Promoting Pupil Emotional Wellbeing and Mental Health in Schools

Measuring pupils' experiences at school

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What is it like to be a pupil in your school?

How? An online survey giving:

- A measure of pro-social behaviour: how friendly is your school?
- Experiences of bullying and being bullied, both physical and verbal
- Cyber-experiences, both good and bad

Survey Development

- The first half is the SCHI, a measure of schoolchildren's happiness (John Ivens). Used in seven countries in translation:
 - Finland, Ireland, Romania, Slovenia, Spain, Switzerland, Turkey
 - It measures how pupils feel in school
- The second half was developed by John Ivens and used nationally by Place 2 Be:
 - It measures pupils' experiences in school, good and bad

A) How's the survey structured: Pupils' happiness

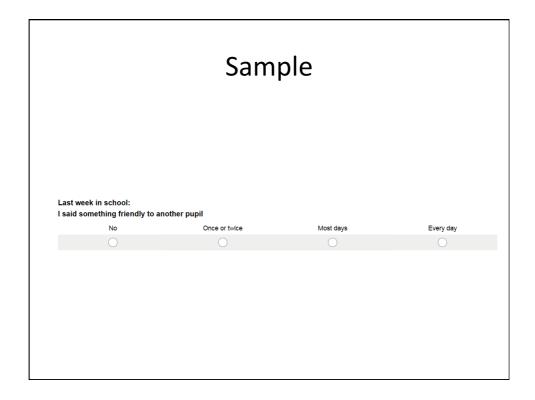
Good thoughts and feelings Bad thoughts and feelings

"I wanted to come to school" "I felt angry"

"I enjoyed myself" "I wanted to give up"

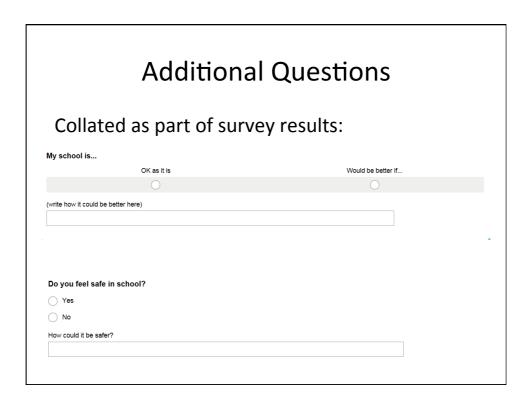


B) How's the survey structured: Pupils' experiences Things I do items Good experiences: - "I helped someone at break or lunchtime" Bad experiences: - "I hit someone" Bad experiences: - "Someone told a lie about me"



How could this be helpful?

- Clear data on levels of happiness in your school
- Friendly behaviours
- Bullying behaviours
- Can compare groups



Results can be analysed by:

- Gender
- Year group
- Ethnicity

What can I do with it?

- See which group is having the best and which group the more challenging time in school
- Pupil feedback on potential improvements by group
- Track the effects of any changes if you repeat it

Your data...

- Will be available only to your school and to us
- We will not share your data except:
 - If a pupil's responses are of a particular concern
 - We will only share our concerns with you you alone will know the identity of that pupil

How much?

- It's free to Southwark schools.
- Please contact us at <u>office@maudsley-</u> <u>bethlemhospital.southwark.sch.uk</u>

02087771897

Practice Demonstration surveymonkey.co.uk/r/SouthwarkDemo