

# **The Southwark Children and Young People's Health and Wellbeing Survey 2016**

**A report for  
Bermondsey and Rotherithe**

**The Schools Health Education Unit**

**[www.sheu.org.uk](http://www.sheu.org.uk)**

**SHEU**



# **School Survey Report 2016**

Bermondsey and Rotherithe compared with Southwark Primary

Produced by the  
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

Contact:

Angela Balding, Survey Manager  
Schools Health Education Unit  
3 Manaton Court  
Manaton Close  
Matford  
Exeter EX2 8PF

Tel: 01392 667272 Fax: 01392 667269

e-mail [angela.balding@sheu.org.uk](mailto:angela.balding@sheu.org.uk)

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## Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



**Angela Balding**

Survey Manager  
Schools Health Education Unit



**Dr. David Regis**

Research Manager  
Schools Health Education Unit

## Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

### Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at [www.sheu.org.uk/publications](http://www.sheu.org.uk/publications)) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

<b>15%</b> (20%) of the sample...
-----------------------------------

**Your survey** (Reference sample)

	Your survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	<b>10</b>	<b>20</b>	30	40
Girls	<b>80</b>	<b>70</b>	60	50

Favourite fruits

1	Apples	<b>70</b>	(60)
2	Oranges	<b>60</b>	(50)
3	Bananas	<b>50</b>	(40)

**Your survey** (Reference sample)

## The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	117	138	446	479
Girls	130	98	498	429

Please note that 0 (2) pupil(s) didn't specify whether they are a boy or a girl and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

# Bermondsey and Rotherithe Headlines

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	117	138	446	479
Girls	130	98	498	429

Southwark Primary data in brackets; see notes on interpreting differences

## Background

### ETHNICITY

- 25% (19%) of pupils described themselves as White British.

### RELIGION

- 59% (64%) of pupils responded that they are a practising member of a religion, while 12% (11%) are 'not sure' if they are.
- 43% (53%) of pupils responded that they are Christian.

### YOUNG CARERS

- 26% (25%) of Year 6 pupils responded that they care for or look after someone at home on a regular basis, while 21% (18%) said they 'don't know' if they do.
- 8% (10%) of Year 6 pupils responded that being a young carer stops them doing things they want to enjoy at least sometimes, while 8% (5%) said they don't know.

### FREE SCHOOL MEALS

- 47% (47%) of pupils responded that they currently have free school meals, while 7% (5%) said they have had them and 1% (2%) could have had them.

## School

### ATTENDANCE

- 4% (3%) of pupils responded that it is 'not important' to go to school regularly, while 83% (83%) said it is 'very important'.
- 42% (45%) of pupils responded that they haven't missed school in the last 12 months, while 54% (51%) of pupils responded that they have missed school and their parents/carers always know.
- 4% (5%) of pupils responded that they have missed school in the last 12 months and their parents/carers 'never' or only 'sometimes' knew.
- 48% (48%) of pupils responded that they have been away from school in the last 12 months due to illness or injury.

### SCHOOL LESSONS

- 77% (75%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- 4% (5%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

## Emotional Health and Wellbeing

- 67% (66%) of Year 6 pupils responded that their school helps them work as part of a team.

- 65% (65%) of Year 6 pupils responded that their school encourages everyone to take part in decisions.

### HAPPINESS

- 7% (7%) of pupils responded that they are 'very unhappy' with their life at the moment.
- 76% (75%) of pupils responded that they are 'quite happy' or 'very happy' with their life at the moment.

### SELF-ESTEEM

- 35% (31%) of pupils had a med-low self-esteem score (9 or less).
- 22% (24%) of pupils had a high self-esteem score (15 or more).
- 74% (75%) of pupils responded that their parents/carers like to hear their ideas.

### PERSEVERANCE

- 82% (82%) of Year 6 pupils responded that if at first they don't succeed, they 'usually' or 'whenever possible' keep on trying until they do; 62% (65%) said they ask for help.

### WORRYING

- 93% (93%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- 54% (54%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams, tests and SATs, while 65% (65%) said they worry about their family.
- 72% (76%) of pupils responded that they would go to their parents/carers for support, advice or reassurance if they were worried about something, while 43% (46%) would go to their friend.

### THOUGHTS AND FEELINGS

- 67% (73%) of Year 6 pupils responded that they have been feeling positive about the future 'often' or 'very often', while 62% (65%) said they have been feeling useful.
- 29% (31%) of Year 6 pupils responded that they felt angry 'often' or 'very often' in the two weeks before the survey, while 43% (46%) experienced tiredness and 26% (28%) felt stressed.
- 67% (64%) of Year 6 pupils responded that when things went wrong in the 6 months before the survey they 'often' or 'very often' learnt from the experience for next time.

### HELPING

- 30% (30%) of pupils responded that people helped them less than 4 times in the last week.

- ❑ 32% (31%) of pupils responded that people helped them more than 10 times in the last week.
- ❑ 24% (23%) of pupils responded that they helped other people less than 4 times in the last week.
- ❑ 27% (29%) of pupils responded that they helped other people more than 10 times in the last week.

## Bullying

- ❑ 41% (41%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 14% (15%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 26% (30%) of pupils responded that they have been bullied at or near school in the last 12 months, while 18% (19%) said they 'don't know' if they have.
- ❑ 5% (9%) of pupils responded that they have bullied someone else at school in the last 12 months, while 14% (15%) said they 'don't know' if they have.
- ❑ 5% (8%) of pupils responded that their school deals with bullying 'badly'.
- ❑ 60% (57%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 10% (8%) said that bullying is not a problem in their school.
- ❑ 19% (24%) of pupils responded that they have been pushed or hit for no reason in the last month and 8% (12%) said they've had their belongings taken or broken.
- ❑ 40% (45%) of pupils responded that the negative behaviour occurred at school; while 17% (13%) said at or near home.
- ❑ 12% (12%) of pupils did not tell anyone if they have been bullied recently.
- ❑ 15% (16%) of pupils responded that the problem stopped after telling someone, while 12% (12%) said they don't know.
- ❑ 18% (25%) of pupils responded that they are being bullied because of the way they look; 7% (11%) said it was because of their skin, colour or race.

### FEELING SAFE

- ❑ 46% (44%) of pupils rated their safety when going out after dark in their area as 'not at all safe'.
- ❑ 95% (96%) of pupils rated their safety at school as 'quite safe' or 'very safe'.

## Health & Hygiene

### SLEEP

- ❑ 7% (7%) of pupils responded that they got less than 4 hours sleep last night.
- ❑ 80% (80%) of pupils responded that they got at least 6 hours sleep last night, with 53% (53%) saying that they got more than 8 hours.
- ❑ 71% (71%) of pupils responded that the amount of sleep they got last night is usual for a school night, while 16% (17%) said it's less than they usually get.

### DENTAL HEALTH

- ❑ 3% (2%) of pupils responded that they didn't clean their teeth at all on the day before the survey.

- ❑ 84% (83%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 37% (40%) of pupils responded that they have been to the dentist within the last 6 months; 9% (7%) said they have been more than a year ago.
- ❑ 7% (6%) of pupils responded that they have never been to the dentist, while 35% (36%) said they can't remember.
- ❑ 51% (57%) of pupils responded that they last went to the dentist for a check-up.
- ❑ 29% (25%) of pupils responded that they last went to the dentist for fillings, while 2% (3%) went to have a brace fitted, checked or removed.

## Growing Up

- ❑ 64% (61%) of boys and 67% (64%) of girls in Year 6 responded that they feel they know enough about how their body changes as they grow up, while 3% (5%) of pupils feel they do not know enough.
- ❑ 53% (60%) of Year 6 pupils responded that their parents/carers have talked with them about how their body changes as they grow up; 70% (70%) said their teacher has talked with them in school lessons.

## Physical Activity

### FREE TIME

- ❑ 68% (61%) of Year 6 pupils think that there is enough to do near where they live, while 18% (17%) said there is not enough to do.
- ❑ 85% (86%) of pupils responded that they did something active at the weekend before the survey on at least 'one day'; 51% (53%) said they did on both days.
- ❑ 15% (14%) of pupils responded that they didn't do 60 minutes of physical activity on any one day in the 7 days before the survey.
- ❑ 40% (42%) of pupils responded that they did at least 60 minutes of physical activity on 3 or more days in the 7 days before the survey.
- ❑ 26% (28%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.
- ❑ 24% (25%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 3 days in the week before the survey.

### TRAVEL TO SCHOOL

- ❑ 23% (28%) of pupils responded that they usually travel to school by car/van.
- ❑ 65% (67%) of pupils responded that they usually walk to school, while 15% (14%) said they usually travel by bicycle/scooter.

## Healthy Eating

### LUNCH

- ❑ 81% (87%) of pupils responded that they had a school lunch on the day before the survey.
- ❑ 2% (2%) of boys and 2% (2%) of girls responded that they didn't have any lunch on the day before the survey.

## **BREAKFAST**

- ❑ 6% (5%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (11%) had hot food.
- ❑ 3% (4%) of pupils responded that they had only snacks for breakfast on the day of the survey.

## **FIVE A DAY**

- ❑ 10% (12%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 33% (34%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

## **HEALTHY CHOICES**

- ❑ 41% (39%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 33% (39%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

## **WEIGHT**

- ❑ 8% (7%) of Year 6 pupils responded that they would like to put on weight, while 33% (38%) said they would like to lose weight and 59% (55%) said they are happy with their weight as it is.
- ❑ 57% (58%) of Year 6 pupils responded that they wouldn't use a health service to help them to lose weight, while 35% (35%) said they would and 8% (7%) have already used a health service to lose weight.

## **FOOD**

- ❑ 51% (55%) of pupils responded that they ate vegetables on 'most days' or 'every day' in the last week; while 60% (63%) said the same of fresh fruit.
- ❑ 22% (19%) of pupils responded that they 'never' ate salad in the last week; while 14% (13%) said the same of vegetables.

## **WATER**

- ❑ 3% (3%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 45% (47%) of boys and 38% (41%) of girls responded that they drank at least a litre of water on the day before the survey.
- ❑ 39% (34%) of pupils responded that they are able to get water at school during class time; while 38% (43%) said 'not easily'.
- ❑ 88% (86%) of pupils responded that they are able to get water at school during break time; while 8% (8%) said 'not easily'.

## **Smoking, Alcohol, Drugs**

### **SMOKING**

- ❑ 2% (2%) of Year 6 pupils responded that they smoked cigarettes in the 7 days before the survey.
- ❑ 3% (4%) of Year 6 pupils responded that they have tried smoking in the past or smoke now.
- ❑ 2% (4%) of Year 6 pupils responded that they have smoked shisha.

- ❑ 4% (2%) of Year 6 pupils responded that they have smoked an e-cigarette.
- ❑ 69% (73%) of pupils responded that no-one ever smokes at home.
- ❑ 21% (20%) of pupils responded that smoking happens only outside.
- ❑ 4% (4%) of pupils responded that smoking happens in certain rooms only.
- ❑ 5% (3%) of pupils responded that smokers can smoke anywhere in their home.
- ❑ 25% (26%) of pupils responded that someone smokes inside their house or flat at least 'every month'.
- ❑ 16% (14%) of pupils responded that someone smokes inside their house or flat 'every day'.

### **DRINKING**

- ❑ 6% (4%) of Year 6 pupils responded that they had an alcoholic drink in the last 7 days.
- ❑ 7% (6%) of Year 6 pupils responded that they drink alcohol and their parents/carers 'always' know if they do so.
- ❑ 2% (2%) of Year 6 pupils responded that their parents/carers 'never' or only 'sometimes' know if they drink alcohol.

### **DRUGS**

- ❑ 2% (2%) of Year 6 pupils responded that they have been offered cannabis, while 6% (7%) said they are 'not sure' if they have.
- ❑ 1% (1%) of Year 6 pupils responded that they have been offered other drugs, while 2% (3%) said they are 'not sure' if they have.
- ❑ 1% (0%) of Year 6 pupils responded that they have taken cannabis.
- ❑ 1% (1%) of Year 6 pupils reported that they have taken other drugs (not medicines).
- ❑ 16% (19%) of Year 6 pupils responded that they are at least 'fairly sure' they know someone personally who uses drugs (not medicines).

## **Internet Safety**

- ❑ 8% (10%) of Year 6 pupils responded that they communicate with people they have met online and don't know in real life.
- ❑ 8% (13%) of Year 6 pupils responded that they communicate with people online by posting things that lots of people can see while 19% (21%) said they communicate with people using picture/video sharing sites/apps and 22% (22%) said they don't communicate with people online.
- ❑ 4% (5%) of Year 6 pupils responded that they have seen pictures, videos or games they found upsetting online; while 80% (79%) said they have not experienced any of these things.
- ❑ 26% (26%) of Year 6 pupils responded that they are 'never' supervised when using the internet at home.
- ❑ 19% (15%) of Year 6 pupils responded that they got a message or picture 'once or twice' in the last 12 months that scared or upset them; 5% (5%) said this has happened several times.

- ❑ 8% (8%) of Year 6 pupils responded that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year; 2% (2%) said this has happened several times.
- ❑ 92% (88%) of pupils responded that in the last year they have been told how to stay safe while online.
- ❑ 52% (52%) of pupils responded that they have been told how to stay safe online and 'always' follow the advice they have been given, while 12% (10%) said they 'rarely' do.
- ❑ 17% (15%) of pupils responded that, they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.

## Significant Differences

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
2. even if your sample is small, you may have a very high proportion of your available population – if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

		Percentage seen in sample				
		10%	20%	30%	40%	50%
Number In sample	20	6.7	8.9	10.2	11.0	11.2
	30	5.5	7.3	8.4	8.9	9.1
	40	4.7	6.3	7.2	7.7	7.9
	50	4.2	5.7	6.5	6.9	7.1
	60	3.9	5.2	5.9	6.3	6.5
	80	3.4	4.5	5.1	5.5	5.6
	100	3.0	4.0	4.6	4.9	5.0
	150	2.4	3.3	3.7	4.0	4.1
	200	2.1	2.8	3.2	3.5	3.5
	300	1.7	2.3	2.6	2.8	2.9
	500	1.3	1.8	2.0	2.2	2.2

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about  $\pm 6.5\%$ .

## List of Significant Differences

Below we have listed some statistically significant differences between Bermondsey and Rotherithe and Southwark Primary.

Sig	Locality	Southwark	Question
***	43%	53%	of pupils responded that they are Christian.
***	18%	25%	of pupils responded that they are being bullied because of the way they look.
***	81%	87%	of pupils responded that they had a school lunch on the day before the survey.
***	8%	12%	of pupils responded that they had their belongings taken or broken in the month before the survey.
**	25%	19%	of pupils described themselves as White British.
**	7%	11%	of pupils responded that they are being bullied because of their skin, colour or race.
*	5%	9%	of pupils responded that they have bullied someone else at school in the last 12 months.
*	19%	24%	of pupils responded that they were been pushed or hit for no reason in the month before the survey.
*	59%	64%	of pupils responded that they are a practising member of a religion.
*	51%	57%	of pupils responded that they last went to the dentist for a check-up.
*	23%	28%	of pupils responded that they usually travel to school by car/van.
*	72%	76%	of pupils responded that they would go to their parents/carers for support, advice or reassurance if they were worried about something.
*	33%	39%	of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.
*	5%	3%	of pupils responded that smokers can smoke anywhere in their home.

Tests: Chi-squared ( $\chi^2$ ). KEY: \* =  $p < 0.05$  (5%)      \*\* =  $p < 0.01$  (1%)      \*\*\* =  $p < 0.001$  (0.1%).

## 2016/2014 Comparisons

	2016		2014	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	76	62	37	67
Girls	88	43	35	51

2014 data in brackets; see notes on interpreting differences.

### Background

#### RELIGION

- ❑ 61% (71%) of pupils responded that they are a practising member of a religion, while 12% (8%) are 'not sure' if they are.
- ❑ 40% (51%) of pupils responded that they are Christian.

### Emotional Health and Wellbeing

- ❑ 66% (92%) of Year 6 pupils responded that their school helps them work as part of a team.
- ❑ 66% (84%) of Year 6 pupils responded that their school encourages everyone to take part in decisions.

#### SELF-ESTEEM

- ❑ 36% (20%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 22% (44%) of pupils had a high self-esteem score (15 or more).

### Bullying

- ❑ 40% (27%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 13% (4%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 17% (13%) of pupils responded that the negative behaviour occurred at or near home.
- ❑ 17% (20%) of pupils responded that they are being bullied because of the way they look.

### Health & Hygiene

#### DENTAL HEALTH

- ❑ 51% (79%) of pupils responded that they last went to the dentist for a check-up.
- ❑ 27% (28%) of pupils responded that they last went to the dentist for fillings, while 3% (6%) went to have a brace fitted, checked or removed.

### Growing Up

- ❑ 51% (61%) of Year 6 pupils responded that their parents/carers have talked with them about how their body changes as they grow up; 72% (47%) said their teacher has talked with them in school lessons.

### Healthy Eating

#### BREAKFAST

- ❑ 7% (3%) of pupils responded that they didn't have anything for breakfast on the day of the survey.
- ❑ 2% (2%) of pupils responded that they had only snacks for breakfast on the day of the survey.

#### FIVE A DAY

- ❑ 12% (7%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 29% (25%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

#### FOOD

- ❑ 46% (35%) of pupils responded that they ate vegetables on 'most days' or 'every day' in the last week; while 58% (61%) said the same of fresh fruit.
- ❑ 26% (18%) of pupils responded that they 'never' ate salad in the last week; while 18% (11%) said the same of vegetables.

#### WATER

- ❑ 3% (3%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 39% (41%) of boys and 43% (45%) of girls responded that they drank at least a litre of water on the day before the survey.

### Smoking, Alcohol, Drugs

#### SMOKING

- ❑ 1% (3%) of Year 6 pupils responded that they have tried smoking in the past or smoke now.

#### DRINKING

- ❑ 4% (4%) of Year 6 pupils responded that they had an alcoholic drink in the last 7 days.
- ❑ 2% (0%) of Year 6 pupils responded that they drink alcohol and their parents/carers 'always' know if they do so.
- ❑ 2% (2%) of Year 6 pupils responded that their parents/carers 'never' or only 'sometimes' know if they drink alcohol.

#### DRUGS

- ❑ 18% (20%) of Year 6 pupils responded that they are at least 'fairly sure' they know someone personally who uses drugs (not medicines).

## Significant differences between 2016 and 2014 data

Below we have listed some statistically significant differences between the data collected in the 2016 survey and that collected in 2014.

	2016		2014	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	76	62	37	67
Girls	88	43	35	51

Sig	2016	2014	Question
***	51%	79%	of pupils responded that they last went to the dentist for a check-up.
***	22%	44%	of pupils had a high self-esteem score (15 or more).
***	66%	92%	of Year 6 pupils responded that their school helps them work as part of a team.
***	36%	20%	of pupils had a med-low self-esteem score (9 or less).
***	72%	47%	of Year 6 pupils responded that their teacher has talked with them in school lessons about how their body changes as they grow up.
***	13%	4%	of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
***	66%	84%	of Year 6 pupils responded that their school encourages everyone to take part in decisions.
***	40%	27%	of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
*	46%	35%	of pupils responded that they ate vegetables on 'most days' or 'every day' in the last week.
*	61%	71%	of pupils responded that they are a practising member of a religion.
*	40%	51%	of pupils responded that they are Christian.

Tests: Chi-squared ( $\chi^2$ ). KEY: \* =  $p < 0.05$  (5%)      \*\* =  $p < 0.01$  (1%)      \*\*\* =  $p < 0.001$  (0.1%).

## Background

### Ethnicity

**QE.** Percentage of pupils responding that the following best describes their ethnic background (top 5 – Southwark Primary data in brackets):

Boys			Girls		
1	White British	23 (19)	1	White British	27 (19)
2	Black African	15 (16)	2	Black British	14 (24)
3	Black British	14 (22)	3	Black African	11 (17)
4	Don't want to say	8 (7)	4	Don't know	6 (5)
5	Black Caribbean	6 (6)	5	Mixed White and Black African	6 (4)

25% (19%) of pupils described themselves as White British.

**QE.** Percentage describing themselves as White British.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	28	18	23	16
Girls	29	24	20	17

### Religion

59% (64%) of pupils responded that they are a practising member of a religion, while 12% (11%) are 'not sure' if they are.

**Q1a.** Percentage answering that they are a practising member of a religion.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	56	60	59	63
Girls	56	63	64	71

43% (53%) of pupils responded that they are Christian.

**Q1b.** Percentage of pupils responding that they belong to the following religion (top 3 – Southwark Primary data in brackets):

Boys			Girls		
1	Christian	43 (49)	1	Christian	42 (57)
2	Muslim	24 (19)	2	Muslim	27 (18)
3	Hindu	1 (1)	3	Other	1 (1)

## Young carers

26% (25%) of Year 6 pupils responded that they care for or look after someone at home on a regular basis, while 21% (18%) said they 'don't know' if they do.

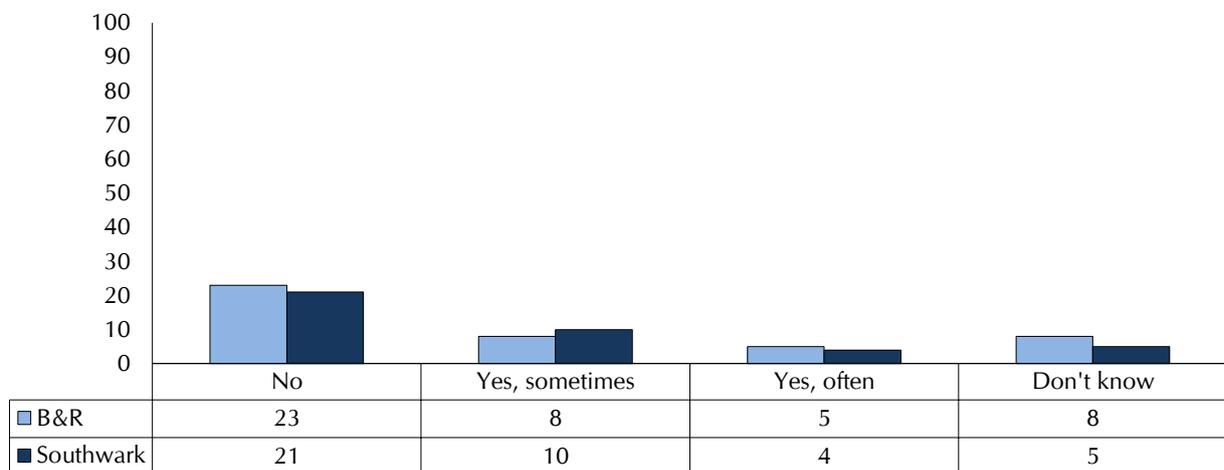
**Q36a.** Percentage of Year 6 pupils answering that they care for or look after someone at home on a regular basis.

	B&R	Southwark
	Yr 6	Yr 6
Boys	33	29
Girls	16	20

**Q36b.** Percentage of Year 6 pupils responding that they look after the following (top 3 – Southwark Primary data in brackets):

	Boys		Girls		
1	Brother/sister	21 (16)	1	Brother/sister	12 (12)
2	Mum or Dad	18 (18)	2	Other relative	9 (7)
3	Grandparent	4 (4)	3	Mum or Dad	5 (9)

**Q36c.** If you are a 'young carer', does this stop you doing things you want to enjoy?



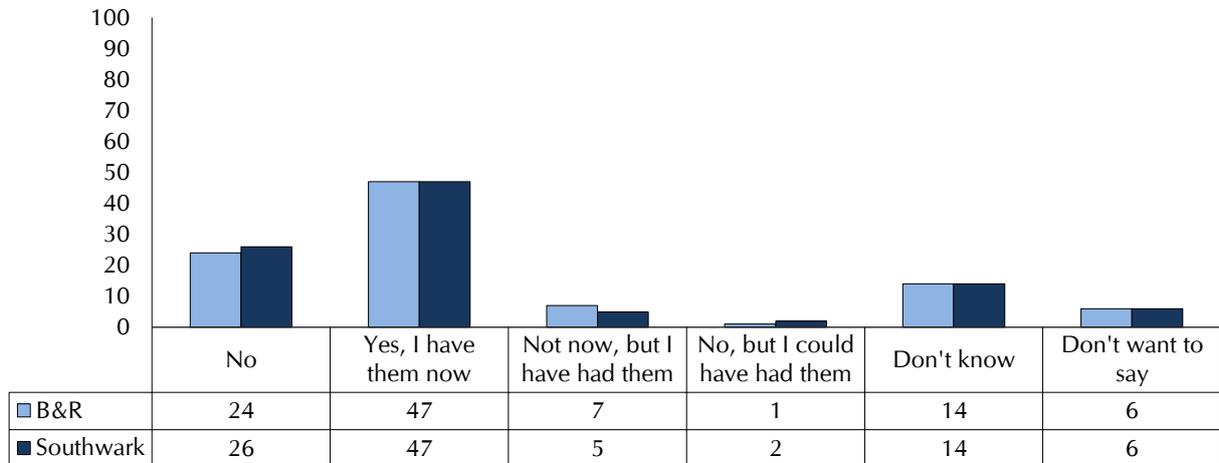
8% (10%) of Year 6 pupils responded that being a young carer stops them doing things they want to enjoy at least sometimes, while 8% (5%) said they don't know.

**Q36c.** Percentage of Year 6 pupils answering that being a young carer stops them doing things they want to enjoy at least sometimes.

	B&R	Southwark
	Yr 6	Yr 6
Boys	9	11
Girls	6	10

## Free school meals

**Q74.** Have you ever had free school meals, or vouchers for free meals?



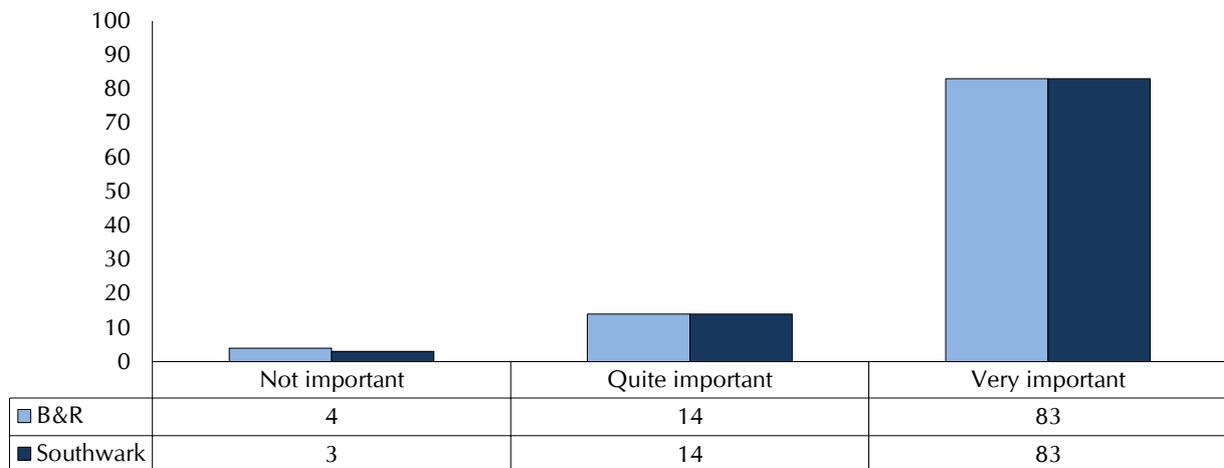
47% (47%) of pupils responded that they currently have free school meals, while 7% (5%) said they have had them and 1% (2%) could have had them.

**Q74.** Percentage answering that they currently have free school meals.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	41	42	42	48
Girls	51	58	42	57

## Attendance

**Q2.** How important do you think it is to go to school regularly?

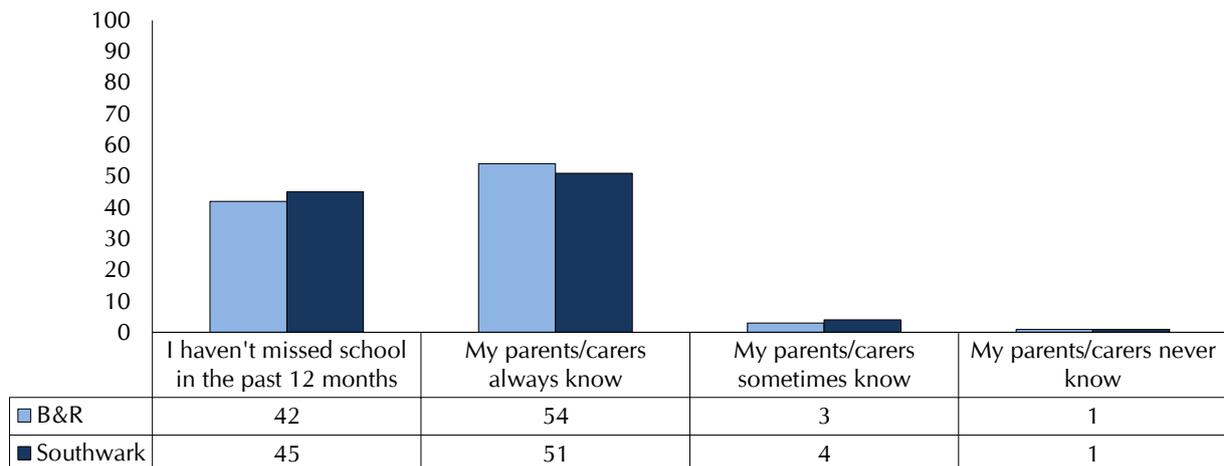


4% (3%) of pupils responded that it is 'not important' to go to school regularly, while 83% (83%) said it is 'very important'.

**Q2.** Percentage answering that it is 'very important' to go to school regularly.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	81	78	77	80
Girls	84	90	85	90

**Q3.** If you have missed school in the past 12 months, did your parent/carers know?



42% (45%) of pupils responded that they haven't missed school in the last 12 months, while 54% (51%) said they have missed school and their parents/carers always know.

**Q3.** Percentage answering that they either haven't missed school in the last 12 months, or their parents always knew if they did.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	90	98	91	97
Girls	96	100	94	98

4% (5%) of pupils responded that they have missed school in the last 12 months and their parents/carers 'never' or only 'sometimes' knew.

**Q3.** Percentage answering that they have missed school in the last 12 months and their parents/carers 'never' or only 'sometimes' knew.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	10	2	9	3
Girls	4	0	6	2

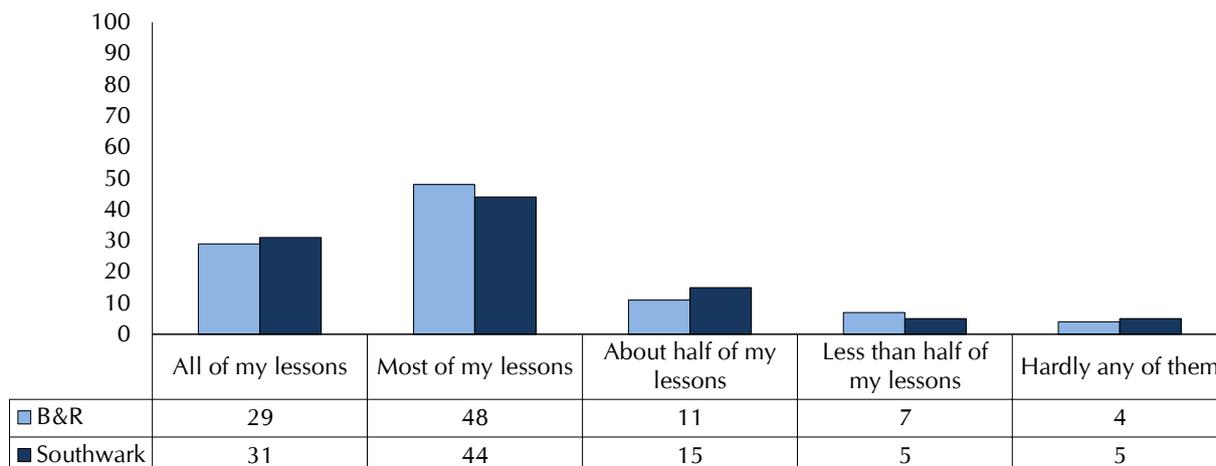
48% (48%) of pupils responded that they have been away from school in the last 12 months due to illness or injury.

**Q4.** Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months (Southwark Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Illness or injury	44 (48)	45 (44)	56 (53)	44 (49)	48 (48)
Caring for family members	15 (9)	12 (9)	8 (8)	5 (5)	10 (8)
Medical/dental appointments	18 (24)	13 (21)	30 (24)	20 (26)	21 (24)
Day trips or holiday in term time	9 (13)	5 (11)	10 (13)	7 (10)	8 (12)
Other	3 (4)	2 (6)	6 (4)	6 (5)	4 (5)

## School lessons

**Q5.** How many lessons have you enjoyed at school over the last 12 months?



77% (75%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

**Q5.** Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	78	70	71	69
Girls	83	80	82	78

4% (5%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

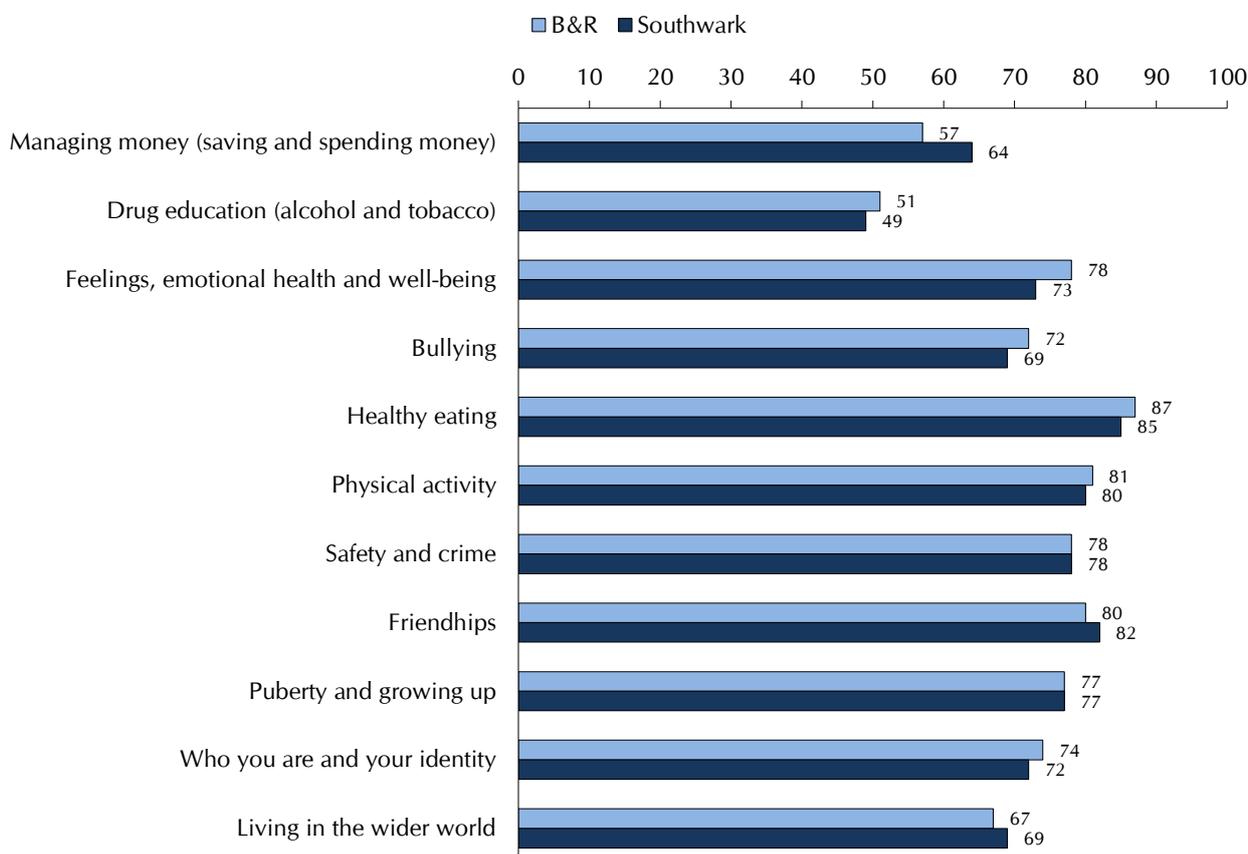
**Q5.** Percentage answering that they enjoy 'hardly any' of their lessons at school.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	7	3	7	5
Girls	4	3	4	3

**Q6.** Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Managing money (saving and spending money)	65 (67)	47 (62)	57 (64)
Drug education (alcohol and tobacco)	47 (45)	56 (54)	51 (49)
Feelings, emotional health and well-being	78 (69)	77 (77)	78 (73)
Bullying	66 (61)	80 (78)	72 (69)
Healthy eating	88 (83)	85 (87)	87 (85)
Physical activity	83 (82)	78 (78)	81 (80)
Safety and crime	79 (77)	76 (79)	78 (78)
Friendships	79 (82)	81 (83)	80 (82)
Puberty and growing up	70 (72)	85 (82)	77 (77)
Who you are and your identity	70 (68)	79 (76)	74 (72)
Living in the wider world	63 (69)	72 (70)	67 (69)

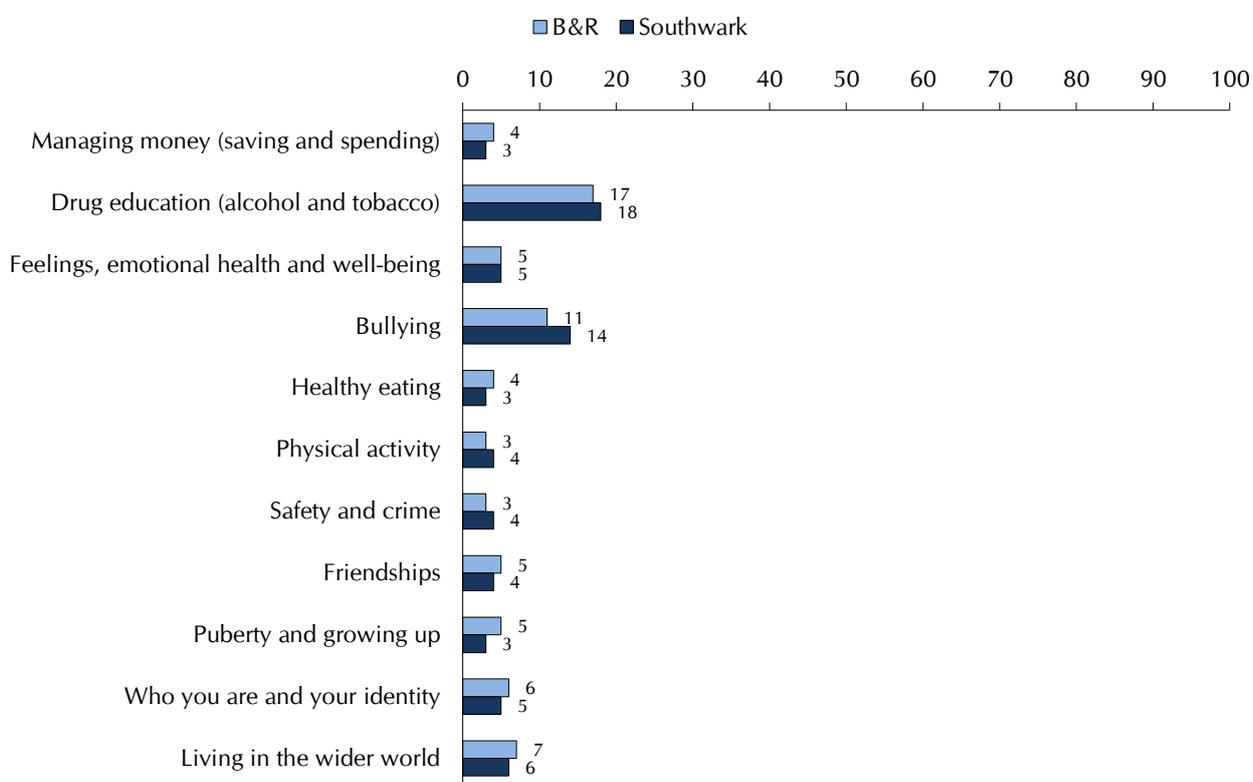
**Q6.** Percentage of Year 6 pupils responding that they have found school lessons about the following 'quite' or 'very' useful:



**Q6.** Percentage of Year 6 pupils responding that they have found school lessons about the following ‘not at all’ useful  
(Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Managing money (saving and spending money)	2 ( 2)	6 ( 4)	4 ( 3)
Drug education (alcohol and tobacco)	18 (19)	15 (16)	17 (18)
Feelings, emotional health and well-being	6 ( 5)	3 ( 5)	5 ( 5)
Bullying	14 (20)	6 ( 8)	11 (14)
Healthy eating	5 ( 3)	4 ( 2)	4 ( 3)
Physical activity	2 ( 3)	4 ( 5)	3 ( 4)
Safety and crime	2 ( 5)	4 ( 3)	3 ( 4)
Friendships	5 ( 5)	4 ( 4)	5 ( 4)
Puberty and growing up	5 ( 4)	6 ( 3)	5 ( 3)
Who you are and your identity	5 ( 7)	6 ( 3)	6 ( 5)
Living in the wider world	7 ( 5)	7 ( 7)	7 ( 6)

**Q6.** Percentage of Year 6 pupils responding that they have found school lessons about the following ‘not at all’ useful:



## Emotional Health and Wellbeing

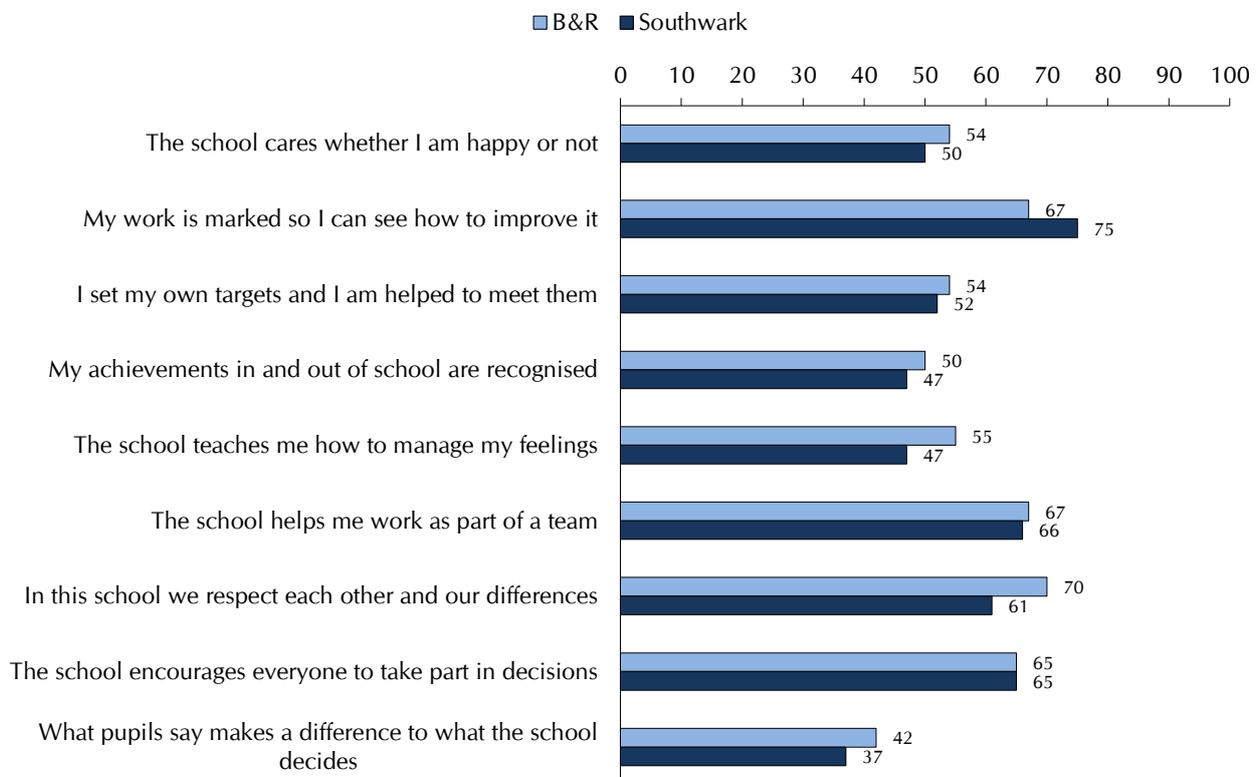
67% (66%) of Year 6 pupils responded that their school helps them work as part of a team.

**Q7.** Percentage of Year 6 pupils responding 'certainly true' to the following statements (Southwark Primary data in brackets):

Yr 6 Boys			Yr 6 Girls		
1	The school encourages everyone to take part in decisions	66 (62)	1	In this school we respect each other and our differences	77 (62)
2	In this school we respect each other and our differences	66 (60)	2	The school helps me work as part of a team	73 (68)
3	My work is marked so I can see how to improve it	65 (75)	3	My work is marked so I can see how to improve it	69 (76)
4	The school helps me work as part of a team	63 (65)	4	The school encourages everyone to take part in decisions	64 (69)
5	I set my own targets and I am helped to meet them	51 (50)	5	The school teaches me how to manage my feelings	62 (49)
6	The school teaches me how to manage my feelings	50 (46)	6	The school cares whether I am happy or not	61 (52)
7	The school cares whether I am happy or not	48 (48)	7	I set my own targets and I am helped to meet them	58 (53)
8	My achievements in and out of school are recognised	45 (45)	8	My achievements in and out of school are recognised	58 (51)
9	What pupils say makes a difference to what the school decides	40 (38)	9	What pupils say makes a difference to what the school decides	44 (37)

65% (65%) of Year 6 pupils responded that their school encourages everyone to take part in decisions.

**Q7.** Percentage of Year 6 pupils responding 'certainly true' to the following statements:



## Happiness

**Q8.** In general, how happy or unhappy are you with your life at the moment?



7% (7%) of pupils responded that they are 'very unhappy' with their life at the moment.

**Q8.** Percentage answering that they are 'very unhappy' with their life at the moment.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	7	8	8	7
Girls	9	4	9	5

76% (75%) of pupils responded that they are 'quite happy' or 'very happy' with their life at the moment.

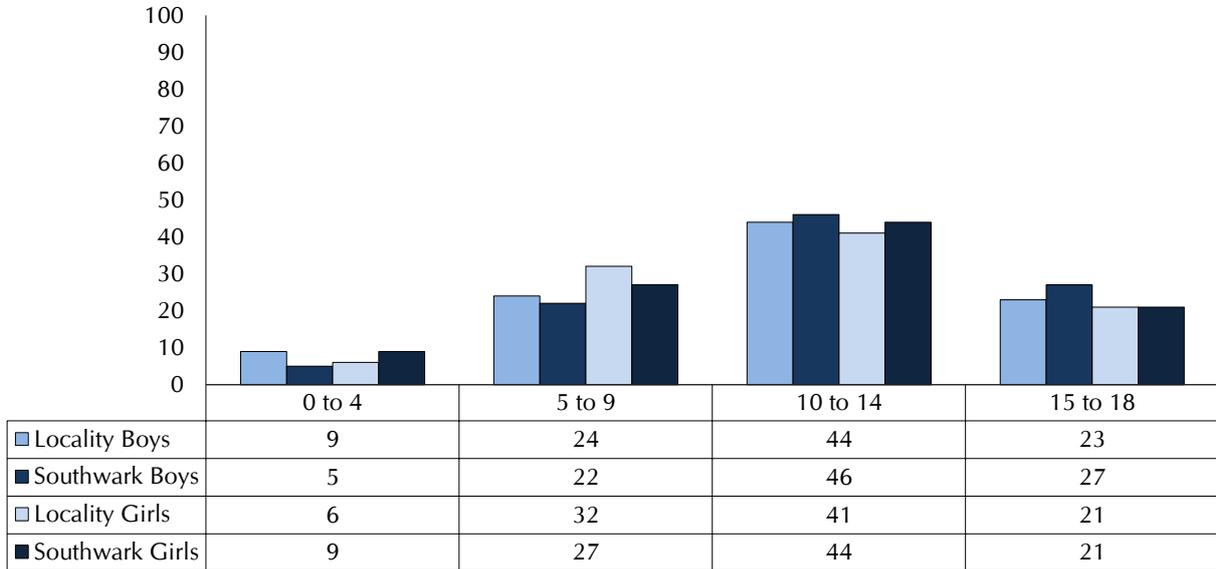
**Q8.** Percentage answering that they are 'quite happy' or 'very happy' with their life at the moment.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	77	69	75	72
Girls	83	76	76	75

## Self esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with Southwark Primary are:

**Q9.** Composite self-esteem score:



Data from the 'Young People in...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

35% (31%) of pupils had a med-low self-esteem score (9 or less).

**Q9.** Percentage with a med-low self-esteem score (9 or less).

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	34	31	31	24
Girls	41	33	36	34

22% (24%) of pupils had a high self-esteem score (15 or more).

**Q9.** Percentage with a high self-esteem score (15 or more).

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	20	26	23	31
Girls	20	23	21	21

**Q9.** (Individual self-esteem items) Percentage in each group giving a high esteem response (Southwark Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	80 (78)	70 (75)	76 (78)	81 (76)	77 (77)
Pupils who do not want to change lots of things about themselves	20 (25)	31 (35)	27 (27)	25 (26)	26 (28)
Pupils who do not usually feel uneasy saying things in front of teachers in class	38 (40)	34 (36)	41 (39)	29 (31)	36 (37)
Pupils who do not often fall out with other pupils at school	44 (46)	40 (44)	39 (42)	45 (39)	41 (43)
Pupils who do not often feel lonely at school	62 (66)	61 (57)	67 (76)	71 (66)	65 (66)
Pupils who do not think that other pupils usually say nasty things about them	36 (39)	36 (36)	42 (49)	40 (34)	38 (39)
Pupils who do not usually feel shy when they want to tell a teacher something	51 (54)	48 (47)	52 (55)	36 (40)	48 (49)
Pupils who do not often have find new friends	53 (57)	50 (52)	62 (69)	52 (55)	54 (58)
Pupils who do not usually feel uncomfortable when talking to their parents/carers	65 (65)	69 (67)	63 (75)	71 (67)	67 (69)

N.B. The item below does not contribute to the composite self-esteem score, and as such is reported separately.

74% (75%) of pupils responded that their parents/carers like to hear their ideas.

**Q9.** Percentage answering that their parents/carers like to hear their ideas.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	69	76	72	78
Girls	72	78	74	75

## Perseverance

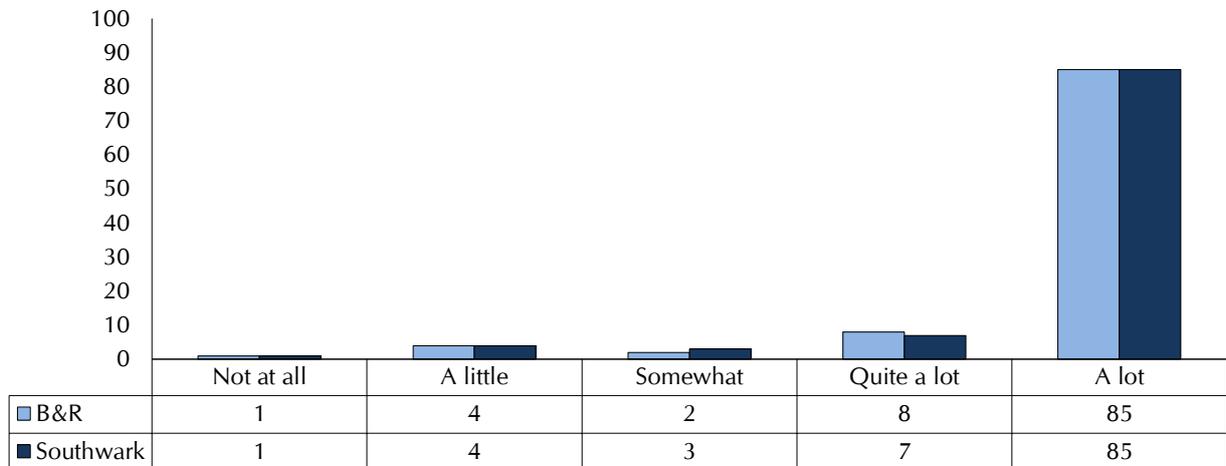
82% (82%) of Year 6 pupils responded that if at first they don't succeed, they 'usually' or 'whenever possible' keep on trying until they do; 62% (65%) said they ask for help.

**Q10.** Percentage of Year 6 pupils responding that they do the following 'usually' or 'whenever possible' if at first they don't succeed (Southwark Primary data in brackets):

Year 6 Boys	Never	Sometimes	Usually	Whenever possible
Blame someone else	51 (55)	36 (33)	5 (6)	8 (6)
Keep on trying until you do	4 (3)	12 (15)	34 (37)	50 (45)
Have another go	4 (4)	10 (14)	32 (33)	54 (48)
Give up	57 (59)	32 (31)	5 (4)	6 (5)
Try a different way of doing it	6 (5)	21 (27)	35 (34)	38 (34)
Ask for help	5 (5)	40 (37)	20 (25)	35 (33)
Go and do something else	32 (37)	33 (34)	16 (14)	18 (14)
Just accept you can't do it	45 (52)	28 (26)	7 (8)	20 (14)
Year 6 Girls	Never	Sometimes	Usually	Whenever possible
Blame someone else	60 (62)	31 (31)	4 (3)	3 (3)
Keep on trying until you do	1 (1)	21 (17)	33 (34)	45 (48)
Have another go	4 (3)	20 (17)	32 (32)	44 (49)
Give up	55 (52)	35 (38)	4 (6)	5 (4)
Try a different way of doing it	2 (4)	30 (28)	38 (35)	30 (33)
Ask for help	2 (3)	26 (25)	26 (31)	45 (40)
Go and do something else	40 (37)	35 (37)	8 (13)	18 (13)
Just accept you can't do it	45 (45)	34 (33)	12 (11)	9 (11)

## Worrying

**Q11.** Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



93% (93%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

**Q11.** Percentage answering that they worry 'quite a lot' or 'a lot' to at least one of the issues listed.

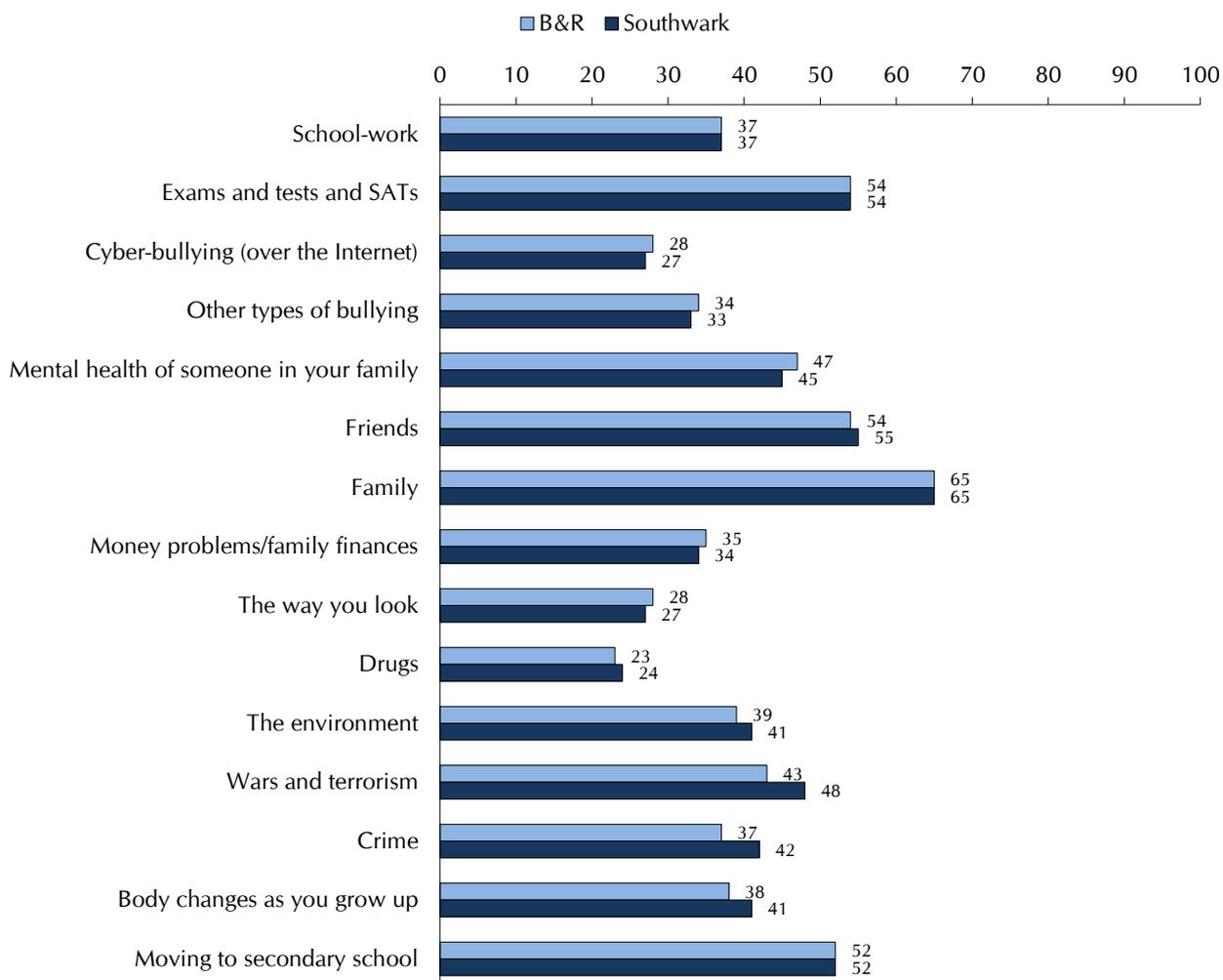
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	96	90	96	93
Girls	94	90	91	90

54% (54%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams, tests and SATs, while 65% (65%) said they worry about their family.

**Q11.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (Southwark Primary data in brackets):

Boys				Girls			
1	Family	68	(69)	1	Family	61	(62)
2	Friends	55	(56)	2	Moving to secondary school	60	(55)
3	Exams, tests and SATs	49	(54)	3	Exams, tests and SATs	60	(54)
4	Mental health of someone in your family	47	(47)	4	Friends	53	(53)
5	Moving to secondary school	46	(50)	5	Mental health of someone in your family	47	(42)
6	Wars and terrorism	44	(48)	6	Wars and terrorism	42	(48)
7	The environment	39	(42)	7	Body changes as they grow up	42	(44)
8	School work	38	(39)	8	Crime	39	(42)
9	Crime	36	(41)	9	The environment	39	(40)
10	Money problems/family finances	36	(36)	10	Other types of bullying	39	(36)
11	Body changes as they grow up	35	(38)	11	School work	36	(35)

**Q11.** Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



72% (76%) of pupils responded that they would go to their parents/carers for support, advice or reassurance if they were worried about something, while 43% (46%) would go to their friend.

**Q12.** Percentage of pupils responding that if they were worried they know where they would go to get advice, support or reassurance (Southwark Primary data in brackets):

Boys				Girls			
1	Parent/carers	68	(75)	1	Parent/carers	75	(78)
2	Friend	41	(43)	2	Friend	45	(50)
3	Member of school staff (other than nurse)	34	(34)	3	Member of school staff (other than nurse)	37	(37)
4	I would keep it to myself	29	(24)	4	I would keep it to myself	21	(23)
5	My own GP	9	(14)	5	My own GP	9	(14)
6	I would find the information on my own	9	(10)	6	I would find the information on my own	6	(6)
7	Online help agency	8	(13)	7	Online help agency	5	(11)
8	School nurse	7	(9)	8	School nurse	4	(9)
9	Youth worker	5	(6)	9	Youth worker	2	(5)

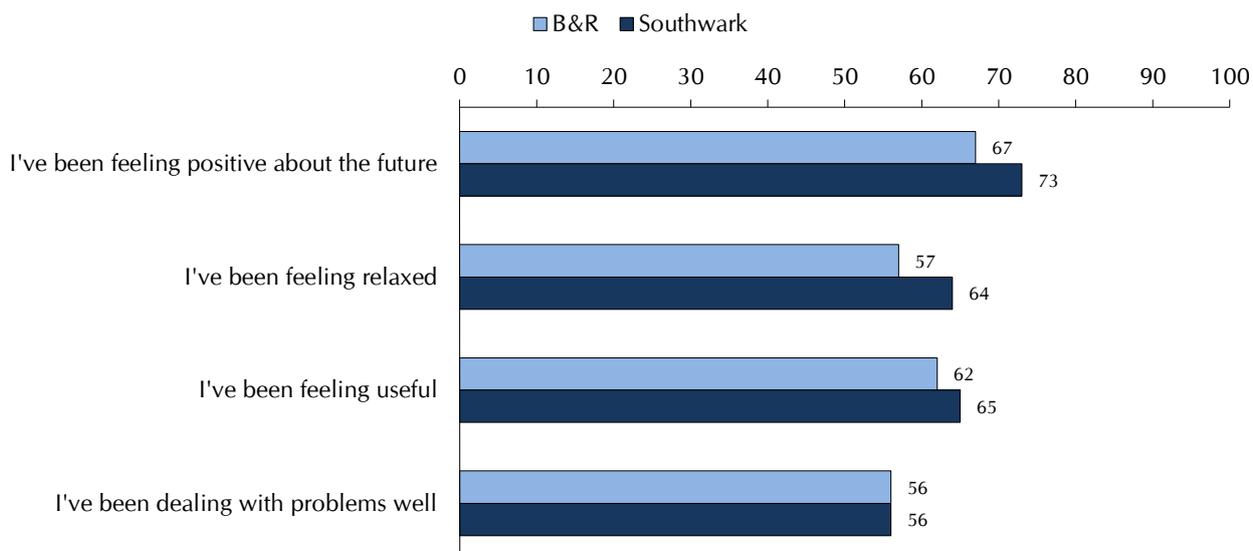
## Thoughts and Feelings

67% (73%) of Year 6 pupils responded that they have been feeling positive about the future 'often' or 'very often', while 62% (65%) said they have been feeling useful.

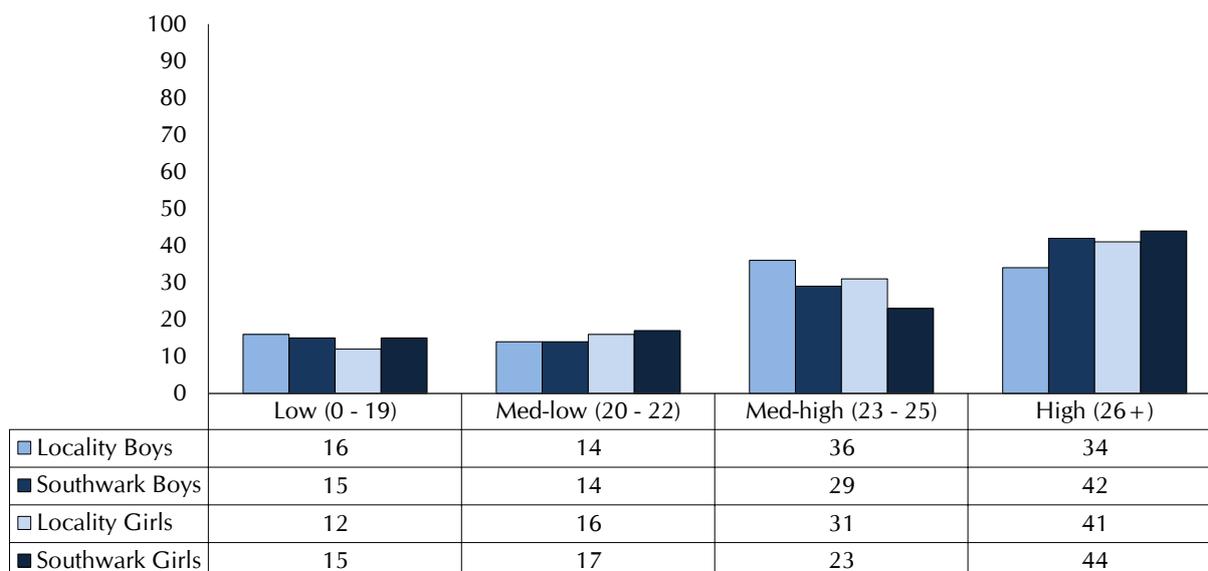
**Q13.** The Short Warwick-Edinburgh Mental Wellbeing Scale (Southwark Primary data in brackets):

Year 6 Boys	Never	Sometimes	Often	Very often
I've been feeling positive about the future	5 ( 4)	28 (20)	26 (27)	41 (48)
I've been feeling relaxed	11 ( 7)	28 (26)	26 (28)	36 (40)
I've been feeling useful	12 ( 9)	23 (23)	19 (24)	45 (43)
I've been dealing with problems well	15 (14)	27 (29)	27 (25)	31 (31)
Year 6 Girls	Never	Sometimes	Often	Very often
I've been feeling positive about the future	6 ( 4)	27 (26)	38 (33)	29 (37)
I've been feeling relaxed	5 ( 6)	45 (34)	33 (30)	17 (30)
I've been feeling useful	7 ( 8)	35 (28)	29 (28)	29 (35)
I've been dealing with problems well	10 (10)	36 (34)	31 (28)	22 (28)

**Q13.** Percentage of pupils responding that they experienced the following thoughts and feelings 'often' or 'very often' in the two weeks before the survey:



**Q14/15. Year 6 only: Composite resilience score:**



We have used these two questions (14 & 15) to form an overall measure of “resilience”. All the items are scored 0 – 3 if phrased positively, or 3 – 0 if they are phrased negatively.

14% (15%) of Year 6 pupils had a low measure of resilience (0 – 19).

**Q14/15.** Percentage of Year 6 pupils with a low measure of resilience (0 – 19).

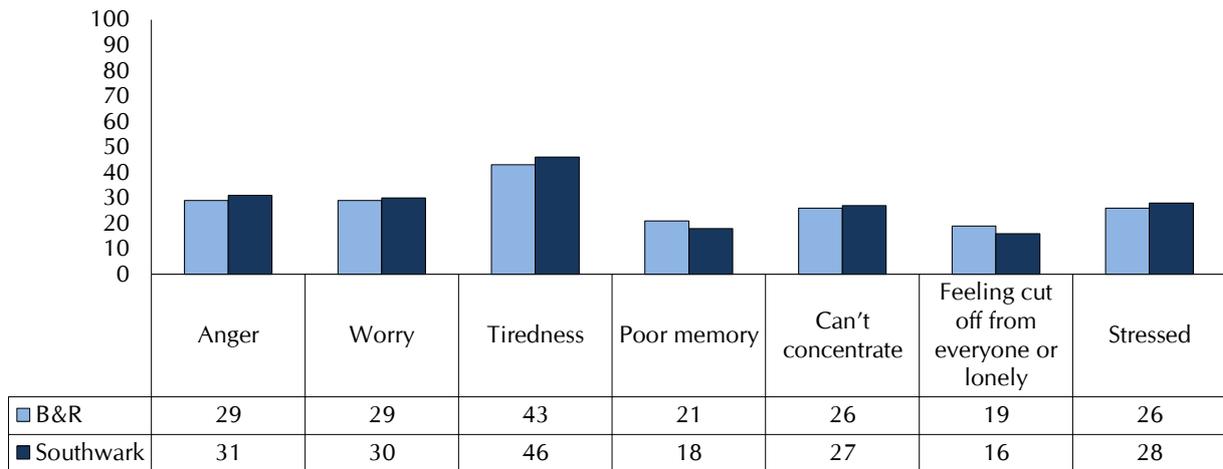
	B&R	Southwark
	Yr 6	Yr 6
Boys	16	15
Girls	12	15

37% (43%) of Year 6 pupils had a high measure of resilience (26 +).

**Q14/15.** Percentage of Year 6 pupils with a high measure of resilience (26 +).

	B&R	Southwark
	Yr 6	Yr 6
Boys	34	42
Girls	41	44

**Q14.** Percentage of Year 6 pupils responding that they have experienced the following feelings ‘often’ or ‘very often’ over the past two weeks:



29% (31%) of Year 6 pupils responded that they felt angry ‘often’ or ‘very often’ in the two weeks before the survey, while 43% (46%) experienced tiredness and 26% (28%) felt stressed.

**Q14.** Percentage of Year 6 pupils responding that they have experienced the following feelings ‘often’ or ‘very often’ over the past two weeks (Southwark Primary data in brackets)

	Year 6		Total
	Boys	Girls	
Anger	33 (33)	24 (29)	29 (31)
Worry	27 (26)	32 (35)	29 (30)
Tiredness	43 (43)	44 (50)	43 (46)
Poor memory	22 (17)	20 (19)	21 (18)
Can't concentrate	31 (28)	20 (26)	26 (27)
Feeling cut off from everyone or lonely	14 (13)	25 (19)	19 (16)
Stressed	24 (25)	30 (31)	26 (28)

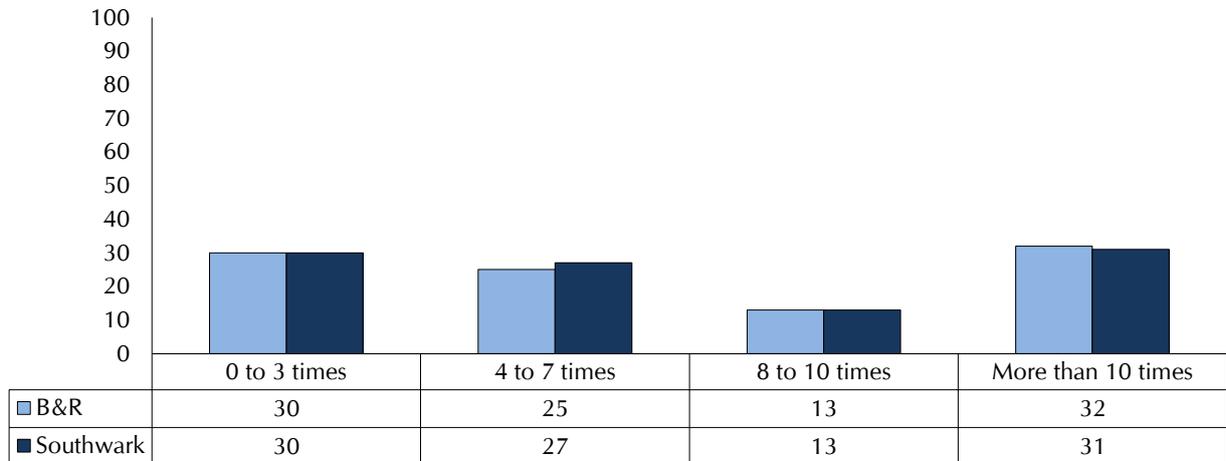
67% (64%) of Year 6 pupils responded that when things went wrong in the 6 months before the survey they ‘often’ or ‘very often’ learnt from the experience for next time.

**Q15.** Percentage of Year 6 pupils responding that they ‘often’ or ‘very often’ did the following when things went wrong in the 6 months before the survey (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Got upset and felt bad for ages	21 (19)	31 (29)	25 (24)
Felt a bit bad but soon forgot about it	24 (33)	37 (37)	29 (35)
Were calm and carried on	57 (56)	49 (50)	54 (53)
Learnt from it for next time	71 (64)	62 (63)	67 (64)
Felt something else	11 (12)	11 (9)	11 (10)

## Helping

**Q16a.** In the last week, how many times did people help you?



30% (30%) of pupils responded that people helped them less than 4 times in the last week.

**Q16a.** Percentage answering that people helped them less than 4 times in the last week.

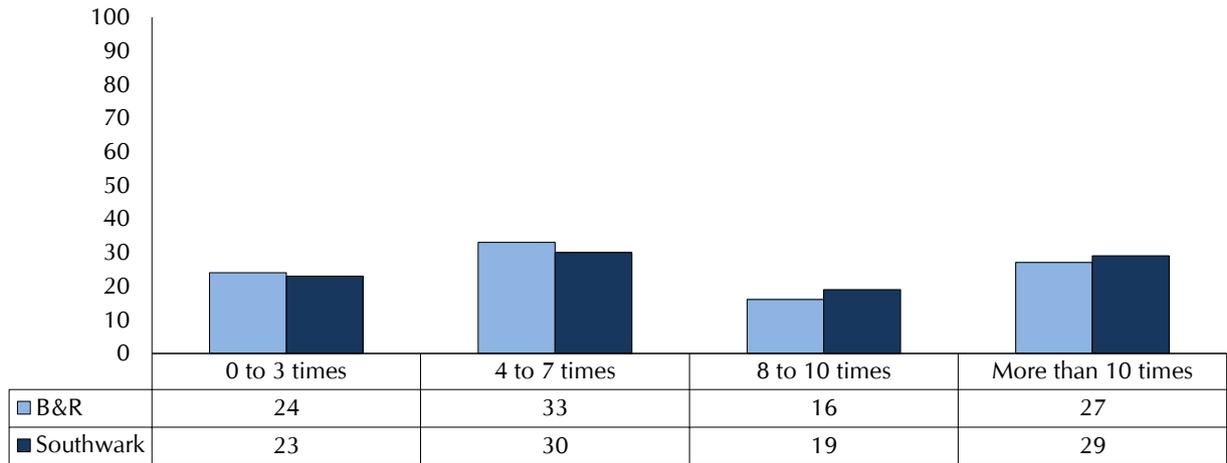
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	39	28	36	28
Girls	30	18	32	22

32% (31%) of pupils responded that people helped them more than 10 times in the last week.

**Q16a.** Percentage answering that people helped them more than 10 times in the last week.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	36	30	29	32
Girls	30	33	33	30

**Q16b.** In the last week, how many times did you help people?



24% (23%) of pupils responded that they helped other people less than 4 times in the last week.

**Q16b.** Percentage answering that they helped other people less than 4 times in the last week.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	37	25	31	25
Girls	20	11	19	15

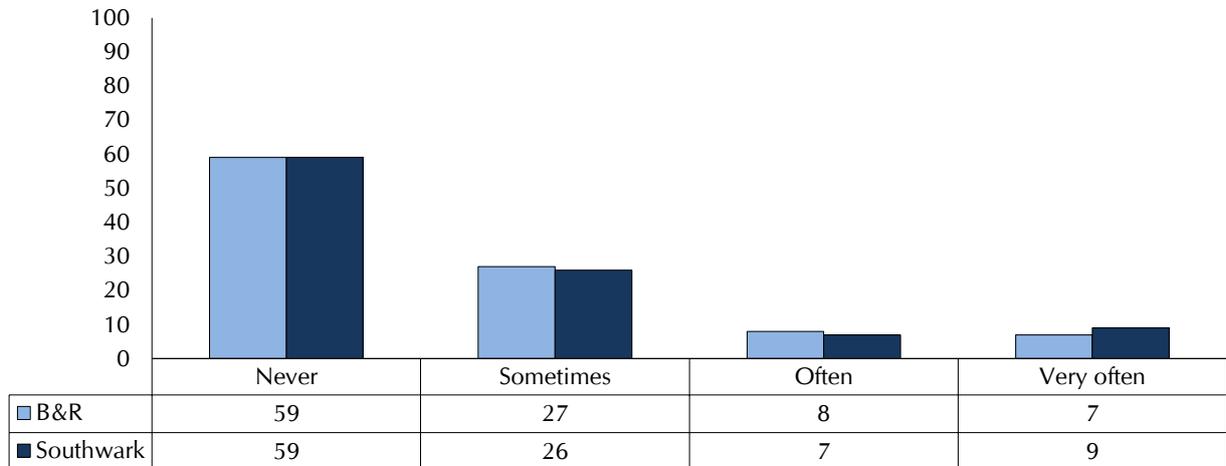
27% (29%) of pupils responded that they helped other people more than 10 times in the last week.

**Q16b.** Percentage answering that they helped other people more than 10 times in the last week.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	25	25	27	24
Girls	33	23	36	29

## Bullying

**Q17.** Do you ever feel afraid of going to school because of bullying?



41% (41%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

**Q17.** Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	40	24	42	23
Girls	63	34	61	38

14% (15%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

**Q17.** Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	11	15	8
Girls	22	11	22	15

26% (30%) of pupils responded that they have been bullied at or near school in the last 12 months, while 18% (19%) said they 'don't know' if they have.

**Q18.** Percentage answering they have been bullied at or near school in the last 12 months.

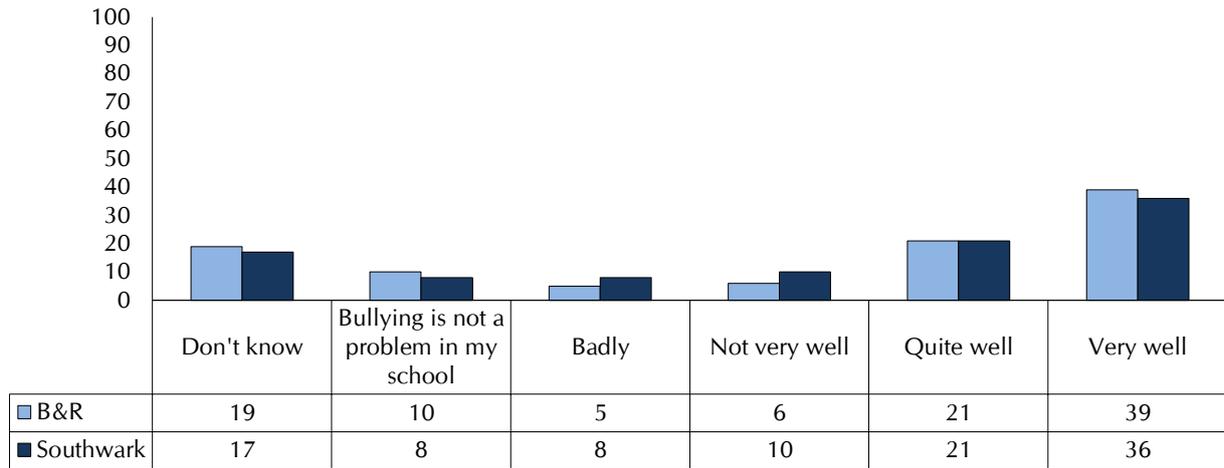
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	26	19	32	22
Girls	42	15	40	26

5% (9%) of pupils responded that they have bullied someone else at school in the last 12 months, while 14% (15%) said they 'don't know' if they have.

**Q19.** Percentage answering that they have bullied someone else at school in the last 12 months.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	5	14	7
Girls	2	2	6	8

**Q20.** How well does your school deal with bullying?



5% (8%) of pupils responded that their school deals with bullying 'badly'.

**Q20.** Percentage answering that their school deals with bullying 'badly'.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	7	7	8
Girls	4	6	6	8

60% (57%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 10% (8%) said that bullying is not a problem in their school

**Q20.** Percentage answering that their school deals with bullying 'quite' or 'very' well.

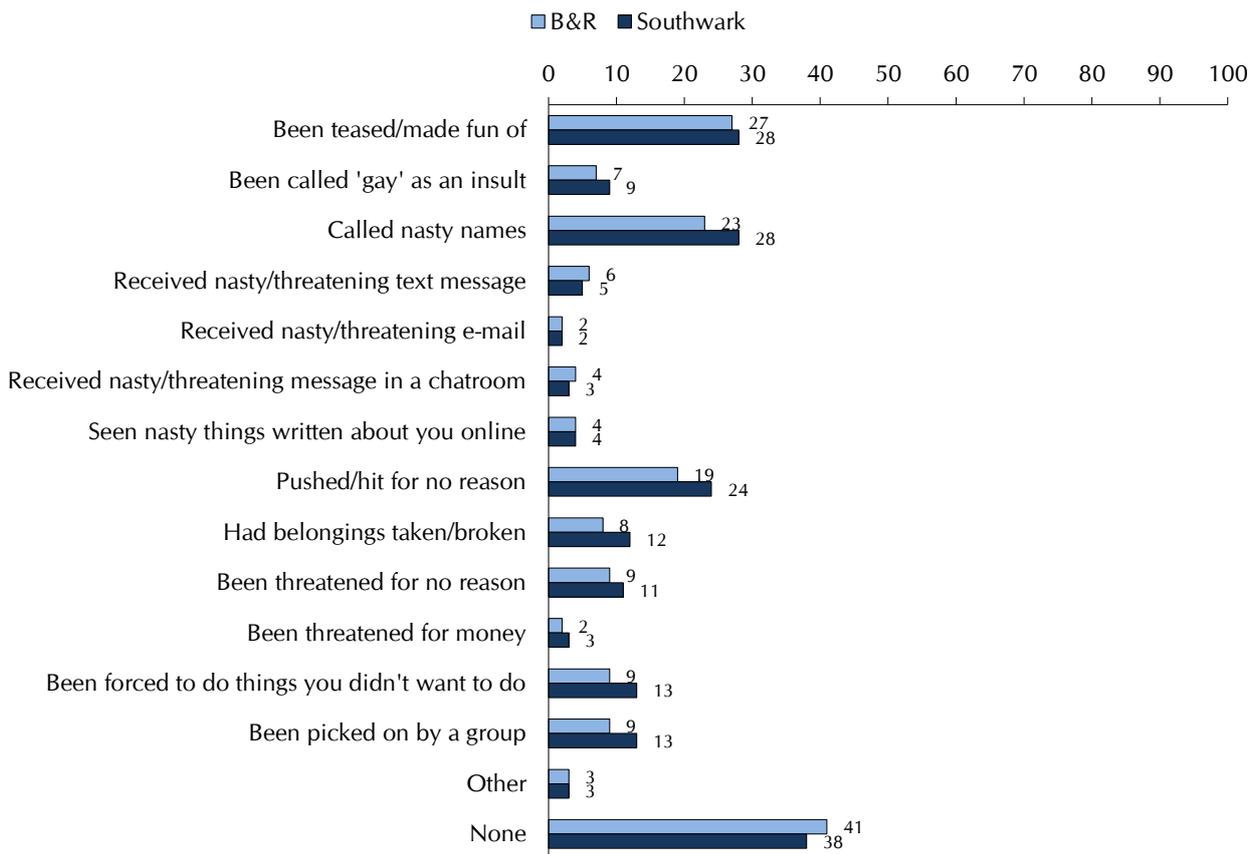
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	59	52	50	56
Girls	68	62	60	61

19% (24%) of pupils responded that they have been pushed or hit for no reason in the last month, while 8% (12%) said they've had their belongings taken or broken.

**Q21.** Percentage of pupils responding that they have experienced the following negative behaviours in the last month (top 10 – Southwark Primary data in brackets):

Boys			Girls		
1	Been teased/made fun of	30 (27)	1	Been teased/made fun of	24 (28)
2	Called nasty names	25 (27)	2	Called nasty names	21 (30)
3	Pushed/hit for no reason	19 (24)	3	Pushed/hit for no reason	19 (23)
4	Been called 'gay' as an insult	11 (13)	4	Been picked on by a group	10 (14)
5	Been forced to do things they didn't want to do	10 (12)	5	Been threatened for no reason	9 (11)
6	Been picked on by a group	9 (12)	6	Been forced to do things they didn't want to do	8 (13)
7	Been threatened for no reason	9 (11)	7	Had belongings taken/broken	8 (13)
8	Had belongings taken/broken	8 (12)	8	Received nasty/threatening text message	5 (5)
9	Received nasty/threatening text message	7 (4)	9	Seen nasty things written about them online	4 (4)
10	Seen nasty things written about them online	4 (5)	10	Receive nasty/threatening message in a chatroom	4 (3)

**Q21.** Percentage of pupils responding that they have experienced the following negative behaviours in the last month:



40% (45%) of pupils responded that the negative behaviour occurred at school; while 17% (13%) said at or near home.

**Q22.** Percentage of pupils responding that they have experienced negative behaviour at the following places in the last month (Southwark Primary data in brackets):

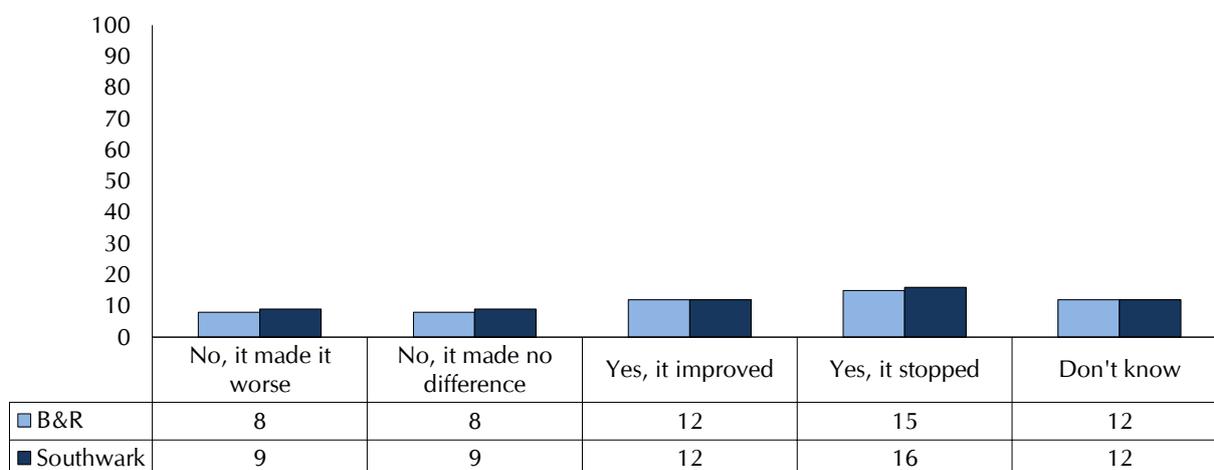
Boys			Girls		
1	At school	40 (44)	1	At school	40 (46)
2	At or near home	20 (14)	2	At or near home	13 (13)
3	Somewhere else	10 (7)	3	Somewhere else	5 (5)
4	On the way to or from school	7 (6)	4	On the way to or from school	1 (4)

12% (12%) of pupils did not tell anyone if they have been bullied recently.

**Q23.** Percentage of pupils responding that if they have been bullied recently, they told the following people about it (Southwark Primary data in brackets):

Boys			Girls		
1	Parent/carer	26 (27)	1	Parent/carer	28 (32)
2	Teacher	21 (24)	2	Teacher	22 (28)
3	No-one	17 (16)	3	Friend	17 (20)
4	Brother or sister	13 (11)	4	Brother or sister	14 (14)
5	Friend	12 (14)	5	Other trusted adult	10 (10)
6	Other trusted adult	9 (8)	6	No-one	6 (9)

**Q24.** Did the problem stop after telling someone?



15% (16%) of pupils responded that the problem stopped after telling someone, while 12% (12%) said they don't know.

50% (49%) of pupils who told someone responded that the problem improved or stopped after doing so.

**Q24.** Percentage answering that the problem stopped after telling someone.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	17	15	19	14
Girls	19	9	19	13

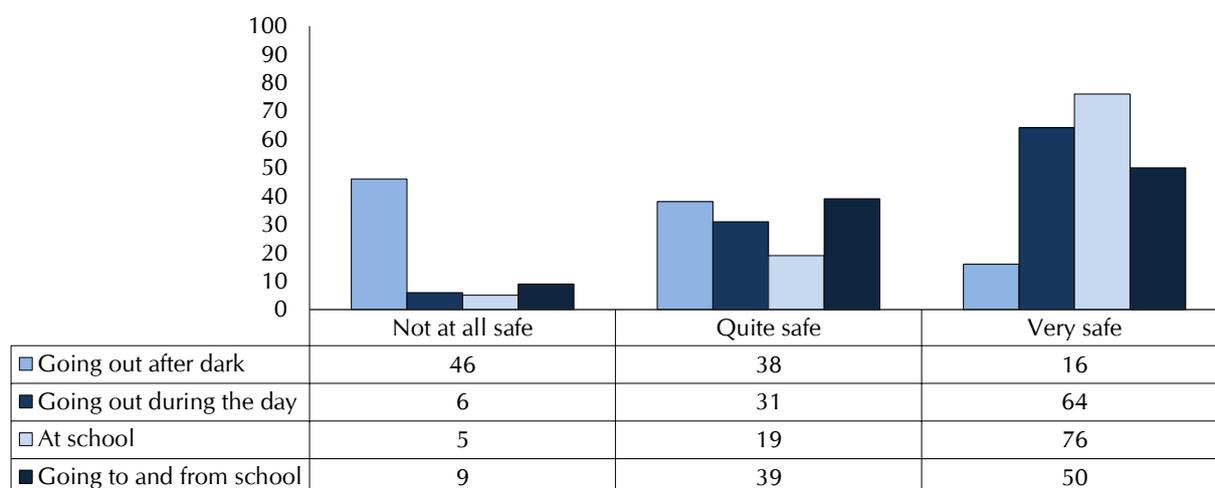
18% (25%) of pupils responded that they have been bullied because of the way they look; 7% (11%) said it was because of their skin, colour or race.

**Q25.** Percentage of pupils responding that they feel they have been ‘picked on’ or bullied for the following reasons (top 10 – Southwark Primary data in brackets):

Boys			Girls		
1	Their size or weight	20 (19)	1	The way they look	19 (28)
2	The way they look	17 (22)	2	Their size or weight	13 (21)
3	Their skin, colour or race	9 (11)	3	The clothes they wear	7 (11)
4	Their ability	8 (7)	4	Other	7 (6)
5	The clothes they wear	6 (8)	5	Their gender	5 (9)
6	Their family background	5 (8)	6	Their skin, colour or race	4 (10)
7	Their gender	5 (5)	7	Their ability	3 (8)
8	A disability or learning difficulty	5 (5)	8	Their family background	3 (8)
9	Their sexuality	4 (5)	9	Their religion or faith	2 (5)
10	Their religion or faith	4 (4)	10	Their health	2 (4)

## Feeling Safe

**Q27.** Feeling safe summary: How do you rate your safety at the following times in the area where you live?



46% (44%) of pupils rated their safety when going out after dark in their area as ‘not at all safe’.

**Q27.** Percentage of pupils rating their safety at ‘not at all safe’ in the following situations (Southwark Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
When going out after dark	47 (45)	59 (52)	34 (35)	41 (43)	46 (44)
When going out during the day	9 (7)	5 (7)	4 (4)	5 (3)	6 (5)
At school	5 (4)	3 (5)	7 (4)	1 (2)	5 (4)
When going to and from school	13 (10)	9 (12)	8 (7)	8 (6)	9 (9)

95% (96%) of pupils rated their safety at school as ‘quite safe’ or ‘very safe’.

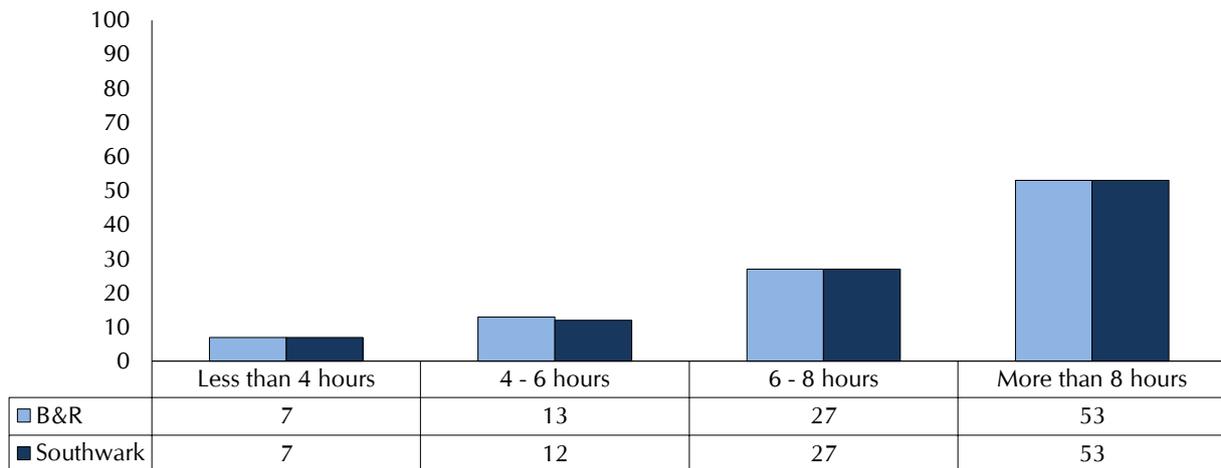
**Q27.** Percentage of pupils rating their safety at ‘quite safe’ or ‘very safe’ in the following situations (Southwark Primary data in brackets):

	Year 4		Year 6		Total
	Boys	Girls	Boys	Girls	
When going out after dark	52 (54)	41 (48)	66 (65)	59 (57)	54 (56)
When going out during the day	91 (93)	95 (93)	96 (96)	94 (97)	94 (95)
At school	94 (94)	97 (95)	93 (96)	99 (97)	95 (96)
When going to and from school	86 (89)	90 (87)	91 (92)	92 (94)	90 (90)

# Health & Hygiene

## Sleep

**Q28.** How much sleep did you get last night?



7% (7%) of pupils responded that they got less than 4 hours sleep last night.

**Q28.** Percentage answering that they got less than 4 hours sleep last night.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	11	9	11	9
Girls	5	0	7	2

80% (80%) of pupils responded that they got at least 6 hours sleep last night, with 53% (53%) saying that they got more than 8 hours.

**Q28.** Percentage answering that they got at least 6 hours sleep last night.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	79	78	77	80
Girls	79	87	80	85

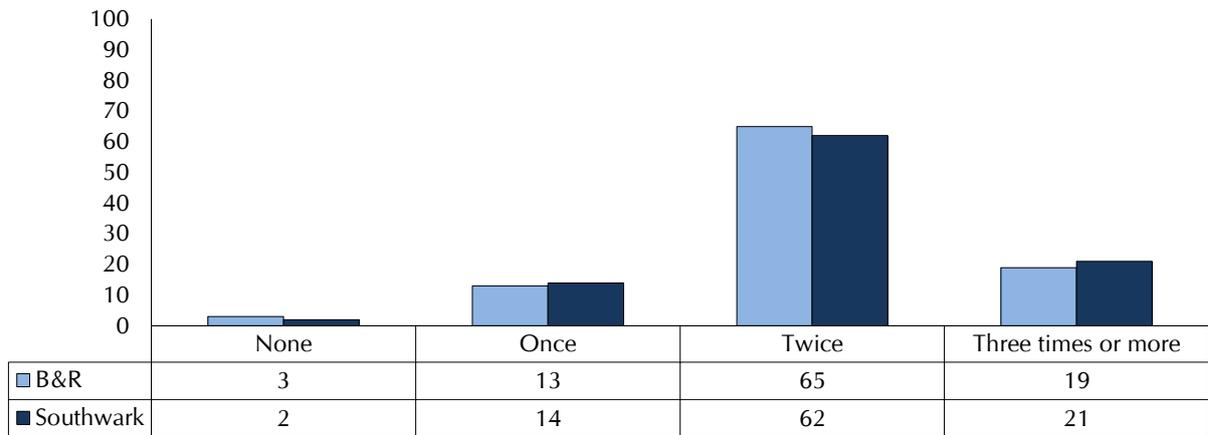
71% (71%) of pupils responded that the amount of sleep they got last night is usual for a school night, while 16% (17%) said it's less than they usually get.

**Q29.** Percentage answering that the amount of sleep they got last night is usual for a school night.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	60	70	64	72
Girls	74	80	71	76

## Dental health

**Q30.** How many times did you clean your teeth on the day before the survey?



3% (2%) of pupils responded that they didn't clean their teeth at all on the day before the survey.

**Q30.** Percentage answering that they didn't clean their teeth at all on the day before the survey.

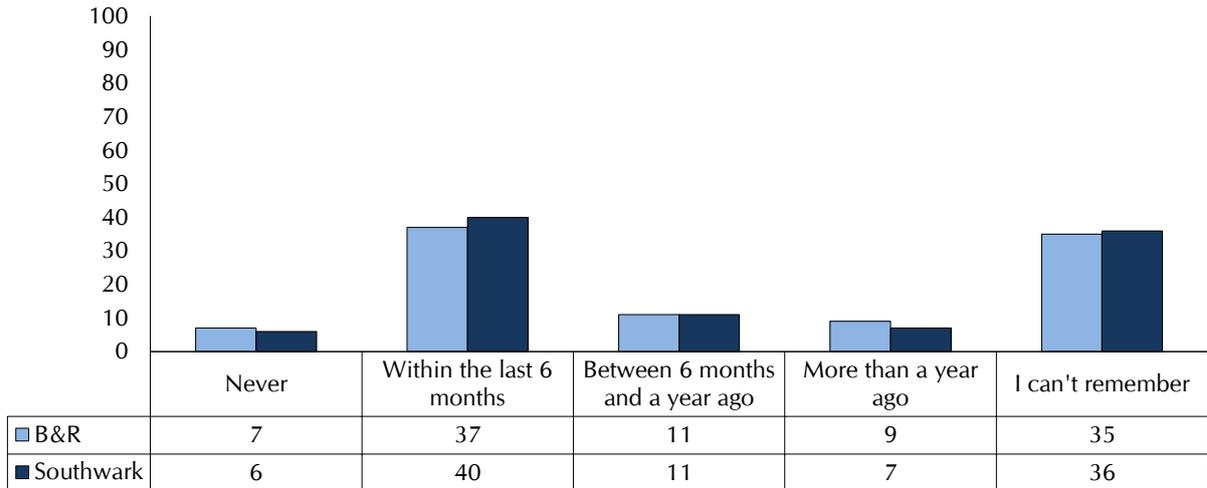
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	8	2	4	3
Girls	1	2	2	1

84% (83%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.

**Q30.** Percentage answering that they cleaned their teeth at least twice on the day before the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	76	88	81	85
Girls	85	90	84	83

**Q31. When did you last visit the dentist?**



37% (40%) of pupils responded that they have been to the dentist within the last 6 months; 9% (7%) said they have been more than a year ago.

**Q31.** Percentage answering that they have been to the dentist within the last 6 months.

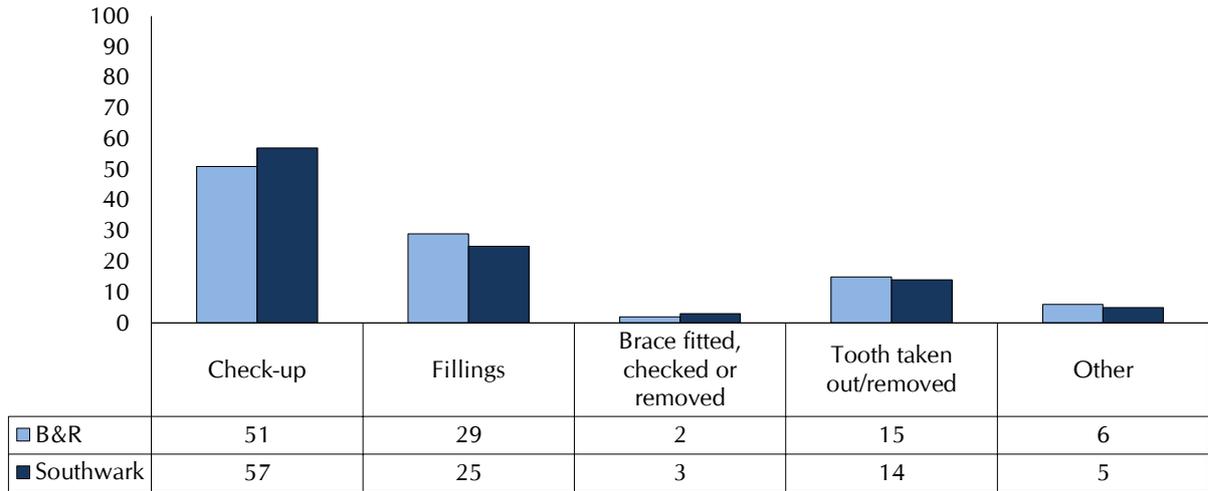
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	31	49	33	50
Girls	25	48	30	48

7% (6%) of pupils responded that they have never been to the dentist, while 35% (36%) said they can't remember.

**Q31.** Percentage answering that they have never been to the dentist

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	18	6	12	6
Girls	4	0	6	2

**Q32. What treatment did the dentist give you on your last visit?**



51% (57%) of pupils responded that they last went to the dentist for a check-up.

**Q32.** Percentage answering that they last went to the dentist for a check-up.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	46	45	52	55
Girls	53	63	57	63

29% (25%) of pupils responded that they last went to the dentist for fillings, while 2% (3%) went to have a brace fitted, checked or removed.

**Q32.** Percentage answering that they last went to the dentist for fillings

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	32	30	24	26
Girls	25	33	24	24

## Growing Up

66% (62%) of Year 6 pupils responded that they feel they know enough about how their body changes as they grow up, while 3% (5%) of pupils feel they do not know enough.

**Q33.** Percentage of Year 6 pupils answering that they feel they know enough about how their body changes as they grow up.

	B&R	Southwark
	Yr 6	Yr 6
Boys	64	61
Girls	67	64

53% (60%) of Year 6 pupils responded that their parents/carers have talked with them about how their body changes as they grow up; 70% (70%) said their teacher has talked with them in school lessons.

**Q34.** Percentage of Year 6 pupils responding that the following people have talked with them about how their body changes as they grow up (Southwark Primary data in brackets):

Yr 6 Boys			Yr 6 Girls		
1	Teachers, in school lessons	61 (66)	1	Teachers, in school lessons	81 (76)
2	Parents/carers	48 (53)	2	Parents/carers	62 (67)
3	Brothers or sisters	20 (20)	3	Brothers or sisters	14 (21)
4	Friends	16 (13)	4	Friends	12 (15)
5	Other close relatives	11 (14)	5	Other close relatives	12 (14)
6	None of these	11 (10)	6	Visitors in school lessons	6 (8)
7	Visitors in school lessons	10 (8)	7	None of these	3 (3)

## Physical Activity

### Free Time

68% (61%) of Year 6 pupils think that there is enough to do near where they live, while 18% (17%) said there is not enough to do.

**Q35.** Percentage of Year 6 pupils answering that there is enough to do near where they live.

	B&R		Southwark	
	Yr 6		Yr 6	
Boys	68		61	
Girls	69		61	

**Q37a.** Percentage of pupils responding that they took part in organised physical activity at the following times in the week before the survey (Southwark Primary data in brackets):

Boys	Never	Some days	Most days	Every day
Before school	18 (23)	30 (31)	19 (19)	32 (27)
During school time (incl. PE lessons)	9 (10)	37 (37)	28 (30)	26 (23)
During lunchtime/breaktimes	8 (8)	14 (14)	19 (20)	59 (58)
After school	9 (11)	25 (27)	23 (23)	42 (37)

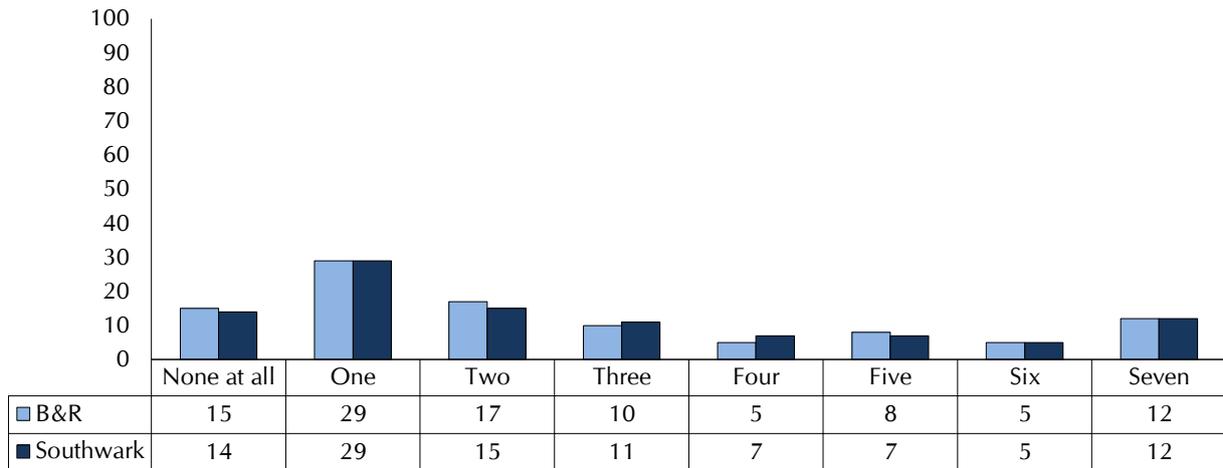
Girls	Never	Some days	Most days	Every day
Before school	21 (27)	39 (35)	18 (19)	22 (19)
During school time (incl. PE lessons)	8 (9)	44 (44)	29 (29)	19 (17)
During lunchtime/breaktimes	10 (11)	17 (19)	23 (24)	49 (46)
After school	13 (14)	27 (28)	25 (26)	34 (31)

85% (86%) of pupils responded that they did something active at the weekend before the survey on at least 'one day'; 51% (53%) said they did on both days.

**Q37b** Percentage answering that they did something active at the weekend before the survey on at least 'one day'.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	83	87	88	88
Girls	84	87	85	83

**Q38.** On [how many] days did you do any physical activity for at least 60 minutes over the course of the day in the last 7 days?



15% (14%) of pupils responded that they didn't do 60 minutes of physical activity in any one day in the 7 days before the survey.

**Q38.** Percentage answering that they didn't do 60 minutes of physical activity on any one day in the 7 days before the survey.

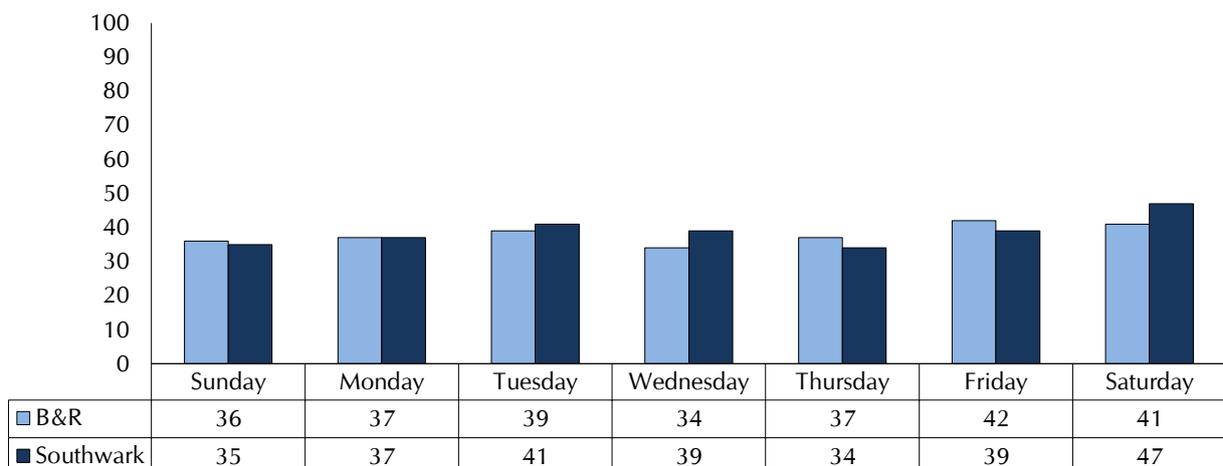
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	25	8	20	10
Girls	12	15	13	11

40% (42%) of pupils responded that they did at least 60 minutes of physical activity on 3 or more days in the 7 days before the survey.

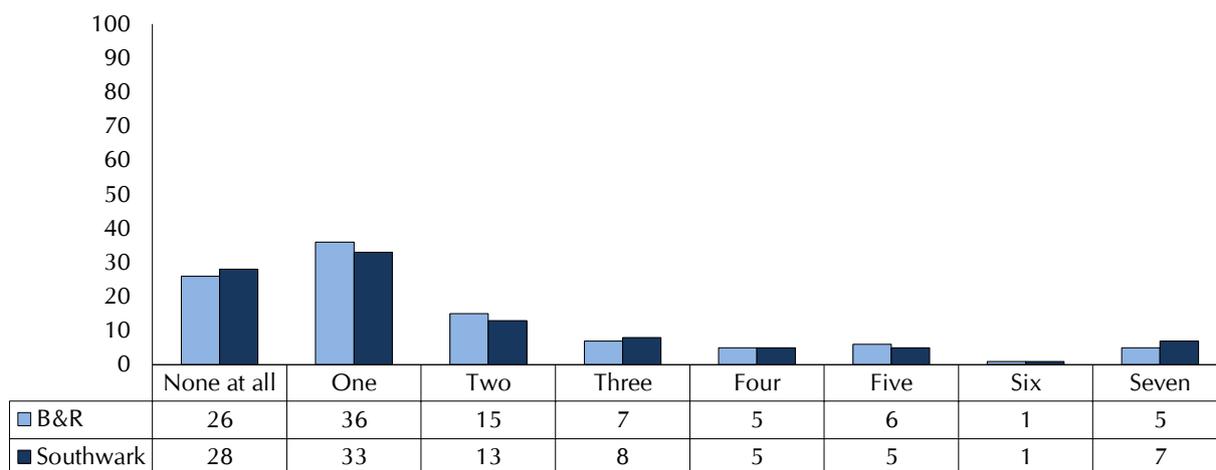
**Q38.** Percentage answering that they did at least 60 minutes of physical activity on 3 or more days in the 7 days before the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	36	42	38	47
Girls	34	49	40	43

**Q38.** On which days did you do any physical activity for at least 60 minutes over the course of the day in the last 7 days?



**Q39.** On how many days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



26% (28%) of pupils responded that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.

**Q39.** Percentage answering that they didn't do any physical activity that caused them to get out of breath and/or sweaty in the week before the survey.

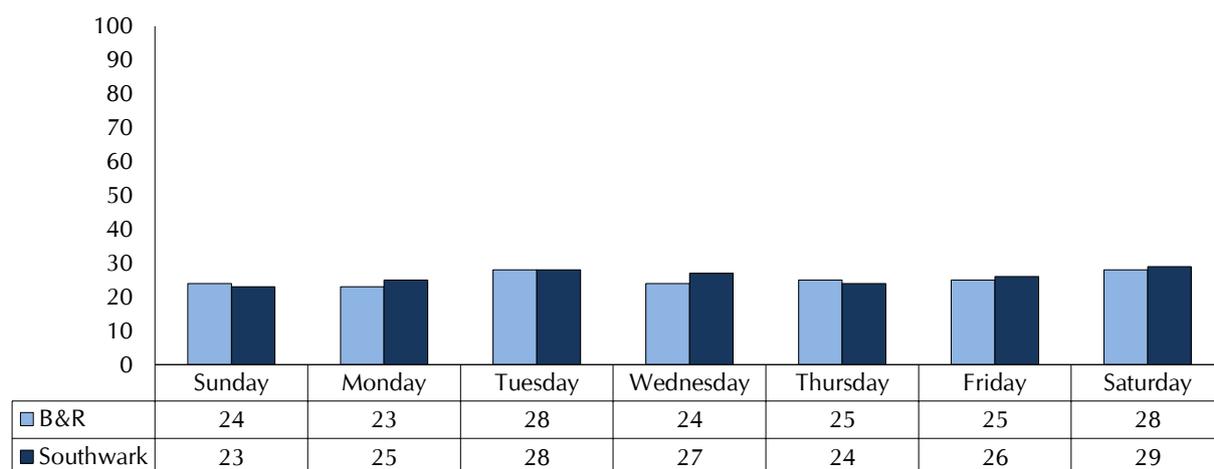
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	31	25	31	27
Girls	24	26	28	27

24% (25%) of pupils responded that they did physical activity that caused them to get out of breath and/or sweaty on at least 3 days in the week before the survey.

**Q39.** Percentage answering that they did physical activity that caused them to get out of breath and/or sweaty on at least 3 days in the week before the survey.

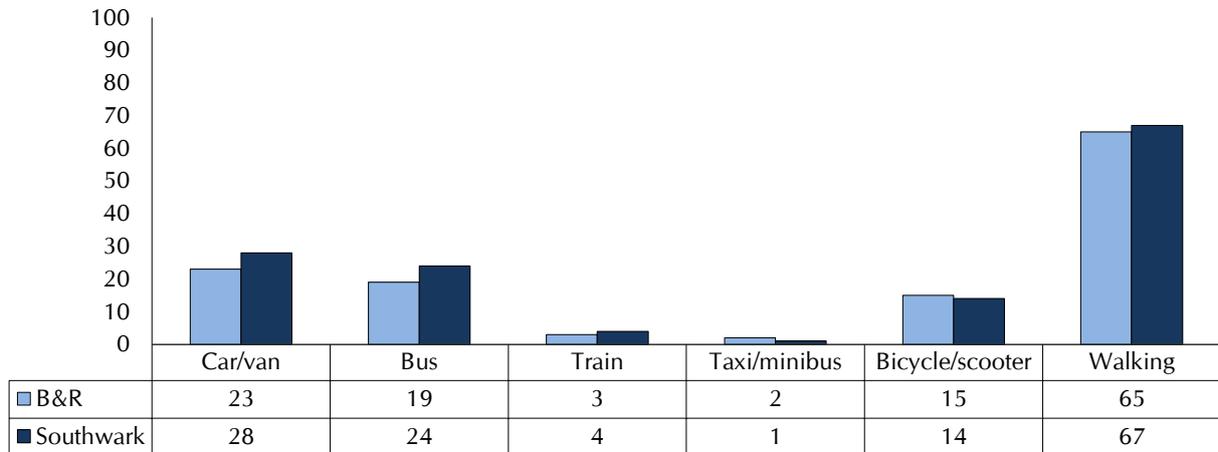
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	18	28	23	32
Girls	24	25	20	26

**Q39.** On which days did you get out of breath and/or sweaty while doing physical activity, in the last 7 days?



## Travel to school

**Q41.** How do you usually travel to school?



23% (28%) of pupils responded that they usually travel to school by car/van.

**Q41.** Percentage answering that they usually travel to school by car/van.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	22	18	26	24
Girls	26	26	33	28

65% (67%) of pupils responded that they usually walk to school, while 15% (14%) said they usually travel by bicycle/scooter.

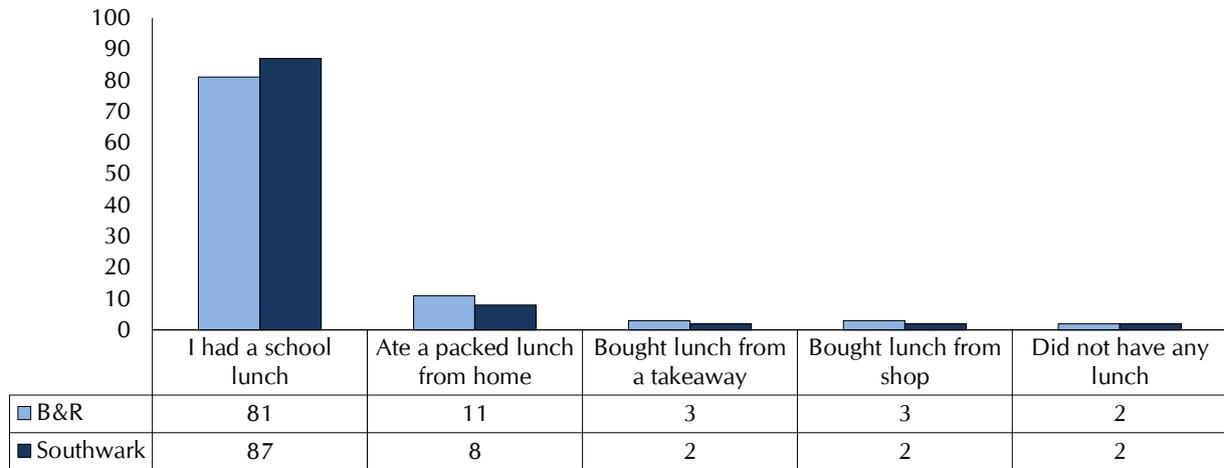
**Q41.** Percentage answering that they usually walk to school.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	60	63	62	69
Girls	64	74	67	69

# Healthy Eating

## Lunch

**Q42.** What did you do for lunch yesterday?



81% (87%) of pupils responded that they had a school lunch on the day before the survey.

**Q42.** Percentage answering that they had a school lunch on the day before the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	84	78	87	84
Girls	84	79	89	86

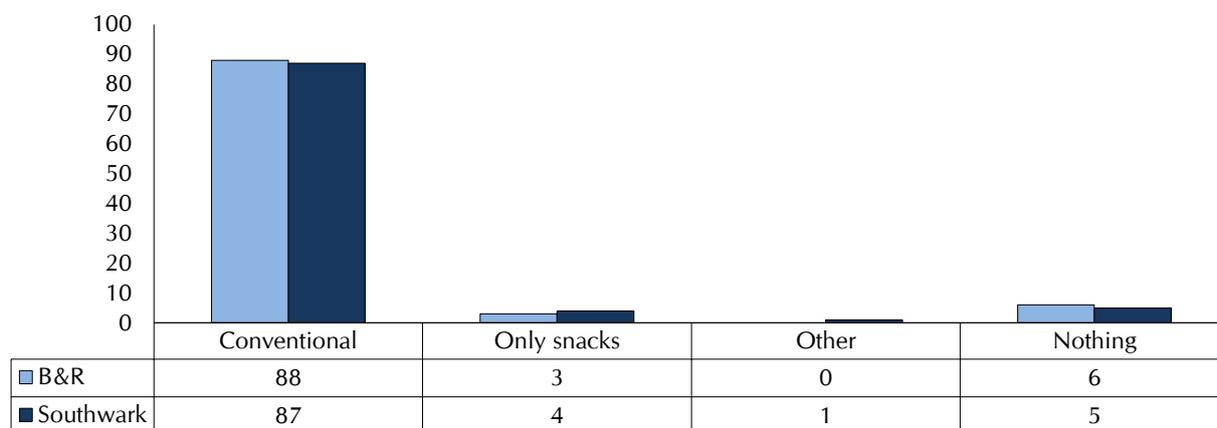
2% (2%) of boys and 2% (2%) of girls responded that they didn't have any lunch on the day before the survey.

**Q42.** Percentage answering that they didn't have any lunch on the day before the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	2	2	3	2
Girls	4	0	2	2

## Breakfast

**Q44.** Percentage of pupils responding that they had the following types of breakfast on the day of the survey:



The chart shows the percentages having different types of breakfast. The category 'Conventional' means at least one of cereal; toast or bread; hot food; fruit; yoghurt; croissants or pastries or breakfast bar. Only snacks means: chocolate bar, sweets; crisp-type snack; biscuits or pop-tarts/cakes but not conventional breakfast.

6% (5%) of pupils responded that they didn't have anything for breakfast on the day of the survey, while 8% (11%) had hot food.

**Q44.** Percentage answering that they didn't have anything for breakfast on the day of the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	7	7	5	6
Girls	3	6	2	5

3% (4%) of pupils responded that they had only snacks for breakfast on the day of the survey.

**Q44.** Percentage answering that they had only snacks for breakfast on the day of the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	4	3	4	4
Girls	3	2	3	4

**Q44.** Percentage of pupils responding that they had the following to eat before lessons on the day of the survey (top 5 – Southwark Primary data in brackets):

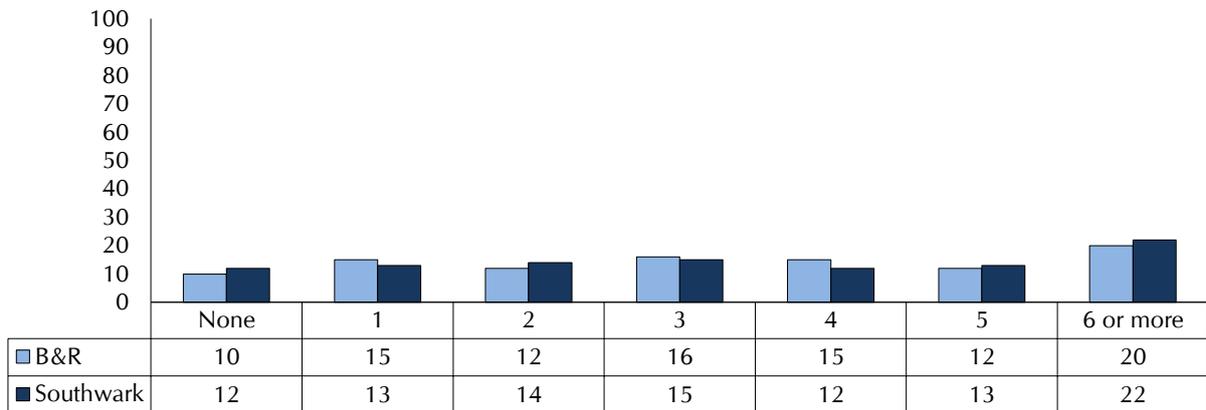
Boys				Girls			
1	Cereal e.g. cornflakes	35	(35)	1	Toast or bread	38	(38)
2	Toast or bread	34	(35)	2	Cereal e.g. cornflakes	34	(34)
3	Hot food e.g. egg on toast	10	(11)	3	Fruit	14	(15)
4	Fruit	7	(9)	4	Croissants or pastries	12	(9)
5	Breakfast bar	7	(8)	5	Yoghurt	8	(7)

**Q43.** Percentage of pupils responding that they had something to eat or drink for breakfast at the following on the morning of the survey (Southwark Primary data in brackets):

Boys				Girls			
1	Something at home	57	(62)	1	Something at home	68	(71)
2	Something at school	20	(18)	2	Something at school	21	(18)
3	Something on the way to school	15	(13)	3	Something on the way to school	15	(14)

## Five-a-day

**Q45.** How many portions of fruit and vegetables did you eat yesterday?



10% (12%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

**Q45.** Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	14	8	14	10
Girls	12	6	9	13

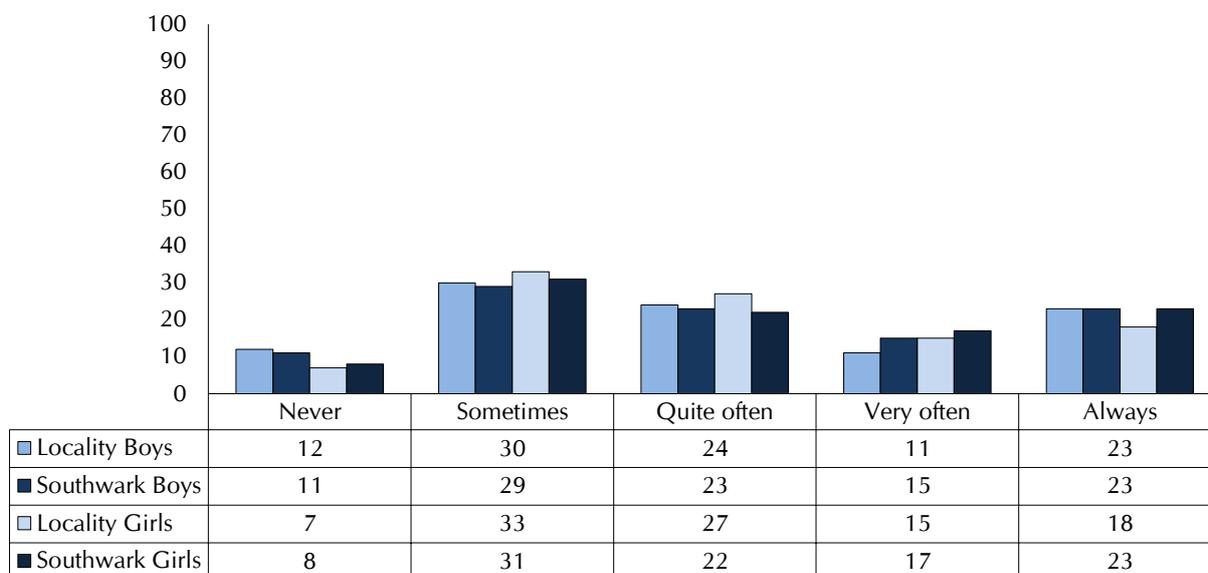
33% (34%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

**Q45.** Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	34	39	37	36
Girls	26	33	38	26

## Healthy choices

**Q46.** When choosing what to eat, do you consider your health?



41% (39%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

**Q46.** Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	45	39	42	37
Girls	43	35	37	40

33% (39%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

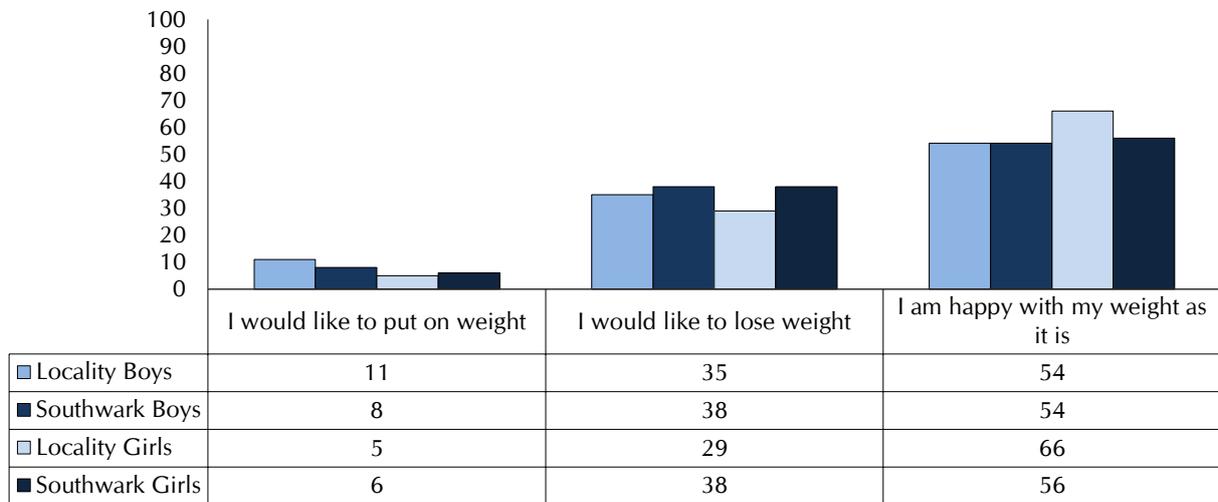
**Q46.** Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	32	36	36	39
Girls	33	33	43	35

## Weight

8% (7%) of Year 6 pupils responded that they would like to put on weight, while 33% (38%) said they would like to lose weight and 59% (55%) said they are happy with their weight as it is.

**Q47.** Year 6 only: Weight: Which statement describes you best?



57% (58%) of Year 6 pupils responded that they wouldn't use a health service to help them to lose weight, while 35% (35%) said they would and 8% (7%) have already used a health service to lose weight.

**Q48.** Percentage of Year 6 pupils answering that they would use a health service to help them to lose weight.

	B&R	Southwark
Yr 6		
Boys	31	35
Girls	41	36

## Foods

51% (55%) of pupils responded that they ate vegetables on 'most days' or 'every day' in the last week; while 60% (63%) said the same of fresh fruit.

**Q49.** Percentage of pupils responding that they ate or drank the following on 'most days' or 'every day' in the last week (top 10 – Southwark Primary data in brackets):

Boys			Girls		
1	Fresh fruit	57 (63)	1	Fresh fruit	63 (64)
2	Vegetables	51 (55)	2	Vegetables	50 (55)
3	Salads	41 (42)	3	Salads	45 (46)
4	Crisps	41 (36)	4	Sweets, chocolate, choc bars	37 (31)
5	Diet (low calorie) drinks	39 (34)	5	Crisps	35 (30)
6	Sweets, chocolate, choc bars	37 (34)	6	Diet (low calorie) drinks	32 (34)
7	Chips	33 (32)	7	Chips	28 (28)
8	Take-away food	31 (28)	8	Other fizzy drinks	25 (23)
9	Other fizzy drinks	29 (28)	9	Take-away food	18 (23)
10	Isotonic sports drinks	23 (23)	10	Isotonic sports drinks	13 (15)

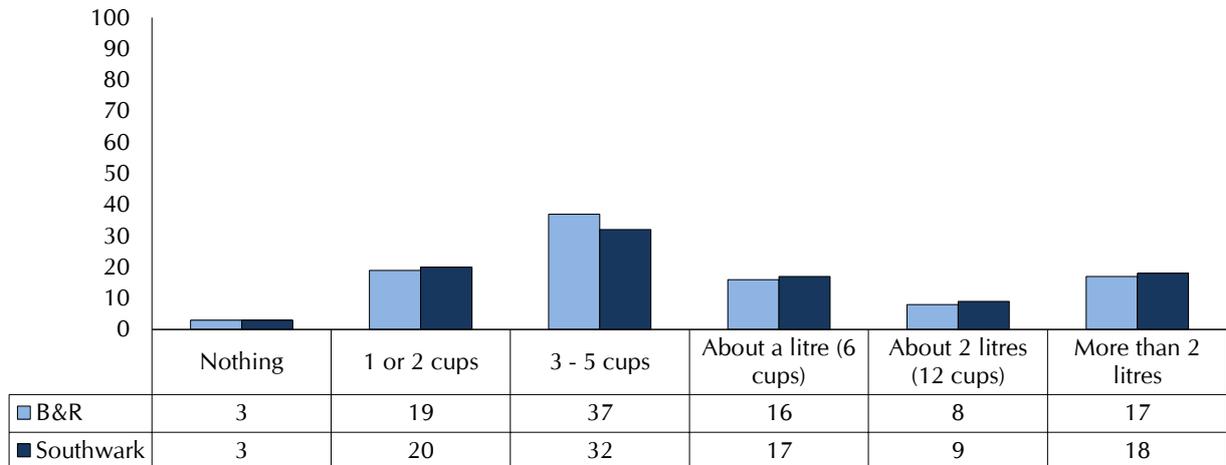
22% (19%) of pupils responded that they 'never' ate salad in the last week; while 14% (13%) said the same of vegetables.

**Q49.** Percentage of pupils responding that they didn't eat or drink the following at all in the week before the survey (top 10 – Southwark Primary data in brackets):

Boys			Girls		
1	Energy drinks	48 (47)	1	Energy drinks	59 (60)
2	Isotonic sports drinks	40 (41)	2	Isotonic sports drinks	59 (55)
3	"Diet" (low calorie) drinks	25 (27)	3	Other fizzy drinks	31 (32)
4	Salads	25 (21)	4	"Diet" (low calorie) drinks	28 (31)
5	Other fizzy drinks	23 (24)	5	Take-away food	24 (23)
6	Take-away food	20 (20)	6	Salads	19 (18)
7	Crisps	14 (15)	7	Vegetables	16 (13)
8	Sweets, chocolate, choc bars	13 (14)	8	Chips	15 (14)
9	Chips	13 (13)	9	Crisps	12 (14)
10	Vegetables	12 (13)	10	Sweets, chocolate, choc bars	12 (13)

## Water

**Q50.** How much water did you drink yesterday?



3% (3%) of pupils responded that they didn't drink any water on the day before the survey.

**Q50.** Percentage answering that they didn't drink any water on the day before the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	2	4	5	2
Girls	5	1	4	2

45% (47%) of boys and 38% (41%) of girls responded that they drank at least a litre of water on the day before the survey.

**Q50.** Percentage answering that they drank at least a litre of water on the day before the survey.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	45	45	42	52
Girls	39	36	43	38

39% (34%) of pupils responded that they are able to get water at school during class time; while 38% (43%) said 'not easily'.

**Q51a.** Percentage answering that they are able to get water at school during class time.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	41	35	36	32
Girls	39	41	32	38

88% (86%) of pupils responded that they are able to get water at school during break time; while 8% (8%) said 'not easily'.

**Q51b.** Percentage answering that they are able to get water at school during break time.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	85	88	84	87
Girls	86	91	86	88

## Smoking, Alcohol, Drugs

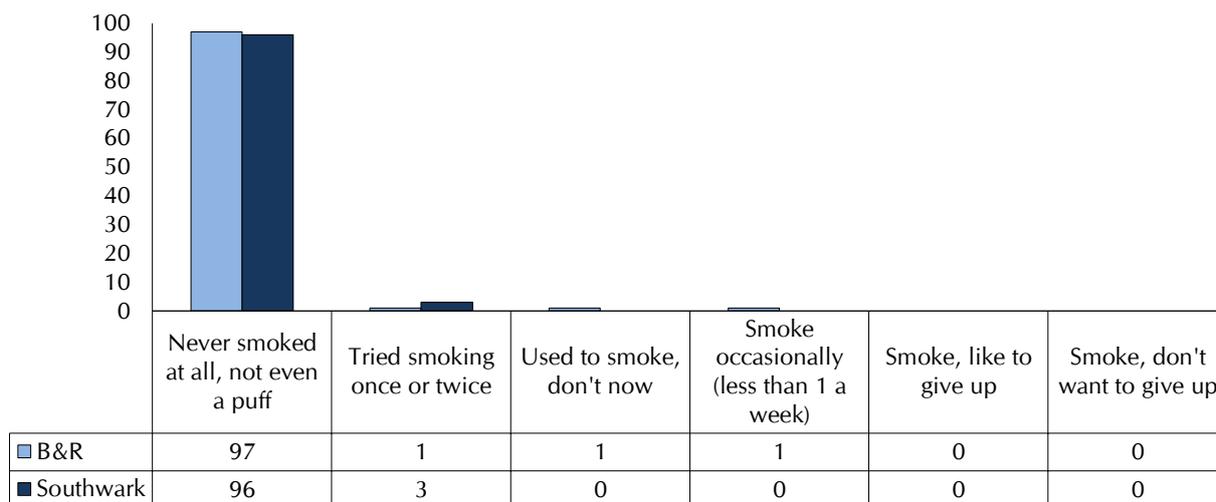
### Smoking

2% (2%) of Year 6 pupils responded that they smoked cigarettes in the 7 days before the survey.

**Q52a.** Percentage of Year 6 pupils answering that they smoked cigarettes in the 7 days before the survey.

	B&R	Southwark
	Yr 6	Yr 6
Boys	4	3
Girls	0	1

**Q53.** Smoking: Which sentence describes you best?



3% (4%) of Year 6 pupils responded that they have tried smoking in the past or smoke now.

**Q53.** Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

	B&R	Southwark
	Yr 6	Yr 6
Boys	4	5
Girls	2	3

2% (4%) of Year 6 pupils responded that they have smoked shisha.

**Q54.** Percentage of Year 6 pupils answering that they have smoked shisha.

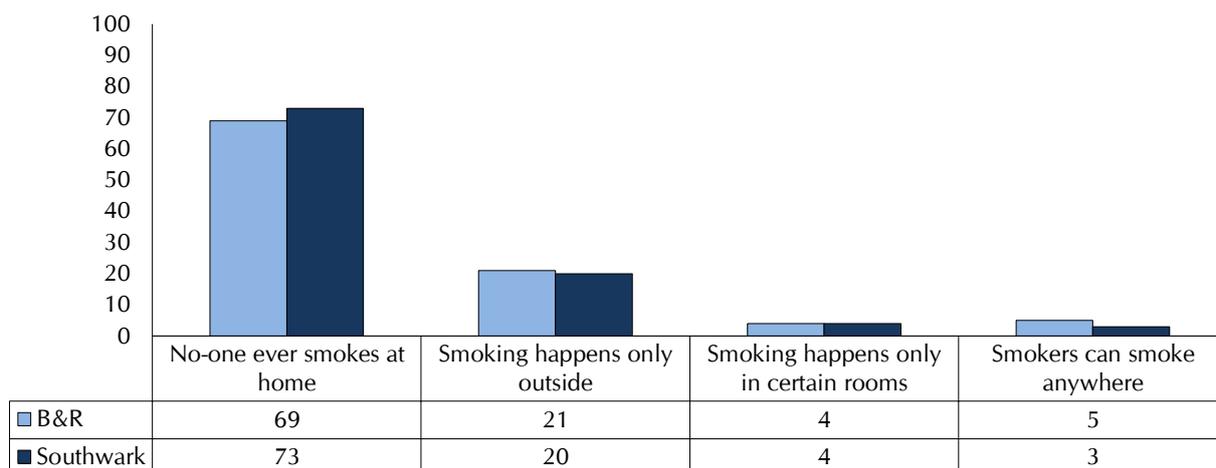
	B&R	Southwark
	Yr 6	Yr 6
Boys	3	5
Girls	2	4

4% (2%) of Year 6 pupils responded that they have smoked an e-cigarette.

**Q55.** Percentage of Year 6 pupils answering that they have smoked an e-cigarette.

	B&R	Southwark
	Yr 6	Yr 6
Boys	5	3
Girls	2	2

**Q56.** Thinking about smoking at home, what best describes what happens in your home?



69% (73%) of pupils responded that no-one ever smokes at home.

**Q56.** Percentage answering that no-one ever smokes at home.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	70	67	70	74
Girls	71	69	75	74

21% (20%) of pupils responded that smoking happens only outside.

**Q56.** Percentage answering that smoking happens only outside.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	15	24	20	19
Girls	23	25	21	20

4% (4%) of pupils responded that smoking happens in certain rooms only.

**Q56.** Percentage answering that smoking happens in certain rooms only.

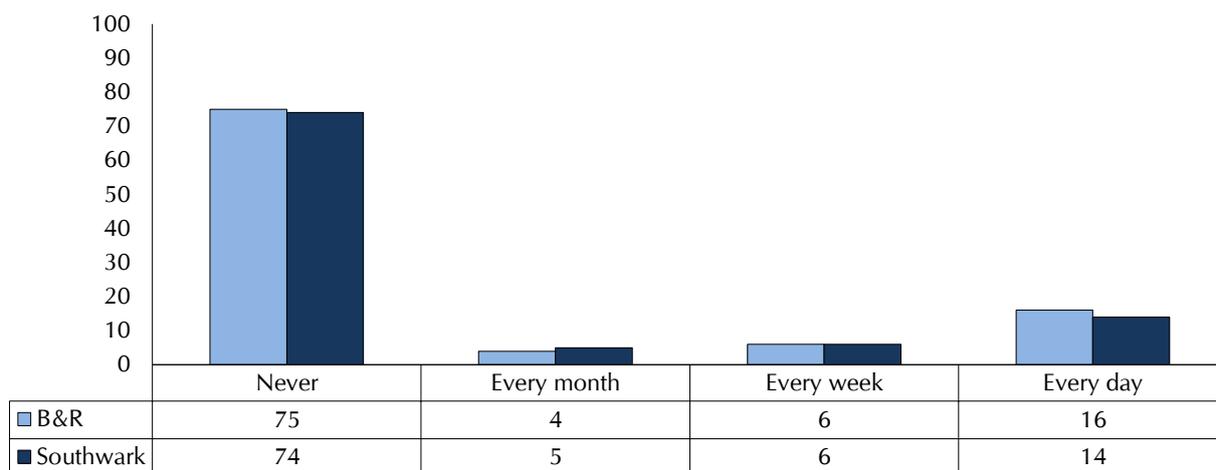
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	3	5	5	4
Girls	5	3	3	4

5% (3%) of pupils responded that smokers can smoke anywhere in their home.

**Q56.** Percentage answering that smokers can smoke anywhere in their home.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	12	5	6	3
Girls	1	3	1	2

**Q57. How often does someone smoke inside your house or flat?**



25% (26%) of pupils responded that someone smokes inside their house or flat at least 'every month'.

**Q57. Percentage answering that someone smokes inside their house or flat at least 'every month'.**

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	24	30	27	27
Girls	26	18	24	24

16% (14%) of pupils responded that someone smokes inside their house or flat 'every day'.

**Q57. Percentage answering that someone smokes inside their house or flat 'every day'.**

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	15	17	14	13
Girls	17	13	14	15

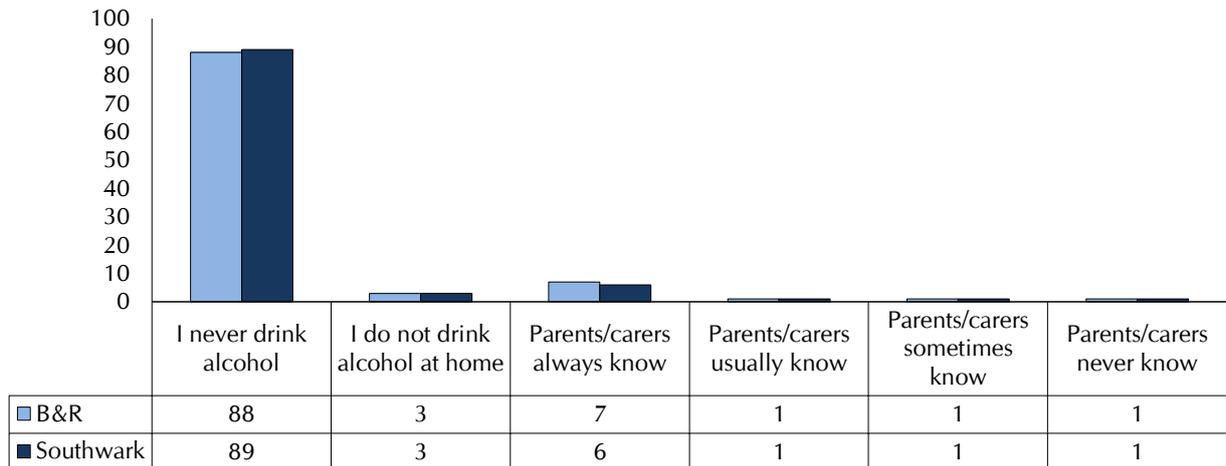
## Drinking

6% (4%) of Year 6 pupils responded that they had an alcoholic drink in the last 7 days.

**Q58.** Percentage of Year 6 pupils answering that they had an alcoholic drink in the last 7 days.

	B&R	Southwark
	Yr 6	Yr 6
Boys	7	5
Girls	5	4

**Q59.** If you ever drink alcohol at home, do your parents/carers know?



7% (6%) of Year 6 pupils responded that they drink alcohol and their parents/carers 'always' know if they do so.

**Q59.** Percentage of Year 6 pupils answering that their parents/carers 'always' know if they drink alcohol.

	B&R	Southwark
	Yr 6	Yr 6
Boys	7	5
Girls	7	8

2% (2%) of Year 6 pupils responded that their parents/carers 'never' or only 'sometimes' know if they drink alcohol.

**Q59.** Percentage of Year 6 pupils answering that their parents/carers 'never' or only 'sometimes' know if they drink alcohol.

	B&R	Southwark
	Yr 6	Yr 6
Boys	3	1
Girls	0	2

## Drugs

2% (2%) of Year 6 pupils responded that they have been offered cannabis, while 6% (7%) said they are 'not sure' if they have.

1% (1%) of Year 6 pupils responded that they have been offered other drugs, while 2% (3%) said they are 'not sure' if they have.

1% (0%) of Year 6 pupils responded that they have taken cannabis.

1% (1%) of Year 6 pupils reported that they have taken other drugs (not medicines).

**Q60.** Percentage of Year 6 pupils answering that they have been offered cannabis.

	B&R	Southwark
	Yr 6	Yr 6
Boys	3	3
Girls	0	0

**Q61.** Percentage of Year 6 pupils answering that they have been offered other drugs.

	B&R	Southwark
	Yr 6	Yr 6
Boys	0	1
Girls	3	2

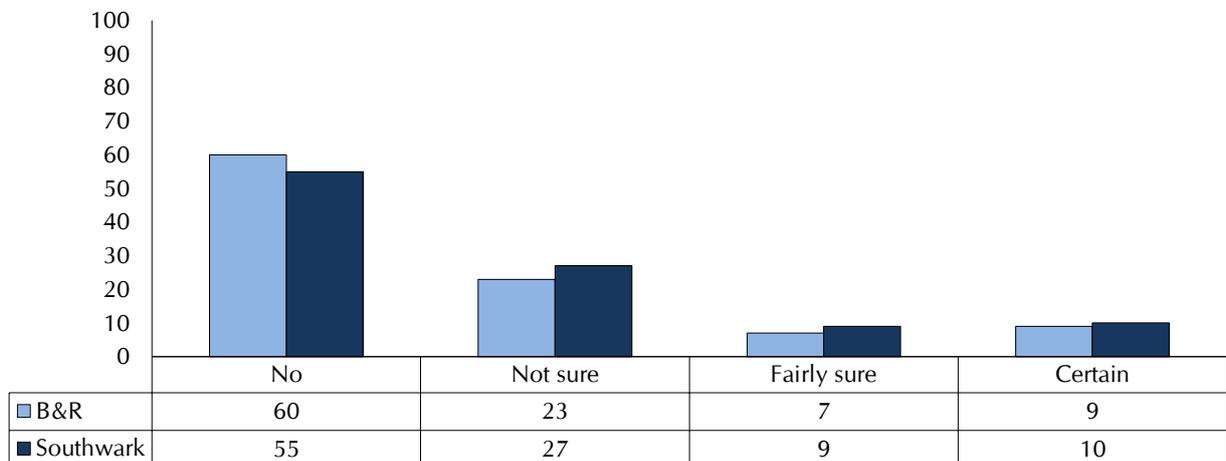
**Q62.** Percentage of Year 6 pupils answering that they have taken cannabis.

	B&R	Southwark
	Yr 6	Yr 6
Boys	2	1
Girls	0	0

**Q63.** Percentage of Year 6 pupils answering they have taken other drugs.

	B&R	Southwark
	Yr 6	Yr 6
Boys	2	1
Girls	0	0

**Q64.** In the area where you live, do you yourself know anybody who uses drugs (not medicines)?



16% (19%) of Year 6 pupils responded that they are at least 'fairly sure' they know someone personally who uses drugs (not medicines).

**Q64.** Percentage of Year 6 pupils answering that they are at least 'fairly sure' they know someone who uses drugs (not medicines).

	B&R	Southwark
	Yr 6	Yr 6
Boys	17	18
Girls	16	19

## Internet Safety

8% (10%) of Year 6 pupils responded that they communicate with people they have met online and don't know in real life.

**Q65.** Percentage of Year 6 pupils responding that they communicate with the following people online (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
No-one	22 (20)	15 (17)	19 (18)
Friends and family I know in real life	74 (74)	83 (79)	78 (77)
People I have met online and I don't know in real life	10 (11)	4 (8)	8 (10)

8% (13%) of Year 6 pupils responded that they communicate with people online by posting things that lots of people can see while 19% (21%) said they communicate with people using picture/video sharing sites/apps and 22% (22%) said they don't communicate with people online.

**Q66.** Percentage of Year 6 pupils responding that they communicate with people online by the following means (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Posting things that lots of people can see	9 (9)	7 (16)	8 (13)
Sending messages to one or a few people	42 (39)	43 (48)	42 (43)
Picture/video sharing sites/apps	24 (22)	12 (20)	19 (21)
Video chat	28 (23)	29 (30)	29 (26)
Through online games	47 (47)	9 (14)	30 (31)
Other	5 (4)	7 (4)	6 (4)

4% (5%) of Year 6 pupils responded that they have seen pictures, videos or games they found upsetting online; while 80% (79%) said they have not experienced any of these things.

**Q67.** Percentage of Year 6 pupils responding that they have experienced the following online (Southwark Primary data in brackets):

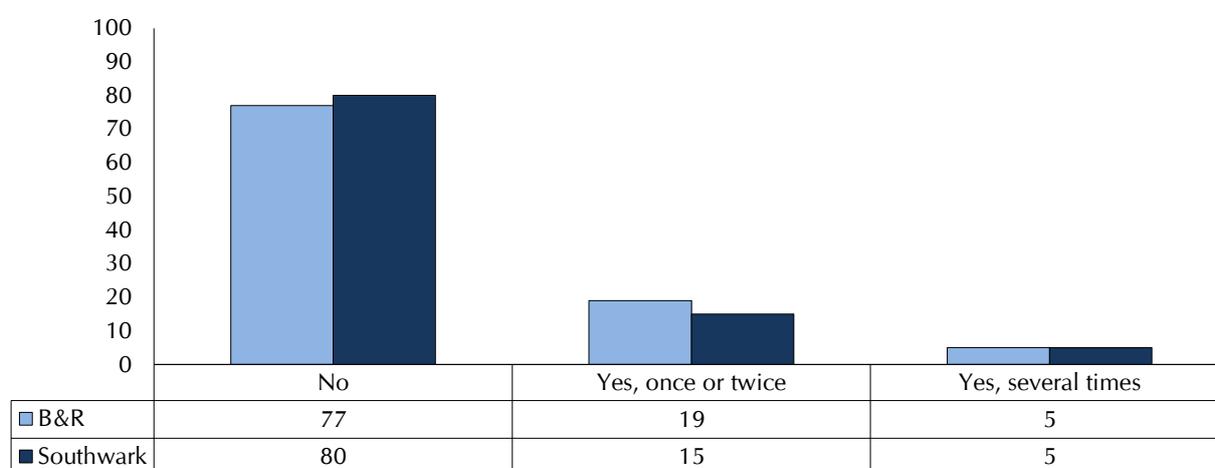
	Year 6		Total
	Boys	Girls	
Placed a bet	5 (5)	3 (2)	4 (3)
Someone writing or showing things to hurt or upset you (with text, pictures or video)	7 (5)	6 (10)	7 (7)
Someone published private information about you	3 (2)	1 (2)	3 (2)
Someone used your identity/password to upset or hurt you	3 (2)	0 (2)	2 (2)
You sent personal information to someone which then you wished you hadn't or had thought more about	1 (1)	0 (3)	1 (2)
You saw pictures, videos or games you found upsetting	4 (6)	4 (5)	4 (5)

26% (26%) of Year 6 pupils responded that they are 'never' supervised when using the internet at home.

**Q68.** Percentage of Year 6 pupils responding to: Are you able to use the internet at home without adult supervision? (Southwark Primary data in brackets)

	Year 6		Total
	Boys	Girls	
I never use the internet at home	4 ( 5)	5 ( 7)	4 ( 6)
Never supervised	32 (28)	17 (24)	26 (26)
Never supervised, but device has a filter system (parental controls)	9 (10)	9 (10)	9 (10)
Sometimes supervised	23 (23)	29 (26)	26 (24)
Often supervised	14 (13)	13 (11)	14 (12)
Always supervised	19 (21)	27 (22)	22 (22)

**Q69.** In the last 12 months, have you ever got a message or picture that scared you or made you upset?



19% (15%) of Year 6 pupils responded that they got a message or picture 'once or twice' in the last 12 months that scared or upset them; 5% (5%) said this has happened several times.

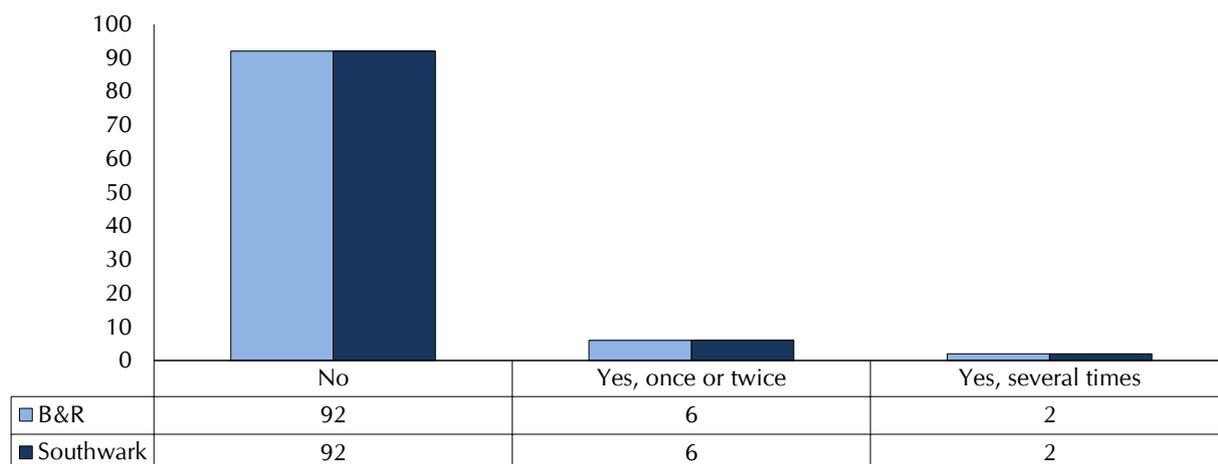
**Q69.** Percentage of Year 6 pupils answering that they got a message or picture 'once or twice' in the last 12 months that scared or upset them.

	B&R	Southwark
	Yr 6	Yr 6
Boys	17	14
Girls	22	16

**Q70.** Percentage of Year 6 pupils responding that they did the following after getting a message or picture which scared or upset them (Southwark Primary data in brackets):

	Year 6		Total
	Boys	Girls	
Deleted it without showing anyone	10 ( 8)	3 ( 8)	7 ( 8)
Told/showed their friends	5 ( 4)	8 ( 7)	6 ( 5)
Told/showed their parents	6 ( 5)	11 ( 8)	8 ( 7)
Told/showed a responsible adult (e.g. teacher)	3 ( 2)	4 ( 2)	3 ( 2)
Reported to the Police/CEOP/Childline etc.	2 ( 1)	0 ( 0)	1 ( 1)

**Q71.** In the last 12 months, has anyone you don't know in person asked to meet with you?



8% (8%) of Year 6 pupils responded that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year; 2% (2%) said this has happened several times.

**Q71.** Percentage of Year 6 pupils answering that someone they don't know in person has asked to meet with them at least 'once or twice' in the last year.

	B&R		Southwark	
	Yr 6	Yr 6	Yr 6	Yr 6
Boys	11		10	
Girls	5		5	

92% (88%) of pupils responded that in the last year they have been told how to stay safe while online.

**Q72.** Percentage answering that they have been told how to stay safe while online.

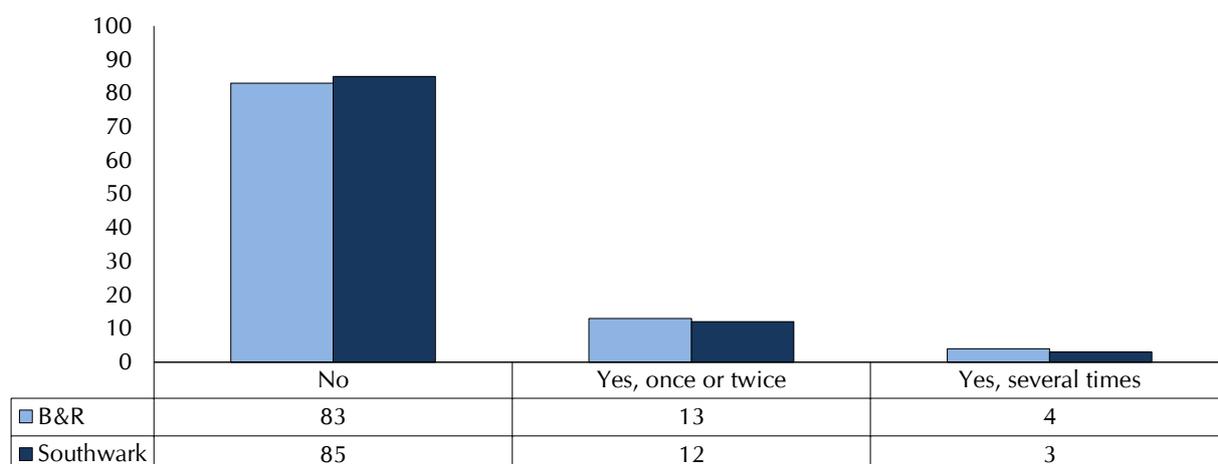
	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	86	91	81	89
Girls	91	99	89	94

52% (52%) of pupils responded that they have been told how to stay safe online and 'always' follow the advice they have been given, while 12% (10%) said they 'rarely' do.

**Q72.** Percentage answering that they have been told how to stay safe online and 'always' follow the advice they have been given.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	41	46	41	50
Girls	55	70	55	62

**Q73.** In the past year, have you ever sent personal information or images to someone which then you wished you hadn't done?



17% (15%) of pupils responded that, they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.

**Q73.** Percentage answering that they have sent personal information to someone which they then wished they hadn't done at least 'once or twice' in the last year.

	B&R		Southwark	
	Yr 4	Yr 6	Yr 4	Yr 6
Boys	35	7	26	8
Girls	18	9	16	9

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**This is not the end of your  
Health Related Behaviour Survey!**

**Ask us about...**

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related  
behaviour: [www.sheu.org.uk/node/366](http://www.sheu.org.uk/node/366)**

***We may also be able to introduce you to health and  
education contacts, with money and resources, within your  
local community***