

Safeguarding Tuesday 25<sup>th</sup> November 2025 in Schools 12:30 - 1:30pm Online via Teams

free webinar series

Sign up via
Southwark's Education website <u>here</u>

## Supporting You to Support Young People:

## A Trauma Informed Approach

Learn about trauma informed approaches including identifying and supporting young people experiencing difficulties such as anxiety and low mood.

Develop strategies to look after your own wellbeing - you can't pour from an empty cup.

This and all other sessions in the series will be recorded & available for schools to view on Southwark's Education website

For queries or feedback, please email the Safeguarding in Schools Lead: emma.geiringer@southwark.gov.uk