

Promoting Pupil Emotional Wellbeing and Mental Health in Schools

Measuring pupils' experiences at school

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What is it like to be a pupil in your school?

How? An online survey giving:

- A measure of pro-social behaviour: how friendly is your school?
- Experiences of bullying and being bullied, both physical and verbal
- Cyber-experiences, both good and bad

Survey Development

- The first half is the SCHI, a measure of schoolchildren's happiness (John Ivens). Used in seven countries in translation:
 - Finland, Ireland, Romania, Slovenia, Spain, Switzerland, Turkey
 - It measures how pupils feel in school
- The second half was developed by John Ivens and used nationally by Place 2 Be:
 - It measures pupils' experiences in school, good and bad

A) How's the survey structured: Pupils' happiness

Good thoughts and feelings

"I wanted to come to school"

"I enjoyed myself"

Bad thoughts and feelings

"I felt angry"

"I wanted to give up"

Sample

I felt that school was a safe place

Yes, a lot	Yes, a little	Not much	Not at all
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

B) How's the survey structured: Pupils' experiences

Things I do items

Good experiences:

- "I helped someone at break or lunchtime"

Bad experiences:

- "I hit someone"

Things that happen to me items

Good experiences:

- "When I was upset my friend listened to me"

Bad experiences:

- "Someone told a lie about me"

Sample

Last week in school:

I said something friendly to another pupil

No	Once or twice	Most days	Every day
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How could this be helpful?

- Clear data on levels of happiness in your school
- Friendly behaviours
- Bullying behaviours
- Can compare groups

Additional Questions

Collated as part of survey results:

My school is...

OK as it is

Would be better if...



(write how it could be better here)

Do you feel safe in school?

Yes

No

How could it be safer?

Results can be analysed by:

- Gender
- Year group
- Ethnicity

What can I do with it?

- See which group is having the best and which group the more challenging time in school
- Pupil feedback on potential improvements by group
- Track the effects of any changes if you repeat it

Your data...

- Will be available only to your school and to us
- We will not share your data except:
 - If a pupil's responses are of a particular concern
 - We will only share our concerns with you – you alone will know the identity of that pupil

How much?

- It's free to Southwark schools.
- Please contact us at
office@maudsley-bethlemhospital.southwark.sch.uk

02087771897

Practice Demonstration

surveymonkey.co.uk/r/SouthwarkDemo