



AUTISM SUPPORT TEAM

Training Offer for Southwark Primary Schools 2026-2027

‘ Entry-level ’ sessions are aimed at those new to autism, with limited experience or who want to refresh their knowledge after a gap in training.	Sessions marked as ‘ some experience ’ are aimed at staff who have a basic working knowledge of autism.	Intermediate training sessions offer a deeper dive into an aspect of autism – aimed at those with a good level of knowledge and experience.
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Training		Aims	Target Audience	Child Profile	Level
Behaviour Series	NEW 5-Point Scales (pre-recorded) Register	- To understand the benefits of using a 5-Point Scale with autistic children (to explore behaviours and emotions) - To be able to create personalised 5 Point Scales - To effectively use 5 Point Scales with autistic children, with the child’s ‘anxiety curve’ in mind	TAs, Teachers, Pastoral staff, SENCOs	Autistic children with some spoken language skills	Entry-level
	NEW Adapting the Maths Curriculum Register	This session is for half a day - To understand specific challenges autistic children may encounter in maths - To identify teaching strategies that support autistic children in maths - To identify the progression of maths skills from the engagement model up to Year 6 in the National Curriculum	School leaders, Maths leads and class teachers	All autistic children	Some experience
	NEW Autism and Cognitive Load Register	- Explore how cognitive load affects autistic pupils and why everyday school experiences can require significantly more mental effort - Explore cognitive overload and what that looks like - Provide practical strategies to reduce barriers to learning and create more inclusive classrooms	Senior leadership, middle leaders, Class teachers, teaching assistants	All autistic children	Entry-Level
	Session 1: Understanding behaviour and how to record ABC charts (pre-recorded) Register	- To gain a greater understanding of the functions of behaviour - To have opportunities to practice completing ABC charts <i>These sessions are designed as a series and participants will get the most out of them by attending all sessions in order.</i>	All adults who are involved with creating and looking at ABCs	All autistic children	Entry-level
	Session 2: Analysing ABC charts Register	<i>Before attending the live sessions (2, 3 & 4), it is advised to watch the pre-recorded ‘Understanding Behaviour’ session (1).</i> Analyse ABC charts to understand behaviour, including looking at environmental factors, task demands, relationships with adults, communication challenges and sensory differences. - To be able to identify patterns and unpick root causes of behaviours - To analyse the function of behaviour and how this results in action.	All adults who are involved with creating and analysing	All autistic children	Some experience

Behaviour Series	Session 3: De-escalation Register	- Developing an 'Unconditional Positive Regard' culture across the whole school setting - To develop practical skills in conflict resolution in the school setting - To understand the root causes of escalating situations and our role within them - Understanding when to challenge and when to support in a child-centred way - Developing scripts for staff to use to communicate effectively in heightened situations.	All adults who are working with autistic young people who experience challenge	All autistic children	Some experience
	Session 4 Developing Behaviour Support Plans Register	- Develop behaviour support plans by focusing on what students can do at their best and gaining pupil and parent voice. - Learn about behaviour theories through an autistic lens - Understanding who the support plan is for and how best to update and evaluate - Creating a living document which reflects the current successes and challenges being addressed at school and in the home - Make links to your school behaviour policy	Adults who are creating, updating and implementing the plans	All autistic children	Intermediate
 Early Communication Skills for Autistic Pupils Register		- Understand how Autism can affect early language development - Recognise different ways Autistic children communicate - Learn practical strategies to support communication development for everyday classroom use	All staff	EYFS, pre-verbal, children with limited language skills	Some experience
 Effective use of sensory tools in the mainstream classroom <i>(pre-recorded)</i> Register		- Know who might benefit from sensory tools - Understand when and why sensory tools might be helpful - Explore the different ways and contexts in which sensory tools can be used - Consider what tools to offer and how to ensure they are used appropriately	All staff	All autistic children (and others too!)	Some experience
The Engagement Model <i>(pre-recorded)</i> Register		- To develop understanding and knowledge of the Engagement Model - To identify pupils for whom the model would be appropriate for - To write Engagement Profiles about specific autistic pupils you work with - To confidently assess using the Engagement Tool and Profile in unison.	Staff who are teaching or leading pupils who are not accessing the national curriculum. For example, inclusion/resource base teachers and leaders.	Pupils who are not accessing the National Curriculum	Intermediate

NEW Helping children to understand their autism diagnosis and embrace their autism identity Register	Two sessions - attendance at both sessions is compulsory. - To help autistic children better understand their autism and embrace their autistic identity, - Support autistic children to develop their self-esteem and confidence - To encourage autistic children to develop self-advocacy and seek support and accommodations for their individual needs	SENCOs and school leaders	Autistic children already aware of their autism diagnosis	Intermediate
NEW Inclusive Language – for all Register	- Consider the language used to describe autism, neurodivergence and associated needs/behaviours - Explore inclusive and effective examples and alternatives - Understand the impact of the language used on how needs/behaviours are managed and the wider class/school culture.	All staff	All autistic children	Some experience
NEW Inclusive Language – for leaders Register	An extended version of the ‘Inclusive Language – for all’ session, aims include the following in addition to the above: - Understand the importance of language within school systems and communications - Consider ways in which language can be used to further develop an inclusive culture in your school.	SENCOs and school leaders	All autistic children	Intermediate
REFRESHED Internalised Presentations of Autism (formerly 'Autism and Girls') Register	- To understand the history of autism research and how this relates to gender - To understand some different ways autism can present and how this relates to the diagnostic criteria - To know a range of strategies to support autistic pupils with an internalised presentation in school - To relate your understanding of this presentation of autism to children at your school (diagnosed or undiagnosed)	All staff	Internalised presentations of autism, autistic girls, high-masking pupils	Intermediate
NEW Masking (pre-recorded) Register	- Understand what masking is and why many autistic people mask - Know some types and signs of masking - Consider the impact of masking and ways to support a child who may be masking	All staff	Children that attempt to hide their needs, internalised presentations, autistic girls	Some experience
NEN (Neuroinclusive Education Network) Autism and Anxiety Register	- To understand how autistic pupil might express anxiety. - To understand factors and triggers for anxiety in autistic pupils. - To understand what you can do to prevent, reduce and effectively manage anxiety in autistic pupils.	Teachers, TAs, anyone with limited knowledge or experience of Autism	All autistic children	Entry-level

 NEN Developing Play in the Early Years Register	- Understand how the three areas of difference in autism impact on the development of play skills. - Understand the importance of all adults working together to support the child to develop play skills. - Develop knowledge of how to support autistic children to develop play skills. - Create and deliver a plan to ensure progress in play skills, which includes consideration of how to remove barriers and make reasonable adjustments.	Midday meal supervisors, Teachers and TAs in EYFS or working with children who have continuous provision/play in their timetable (e.g. gathered provision)	All EYFS children, any Autistic children who have differences in play/social skills.	Entry-level
 NEN Developing Toileting Skills for Autistic Pupils Register	- To understand the importance of working with others to support children to develop independent toileting skills. - To develop knowledge of how to support children to achieve toileting independence. - To plan and deliver a child-centred toileting plan, that will ensure children make progress in developing toileting skills.	Teachers, TAs, anyone with limited knowledge or experience of toileting autistic pupils	All autistic children	Entry-level
 NEN Making Sense of Autism Register	- To extend your understanding of how autism affects pupils in school - To increase your expertise in recognising a pupil's individual strengths and differences - To develop your skills in identifying barriers to learning for autistic pupils	Teachers, TAs, anyone with limited knowledge or experience of Autism	All autistic children	Entry-level
 NEN Good Autism Practice Register	Please attend NEN Making Sense of Autism prior to signing up for this course - Develop knowledge and understanding of good autism practice - Understand practical strategies and approaches that support autistic pupils - Ensure inclusive practice for all autistic pupils.	Teachers, TAs, anyone with limited knowledge or experience of Autism	All autistic children	Entry-level
 NEW Playtime <i>(pre-recorded)</i> Register	- To develop strategies and approaches to support autistic young people at play time - Understanding the purpose of playtime and what are reasonable expectations from autistic young people in the busy environment of play time. - Practical strategies to support and enhance playtime for all.	All staff involved in playtime	All autistic children	Entry-level
Social Narratives – including Comic Strip Conversations <i>(pre-recorded)</i> Register	- To use Comic Strip Conversations (a visual approach to unpick social situations with an autistic child) - To write a social narrative to model appropriate social interaction by describing a situation with relevant social cues, others' perspectives, and suggested appropriate responses	All staff	All autistic children	Some experience
Structured Teaching (TEACCH) <i>(pre-recorded)</i> Register	- To gain an understanding of how structured teaching can support pupils - Learn how to set up a structured teaching system and introduce it to a child	All staff, particularly Teachers and TAs	Pupils with limited attention or engagement in learning	Entry-level

Supporting transition and change with autistic pupils <i>(pre-recorded)</i> Register	- Explore different types of changes and transitions pupils experience at school. - Understand why change is difficult for some Autistic people. - Gain practical strategies and tools to support Autistic people during times of change or transition.	Teachers, TAs, pastoral staff	All autistic children	Entry-level
Using visuals to support autistic pupils <i>(pre-recorded)</i> Register	- To develop understanding of why and how visuals support autistic children - Learn how to use a range of visual supports in class to support autistic children, including visual timetables - Opportunities to see examples of a range of visual supports	All staff	All autistic children (and neurotypical children will benefit too!)	Entry-level

All our training this academic year will be online. Delegates will receive a Teams link with any attached resources 2 days before the training.

PRE-RECORDED TRAINING SESSIONS

We have a pre-recorded training offer for you to utilise at a time convenient to you and your staff. Registration links for each session are below.

We kindly ask that every individual staff member who wishes to access a specific session register separately. Whilst you are free to watch the training session as a staff group, for INSETs and team meetings, we ask that you do not register for a session as an individual when you intend to view as a group. This is so that we can continue to keep track of training attendance across schools and identify staff who have attended sessions. Each registration includes a pre-course evaluation for the individual to complete, then they will be sent with the video link.

Pre-recorded Training – access any time	Duration	Link
5-Point Scales	21 minutes	Register
Effective use of sensory tools in the mainstream classroom	73 minutes	Register
The Engagement Model	34 minutes	Register
Masking	58 minutes	Register
Playtime	23 minutes	Register

Social Narratives (including comic strip conversations)	60 minutes	Register
Structured Teaching (TEACCH)	67 minutes	Register
Supporting Autistic Pupils with Change and Transitions	55 minutes	Register
Understanding behaviour and ABC charts (Behaviour Series – Session 1)	37 minutes	Register
Using visuals to support autistic pupils (including visual timetables)	51 minutes	Register

AUTUMN TERM TIMETABLE

Autumn INSET Training – 02/09/26	Time	Link
The Engagement Model	9:30-10:15am	Register
Supporting Transition and Change with Autistic Pupils	10:45am-12noon	Register
Inclusive Language – for all	1:00-2:30pm	Register
NEN Autism and Anxiety	1:00-3:00pm	Register
Autism and Cognitive Load	2:45-3:30pm	Register

Training	Dates	Time (Duration)	Link
NEN Autism and Anxiety	Wednesday 16/09/26	3:00–5:30pm (2.5hrs)	Register
Behaviour Session 2: Analysis of ABCs <i>It is advised that you watch the 'Understanding Behaviour and how to record ABCs' prerecorded session prior to signing up for this course.</i>	Monday 05/10/26	4:00-5:00pm (1hr)	Register
Adapting the Maths Curriculum	Tuesday 06/10/26	9:30 – 12:00 am (2.5hrs)	Register
Autism and Cognitive Load	Tuesday 06/10/26	3:45-4:45 (1hr)	Register
Inclusive Language – for leaders	Tuesday 06/10/26	3:00-5:30pm (2.5hrs)	Register

NEN Developing Toileting for Autistic Pupils	Tuesday 06/10/26	1:00-3:00pm (2hrs)	Register
Early Communication Skills for Autistic Pupils	Wednesday 07/10/26	1:30-3:00pm (1.5hrs)	Register
NEN Making Sense of Autism	Tuesday 13/10/26	1:00-3:30pm (2.5hrs)	Register
NEN Developing Play in the Early Years	Wednesday 14/10/26	1:00-3:00pm (2hrs)	Register
NEN Good Autism Practice <i>Please attend NEN Making Sense of Autism prior to signing up for this course.</i>	Tuesday 20/10/26	12:30-3:30pm (3hrs)	Register
Internalised Presentations of Autism (formerly Autism and Girls)	Tuesday 03/11/26	3:30-5:30pm (2hrs)	Register
Behaviour Session 3: De-escalation <i>These sessions are designed as a series and participants will get the most out of them by attending all sessions in order.</i>	Wednesday 04/11/26	4:00-5:00pm (1hr)	Register
NEN Autism and Anxiety	Tuesday 10/11/26	3:00–5:30pm (2.5hrs)	Register
Autism and Cognitive Load	Wednesday 11/11/26	3:45-4:45 (1hr)	Register
Inclusive Language – for all	Monday 16/11/26	3:45-5:30pm (1.75hrs)	Register
Early Communication Skills for Autistic Pupils	Tuesday 17/11/26	3:45-5:15pm (1.5hrs)	Register
Adapting the Maths Curriculum	Wednesday 18/11/26	1:00 – 3:00 pm (2.5hrs)	Register
Helping children to understand their autism diagnosis and embrace their autism identity – Session 1 <i>Attendance at both sessions is compulsory</i>	Thursday 19/11/26	3:00 – 5:00pm (2hrs)	Register
Helping children to understand their autism diagnosis and embrace their autism identity – Session 2 <i>Attendance at both sessions is compulsory</i>	Thursday 03/12/26	3:00 – 5:00pm (2hrs)	Register
Behaviour Session 4: Developing Behaviour Support Plans <i>These sessions are designed as a series and participants will get the most out of them by attending all sessions in order.</i>	Thursday 03/12/26	4:00-5:00pm (1hr)	Register
Inclusive Language – for leaders	Monday 07/12/26	1:00-3:30pm (2.5hrs)	Register

SPRING TERM TIMETABLE

Spring INSET Training – 04/01/27	Time	Link
Sessions TBC		

Training	Date	Time	Link
NEN Autism and Anxiety	Tuesday 12/01/27	3:00–5:30pm (2.5hrs)	Register
Autism and Cognitive Load	Tuesday 12/01/27	3:45-4:45 (1hr)	Register
Internalised Presentations of Autism (formerly Autism and Girls)	Wednesday 13/01/27	1:30-3:30pm (2hrs)	Register
Behaviour Session 2: Analysis of ABCs <i>It is advised that you watch the 'Understanding Behaviour and how to record ABCs' prerecorded session prior to signing up for this course.</i>	Monday 18/01/27	4:00-5:00pm (1hr)	Register
NEN Making Sense of Autism	Tuesday 19/01/27	1:00-3:30pm (2.5hrs)	Register
Helping children to understand their autism diagnosis and embrace their autism identity – Session 1 <i>Attendance at both sessions is compulsory</i>	Thursday 19/01/27	3:00 – 5:00pm (2hrs)	Register
Early Communication Skills for Autistic Pupils	Wednesday 20/01/27	3:45-5:15pm (1.5hrs)	Register
NEN Good Autism Practice <i>Please attend NEN Making Sense of Autism prior to signing up for this course.</i>	Tuesday 02/02/27	12:30-3:30pm (3hrs)	Register
Helping children to understand their autism diagnosis and embrace their autism identity – Session 2 <i>Attendance at both sessions is compulsory</i>	Friday 05/02/27	3:00 – 5:00pm (2hrs)	Register
NEN Developing Toileting for Autistic Pupils	Wednesday 10/02/27	1.00-3.00pm (2hrs)	Register
Behaviour Session 3: De-escalation <i>These sessions are designed as a series and participants will get the most out of them by attending all sessions in order.</i>	Thursday 11/02/27	4:00-5:00pm (1hr)	Register
Inclusive Language – for all	Tuesday 23/02/27	3:45-5:30pm (1.75hrs)	Register
NEN Developing Play in the Early Years	Wednesday 03/03/27	1:00–3:00pm (2hrs)	Register

Behaviour Session 4: Developing Behaviour Support Plans <i>These sessions are designed as a series and participants will get the most out of them by attending all sessions in order.</i>	Thursday 04/03/27	4:00-5:00pm (1hr)	Register
NEN Autism and Anxiety	Tuesday 09/03/27	3:00–5:30pm (2.5hrs)	Register
Autism and Cognitive Load	Wednesday 10/03/27	3:45-4:45 (1hr)	Register
Early Communication Skills for Autistic Pupils	Thursday 11/03/27	1:30-3:00pm (1.5hrs)	Register
Internalised Presentations of Autism (formerly Autism and Girls)	Monday 15/03/27	3:30-5:30pm (2hrs)	Register
Inclusive Language – for leaders	Tuesday 23/03/27	3:00-5:30pm (2.5hrs)	Register

SUMMER TERM TIMETABLE

Summer INSET Training – 12/04/27	Time	Link
Sessions TBC		

Training	Date	Time	Link
Inclusive Language – for all	Monday 19/04/27	3:45-5:30pm (1.75hrs)	Register
NEN Making Sense of Autism	Tuesday 20/04/27	1:00-3:30pm (2.5hrs)	Register
NEN Good Autism Practice <i>Please attend NEN Making Sense of Autism prior to signing up for this course.</i>	Tuesday 27/04/27	12:30-3:30pm (3hrs)	Register
NEN Autism and Anxiety	Tuesday 04/05/27	3:00–5:30pm (2.5hrs)	Register
NEN Developing Toileting for Autistic Pupils	Thursday 06/05/27	1.00-3.00pm (2hrs)	Register
Internalised Presentations of Autism (formerly Autism and Girls)	Tuesday 18/05/27	1:30-3:30pm (2hrs)	Register
Inclusive Language – for leaders	Monday 24/05/27	3:00-5:30pm (2.5hrs)	Register

OTHER USEFUL TRAINING LINKS

Intensive Interaction

- [How to do Intensive Interaction - the principles of the approach](#)
- [Cherry Garden](#) also offer training on this

Restrictive eating / ARFID

- To understand why children may have restricted diets, and how to support them: [Evelina SLT Behavioural Feeding e learning for parents and settings](#)
- Guidance on an intervention to support children to expand their diet: [School Talk – Food play | Evelina London NHS Children's Community Speech and Language Therapy | Facebook](#)
- Support for lunch time: [School Talk - Supporting children with feeding difficulties at mealtime](#)

AST Padlets

- [Visual Supports in School](#)
- [Visual Supports at Home](#)

Makaton

- [Communicating feelings](#)
- [Starting/Going back to school](#)
- [Support Questioning](#)