Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	48	55	46	50	49	46	
Girls	57	46	49	52	46	49	

**Q24.** Percentage of Year 6 pupils responding that they have experienced the following negative behaviours in the last month:



31% (32%) of Year 6 pupils responded that they have been pushed or hit for no reason in the last month, while 16% (16%) said they've had their belongings taken or broken.

**Q24.** Percentage of Year 6 pupils responding that they have experienced the following negative behaviours in the last month (top 10 – Southwark Primary data in brackets):

	Boys				Girls		
1	Been teased/made fun of	33	(33)	1	Called nasty names	34	(29)
2	Called nasty names	33	(30)	2	Pushed/hit for no reason	32	(31)
3	Pushed/hit for no reason	28	(33)	3	Been teased/made fun of	28	(30)
4	Been called gay as an insult	18	(20)	4	Been forced to do things you didn't want to do	18	(19)
5	Been forced to do things you didn't want to do	16	(21)	5	Had belongings taken/broken	18	(18)
6	Been picked on by a group	16	(14)	6	Been picked on by a group	18	(15)
7	Had belongings taken/broken	11	(14)	7	Been called gay as an insult	13	(10)
8	Been threatened for no reason	10	(12)	8	Been threatened for no reason	13	(9)
9	Received nasty/threatening text, online message, or email	9	(7)	9	Received nasty/threatening text, online message, or email	12	(9)
10	Been threatened for money	4	(4)	10	Seen nasty things written about you online	8	(7)

53% (50%) of Year 6 pupils responded that the negative behaviour occurred at school; while 11% (13%) said at or near home.

**Q25.** Percentage of Year 6 pupils responding that they have experienced negative behaviour at the following places in the last month (Southwark Primary data in brackets):

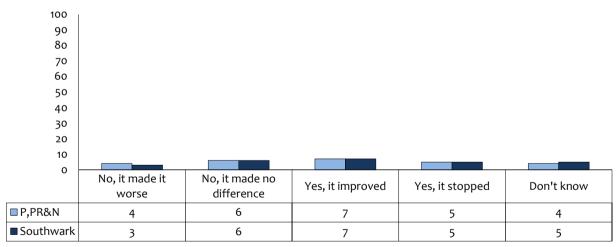
	Boys			Girls				
1	At school	55	(52)	1	At school	52	(48)	
2	At or near home	13	(13)	2	Online	18	(11)	
3	Online	9	(10)	3	At or near home	9	(12)	
4	On the way to or from school	7	(5)	4	On the way to or from school	7	(5)	
5	Somewhere else	3	(4)	5	Somewhere else	5	(4)	

15% (11%) of Year 6 pupils did not tell anyone if they have been bullied recently.

**Q26.** Percentage of Year 6 pupils responding that if they have been bullied recently, they told the following people about it (Southwark Primary data in brackets):

	Boys			Girls					
1	No one	16	(11)	1	Friend	15	(14)		
2	Parent/carer	12	(14)	2	Parent/carer	14	(15)		
3	Friend	12	(9)	3	Teacher or adult in school	14	(11)		
4	Teacher or adult in school	8	(11)	4	No one	13	(10)		
5	Other trusted adult	1	(4)	5	Other trusted adult	7	(6)		
6	Other	1	(1)	6	Other	1	(1)		
7	Online service or telephone helpline	0	(0)	7	Online service or telephone helpline	1	(1)		

**Q27.** Year 6 only: Did the problem stop after telling someone?



5% (5%) of Year 6 pupils responded that the problem stopped after telling someone, while 4% (5%) said they don't know.

43% (46%) of Year 6 pupils who told someone responded that the problem improved or stopped after doing so.

**Q27.** Percentage of Year 6 pupils answering that the problem stopped after telling someone.

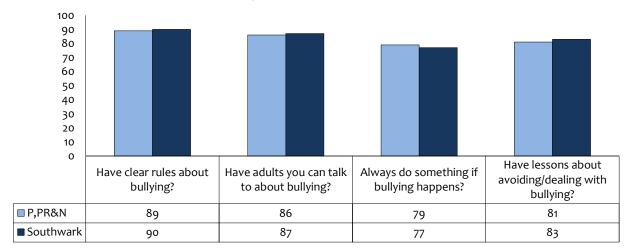
	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	3	5
Girls	6	6

28% (27%) of pupils responded that they have been bullied because of the way they look; 15% (13%) said it was because of their skin colour or race.

**Q28.** Percentage of pupils responding that they feel they have been 'picked on' or bullied for the following reasons (Southwark Primary data in brackets):

	Year 4		Year 5		Year 6		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Their size or weight	14 (15)	17 (19)	31 (20)	28 (23)	20 (23)	23 (27)	20 (21)
The way they look	17 (19)	29 (26)	26 (21)	25 (30)	32 (27)	42 (36)	28 (27)
The clothes they wear	11 (8)	18 (12)	11 (9)	8 (8)	3 (10)	11 (13)	11 (11)
Their skin colour or race	11 (9)	13 (11)	21 (15)	11 (15)	10 (14)	21 (14)	15 (13)
Their religion, faith or culture	8 (7)	8 (4)	8 (3)	8 (7)	5 (3)	6 (5)	7(5)
Their gender	8 (6)	6 (9)	11 (6)	4 (9)	2 (4)	8 (10)	7 (7)
Being different	18 (12)	16 (17)	13 (12)	23 (21)	11 (15)	20 (19)	17 (16)
A disability or learning difficulty	2 (5)	3(3)	5 (6)	4 (6)	3 (4)	5 (7)	3 (5)
Their ability	9 (6)	6 (7)	11 (9)	6 (6)	4 (10)	5 (8)	7(8)
Their family background	4 (7)	5 (6)	10 (7)	2 (8)	7 (7)	10 (9)	6 (7)
Their health	7(8)	10 (9)	7(6)	6 (5)	3 (5)	5 (3)	6 (6)
Other	8 (8)	8 (9)	2 (5)	6 (9)	9 (6)	7 (7)	7(7)
[Year 6 only] Their sexual orientation	- (-)	- (-)	- (-)	- (-)	2 (3)	5 (4)	4 (4)

Q29. Does your school...?



89% (90%) of pupils said their school has clear rules about bullying and 86% (87%) said it has adults they can talk to about bullying.

79% (77%) of pupils said their school always does something if bullying happens and 81% (83%) said it has lessons about avoiding/dealing with bullying.

**Q29.** Percentage answering that their school has clear rules about bullying.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	88	89	85	89	92	87	
Girls	95	91	91	91	90	91	

**Q29.** Percentage answering that their school always does something if bullying happens.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	83	82	73	83	84	72	
Girls	84	85	69	83	78	71	

#### **Feeling Safe**

**Q67.** Feeling safe summary: Please think about the community you live in. How safe do you feel when...?



43% (41%) of pupils rated their safety when going out after dark in their area as 'not at all safe'.

**Q25.** Percentage of pupils rating their safety at 'not at all safe' in the following situations (Southwark Primary data in brackets):

		,					
	Year 4		Year 5	r 5 Year 6			Total
	Boys	Girls	Boys	Girls	Boys	Girls	
When going out after dark	34 (32)	47 (45)	51 (37)	53 (50)	46 (39)	43 (47)	43 (41)
When going out during the day	4 (5)	5 (4)	3(3)	4(3)	3 (2)	1 ( 1)	3(3)
At home	1 ( 1)	4(3)	3(3)	4 (2)	3 (1)	2 (1)	2 (2)
At school	4 ( 4)	5 (4)	7 (7)	15 (8)	8 (5)	8 (5)	7 (5)
When going to and from school	8 (6)	10 (9)	7 (7)	17 (10)	6 (5)	7 (6)	9 (7)
On public transport (e.g. trains, buses)	22 (23)	22 (25)	24 (18)	25 (25)	13 (15)	17 (18)	20 (20)

92% (94%) of pupils rated their safety at school as 'quite safe' or 'very safe'.

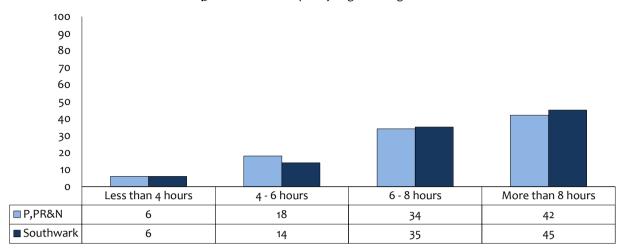
**Q25.** Percentage of pupils rating their safety at 'quite safe' or 'very safe' in the following situations (Southwark Primary data in brackets):

	Year 4		Year 5	Year 5		Year 6	
	Boys	Girls	Boys	Girls	Boys	Girls	
When going out after dark	66 (68)	52 (53)	49 (62)	47 (50)	53 (61)	57 (53)	56 (59)
When going out during the day	96 (95)	95 (96)	97 (96)	96 (97)	97 (97)	99 (99)	96 (97)
At home	98 (98)	95 (96)	97 (97)	94 (98)	97 (98)	98 (99)	97 (98)
At school	96 (96)	94 (95)	93 (93)	83 (91)	92 (94)	92 (95)	92 (94)
When going to and from school	91 (93)	88 (89)	93 (92)	81 (89)	93 (94)	93 (94)	90 (92)
On public transport (e.g. trains, buses)	77 (75)	75 (73)	76 (81)	72 (74)	86 (83)	83 (82)	79 (79)

## Health & Hygiene

#### Sleep

Q31. How much sleep did you get last night?



6% (6%) of pupils responded that they got less than 4 hours sleep last night.

**Q31.** Percentage answering that they got less than 4 hours sleep last night.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	9	12	3	9	8	4	
Girls	4	8	1	4	6	3	

76% (80%) of pupils responded that they got at least 6 hours sleep last night, with 42% (45%) saying that they got more than 8 hours.

**Q31.** Percentage answering that they got at least 6 hours sleep last night.

	_					
		P,PR&N	1	Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	71	72	83	73	79	86
Girls	80	75	77	78	81	82

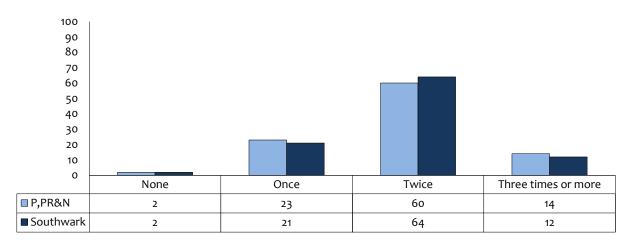
73% (74%) of Year 6 pupils responded that the amount of sleep they got last night is usual for a school night, while 14% (13%) said it's less than they usually get.

**Q32.** Percentage of Year 6 pupils answering that the amount of sleep they got last night is usual for a school night.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	75	76
Girls	71	73

#### **Dental health**

**Q33.** How many times did you clean your teeth on the day before the survey?



2% (2%) of pupils responded that they didn't clean their teeth at all on the day before the survey.

**Q33.** Percentage answering that they didn't clean their teeth at all on the day before the survey.

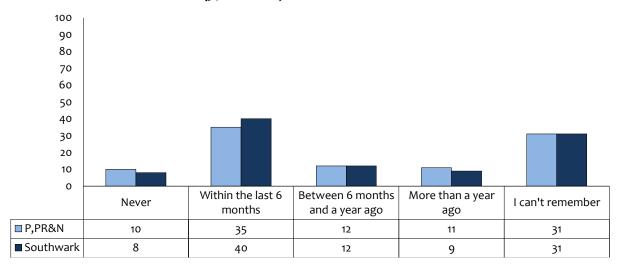
	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	3	7	3	3	4	2	
Girls	2	0	1	3	1	2	

74% (76%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.

**Q33.** Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	73	65	75	74	71	77	
Girls	79	79	73	79	73	80	

Q34. When did you last visit the dentist?



35% (40%) of pupils responded that they have been to the dentist within the last 6 months; 11% (9%) said they have been more than a year ago.

10% (8%) of pupils responded that they have never

been to the dentist, while 31% (31%) said they can't

remember.

**Q34.** Percentage answering that they have been to the dentist within the last 6 months.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	30	35	46	32	41	47	
Girls	32	29	40	31	36	50	

 $\ensuremath{\mathbf{Q34.}}$  Percentage answering that they have never been to the dentist

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	12	10	8	11	10	5	
Girls	13	15	5	10	10	4	

## Year 6 only: Growing Up

54% (62%) of Year 6 pupils responded that they feel they know enough about how their body changes as they grow up, while 9% (7%) of pupils feel they do not know enough.

**Q35.** Percentage of Year 6 pupils answering that they feel they know enough about how their body changes as they grow up.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	54	62
Girls	57	64

57% (65%) of Year 6 pupils responded that their parents/carers have talked with them about how their body changes as they grow up; 64% (71%) said their teachers have talked with them in school lessons.

**Q36.** Percentage of Year 6 pupils responding that the following people have talked with them about how their body changes as they grow up (Southwark Primary data in brackets):

	Boys				Girls		
1	Teachers in school lessons	66	(68)	1	Parents/carers	68	(76)
2	Parents/carers	46	(55)	2	Teachers in school lessons	63	(74)
3	Visitors in school lessons	15	(15)	3	Brothers or sisters	24	(19)
4	Brothers or sisters	14	(17)	4	Other close relatives	18	(18)
5	None of these	11	(6)	5	Friends	13	(17)
6	Friends	10	(12)	6	Visitors in school lessons	12	(18)
7	School Nurse	5	(5)	7	School Nurse	10	(8)
8	Other close relatives	2	(9)	8	None of these	9	(4)

70% (76%) of Year 6 pupils responded that teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

**Q36a.** Percentage Year 6 pupils answering that teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	70	74
Girls	72	80

## **Physical Activity**

#### **Free Time**

55% (59%) of Year 6 pupils think that there is enough to do in their free time near where they live, while 14% (14%) said there is not enough to do.

**Q37.** Percentage of Year 6 pupils answering that there is enough to do in their free time near where they live.

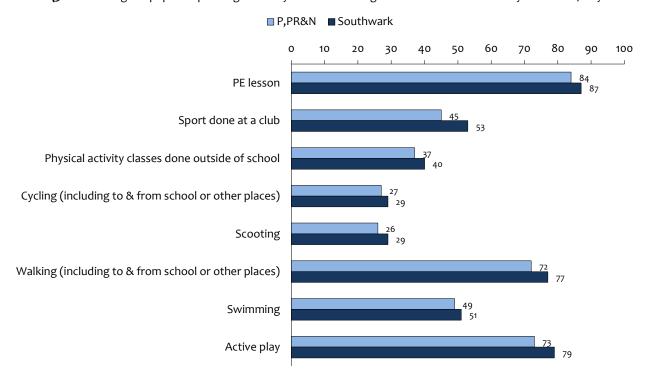
	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	57	62
Girls	54	55

**Q37b.** Percentage of Year 6 pupils responding that they don't think there's enough to do in their free time in the area where they live and they'd like to have the following (top 10 – Southwark Primary data in brackets):

	Boys				Girls		
1	Team sports club (e.g. basketball, cricket, football, hockey, netball, rounders, rugby etc.)	7	(7)	1	Swimming pool or swimming club	11	(8)
2	Sports equipment (e.g. basketball hoops, painted markings for goals etc.)	6	(9)	2	Playgrounds	11	(7)
3	Outdoor courts and pitches	5	(8)	3	Activity equipment (e.g. fitness trails in the parks, climbing frames)	10	(7)
4	Swimming pool or swimming club	5	(7)	4	Parks or open spaces	9	(6)
5	Activity equipment (e.g. fitness trails in the parks, climbing frames)	4	(7)	5	Gymnastics/trampolining/ acrobatics/cheerleading/ majorettes	9	(6)
6	Cinema/theatres	3	(8)	6	Martial arts club (e.g. karate, judo, boxing, kickboxing)	9	(4)
7	Parks or open spaces	3	(7)	7	Arts and crafts activities/groups	8	(6)
8	Playgrounds	3	(5)	8	Cinema/theatres	8	(6)
9	Martial arts club (e.g. karate, judo, boxing, kickboxing)	2	(5)	9	Libraries	8	(6)
10	Fitness club (e.g. keep-fit, yoga)	2	(5)	10	Outdoor courts and pitches	8	(4)

37% (40%) of pupils said they did physical activity classes outside of school in the last 7 days.

Q38. Percentage of pupils responding that they did the following activities on at least one day in the last 7 days:

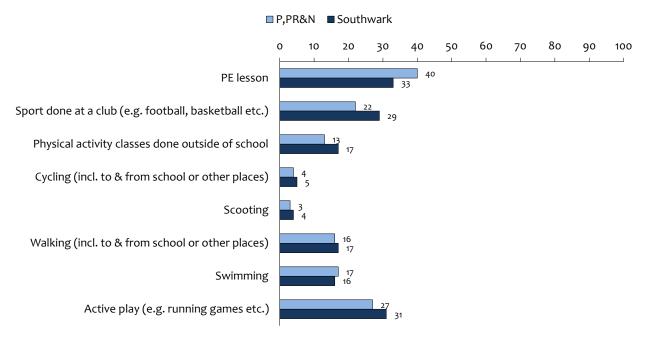


43% (48%) of pupils said they did active play on at least 3 days in the last 7 days.

**Q38.** Percentage of pupils responding that they did the following activities in the last 7 days (Southwark Primary data in brackets):

Boys	Not done	1 or 2 days	3 or 4 days	5 or more days
PE lesson	18 (14)	79 (83)	2 (3)	1 ( 1)
Sport done at a club	47 (39)	42 (44)	5 (9)	6 (8)
Physical activity classes done outside of school	62 (61)	30 (30)	5 (4)	4 (5)
Cycling (including to & from school or other places)	70 (68)	22 (22)	3(3)	5 (6)
Scooting	77 (72)	16 (18)	2(3)	5 (7)
Walking (including to & from school or other places)	31 (25)	15 (17)	5 (6)	48 (52)
Swimming	48 (48)	49 (49)	1(2)	2 ( 1)
Active play	24 (18)	29 (29)	13 (11)	34 (42)
Girls	Not done	1 or 2 days	3 or 4 days	5 or more days
Girls PE lesson	Not done 13 (13)	1 or 2 days 83 (84)	3 or 4 days 4 ( 3)	5 or more days o ( 1)
		,	-	· ·
PE lesson	13 (13)	83 (84)	4(3)	0 (1)
PE lesson Sport done at a club	13 (13) 65 (57)	83 (84) 31 (36)	4(3) 3(5)	0 (1) 1 (2)
PE lesson Sport done at a club Physical activity classes done outside of school Cycling (including to & from school or other	13 (13) 65 (57) 65 (59)	83 (84) 31 (36) 27 (32)	4(3) 3(5) 4(5)	o(1) 1(2) 3(3)
PE lesson  Sport done at a club  Physical activity classes done outside of school  Cycling (including to & from school or other places)	13 (13) 65 (57) 65 (59) 75 (74)	83 (84) 31 (36) 27 (32) 19 (20)	4(3) 3(5) 4(5) 1(3)	o(1) 1(2) 3(3) 5(4)
PE lesson Sport done at a club Physical activity classes done outside of school Cycling (including to & from school or other places) Scooting Walking (including to & from school or other	13 (13) 65 (57) 65 (59) 75 (74) 70 (71)	83 (84) 31 (36) 27 (32) 19 (20)	4(3) 3(5) 4(5) 1(3)	o(1) 1(2) 3(3) 5(4)

**Q39.** On the last day you did the activity (last week), how long did you do it for? % responding at least 'one hour'



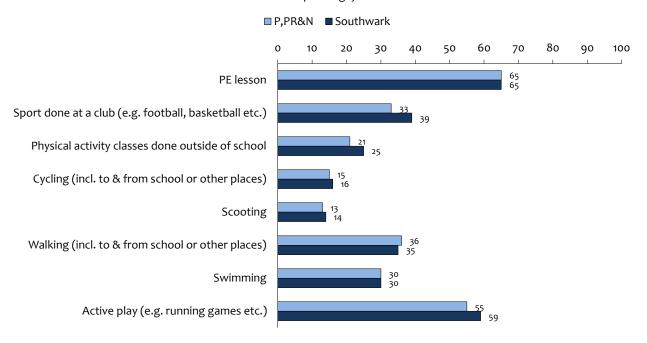
**Q39.** Percentage of pupils responding that, on the last day they did the activity last week, they did it for the following amount of time (Southwark Primary data in brackets):

Boys	Not done	About 15 mins or less	About 30-45 mins	One hour or more	Not sure
PE lesson	20 (16)	5 ( 6)	25 (35)	38 (33)	6 ( 6)
Sport done at a club (e.g. football, basketball, netball)	51 (43)	3(3)	12 (10)	27 (37)	4 ( 4)
Physical activity classes done outside of school (e.g. ballet, gymnastics)	69 (68)	4(3)	7 (8)	14 (15)	4(3)
Cycling (including to & from school or other places)	75 (72)	9 (10)	7(7)	5 (6)	3(3)
Scooting	80 (75)	7 (10)	6 ( 7)	3 (4)	2 ( 2)
Walking (including to & from school or other places)	34 (28)	27 (29)	15 (15)	16 (19)	6 (6)
Swimming	50 (51)	4(3)	21 (24)	17 (16)	4(3)
Active play (e.g. running games, kicking a ball about etc.)	29 (22)	11 (10)	17 (19)	33 (39)	7 (7)
Girls	Not done	About 15 mins or less	About 30-45	One hour or more	Not sure
Girls PE lesson		or less	mins	more	
	Not done 15 (15) 71 (64)	-			Not sure 8 (8) 5 (3)
PE lesson Sport done at a club (e.g. football,	15 (15)	or less 8 ( 6)	mins 24 (35)	more 42 (32)	8 (8)
PE lesson Sport done at a club (e.g. football, basketball, netball) Physical activity classes done outside	15 (15) 71 (64)	or less 8 ( 6) 2 ( 3)	mins 24 (35) 6 ( 9)	more 42 (32) 15 (19)	8 (8) 5 (3)
PE lesson  Sport done at a club (e.g. football, basketball, netball)  Physical activity classes done outside of school (e.g. ballet, gymnastics)  Cycling (including to & from school	15 (15) 71 (64) 70 (65)	or less 8 (6) 2 (3) 3 (4)	mins 24 (35) 6 (9) 9 (9)	more 42 (32) 15 (19) 13 (18)	8 (8) 5 (3) 2 (3)
PE lesson  Sport done at a club (e.g. football, basketball, netball)  Physical activity classes done outside of school (e.g. ballet, gymnastics)  Cycling (including to & from school or other places)	15 (15) 71 (64) 70 (65) 80 (78)	or less 8 (6) 2 (3) 3 (4) 7 (9)	mins 24 (35) 6 (9) 9 (9) 6 (7)	more 42 (32) 15 (19) 13 (18) 4 (3)	8 (8) 5 (3) 2 (3) 2 (3)
PE lesson Sport done at a club (e.g. football, basketball, netball) Physical activity classes done outside of school (e.g. ballet, gymnastics) Cycling (including to & from school or other places) Scooting Walking (including to & from school	15 (15) 71 (64) 70 (65) 80 (78) 74 (75)	or less 8 (6) 2 (3) 3 (4) 7 (9) 9 (12)	mins 24 (35) 6 (9) 9 (9) 6 (7) 7 (6)	more 42 (32) 15 (19) 13 (18) 4 (3) 4 (3)	8 (8) 5 (3) 2 (3) 2 (3) 5 (4)

kicking a ball about etc.)

**Q40.** When you did the activity (last week), did it make you breathe faster/deeper or get hot/sweaty? 

% responding 'yes'



61% (63%) of boys and 49% (55%) of girls said that they took part in active play in the last week and it made them breathe faster/deeper and get hot/sweaty.

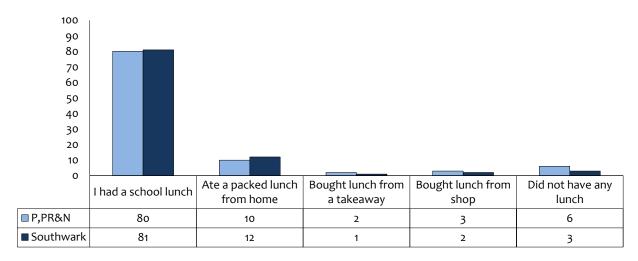
**Q40.** Percentage of pupils responding that they did the following activities last week and it made them breathe faster/deeper and get hot/sweaty (top 5 – Southwark Primary data in brackets):

	Boys				Girls		
1	PE lesson	63	(66)	1	PE lesson	68	(65)
2	Active play	61	(63)	2	Active play	49	(55)
3	Sport done at a club	42	(48)	3	Walking (including to & from school or other places)	38	(38)
4	Walking (including to & from school or other places)	35	(33)	4	Swimming	30	(30)
5	Swimming	32	(30)	5	Sport done at a club	24	(28)

## **Healthy Eating**

#### Lunch

Q42. What did you do for lunch yesterday?



80% (81%) of pupils responded that they had a school lunch on the day before the survey.

**Q42.** Percentage answering that they had a school lunch on the day before the survey.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	79	77	85	84	78	82	
Girls	81	72	81	88	78	78	

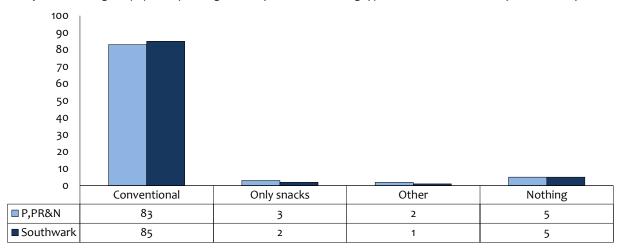
5% (3%) of boys and 6% (3%) of girls responded that they didn't have any lunch on the day before the survey.

**Q42.** Percentage answering that they didn't have any lunch on the day before the survey.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	4	9	3	3	5	3	
Girls	2	10	8	1	4	3	

#### Breakfast

**Q44.** Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast, bread or bagels; hot food; fruit; yoghurt; croissants or pastries or breakfast bar. Only snacks means: chocolate bar, sweets, biscuits or pop-tarts/cakes; crisp-type snack but not conventional breakfast.

5% (5%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 16% (15%) had hot food.

3% (2%) of pupils responded that they had only snacks for breakfast on the day of the survey.

**Q44.** Percentage answering that they didn't have anything for breakfast on the day of the survey.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	6	9	3	4	6	4	
Girls	5	4	7	5	4	5	

Q44. Percentage answering that they had only snacks for breakfast on the day of the survey.

		P,PR&N	١	Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	0	5	1	2	3	1	
Girls	5	0	4	4	1	3	

Q44. Percentage of pupils responding that they had the following to eat before lessons on the day of the survey (top 5 – Southwark Primary data in brackets):

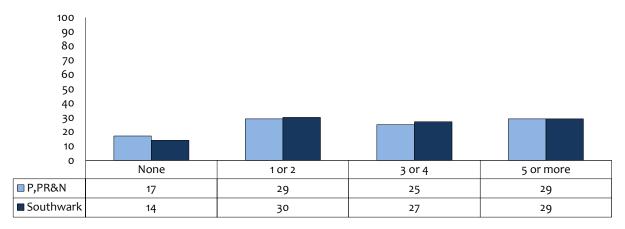
	Boys				Girls		
1	Toast, bread or bagels etc.	41	(39)	1	Toast, bread or bagels etc.	32	(37)
2	Cereal e.g. cornflakes	30	(32)	2	Cereal e.g. cornflakes	27	(29)
3	A drink (e.g. water, milk, juice etc.)	21	(25)	3	A drink (e.g. water, milk, juice etc.)	26	(33)
4	Hot food e.g. egg on toast	15	(15)	4	Hot food e.g. egg on toast	18	(15)
5	Chocolate bar, sweets, biscuits, pop-tarts, cakes	8	(6)	5	Fruit	14	(14)

Q43. Percentage of pupils responding that they had something to eat or drink for breakfast at the following places on the morning of the survey (Southwark Primary data in brackets):

Boys				Girls				
1	Something at home	63	(69)	1	Something at home	64	(70)	
2	Something at school	22	(23)	2	Something at school	26	(26)	
3	Something on the way to school	11	(12)	3	Something on the way to school	16	(16)	

#### Five-a-day

**Q45.** How many portions of fruit and vegetables did you eat yesterday?



17% (14%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

**Q45.** Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	16	35	16	15	25	12
Girls	13	20	14	12	12	11

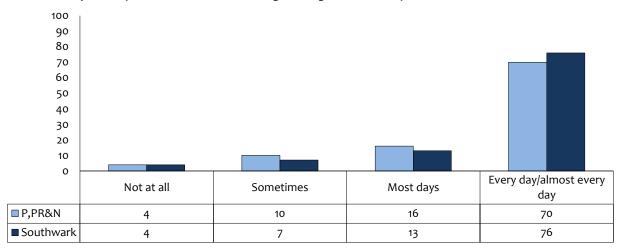
29% (29%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

**Q45.** Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	39	19	21	36	25	28
Girls	31	31	25	36	26	24

#### **Food poverty**

**Q46.** Has your household been able to get enough food for everyone in the last 12 months?



15% (11%) of pupils said their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.

**Q46.** Percentage answering that their household has, at most, only 'sometimes' been able to get enough food for everyone in the last 12 months.

	P,PR&N			Southwark			
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6	
Boys	19	16	12	16	16	7	
Girls	15	14	9	11	12	7	

70% (76%) of pupils said their household has been able to get enough food for everyone 'every day/almost every day' in the last 12 months.

**Q46.** Percentage answering that their household has been able to get enough food for everyone 'every day/ almost every day' in the last 12 months.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	60	59	78	66	69	81
Girls	72	71	78	76	75	85

100 90 80 70 60 50 40 30 20 10 We did but we don't Not at all Sometimes Most weeks now P,PR&N 59 14 19 ■ Southwark 65 12 15 8

Q47. Has your household used 'food banks' or similar sources of free or subsidised food in the last 12 months?

41% (35%) of pupils said their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months; 8% (8%) said it has 'most weeks'.

**Q47.** Percentage answering that their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	53	39	39	43	36	30
Girls	39	37	34	38	35	28

#### Water

50% (60%) of pupils responded that they are able to get water at school during class time; while 39% (30%) said 'not easily'.

**Q48a.** Percentage answering that they are able to get water at school during class time.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	41	39	67	55	60	64
Girls	50	45	56	53	62	65

89% (90%) of pupils responded that they are able to get water at school during break time; while 8% (7%) said 'not easily'.

**Q48b.** Percentage answering that they are able to get water at school during break time.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	92	89	85	93	90	88
Girls	89	88	86	90	89	89

1% (1%) of pupils said they aren't able to get water at school either during class time or during breaktime.

**Q48a&b.** Percentage answering that they aren't able to get water at school either during class time or during breaktime.

	P,PR&N			Southwark		
	Yr 4	Yr 5	Yr 6	Yr 4	Yr 5	Yr 6
Boys	0	2	1	0	1	1
Girls	2	4	1	2	2	1

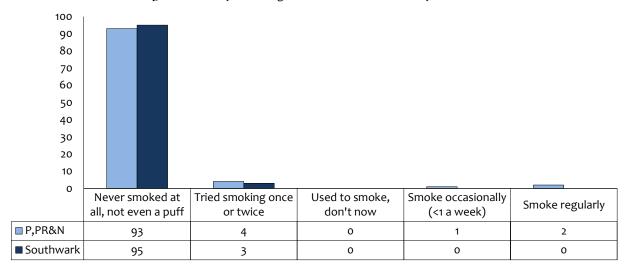
## **Smoking and Vaping**

2% (1%) of Year 6 pupils responded that they smoked cigarettes in the 7 days before the survey.

**Q49.** Percentage of Year 6 pupils answering that they smoked cigarettes in the 7 days before the survey.

	P,PF	R&N	Southwark
	Yr 6	Yr 6	, ,
Boys	0	1	
Girls	3	1	

Q50. Year 6 only: Smoking: Which sentence describes you best?



7% (5%) of Year 6 pupils responded that they have tried smoking in the past or smoke now.

**Q50.** Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

	P,PR	&N So	outhwark
	Yr 6	Yr 6	
Boys	5	5	
Girls	8	5	

2% (1%) of Year 6 pupils responded that they have smoked shisha.

**Q51.** Percentage of Year 6 pupils answering that they have smoked shisha.

	P,P	R&N	Southwark
	Yr 6	Yr 6	5
Boys	4	1	
Girls	1	1	

8% (5%) of Year 6 pupils responded that they have vaped.

**Q52.** Percentage of Year 6 pupils answering that they have vaped.

		P,PR&N		Southwark
	Yr 6		Yr 6	
Boys	8		5	
Girls	8		5	

## Year 6 only: Internet Safety

16% (16%) of Year 6 pupils responded that they communicate with people online by posting things that lots of people can see while 18% (16%) said they communicate with people using picture/video sharing sites/apps and 21% (17%) said they don't communicate with people online.

**Q53.** Percentage of Year 6 pupils responding that they communicate with people online by the following means (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
I don't do this	24 (18)	18 (17)	21 (17)
Posting things that lots of people can see	14 (14)	19 (18)	16 (16)
Sending messages to one or a few people	45 (49)	57 (66)	51 (57)
Picture/video sharing sites/apps	18 (16)	17 (15)	18 (16)
Livestreaming	5 (5)	2 (1)	5 (4)
Video chat	25 (30)	35 (35)	30 (32)
Through online games	42 (49)	33 (31)	37 (40)
Other	3(3)	5 (3)	4(3)

21% (17%) of Year 6 pupils responded that they communicate with people they have met online and don't know in real life.

**Q54.** Percentage of Year 6 pupils responding that they communicate with the following people online (Southwark Primary data in brackets):

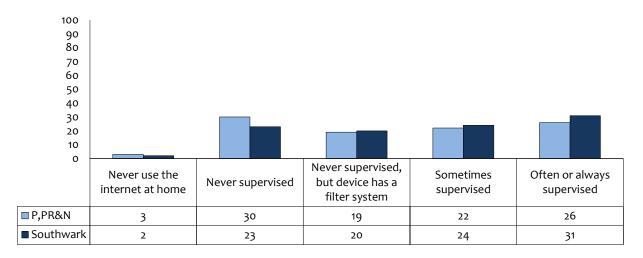
	Year 6 Boys Girls		Total
No-one	7(7)	3 (5)	6 (6)
Friends and family I know in real life	89 (88)	92 (93)	90 (91)
People I have met online and I don't know in real life	27 (21)	15 (12)	21 (17)

8% (8%) of Year 6 pupils responded that they have seen pictures, videos or games they found upsetting online; while 52% (55%) said they have not experienced any of these things.

**Q55.** Percentage of Year 6 pupils responding that they have experienced the following online (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
None of these	51 (51)	52 (59)	52 (55)
Placed a bet	11 (11)	7 (5)	9 (8)
Someone writing or showing things to hurt or upset you (with text, pictures or video)	12 (11)	18 (15)	15 (12)
Someone published private information about you	2 (3)	7 (4)	5 (3)
Someone published false information about you	8 (6)	11 ( 6)	9 (6)
Someone used your identity/password to upset or hurt you	5 (3)	5 (2)	6 (2)
You sent personal information to someone which then you wished you hadn't or had thought more about	5 (4)	3 (4)	4 ( 4)
You saw pictures, videos or games you found upsetting	7 (7)	9 (9)	8 (8)
Played games that have an older age rating than your present age	33 (29)	18 (17)	25 (23)
You saw 'fake news' or false information	21 (15)	16 (16)	18 (15)
Being bullied online or cyberbullying	8 (9)	12 (10)	10 (9)

**Q56.** Year 6 only: Do you use the Internet <u>at home</u> without adult supervision?

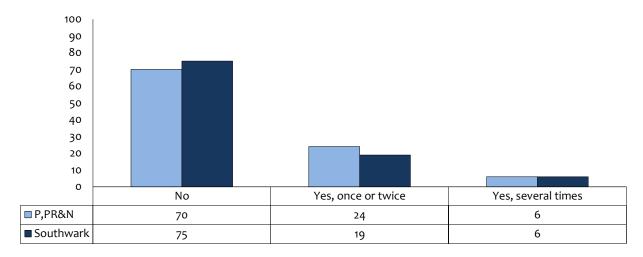


30% (23%) of Year 6 pupils responded that they are 'never' supervised when using the internet at home.

**Q56.** Percentage of Year 6 pupils responding to: Are you able to use the internet at home without adult supervision? (Southwark Primary data in brackets)

	Year 6		Total
	Boys	Girls	
I never use the internet at home	3 (3)	3 (1)	3(2)
Never supervised	36 (25)	26 (22)	30 (23)
Never supervised, but device has a filter system (parental controls)	19 (18)	21 (22)	19 (20)
Sometimes supervised	15 (19)	24 (27)	22 (24)
Often supervised	8 (17)	12 (12)	10 (14)
Always supervised	19 (18)	14 (16)	16 (17)

Q57. Year 6 only: In the last 12 months, have you ever got a message or picture that scared you or made you upset?



30% (25%) of Year 6 pupils responded that they got a message or picture at least 'once or twice' in the last 12 months that scared or upset them; 6% (6%) said this has happened several times.

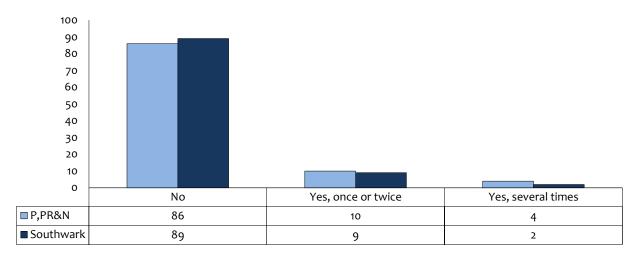
**Q57.** Percentage of Year 6 pupils answering that they got a message or picture at least 'once or twice' in the last 12 months that scared or upset them.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	28	26
Girls	32	24

**Q58.** Percentage of Year 6 pupils responding that they did the following after getting a message or picture which scared or upset them (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Deleted it without showing anyone	8 (8)	7(9)	7(9)
Told/showed their friends	5 (5)	7 (5)	7 (5)
Told/showed their parents	2 (6)	14 (10)	8 (8)
Told/showed a responsible adult (e.g. teacher)	5 (4)	4 ( 1)	5(3)
Reported to the Police/CEOP/Childline etc.	0 (1)	0(0)	0 (1)
None of these	39 (45)	48 (47)	44 (46)

Q59. Year 6 only: In the last 12 months, has anyone you don't know in person asked to meet with you?



14% (11%) of Year 6 pupils responded that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year; 4% (2%) said this has happened several times.

**Q59.** Percentage of Year 6 pupils answering that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year.

		P,PR&N		Southwark
	Yr 6		Yr 6	
Boys	18		14	
Girls	12		7	

90% (92%) of Year 6 pupils responded that in the last year they have been told how to stay safe while online.

**Q60a.** Percentage of Year 6 pupils answering that they have been told how to stay safe while online.

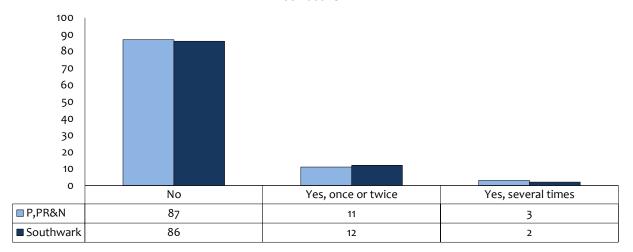
	P,PR&N	Southwar
	Yr 6	Yr 6
Boys	87	89
Girls	91	96

36% (42%) of Year 6 pupils responded that they have been told how to stay safe online and 'always' follow the advice they have been given, while 15% (11%) said they 'rarely' do.

**Q60b.** Percentage of Year 6 pupils answering that they have been told how to stay safe online and 'always' follow the advice they have been given.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	29	36
Girls	42	47

**Q61.** Year 6 only: In the past year, have you ever sent personal information or images to someone which then you wished you hadn't done?

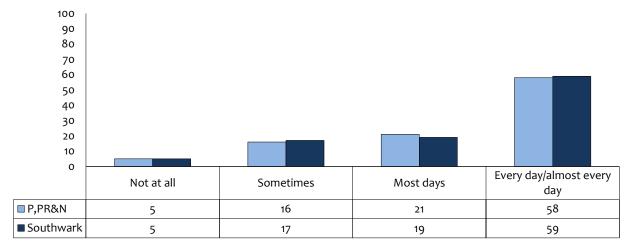


13% (14%) of Year 6 pupils responded that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.

**Q61.** Percentage of Year 6 pupils answering that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	12	15
Girls	15	13

**Q62a.** Year 6 only: Do you have access to a computer, laptop, tablet or other device at home where you can do school work/homework?



5% (5%) of pupils said they don't have access to a computer, laptop, tablet or other device 'at all' at home where they can do school-work/homework; 16% (17%) said they 'sometimes' do.

79% (78%) of pupils said they have access to a computer, laptop, tablet or other device at home where they can do school-work/homework 'most days' or 'every day/almost every day'.

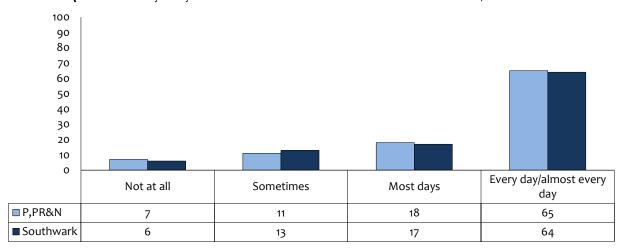
**Q62a.** Percentage of Year 6 pupils answering that they don't have access to a device 'at all' at home where they can do school-work/homework.

	P,PR8	N Southwark
	Yr 6	Yr 6
Boys	3	5
Girls	6	4

**Q62a.** Percentage of Year 6 pupils answering that they have access to a device at home where they can do school-work/homework at least 'most days'.

P,PR&N	Southwark
Yr 6	Yr 6
86	79
72	78
	Yr 6 86

Q62b. Year 6 only: Do you have access to the internet at home to do school work/homework?



7% (6%) of pupils said they don't have access to the internet 'at all' at home to do schoolwork/homework; 11% (13%) said they 'sometimes' do.

**Q62b.** Percentage of Year 6 pupils answering that they don't have access to the internet 'at all' at home to do school-work/homework.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	6	7
Girls	8	4

82% (82%) of pupils said they have access to the internet at home to do school-work/homework 'most days' or 'every day/almost every day'.

**Q62b.** Percentage of Year 6 pupils answering that they have access to the internet at home to do schoolwork/homework at least 'most days'.

	P,PR&N	Southwark
	Yr 6	Yr 6
Boys	90	84
Girls	75	80

## List of Tables

QD. Percentage describing themselves as White British	.17
QD. Percentage of pupils responding that the following best describes their ethnic background (top 5 – Southwark Primary data in brackets):	.17
Q2. Which adults do you live with?	
Q2. Percentage answering that they live with their Mum and Dad together	.17
Q2. Percentage answering that they live with their Mum	.17
Q3a. Percentage of Year 6 pupils answering that they care for or look after someone at home on a regular basis	.18
Q3b. Percentage of Year 6 pupils responding that they look after the following (top 3 – Southwark Primary data in brackets):	: 18
Q3c. Year 6 only: If you are a 'young carer', does this stop you doing things you want to enjoy?	.18
Q3c. Percentage of Year 6 pupils answering that being a young carer stops them doing things they want to enjoy at least sometimes.	.18
Q4. Percentage answering that they have a religion, faith, or belief that is important to them	.18
Q5. Percentage responding that they belong to the following religion (top 3 – Southwark Primary data in brackets):	.18
Q6. Percentage of pupils responding that they feel 'fairly' or 'very' strongly that they belong to the following:	.19
Q6. Percentage of pupils responding how strongly they feel they belong to the following (Southwark Primary data in brackets):	.19
Q7. How important do you think it is to go to school regularly?	20
Q7. Percentage answering that it is 'very important' to go to school regularly	20
Q8. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 month (Southwark Primary data in brackets):	
Q9. Thinking back to your enjoyment of school lessons over the past 12 months, which statement describes you best? I have enjoyed	. 21
Q9. Percentage answering that they enjoy 'most' or 'all' of their lessons at school	.21
Q9. Percentage answering that they enjoy 'hardly any' of their lessons at school	.21
Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful:	:22
Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful (Southwark Primary data in brackets):	
Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'not at all' useful:	23
Q63. Percentage of Year 6 pupils responding that they have found school lessons about the following 'not at all' useful (Southwark Primary data in brackets):	23
Q10. Percentage of Year 6 pupils responding 'certainly true' to the following statements:	24
Q10. Percentage of Year 6 pupils responding 'certainly true' to the following statements (Southwark Primary data in brackets	s):24
Q10. Percentage of Year 6 pupils responding 'not at all true' to the following statements:	25
Q10. Year 6 only: Composite pupil perceptions score:	26
Q10. Percentage with a med-low pupil perceptions score (0.99 or less).	26
Q10. Percentage with a high pupil perceptions score (1.5-2)	26
Q11. Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks:	27
Q11. Percentage of pupils responding that they have been feeling or thinking the following at least 'quite a lot of the time' over the past couple of weeks (Southwark Primary data in brackets):	27
Q11. Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks:	28
Q11. Percentage of pupils responding that they have been feeling or thinking the following 'never' or 'not much of the time' over the past couple of weeks (Southwark Primary data in brackets):	28
Q11. Stirling Children's Wellbeing Scale: Positive Outlook Sub-Scale:	
Q11. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Outlook Sub-Scale	
Q11. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale	
Q11. Stirling Children's Wellbeing Scale: Positive Emotional State Sub-Scale:	
Q11. Percentage with a low or med-low score (6 – 17) on the Stirling Positive Emotional State Sub-Scale	
Q11. Percentage with a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale	30

Q11. Stirling Children's Wellbeing Scale: Social Desirability Sub-Scale:	31
Q11. Percentage with a low score (3 – 7) on the Stirling Social Desirability Sub-Scale	31
Q11. Percentage with a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.	31
Q11. Stirling Children's Wellbeing Scale: Combined Score:	32
Q11. Percentage with a score 12 – 30 on the Stirling Children's Wellbeing Scale	32
Q11. Percentage with a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale	32
Q12. Percentage answering that they are 'very unhappy' with their life at the moment	33
Q12. Percentage answering that they are 'quite happy' or 'very happy' with their life at the moment	33
Q13. How do you feel about your life in school right now?	34
Q13. Mean score out of 10 for how they feel about their life in school right now	34
Q13. Percentage answering in the lower half of the scale (1-5) for how they feel about their life in school	34
Q13. Percentage answering in the top three brackets of the scale (8+) for how they feel about their life in school	34
Q14. How do you feel about your life outside of school right now?	35
Q14. Mean score out of 10 for how they feel about their life outside of school right now	35
Q14. Percentage answering in the lower half of the scale (1-5) for how they feel about their life outside of school	35
Q14. Percentage answering in the top three brackets of the scale (8+) for how they feel about their life outside of school	35
Q14. Percentage who ranked their life in school higher than life outside of school	
Q15. Composite self-esteem score:	
Q15. Percentage with a med-low self-esteem score (9 or less)	-
Q15. Percentage with a high self-esteem score (15 or more).	
Q15. (Individual self-esteem items) Percentage giving a high esteem response:	
Q15. (Individual self-esteem items) Percentage in each group giving a high esteem response (Southwark Primary data in	
brackets):	37
Q15. Percentage answering that their parents/carers like to hear their ideas	37
Q16. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed:	38
Q16. Percentage answering that they worry 'quite a lot' or 'a lot' to at least one of the issues listed	38
Q16. Percentage answering that they worry about more than 5 issues listed 'quite a lot' or 'a lot'	38
Q16. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10 - Southwark Primary data in brackets):	
Q16. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':	39
Q16. Percentage of pupils responding that they don't worry about the following 'at all':	40
Q17. Percentage of pupils responding that if they were worried they know where they would go to get advice, support or reassurance (Southwark Primary data in brackets):	40
Q18/19. Year 6 only: Composite resilience score:	41
Q18/19. Percentage of Year 6 pupils with a low measure of resilience (o-16).	41
Q18/19. Percentage of Year 6 pupils with a high measure of resilience (24+)	41
Q19. Percentage of Year 6 pupils responding that they 'usually' or 'always' do the following if things go wrong (Southwark Primary data in brackets):	
Q20a. Do you feel safe in school?	
Q20a. Percentage answering that they don't feel safe in school	
Q20b. What makes you feel unsafe?	
Q20b. Percentage of pupils responding that the following things make them feel unsafe in school (Southwark Primary data brackets):	in
Q21. Percentage answering they have been bullied at or near school in the last 12 month	
Q22. Percentage answering that they have bullied someone else at school in the last 12 months	
Q23. How well does your school deal with bullying?	
Q23. Percentage answering that their school deals with bullying 'badly'	
Q23. Percentage answering that their school deals with bullying 'quite' or 'very' well	
Q24. Percentage of Year 6 pupils responding that they have experienced the following negative behaviours in the last mont	
Q24. Percentage of Year 6 pupils responding that they have experienced the following negative behaviours in the last mont	
(top 10 – Southwark Primary data in brackets):	

Q25. Percentage of Year 6 pupils responding that they have experienced negative behaviour at the following places in the last month (Southwark Primary data in brackets):
Q26. Percentage of Year 6 pupils responding that if they have been bullied recently, they told the following people about it (Southwark Primary data in brackets):
Q27. Year 6 only: Did the problem stop after telling someone?
Q27. Percentage of Year 6 pupils answering that the problem stopped after telling someone
Q28. Percentage of pupils responding that they feel they have been 'picked on' or bullied for the following reasons (Southwark Primary data in brackets):
Q29. Does your school?
Q29. Percentage answering that their school has clear rules about bullying
Q29. Percentage answering that their school always does something if bullying happens
Q67. Feeling safe summary: Please think about the community you live in. How safe do you feel when?
Q25. Percentage of pupils rating their safety at 'not at all safe' in the following situations (Southwark Primary data in
brackets):
Q25. Percentage of pupils rating their safety at 'quite safe' or 'very safe' in the following situations (Southwark Primary data in brackets):
Q31. How much sleep did you get last night?49
Q31. Percentage answering that they got less than 4 hours sleep last night
Q31. Percentage answering that they got at least 6 hours sleep last night
Q32. Percentage of Year 6 pupils answering that the amount of sleep they got last night is usual for a school night49
Q33. How many times did you clean your teeth on the day before the survey?
Q33. Percentage answering that they didn't clean their teeth at all on the day before the survey
Q33. Percentage answering that they cleaned their teeth at least twice on the day before the survey
Q34. When did you last visit the dentist?51
Q34. Percentage answering that they have been to the dentist within the last 6 months51
Q34. Percentage answering that they have never been to the dentist51
Q35. Percentage of Year 6 pupils answering that they feel they know enough about how their body changes as they grow up.52
Q36. Percentage of Year 6 pupils responding that the following people have talked with them about how their body changes as they grow up (Southwark Primary data in brackets):
Q36a. Percentage Year 6 pupils answering that teachers, the School Nurse or visitors in school lessons have talked with them about how their body changes as they grow up.
Q37. Percentage of Year 6 pupils answering that there is enough to do in their free time near where they live
Q37b. Percentage of Year 6 pupils responding that they don't think there's enough to do in their free time in the area where they live and they'd like to have the following (top 10 – Southwark Primary data in brackets):
Q38. Percentage of pupils responding that they did the following activities on at least one day in the last 7 days:54
Q38. Percentage of pupils responding that they did the following activities in the last 7 days (Southwark Primary data in brackets):
Q39. On the last day you did the activity (last week), how long did you do it for? % responding at least 'one hour'
Q39. Percentage of pupils responding that, on the last day they did the activity last week, they did it for the following amount of time (Southwark Primary data in brackets):
Q40. When you did the activity (last week), did it make you breathe faster/deeper or get hot/sweaty? % responding 'yes' 57
Q40. Percentage of pupils responding that they did the following activities last week and it made them breathe faster/deeper and get hot/sweaty (top 5 – Southwark Primary data in brackets):
Q42. What did you do for lunch yesterday?
Q42. Percentage answering that they had a school lunch on the day before the survey
Q42. Percentage answering that they didn't have any lunch on the day before the survey
Q44. Percentage of pupils responding that they had the following types of breakfast on the day of the survey:
Q44. Percentage answering that they didn't have anything for breakfast on the day of the survey
Q44. Percentage answering that they had only snacks for breakfast on the day of the survey
Q44. Percentage of pupils responding that they had the following to eat before lessons on the day of the survey (top 5 – Southwark Primary data in brackets):
Q43. Percentage of pupils responding that they had something to eat or drink for breakfast at the following places on the morning of the survey (Southwark Primary data in brackets):

Q45. How many portions of fruit and vegetables did you eat yesterday?	60
Q45. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey	
Q45. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey	60
Q46. Has your household been able to get enough food for everyone in the last 12 months?	61
Q46. Percentage answering that their household has, at most, only 'sometimes' been able to get enough food for everyor the last 12 months.	
Q46. Percentage answering that their household has been able to get enough food for everyone 'every day/ almost every in the last 12 months.	
Q47. Has your household used 'food banks' or similar sources of free or subsidised food in the last 12 months?	62
Q47. Percentage answering that their household has used 'food banks' or similar sources of free or subsidised food at some point in the last 12 months	
Q48a. Percentage answering that they are able to get water at school during class time	62
Q48b. Percentage answering that they are able to get water at school during break time.	62
Q48a&b. Percentage answering that they aren't able to get water at school either during class time or during breaktime	62
Q49. Percentage of Year 6 pupils answering that they smoked cigarettes in the 7 days before the survey	63
Q50. Year 6 only: Smoking: Which sentence describes you best?	63
Q50. Percentage of Year 6 pupils answering that they have smoked in the past or smoke now	63
Q51. Percentage of Year 6 pupils answering that they have smoked shisha	63
Q52. Percentage of Year 6 pupils answering that they have vaped	63
Q53. Percentage of Year 6 pupils responding that they communicate with people online by the following means (Southwa Primary data in brackets):	
Q54. Percentage of Year 6 pupils responding that they communicate with the following people online (Southwark Primary data in brackets):	
Q55. Percentage of Year 6 pupils responding that they have experienced the following online (Southwark Primary data in brackets):	
Q56. Year 6 only: Do you use the Internet at home without adult supervision?	
Q56. Percentage of Year 6 pupils responding to: Are you able to use the internet at home without adult supervision? (Southwark Primary data in brackets)	65
Q57. Year 6 only: In the last 12 months, have you ever got a message or picture that scared you or made you upset?	
Q57. Percentage of Year 6 pupils answering that they got a message or picture at least 'once or twice' in the last 12 months that scared or upset them.	
Q58. Percentage of Year 6 pupils responding that they did the following after getting a message or picture which scared o upset them (Southwark Primary data in brackets):	
Q59. Year 6 only: In the last 12 months, has anyone you don't know in person asked to meet with you?	
Q59. Percentage of Year 6 pupils answering that someone they don't know in person has asked to meet with them at leas 'once or twice' in the last year	st
Q60a. Percentage of Year 6 pupils answering that they have been told how to stay safe while online	
Q6ob. Percentage of Year 6 pupils answering that they have been told how to stay safe online and 'always' follow the adv they have been given.	
Q61. Year 6 only: In the past year, have you ever sent personal information or images to someone which then you wished hadn't done?	
Q61. Percentage of Year 6 pupils answering that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.	
Q62a. Year 6 only: Do you have access to a computer, laptop, tablet or other device at home where you can do school work/homework?	68
Q62a. Percentage of Year 6 pupils answering that they don't have access to a device 'at all' at home where they can do schwork/homework.	
Q62a. Percentage of Year 6 pupils answering that they have access to a device at home where they can do school-work/homework at least 'most days'	
Q62b. Year 6 only: Do you have access to the internet at home to do school work/homework?	
Q62b. Percentage of Year 6 pupils answering that they don't have access to the internet 'at all' at home to do school-work/homework.	
Q62b. Percentage of Year 6 pupils answering that they have access to the internet at home to do school-work/homework least 'most days'	



# SHEU: nationally-recognised since 1977 as the specialist provider of reliable local survey data for schools and colleges

In our work, we aim to provide services that promote objective debate in communities about the best ways to serve and educate, principally young people, about health and social issues, and to foster co-operation between professionals in education and health, and between adults and young people.

www.sheu.org.uk • research@sheu.org.uk

<sup>•</sup> Schools Health Education Unit Limited • Registered in England No.3400946 •

<sup>•</sup> Registered Office: 2 Barnfield Crescent Exeter Devon EX1 1QT •