



Southwark Children and Young People's Mental Health and Well-being Transformation Plan

Working for schools

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Partnership Commissioning Team

NHS Southwark CCG and Southwark Council

Future in mind

Promoting, protecting and improving our children and young people's mental health and wellbeing

Improving access to effective support



Developing the workforce

Care for the most vulnerable

Promoting resilience, prevention and early intervention

Accountability and transparency

What is in the plan?

- Eating Disorder services for children and young people
- Crisis Care
- Trauma Services
- Bring education and local children and young people mental health services together around the needs of the individual child.
- Developing the workforce
- Transitions
- Good accessible information
- Early Help offer
- Youth Offending Service (YOS)
- Enhanced Prevention and Early intervention Community Service
- Child Sexual Assault Hub

Work in schools

- **Pilot of whole school approaches that impact on the emotional wellbeing, mental health and resilience of children and young people.**
 - 19 schools funded 65 schools reached.
 - Healthy Schools links
- **Workforce development**
 - Therapeutic Story writing
 - Mindfulness programmes
 - Mentoring and Mediation

Information and contact details

- Transformation plan can be accessed on CCG website link

<http://www.southwarkccg.nhs.uk/our-plans/mental-health-services/children-and-young-people-mental-health/Pages/default.aspx>

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