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**CPD and Training Offer**

**Overview**

The training dates listed below are for schools signed up to the Head-First programme.

These represent the available training dates until Dec 2017. More dates for schools in Southwark may be added and we are happy to discuss additional in-house training if required. A further release of dates will take place in September 2017.

**Head-First Training**

These training dates are focused on the delivery of the Headfirst programme within participating schools.

**The training will cover:**

* Background and supporting information
* Using the Head-First website and resources (Including PSHE)
* Delivering the targeted element of the Head-First programme
* Evaluation of Head-First

Venues are to be confirmed, these may be co-located courses or in-house dates for schools with appropriate numbers of staff being trained; we will be contacting participating schools separately to discuss booking on to the courses.

*October 13th - AM*

*November 10th - AM & PM*

*November 21st - AM & PM*

*December 8th - AM & PM*

**Young Devon, Introduction to Mental Health**

The training dates below are focused on providing an introduction to mental health and use the training developed by Young Devon.

**The training will provide:**

* A framework for thinking about mental health
* Information about adolescent development and mental health
* Information about risk and resilience factors

**The training will increase your understanding of:**

* Young people’s mental health
* How you can help – supporting resilience
* Signposting young people to local specialist services

*October 17th – All Day*

*November 22nd – All Day*

*December 11th – All Day*

**Additional Dates:**

Subsequent dates for training in Southwark will be released in September. This will include the two courses above and dates for Youth Mental Health First Aid training.