

The Southwark Children and Young People's Health and Wellbeing Survey 2016

**A report for
Southwark Secondary**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

School Survey Report 2016

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

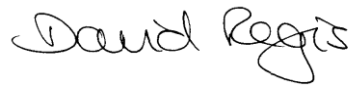
SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
Schools Health Education Unit



Dr. David Regis
Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	Southwark		
	Yr 8	Yr 10	Yr Unknown
Boys	317	225	0
Girls	338	188	0

Please note that 6 pupil(s) didn't specify whether they are a boy or a girl and 3 didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

Southwark Secondary Headlines

	Southwark		
	Yr 8	Yr 10	Yr Unknown
Boys	317	225	0
Girls	338	188	0

Personal Background

ETHNICITY

- ❑ 32% of pupils responded that they are white British.

HOME LIFE

- ❑ 57% of pupils responded that they live with their mum and dad together.
- ❑ 26% of pupils responded that they live with their mum, while 2% said they live with their dad.

RELIGION

- ❑ 39% of pupils responded that they regularly attend a place of worship, while 8% said they are 'not sure' if they do.
- ❑ 30% of pupils responded that they are Christian.

SEXUAL ORIENTATION

- ❑ 86% of pupils responded that they are straight/heterosexual.
- ❑ 1% of pupils responded that they are gay/lesbian.

FREE SCHOOL MEALS

- ❑ 24% of pupils responded that they currently have free school meals, while 17% said they have had them and 2% said they could have had them.

School

ATTENDANCE

- ❑ 2% of pupils responded that it is 'not important' to go to school regularly, while 74% said it is 'very important'.
- ❑ 30% of pupils responded that they haven't missed school in the last 12 months, while 68% of pupils responded that they have missed school and their parents/carers always knew.
- ❑ 2% of pupils responded that they have missed school in the last 12 months and their parents/carers 'never' or only 'sometimes' knew.
- ❑ 60% of pupils responded that they have been away from school in the last 12 months due to illness or injury.

SCHOOL LESSONS

- ❑ 47% of pupils responded that they have enjoyed 'most' or 'all' of their lessons at school over the last 12 months.
- ❑ 9% of pupils responded that they have enjoyed 'hardly any' of their lessons at school over the last 12 months.

Every Child Matters

- ❑ 70% of pupils responded that their work is marked so they can see how to improve it.

FUTURE PLANS

- ❑ 69% of pupils responded that they want to continue in full-time education when they finish school.
- ❑ 44% of pupils responded that they want to find a job as soon as they can when they finish school.
- ❑ 46% of pupils responded that they want to get training for a skilled job when they finish school.
- ❑ 25% of pupils responded that they want to start a family when they finish school.

Emotional Health and Wellbeing

HAPPINESS

- ❑ 7% of pupils responded that they are 'very unhappy' with their life at the moment.
- ❑ 60% of pupils responded that they are 'quite happy' or 'very happy' with their life at the moment.

HELPING

- ❑ 37% of pupils responded that people helped them less than 4 times in the week before the survey.
- ❑ 14% of pupils responded that people helped them more than 10 times in the week before the survey.
- ❑ 21% of pupils responded that they helped other people less than 4 times in the week before the survey.
- ❑ 20% of pupils responded that they helped other people more than 10 times in the week before the survey.

SELF ESTEEM

- ❑ 21% of pupils had a med-low self-esteem score (9 or less).
- ❑ 37% of pupils had a high self-esteem score (15 or more).
- ❑ 27% of pupils responded that they do not want to change lots of things about themselves.
- ❑ 70% of pupils responded that their parents/carers like to hear their ideas.
- ❑ 41% of pupils responded that their teachers listen to them at school.

- ❑ 35% of pupils responded that if they feel low, stressed or anxious they have strategies to make themselves feel better.
- ❑ 48% of pupils responded that if they were feeling low, stressed or anxious they would know where to get help.

PERSEVERANCE

- ❑ 73% of pupils responded that if at first they don't succeed, they 'usually' or 'whenever possible' keep on trying until they do, while 51% said they ask for help.

WORRYING

- ❑ 84% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 60% of pupils responded that they worry 'quite a lot' or 'a lot' about exams and tests.

TRUSTED ADULTS

- ❑ 63% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% said they don't know one and 28% said they 'maybe' do.

THOUGHTS AND FEELINGS

- ❑ 42% of pupils responded that they have been feeling optimistic about the future 'often' or 'very often' in the two weeks before the survey, while 43% said they have been feeling useful.
- ❑ 37% of pupils responded that they felt angry 'often' or 'very often' in the two weeks before the survey, while 65% experienced tiredness and 41% felt stressed.
- ❑ 53% of pupils responded that when things went wrong in the past 6 months they 'often' or 'very often' learnt from the experience for next time.

Bullying

- ❑ 19% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- ❑ 4% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.
- ❑ 12% of pupils responded that they have been bullied at or near school in the last 12 months, while 15% said they 'don't know' if they have.
- ❑ 6% of pupils responded that they have bullied someone else at school in the last 12 months, while 12% said they 'don't know' if they have.
- ❑ 10% of pupils responded that their school deals with bullying 'badly'.
- ❑ 39% of pupils responded that their school deals with bullying 'quite' or 'very' well, while 7% said that bullying is not a problem in their school.
- ❑ 18% of pupils responded that they have been pushed or hit for no reason in the last month, while 13% said they've had their belongings taken or broken.

- ❑ 36% of pupils responded that they experienced negative behaviour at school in the last month, while 7% said it happened at or near home.
- ❑ 26% of pupils responded that they are being bullied because of the way they look, while 11% said it was because of their skin, colour or race.

Safety

FEELING SAFE

- ❑ 31% of pupils rated their safety when going out after dark in their area as 'not at all safe'.
- ❑ 59% of pupils rated their safety at school as 'very safe'.

VIOLENCE AND AGGRESSION

- ❑ 14% of pupils responded that someone attacked them or tried to attack them in the past 12 months, while 8% said they were 'not sure' if someone did.
- ❑ 8% of pupils reported that someone attacked or tried to attack them in the school grounds, while 8% said that it happened in the street/park.
- ❑ 6% of pupils responded that they reported the attack to a parent/carer, while 7% told no-one.
- ❑ 3% of pupils responded that a weapon was used/threatened when someone attacked them or tried to attack them, while 3% said they are 'not sure'.

Health and Hygiene

SLEEP

- ❑ 4% of pupils responded that they got less than 4 hours sleep last night.
- ❑ 78% of pupils responded that they got at least 6 hours sleep last night, while 30% said that they got more than 8 hours.
- ❑ 78% of pupils responded that the amount of sleep they got last night is usual for a school night, while 13% said it's less than they usually get.

DENTAL HEALTH

- ❑ 88% of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 1% of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 62% of pupils responded that they have been to the dentist within the last 6 months, while 6% said they have been more than a year ago.
- ❑ 2% of pupils responded that they have never been to the dentist, while 18% said they can't remember.
- ❑ 67% of pupils responded that they last went to the dentist for a check-up.
- ❑ 20% of pupils responded that they last went to the dentist for fillings, while 15% went to have a brace fitted, checked or removed.

Physical Activity

EXERCISE

- ❑ 5% of pupils responded that they don't enjoy physical activities at all.
- ❑ 74% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.
- ❑ 83% of pupils responded that they did something active on at least 'one day' the weekend before the survey.
- ❑ 25% of pupils responded that they didn't exercise enough to breathe harder and faster in the 7 days before the survey.
- ❑ 34% of pupils responded that they exercised enough to breathe harder and faster on at least 3 days in the 7 days before the survey.
- ❑ 6% of pupils responded that they don't take part in any PE lessons at school.
- ❑ 19% of pupils responded that they take part in at least three lessons at school per week; while 28% said they take part in only 1 lesson per week.
- ❑ 63% of pupils responded that they have found school lessons about physical activity 'quite' or 'very' useful, while 10% have found them 'not at all' useful and 7% couldn't remember any.

ACTIVE TRAVEL

- ❑ 11% of pupils responded that they usually travel to school by car/van.
- ❑ 69% of pupils responded that they usually walk to school.

Leisure and Money

LEISURE TIME

- ❑ 75% of pupils responded that they spent time watching TV after school on the day before the survey, while 80% did homework and 52% played computer games.

Food and Diet

LUNCH

- ❑ 57% of pupils responded that they had a school lunch on the day before the survey, while 19% said they had a packed lunch from home.
- ❑ 15% of boys and 20% of girls responded that they didn't have any lunch on the day before the survey.

BREAKFAST

- ❑ 11% of pupils responded that they had nothing for breakfast on the day of the survey, while 8% had hot food.

5 A DAY

- ❑ 12% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 20% of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

HEALTHY CHOICES

- ❑ 50% of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 21% of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.
- ❑ 49% of pupils responded that they have found school lessons about healthy eating 'quite' or 'very' useful, while 14% have found them 'not at all' useful and 12% couldn't remember any.

WEIGHT AND DIETING

- ❑ 13% of pupils responded that they would like to put on weight.
- ❑ 33% of boys and 41% of girls responded that they would like to lose weight.
- ❑ 50% of pupils responded that they are happy with their weight as it is.
- ❑ 19% of boys and 35% of girls responded that they worry about the way they look 'quite a lot' or 'a lot'.
- ❑ 68% of pupils responded that they wouldn't use a health service to help them to lose weight, while 29% said they would and 3% said that they have already used health service to lose weight.

FOOD

- ❑ 51% of pupils responded that they ate vegetables 'on most days' or 'every day' in the week before the survey, while 48% said the same of fresh fruit.
- ❑ 22% of pupils responded that they 'rarely or never' ate any salads in the week before the survey.

WATER

- ❑ 5% of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 38% of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

Smoking, Drinking, Drugs

SMOKING

- ❑ 4% of pupils responded that they smoked cigarettes in the 7 days before the survey.
- ❑ 13% of pupils responded that they have smoked in the past or smoke now.
- ❑ 1% of pupils responded that they smoke 'regularly'.
- ❑ Of the 7 pupils who said they smoke 'regularly', 43% said they would like to give it up.
- ❑ Of the 24 pupils who smoke 'occasionally' or 'regularly', 18% would like help to stop smoking.
- ❑ Of the 24 pupils who smoke 'occasionally' or 'regularly', 34% of pupils responded that they know where to get help to stop smoking.
- ❑ 22% of pupils responded that they have smoked shisha.
- ❑ 11% of pupils responded that they have smoked/vaped an e-cigarette.

- ❑ 69% of pupils responded that no-one ever smokes at home.
- ❑ 23% of pupils responded that smoking happens only outside.
- ❑ 5% of pupils responded that smoking happens in certain rooms only.
- ❑ 3% of pupils responded that smokers can smoke anywhere in their home.
- ❑ 24% of pupils responded that someone smokes inside their house or flat at least 'every month'.
- ❑ 13% of pupils responded that someone smokes inside their house or flat 'every day'.

ALCOHOL

- ❑ 8% of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- ❑ 2% of pupils responded that they drank alcohol on more than one day in the 7 days before the survey, while 1% said they drank on at least three days.
- ❑ 4% of pupils responded that they got drunk on at least one day in the 7 days before the survey, while 1% said they did so on more than one day.
- ❑ 3% of pupils responded that they have drunk alcohol at home in the 7 days before the survey, while 3% said they have drunk alcohol at a friend's or relation's home.
- ❑ 1% of pupils responded that they have bought alcoholic drink from an off-licence in the 7 days before the survey.
- ❑ 75% of pupils responded that they 'never' drink alcohol, while 6% said they do not drink alcohol at home.
- ❑ 12% of pupils responded that they drink alcohol at home and their parents 'always' know, while 2% said their parents 'usually' know.
- ❑ 5% of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

DRUGS

- ❑ 5% of pupils responded that they have taken at least one of the drugs listed in the questionnaire.
- ❑ 3% of pupils responded that they have taken at least one of the drugs listed during the last month.
- ❑ 4% of pupils responded that they have taken at least one of the drugs listed during the last year.
- ❑ 4% of pupils responded that they have ever taken cannabis.
- ❑ 2% of pupils responded that they have taken drugs and alcohol on the same occasion, while 1% said they 'don't know' if they have.
- ❑ 41% of pupils responded that they have found school lessons about drug education (including alcohol and tobacco) 'quite' or 'very' useful, while 18% have found them 'not at all' useful and 20% couldn't remember any.

- ❑ 4% of pupils responded that they take drugs and their parents/carers 'never' or only 'sometimes' know.
- ❑ 1% of pupils responded that they take drugs and their parents/carers 'always' know.

Internet Safety

- ❑ 81% of pupils responded that they chatted online at least 'once or twice' in the week before the survey.
- ❑ 42% of pupils responded that they chatted online at least 'every day' in the week before the survey; 17% said they did so 'several times a day'.
- ❑ 11% of pupils responded that they chatted online to people who they don't know at least 'some of the time' in the week before the survey.
- ❑ 15% of pupils responded that they got a message or picture in the last 12 months that scared or upset them, while 2% said this has happened several times.
- ❑ 16% of pupils responded that they have received a hurtful, unwanted or nasty message online at least 'once or twice' in the last year.
- ❑ 14% of pupils responded that someone they don't know in person has asked to meet with them in the last year, while 4% said this has happened several times.
- ❑ 90% of pupils responded that they have been told how to stay safe while online in the last year.
- ❑ 44% of pupils responded that they have been told how to stay safe online and 'always' follow the advice they have been given, while 9% said they 'rarely' do.
- ❑ Of the 680 pupils who have been told how to stay safe online 49% said they 'always' follow the advice they have been given.
- ❑ 13% of pupils responded that, in the last year, they have sent personal information or images to someone which they then wished they hadn't, while 1% said this has happened 'several times'.

Relationships and Sexual Health

INFORMATION

- ❑ 56% of pupils responded that their parents/carers are their main source of information about sex and relationships, while 47% said school lessons are.
- ❑ 19% of pupils responded that they would like to talk to young people about relationships and sexual health, while 30% said that they would like to talk to no-one.
- ❑ 20% of pupils responded that they know where they can get condoms free of charge.
- ❑ 7% of pupils responded that there is a special contraception and advice service for young people available locally, while 66% said they 'don't know' if there is.

SRE LESSONS

- ❑ 63% of pupils responded that they had SRE lessons in the last 6 months.

- ❑ 32% of pupils responded that their SRE lessons have helped them 'quite a lot' or 'a lot' to understand consent, while 32% said that their lessons have helped them understand resisting pressure and 22% said the same about contraception.
- ❑ 41% of pupils responded that their SRE lessons have not helped them understand consent 'at all', while 38% said that their lessons have not helped them understand resisting pressure.
- ❑ 44% of pupils correctly identified that HIV can be treated but not cured, while 13% correctly identified that genital herpes can also be treated but not cured.
- ❑ 44% of pupils responded that they have found school lessons about sex and relationship education 'quite' or 'very' useful, while 16% have found them 'not at all' useful and 15% couldn't remember any.
- ❑ 23% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.
- ❑ 61% of pupils responded that if any of the things in Q82 happened to them, they would know what to do for themselves, while 17% said they would not know what to do for themselves.
- ❑ 63% of pupils responded that if any of the things in Q82 happened to them, they could get some help, while 13% said they could not get some help.

2016/2014 Comparisons

	2016			2014	
	Yr 8	Yr 10	Yr Unknown	Yr 8	Yr 10
Boys	317	225	0	317	328
Girls	338	188	0	154	175

2014 data in brackets; see notes on interpreting differences.

Personal Background

ETHNICITY

- 32% (14%) of pupils responded that they are white British.

HOME LIFE

- 57% (50%) of pupils responded that they live with their mum and dad together.
- 26% (32%) of pupils responded that they live with their mum, while 2% (3%) said they live with their dad.

School

SCHOOL LESSONS

- 47% (40%) of pupils responded that they have enjoyed 'most' or 'all' of their lessons at school over the last 12 months.
- 9% (13%) of pupils responded that they have enjoyed 'hardly any' of their lessons at school over the last 12 months.

Every Child Matters

FUTURE PLANS

- 69% (61%) of pupils responded that they want to continue in full-time education when they finish school.
- 44% (47%) of pupils responded that they want to find a job as soon as they can when they finish school.
- 46% (58%) of pupils responded that they want to get training for a skilled job when they finish school.

Emotional Health and Wellbeing

SELF ESTEEM

- 21% (18%) of pupils had a med-low self-esteem score (9 or less).
- 37% (39%) of pupils had a high self-esteem score (15 or more).
- 27% (28%) of pupils responded that they do not want to change lots of things about themselves.

WORRYING

- 84% (81%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

- 60% (59%) of pupils responded that they worry 'quite a lot' or 'a lot' about exams and tests.

Bullying

- 19% (20%) of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.
- 4% (5%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Safety

VIOLENCE AND AGGRESSION

- 14% (14%) of pupils responded that someone attacked them or tried to attack them in the past 12 months, while 8% (8%) said they were 'not sure' if someone did.

Health and Hygiene

DENTAL HEALTH

- 88% (79%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- 1% (1%) of pupils responded that they did not clean their teeth at all on the day before the survey.

Physical Activity

EXERCISE

- 5% (5%) of pupils responded that they don't enjoy physical activities at all.
- 74% (77%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

ACTIVE TRAVEL

- 11% (8%) of pupils responded that they usually travel to school by car/van.

Leisure and Money

LEISURE TIME

- 75% (88%) of pupils responded that they spent time watching TV after school on the day before the survey, while 80% (79%) did homework and 52% (67%) played computer games.

Food and Diet

BREAKFAST

- 11% (14%) of pupils responded that they had nothing for breakfast on the day of the survey.

5 A DAY

- ❑ 12% (19%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- ❑ 20% (17%) of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

HEALTHY CHOICES

- ❑ 50% (56%) of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
- ❑ 21% (22%) of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.
- ❑ 49% (47%) of pupils responded that they have found school lessons about healthy eating 'quite' or 'very' useful, while 14% (12%) have found them 'not at all' useful and 12% (16%) couldn't remember any.

WEIGHT AND DIETING

- ❑ 13% (16%) of pupils responded that they would like to put on weight.
- ❑ 33% (33%) of boys and 41% (52%) of girls responded that they would like to lose weight.
- ❑ 50% (45%) of pupils responded that they are happy with their weight as it is.
- ❑ 19% (27%) of boys and 35% (47%) of girls responded that they worry about the way they look 'quite a lot' or 'a lot'.

WATER

- ❑ 5% (8%) of pupils responded that they didn't drink any water on the day before the survey.
- ❑ 38% (38%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

Smoking, Drinking, Drugs

SMOKING

- ❑ 13% (23%) of pupils responded that they have smoked in the past or smoke now.
- ❑ 1% (1%) of pupils responded that they smoke 'regularly'.
- ❑ Of the 7 (14) pupils who said they smoke 'regularly', 43% (36%) said they would like to give it up.

ALCOHOL

- ❑ 8% (12%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.

- ❑ 2% (3%) of pupils responded that they drank alcohol on more than one day in the 7 days before the survey, while 1% (1%) said they drank on at least three days.

- ❑ 3% (6%) of pupils responded that they have drunk alcohol at home in the 7 days before the survey, while 3% (4%) said they have drunk alcohol at a friend's or relation's home.

- ❑ 75% (66%) of pupils responded that they 'never' drink alcohol, while 6% (7%) said they do not drink alcohol at home.

- ❑ 12% (15%) of pupils responded that they drink alcohol at home and their parents 'always' know, while 2% (4%) said their parents 'usually' know.

- ❑ 5% (8%) of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

DRUGS

- ❑ 5% (11%) of pupils responded that they have taken at least one of the drugs listed in the questionnaire.

- ❑ 3% (5%) of pupils responded that they have taken at least one of the drugs listed during the last month.

- ❑ 4% (7%) of pupils responded that they have taken at least one of the drugs listed during the last year.

- ❑ 4% (8%) of pupils responded that they have ever taken cannabis.

- ❑ 2% (2%) of pupils responded that they have taken drugs and alcohol on the same occasion, while 1% (1%) said they 'don't know' if they have.

- ❑ 41% (47%) of pupils responded that they have found school lessons about drug education (including alcohol and tobacco) 'quite' or 'very' useful, while 18% (10%) have found them 'not at all' useful and 20% (21%) couldn't remember any.

Relationships and Sexual Health

INFORMATION

- ❑ 20% (46%) of pupils responded that they know where they can get condoms free of charge.

- ❑ 7% (12%) of pupils responded that there is a special contraception and advice service for young people available locally, while 66% (71%) said they 'don't know' if there is.

SRE LESSONS

- ❑ 44% (38%) of pupils correctly identified that HIV can be treated but not cured, while 13% (12%) correctly identified that genital herpes can also be treated but not cured.

Significant differences between 2016 and 2014 data

Below we have listed some statistically significant differences between the data collected in the 2016 survey and that collected in 2014.

	2016			2014	
	Yr 8	Yr 10	Yr Unknown	Yr 8	Yr 10
Boys	317	225	0	317	328
Girls	338	188	0	154	175

Sig	2016	2014	Question
***	20%	46%	of pupils responded that they know where they can get condoms free of charge.
***	32%	14%	of pupils responded that they are white British.
***	75%	88%	of pupils responded that they spent time watching TV after school on the day before the survey.
***	52%	67%	of pupils responded that they played computer games after school on the day before the survey.
***	13%	23%	of pupils responded that they have smoked in the past or smoke now.
***	46%	58%	of pupils responded that they want to get training for a skilled job when they finish school.
***	88%	79%	of pupils responded that they cleaned their teeth at least twice on the day before the survey.
***	18%	10%	of pupils responded that they have found school lessons about drug education (including alcohol and tobacco) 'not at all' useful.
***	5%	11%	of pupils responded that they have taken at least one of the drugs listed in the questionnaire.
***	75%	66%	of pupils responded that they 'never' drink alcohol.
***	4%	8%	of pupils responded that they have ever taken cannabis.
***	69%	61%	of pupils responded that they want to continue in full-time education when they finish school.
***	12%	19%	of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
***	27%	34%	of pupils responded that they worry about the way they look 'quite a lot' or 'a lot'.
***	57%	50%	of pupils responded that they live with their mum and dad together.
***	7%	12%	of pupils responded that there is a special contraception and advice service for young people available locally.
***	26%	32%	of pupils responded that they live with their mum.
***	3%	6%	of pupils responded that they have drunk alcohol at home in the 7 days before the survey.
***	47%	40%	of pupils responded that they have enjoyed 'most' or 'all' of their lessons at school over the last 12 months.
***	9%	13%	of pupils responded that they have enjoyed 'hardly any' of their lessons at school over the last 12 months.
***	4%	7%	of pupils responded that they have taken at least one of the drugs listed during the last year.
***	50%	56%	of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.
***	5%	8%	of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know.
***	5%	8%	of pupils responded that they didn't drink any water on the day before the survey.
**	41%	47%	of pupils responded that they have found school lessons about drug education (including alcohol and tobacco) 'quite' or 'very' useful.
**	8%	12%	of pupils responded that they had an alcoholic drink in the 7 days before the survey.
**	44%	38%	of pupils correctly identified that HIV can be treated but not cured.
*	3%	5%	of pupils responded that they have taken at least one of the drugs listed during the last month.
*	20%	17%	of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Personal Background

Ethnicity

QE. Percentage of pupils responding that the following ethnicity most nearly describes them (top 5):

Boys			Girls		
1	White British	32	1	White British	32
2	Black British	15	2	Black British	12
3	Black African	10	3	Black African	10
4	Black Caribbean	7	4	Black Caribbean	10
5	Any other White background	5	5	Mixed White and Black Caribbean	6

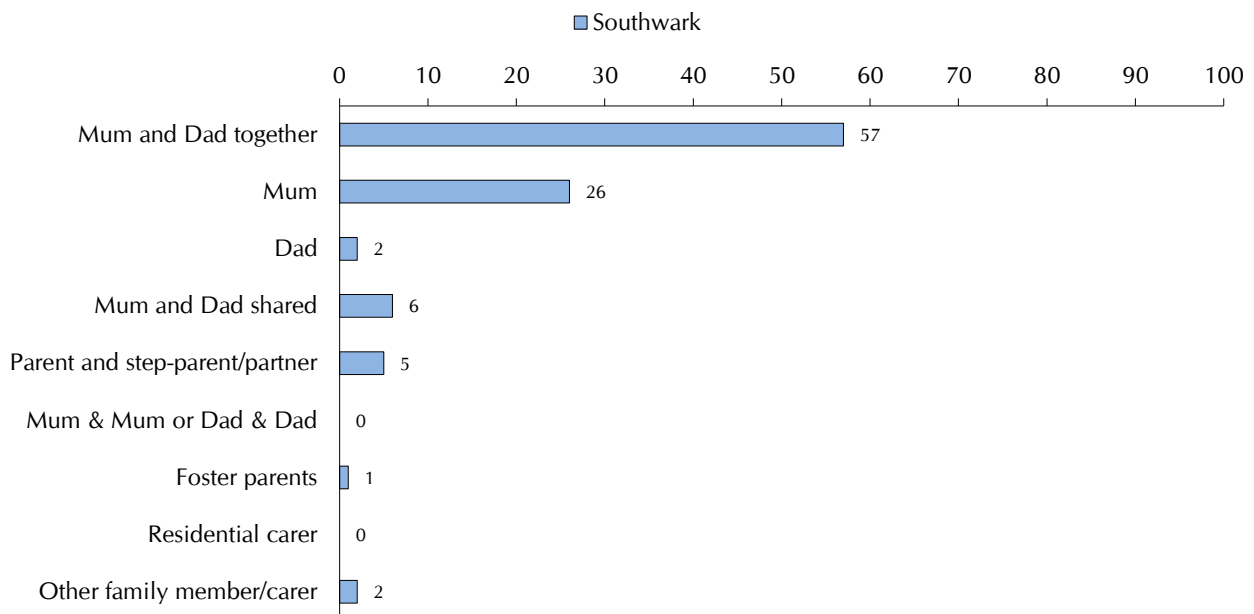
32% of pupils responded that they are white British.

QE. Percentage answering that they are white British.

Southwark		
	Yr 8	Yr 10
Boys	30	35
Girls	21	52

Home Life

Q1. Which adults do you live with?



57% of pupils responded that they live with their mum and dad together.

Q1. Percentage answering that they live with their mum and dad together.

Southwark		
	Yr 8	Yr 10
Boys	58	62
Girls	55	56

26% of pupils responded that they live with their mum, while 2% said they live with their dad.

Q1. Percentage answering that they live with their mum.

Southwark		
	Yr 8	Yr 10
Boys	23	20
Girls	30	28

Religion

39% of pupils responded that they regularly attend a place of worship, while 8% said they are 'not sure' if they do.

Q2a. Percentage answering that they regularly attend a place of worship.

	Southwark	
	Yr 8	Yr 10
Boys	47	30
Girls	49	20

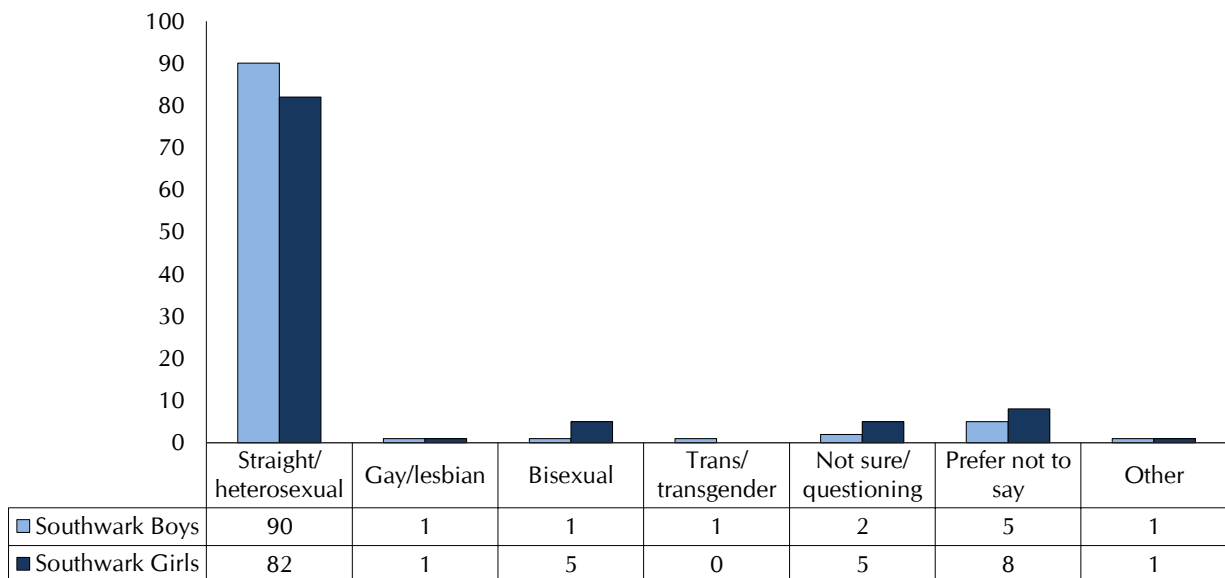
30% of pupils responded that they are Christian.

Q2b. Percentage of pupils responding that they belong to the following religion (top 3):

Boys			Girls		
1	Christian	30	1	Christian	30
2	Muslim	15	2	Muslim	14
3	Hindu	1	3	Other	1

Sexual orientation

Q3. Which of the following best describes your sexual orientation?



86% of pupils responded that they are straight/heterosexual.

Q3. Percentage answering that they are straight/heterosexual.

	Southwark	
	Yr 8	Yr 10
Boys	89	91
Girls	83	80

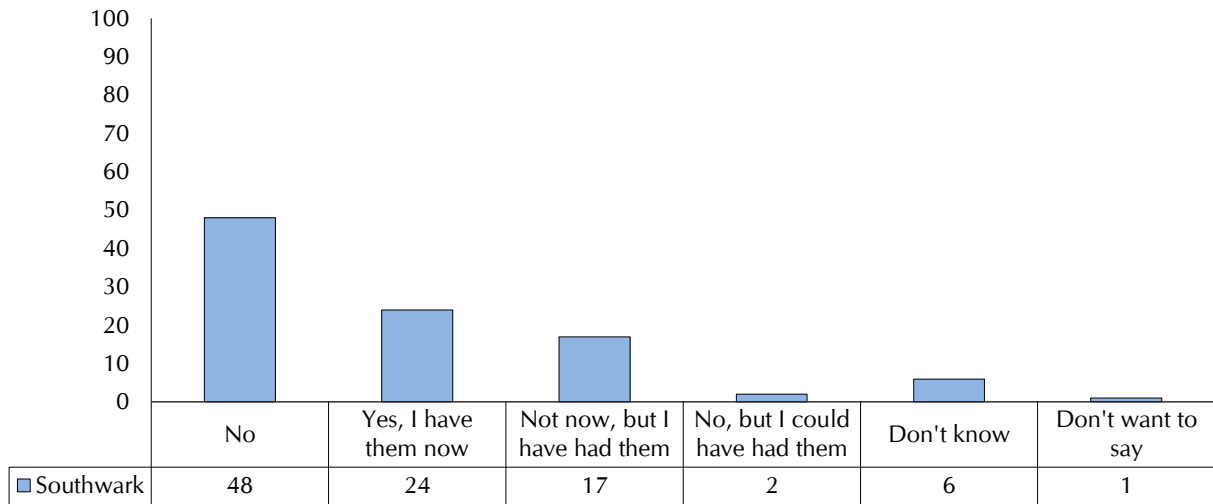
1% of pupils responded that they are gay/lesbian.

Q3. Percentage answering that they are gay/lesbian.

	Southwark	
	Yr 8	Yr 10
Boys	1	2
Girls	1	1

Free school meals

Q84. Have you ever had free school meals, or vouchers for free meals?



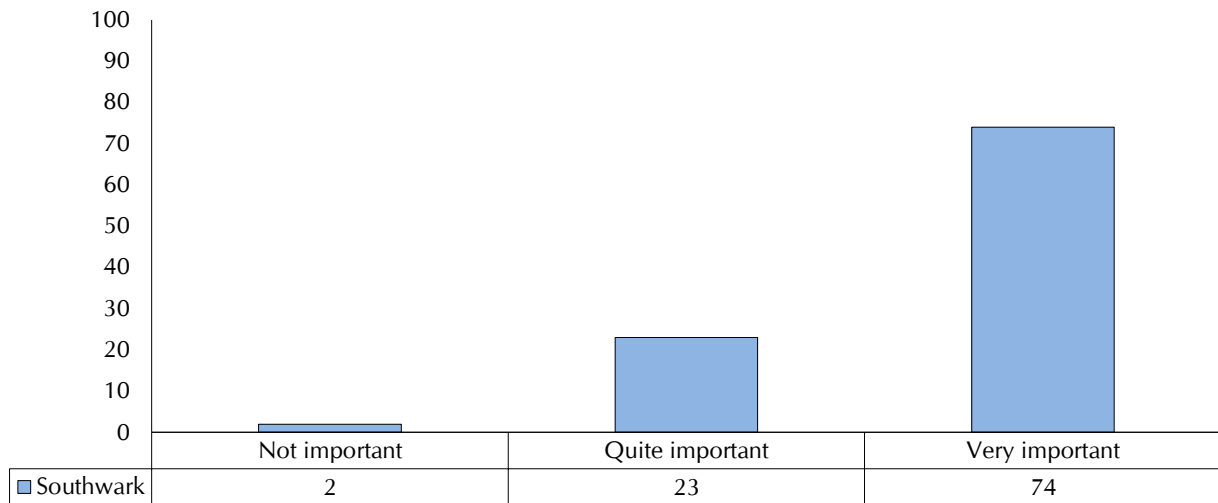
24% of pupils responded that they currently have free school meals, while 17% said they have had them and 2% said they could have had them.

Q84. Percentage answering that they currently have free school meals.

	Southwark	
	Yr 8	Yr 10
Boys	24	23
Girls	29	15

Attendance

Q4. How important do you think it is to go to school regularly?

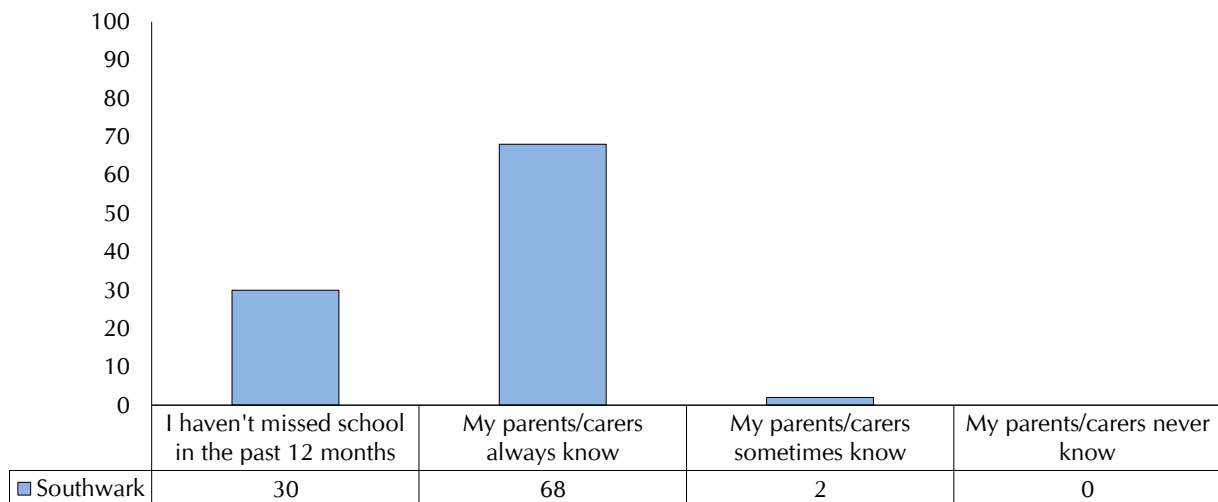


2% of pupils responded that it is 'not important' to go to school regularly, while 74% said it is 'very important'.

Q4. Percentage answering that it is 'very important' to go to school regularly.

	Southwark	
	Yr 8	Yr 10
Boys	77	65
Girls	80	72

Q5. If you have missed school in the past 12 months, did your parent/carers know?



30% of pupils responded that they haven't missed school in the last 12 months, while 68% of pupils responded that they have missed school and their parents/carers always knew.

Q5. Percentage answering that they either haven't missed school in the last 12 months, or their parents have always known if they did.

	Southwark	
	Yr 8	Yr 10
Boys	97	98
Girls	98	97

2% of pupils responded that they have missed school in the last 12 months and their parents/carers 'never' or only 'sometimes' knew.

Q5. Percentage answering that they have missed school in the last 12 months and their parents/carers 'never' or only 'sometimes' knew.

Southwark		
	Yr 8	Yr 10
Boys	3	2
Girls	2	3

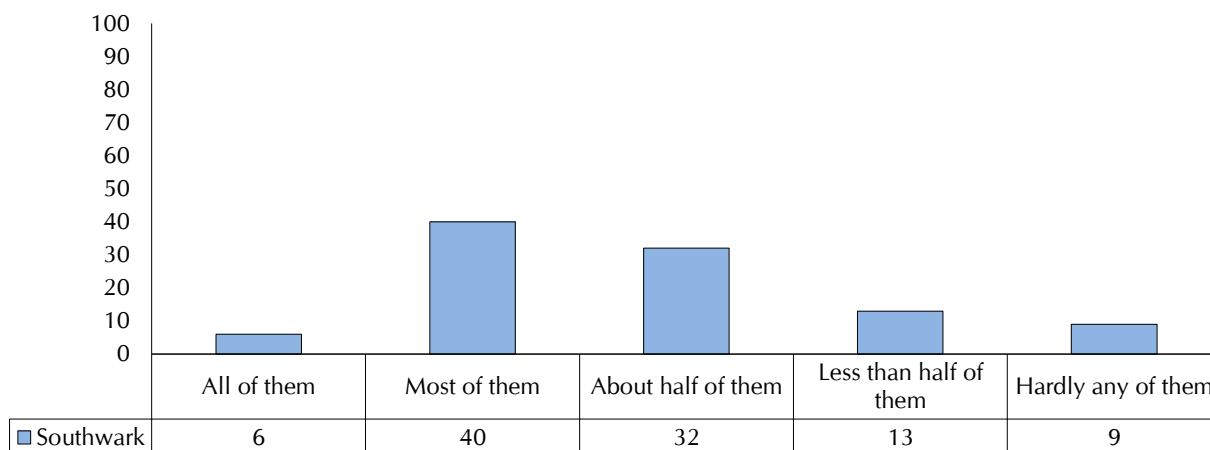
60% of pupils responded that they have been away from school in the last 12 months due to illness or injury.

Q6. Percentage of pupils responding that they have been away from school due to the following reasons in the last 12 months:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Illness or injury	61	51	65	65	60
Caring for family members	8	6	5	10	7
Medical/dental appointments	33	39	47	52	41
Other	6	9	3	10	7
None	26	30	17	16	24

School lessons

Q7. How many lessons have you enjoyed at school over the last 12 months?



47% of pupils responded that they have enjoyed 'most' or 'all' of their lessons at school over the last 12 months.

Q7. Percentage answering that they have enjoyed 'most' or 'all' of their lessons at school over the last 12 months.

Southwark		
	Yr 8	Yr 10
Boys	52	40
Girls	53	35

9% of pupils responded that they have enjoyed 'hardly any' of their lessons at school over the last 12 months.

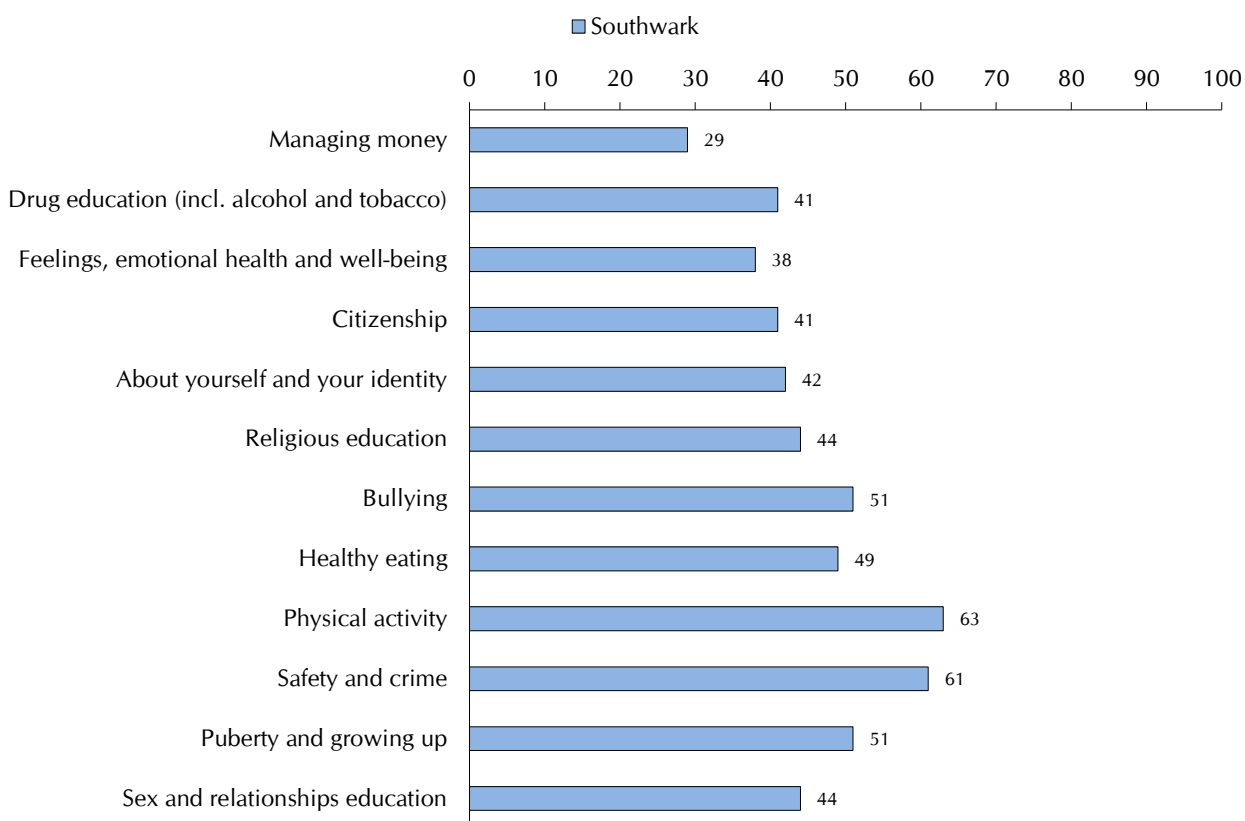
Q7. Percentage answering that they have enjoyed 'hardly any' of their lessons at school over the last 12 months.

Southwark		
	Yr 8	Yr 10
Boys	9	8
Girls	7	12

Q8. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Managing money	45	34	21	6	29
Drug education (incl. alcohol and tobacco)	48	49	30	28	41
Feelings, emotional health and well-being	49	51	21	17	38
Citizenship	52	46	30	25	41
About yourself and your identity	54	59	23	15	42
Religious education	49	59	25	34	44
Bullying	53	64	33	42	51
Healthy eating	63	64	30	23	49
Physical activity	73	71	55	44	63
Safety and crime	66	74	46	47	61
Puberty and growing up	63	65	32	28	51
Sex and relationships education	52	50	34	32	44

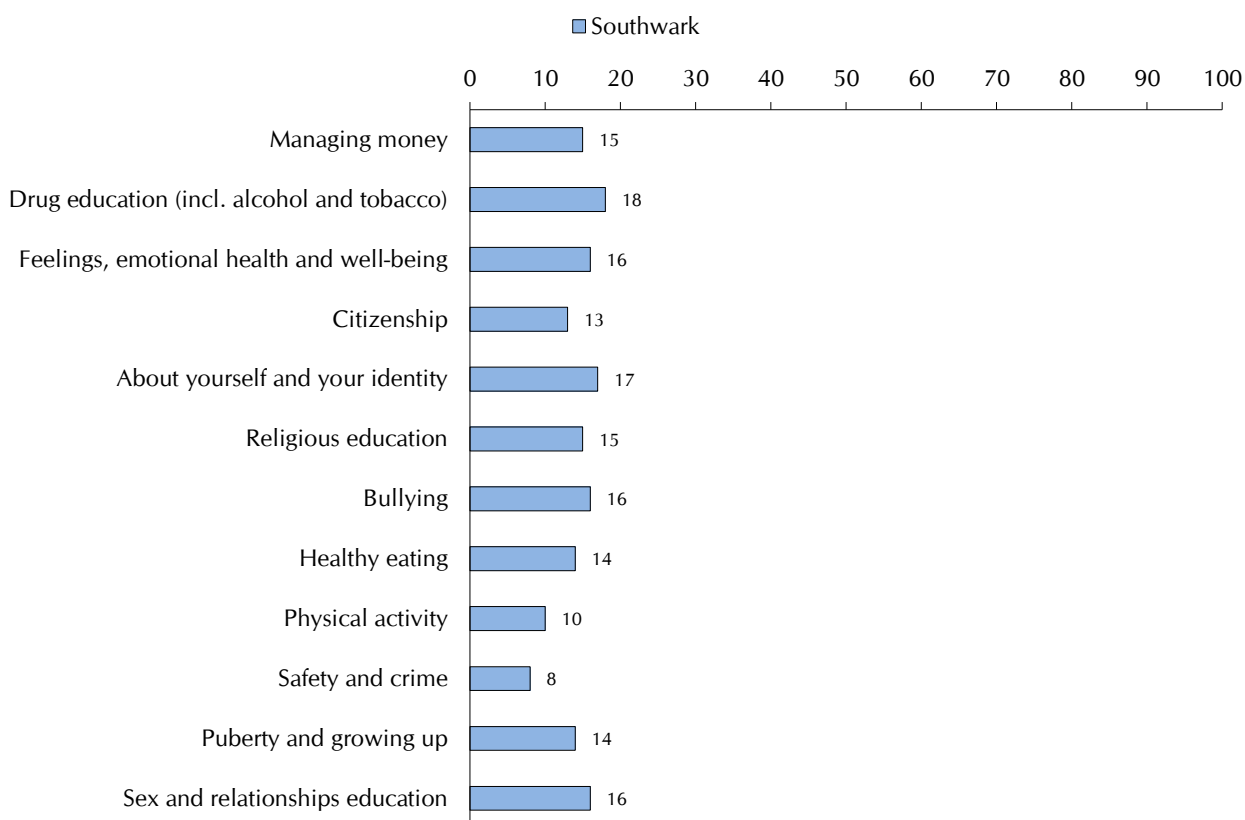
Q8. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:



Q8. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Managing money	9	9	25	23	15
Drug education (incl. alcohol and tobacco)	15	11	29	21	18
Feelings, emotional health and well-being	8	8	30	27	16
Citizenship	7	10	21	21	13
About yourself and your identity	11	12	25	28	17
Religious education	12	9	27	18	15
Bullying	16	11	23	17	16
Healthy eating	7	9	20	29	14
Physical activity	5	6	11	25	10
Safety and crime	6	4	13	13	8
Puberty and growing up	7	7	24	25	14
Sex and relationships education	10	12	25	22	16

Q8. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:



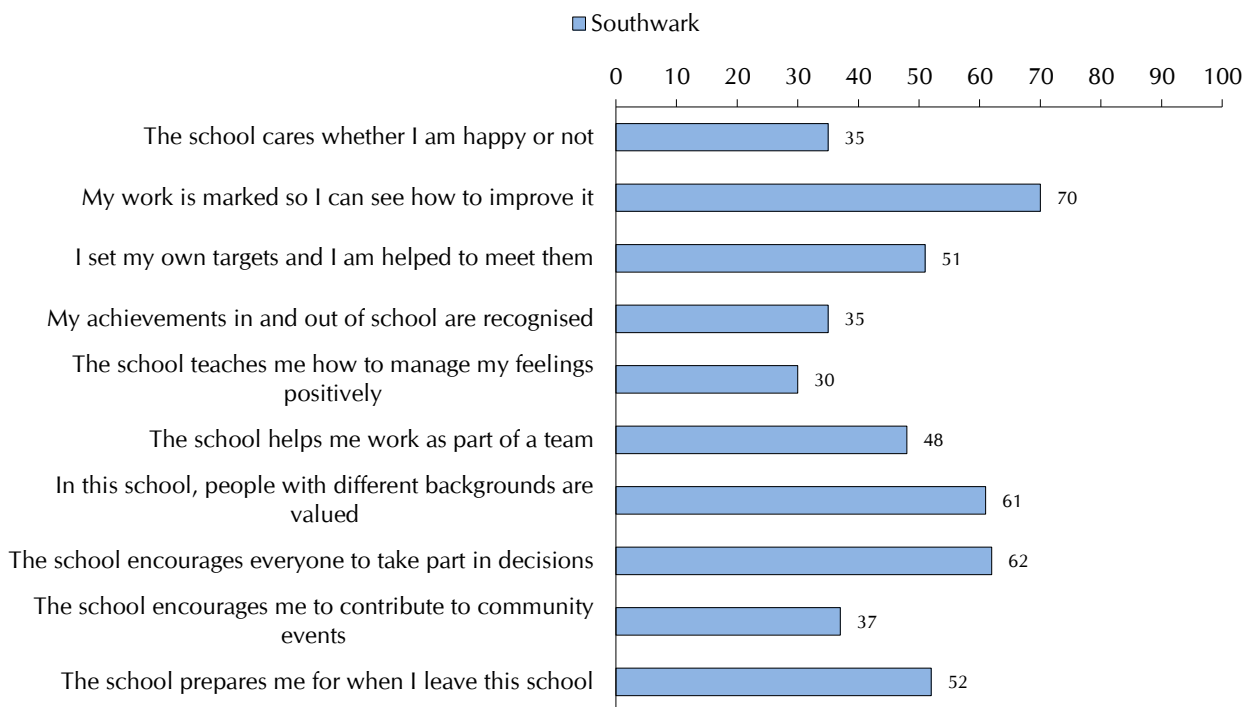
Every Child Matters

70% of pupils responded that their work is marked so they can see how to improve it.

Q9. Percentage of pupils responding that they 'agree' with the following statements:

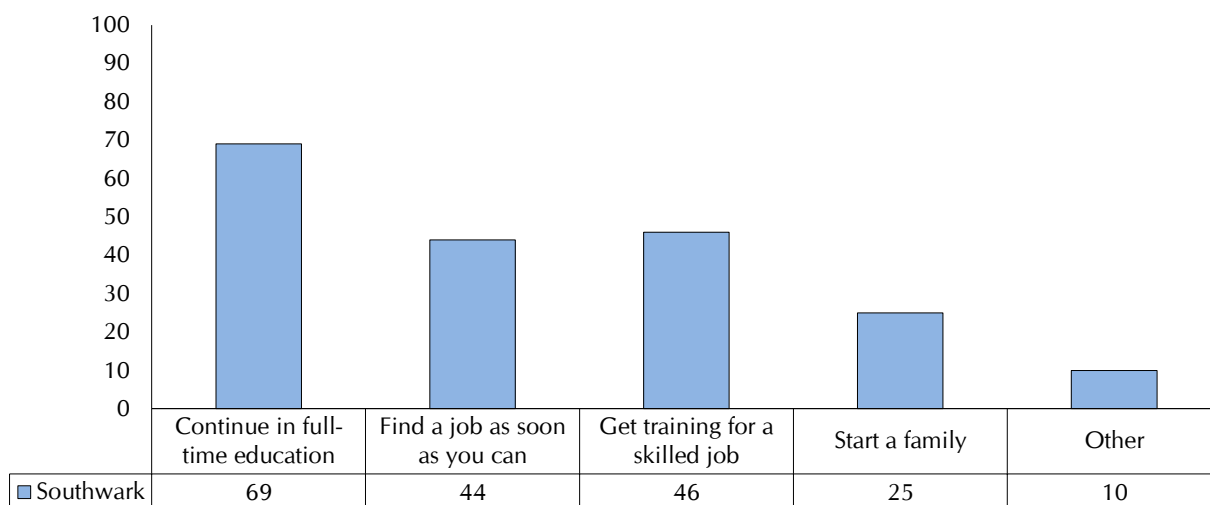
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	43	41	23	27	35
My work is marked so I can see how to improve it	73	72	69	65	70
I set my own targets and I am helped to meet them	55	58	42	41	51
My achievements in and out of school are recognised	44	40	28	19	35
The school teaches me to deal with my feelings positively	44	33	17	13	30
The school helps me work as part of a team	52	56	41	38	48
In this school, people with different backgrounds are valued	59	63	61	65	61
The school encourages everyone to take part in decisions	66	64	61	55	62
The school encourages me to contribute to community events	42	43	31	25	37
The school prepares me for when I leave this school	55	57	47	41	52

Q9. Percentage of pupils responding that they 'agree' with the following statements:



Future plans

Q10. When you finish school, do you want to...?



69% of pupils responded that they want to continue in full-time education when they finish school.

Q10. Percentage answering that they want to continue in full-time education when they finish school.

Southwark

	Yr 8	Yr 10
Boys	62	66
Girls	73	79

44% of pupils responded that they want to find a job as soon as they can when they finish school.

Q10. Percentage answering that they want to find a job as soon as they can when they finish school.

Southwark

	Yr 8	Yr 10
Boys	44	44
Girls	44	41

46% of pupils responded that they want to get training for a skilled job when they finish school.

Q10. Percentage answering that they want to get training for a skilled job when they finish school.

Southwark

	Yr 8	Yr 10
Boys	55	36
Girls	53	30

25% of pupils responded that they want to start a family when they finish school.

Q10. Percentage answering that they want to start a family when they finish school.

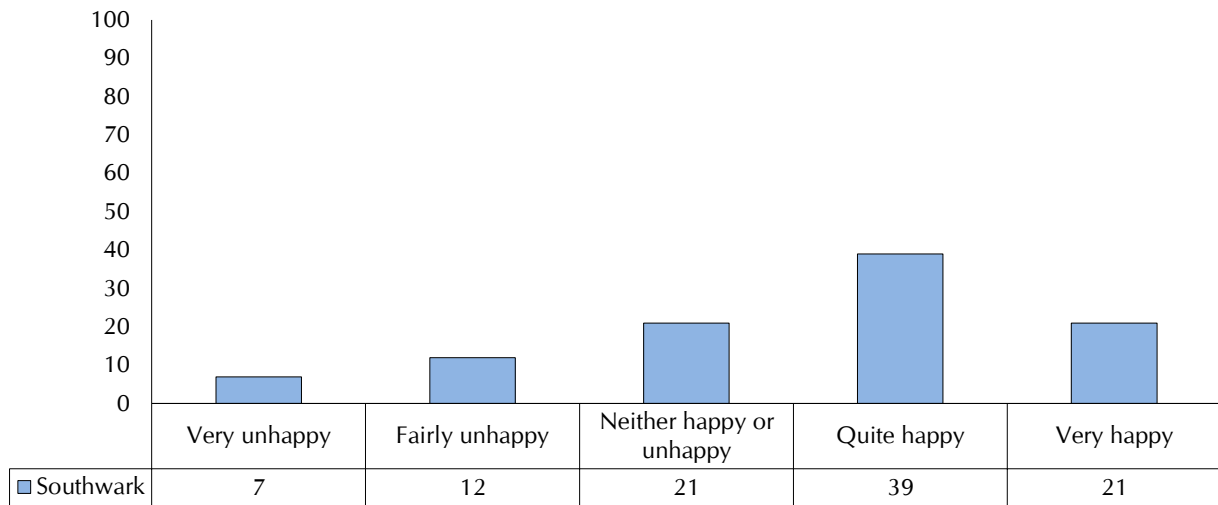
Southwark

	Yr 8	Yr 10
Boys	34	20
Girls	27	15

Emotional Health and Wellbeing

Happiness

Q11. In general, how happy or unhappy do you feel with your life at the moment?



7% of pupils responded that they are 'very unhappy' with their life at the moment.

Q11. Percentage answering that they are 'very unhappy' with their life at the moment.

	Southwark	
	Yr 8	Yr 10
Boys	6	6
Girls	7	10

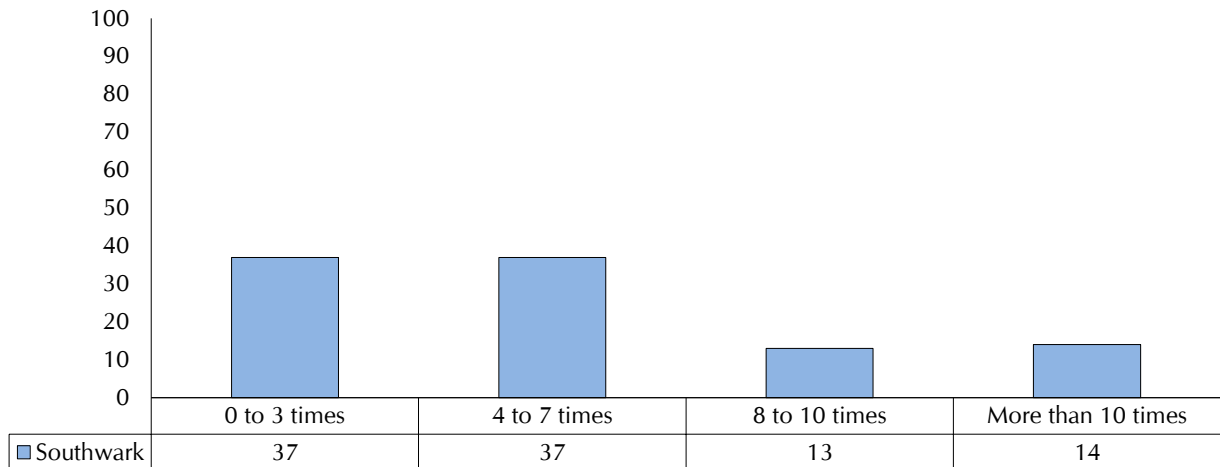
60% of pupils responded that they are 'quite happy' or 'very happy' with their life at the moment.

Q11. Percentage answering that they are 'quite happy' or 'very happy' with their life at the moment.

	Southwark	
	Yr 8	Yr 10
Boys	67	54
Girls	64	48

Helping

Q12a. In the last week, how many times did people help you?



37% of pupils responded that people helped them less than 4 times in the week before the survey.

Q12a. Percentage answering that people helped them less than 4 times in the week before the survey.

Southwark

	Yr 8	Yr 10
Boys	34	41
Girls	35	39

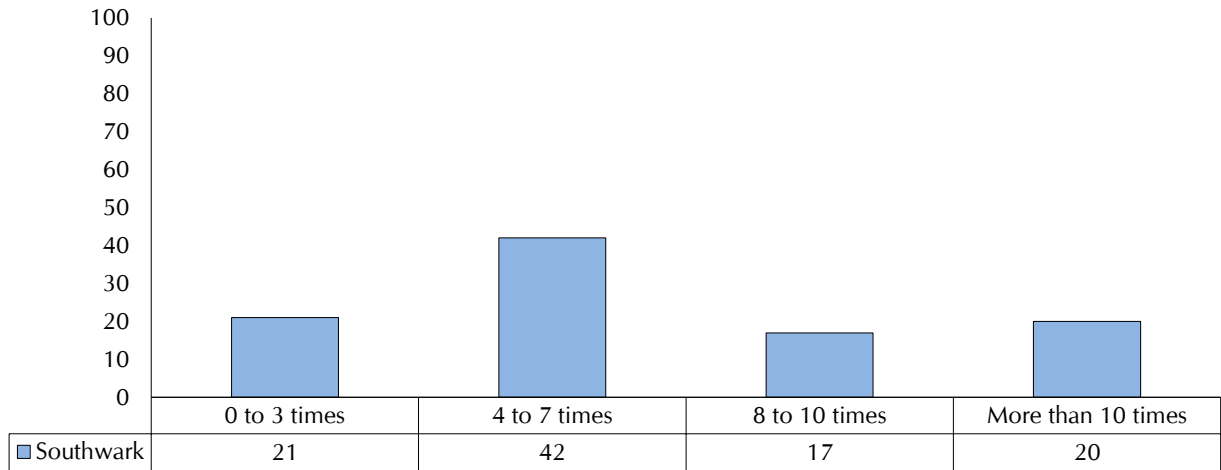
14% of pupils responded that people helped them more than 10 times in the week before the survey.

Q12a. Percentage answering that people helped them more than 10 times in the week before the survey.

Southwark

	Yr 8	Yr 10
Boys	19	13
Girls	14	7

Q12b. In the last week, how many times did you help people?



21% of pupils responded that they helped other people less than 4 times in the week before the survey.

Q12b. Percentage answering that they helped other people less than 4 times in the week before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	23	29
Girls	17	15

20% of pupils responded that they helped other people more than 10 times in the week before the survey.

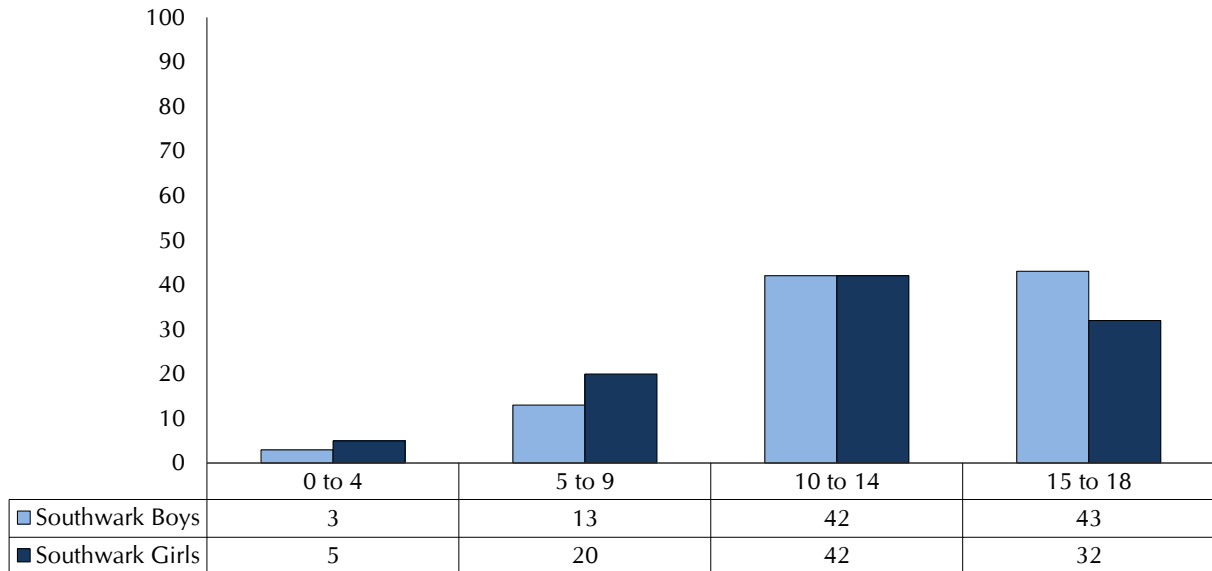
Q12b. Percentage answering that they helped other people more than 10 times in the week before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	18	24
Girls	21	16

Self-esteem

This measurement is derived from the responses to a set of ten statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem compared with No Data are:

Q13. Composite self-esteem score:



Data from the 'Young People into...' series, reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

21% of pupils had a med-low self-esteem score (9 or less).

Q13. Percentage with a med-low self-esteem score (9 or less).

	Southwark	
	Yr 8	Yr 10
Boys	17	13
Girls	29	20

37% of pupils had a high self-esteem score (15 or more).

Q13. Percentage with a high self-esteem score (15 or more).

	Southwark	
	Yr 8	Yr 10
Boys	38	50
Girls	30	35

27% of pupils responded that they do not want to change lots of things about themselves.

Q13. (Individual self-esteem items) Percentage in each group giving a high esteem response:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Pupils who feel happy talking to other pupils at school	74	72	75	71	73
Pupils who do not want to change lots of things about themselves	34	25	25	19	27
Pupils who do not usually feel uneasy saying things in front of teachers in class	41	33	54	42	41
Pupils who do not often fall out with other pupils at school	47	44	67	65	53
Pupils who do not often feel lonely at school	79	67	79	72	74
Pupils who do not think that other pupils usually say nasty things about them	54	38	57	51	49
Pupils who do not usually feel shy when they want to tell a teacher something	60	45	64	50	54
Pupils who do not often have find new friends	69	69	83	77	73
Pupils who do not usually feel foolish when talking to their parents	72	70	79	74	73

N.B. The items below do not contribute to the composite self-esteem score, and as such are reported separately.

70% of pupils responded that their parents/carers like to hear their ideas.

Q13. Percentage answering that their parents/carers like to hear their ideas.

Southwark		
	Yr 8	Yr 10
Boys	72	66
Girls	72	69

41% of pupils responded that their teachers listen to them at school.

Q13. Percentage answering that their teachers listen to them at school.

Southwark		
	Yr 8	Yr 10
Boys	46	38
Girls	40	38

35% of pupils responded that if they feel low, stressed or anxious they have strategies to make themselves feel better.

Q13. Percentage answering that if they feel low, stressed or anxious they have strategies to make themselves feel better.

Southwark		
	Yr 8	Yr 10
Boys	40	27
Girls	40	31

48% of pupils responded that if they were feeling low, stressed or anxious they would know where to get help.

Q13. Percentage answering that if they were feeling low, stressed or anxious they would know where to get help.

Southwark		
	Yr 8	Yr 10
Boys	56	43
Girls	51	33

Perseverance

73% of pupils responded that if at first they don't succeed, they 'usually' or 'whenever possible' keep on trying until they do, while 51% said they ask for help.

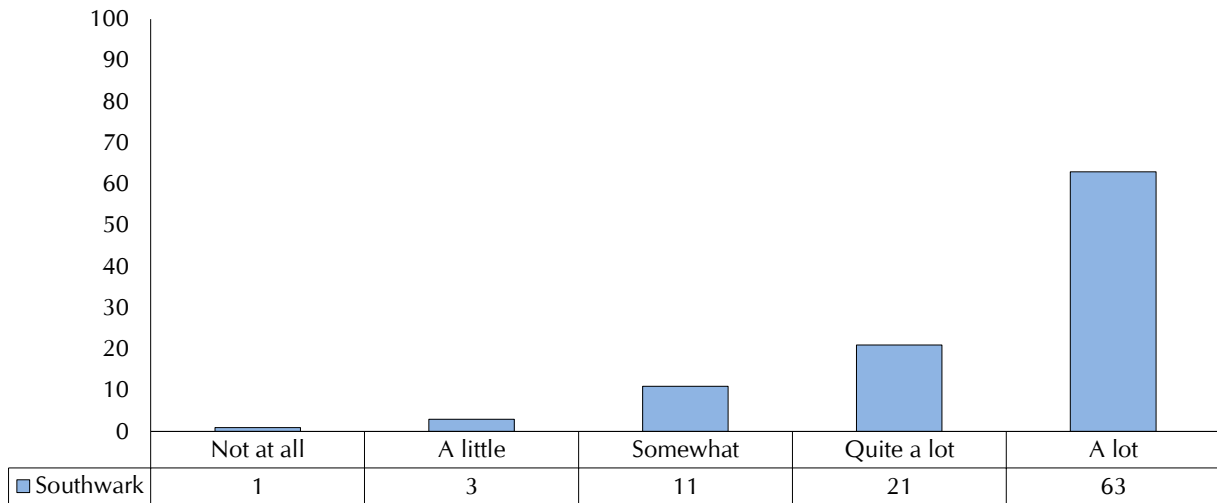
Q14. Percentage of pupils responding that they do the following 'usually' or 'whenever possible' if at first they don't succeed:

Boys	Never	Sometimes	Usually	Whenever possible
Blame someone else	49	41	4	4
Keep on trying until you do	3	22	41	33
Have another go	3	16	43	38
Give up	41	48	6	4
Try a different way of doing it	4	30	40	26
Ask for help	9	44	28	17
Go and do something else	22	54	14	9
Just accept you can't do it	47	39	9	5

Girls	Never	Sometimes	Usually	Whenever possible
Blame someone else	59	36	3	2
Keep on trying until you do	3	24	46	26
Have another go	2	21	43	34
Give up	26	60	10	3
Try a different way of doing it	5	32	42	21
Ask for help	7	34	33	25
Go and do something else	15	57	18	10
Just accept you can't do it	37	44	10	8

Worrying

Q15. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...



84% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q15. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

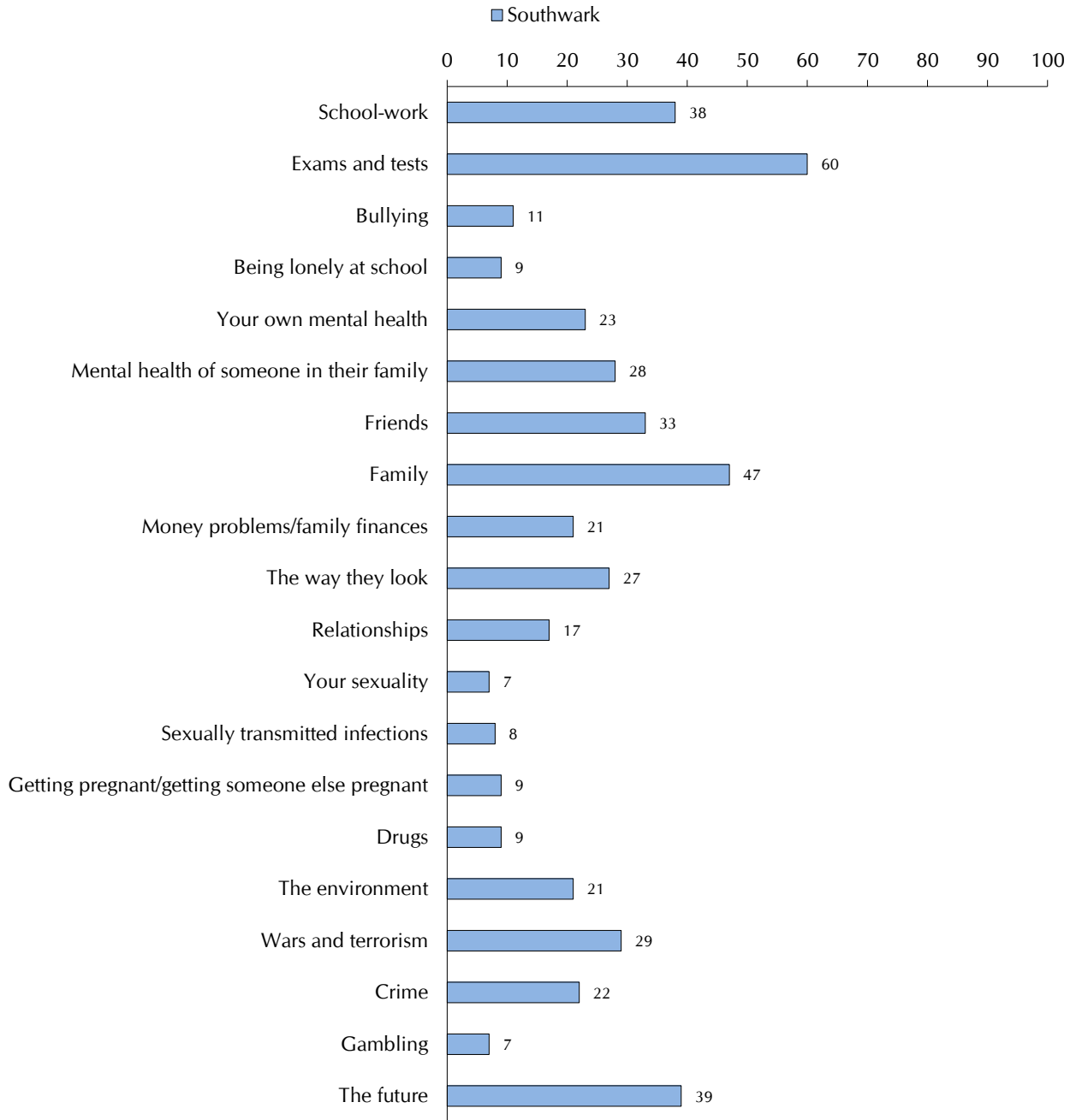
	Southwark	
	Yr 8	Yr 10
Boys	82	77
Girls	87	90

60% of pupils responded that they worry 'quite a lot' or 'a lot' about exams and tests.

Q15. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10):

Boys			Girls		
1	Exams and tests	51	1	Exams and tests	68
2	Family	47	2	Family	48
3	The future	35	3	School-work	46
4	Friends	31	4	The future	44
5	School-work	30	5	Friends	35
6	Mental health of someone in their family	26	6	The way they look	35
7	Wars and terrorism	24	7	Wars and terrorism	33
8	The environment	21	8	Mental health of someone in their family	30
9	Crime	21	9	Your own mental health	27
10	Money problems/family finance	20	10	Crime	24

Q15. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



Trusted adults

63% of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 9% said they don't know one and 28% said they 'maybe' do.

Q16. Percentage answering that they know an adult they trust who they can talk to if they are worried about something.

	Southwark	
	Yr 8	Yr 10
Boys	65	53
Girls	71	56

Thoughts and Feelings

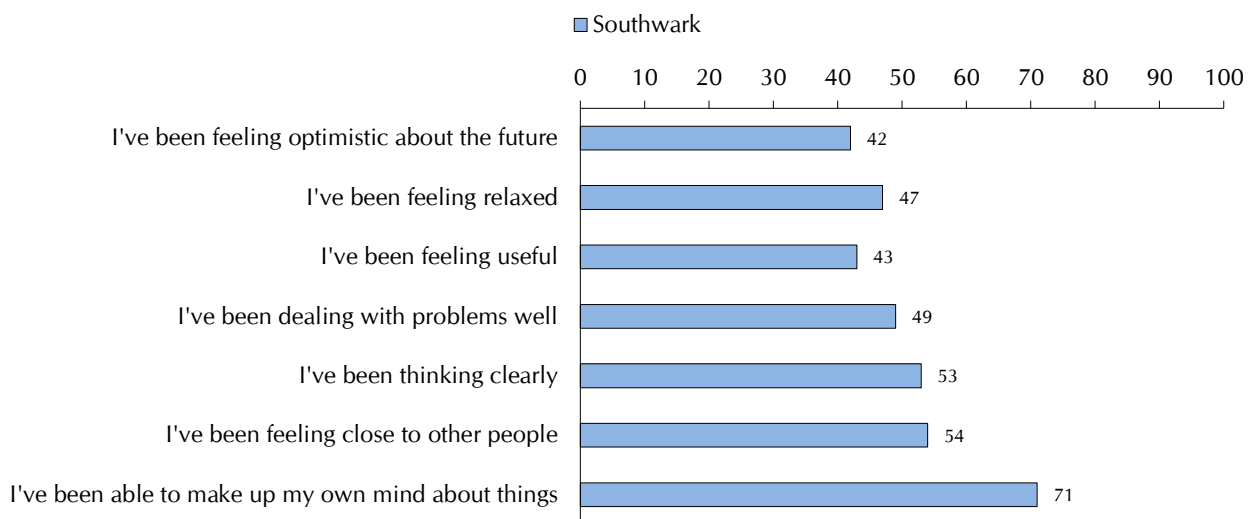
42% of pupils responded that they have been feeling optimistic about the future 'often' or 'very often' in the two weeks before the survey, while 43% said they have been feeling useful.

Q17. The Short Warwick-Edinburgh Mental Wellbeing Scale :

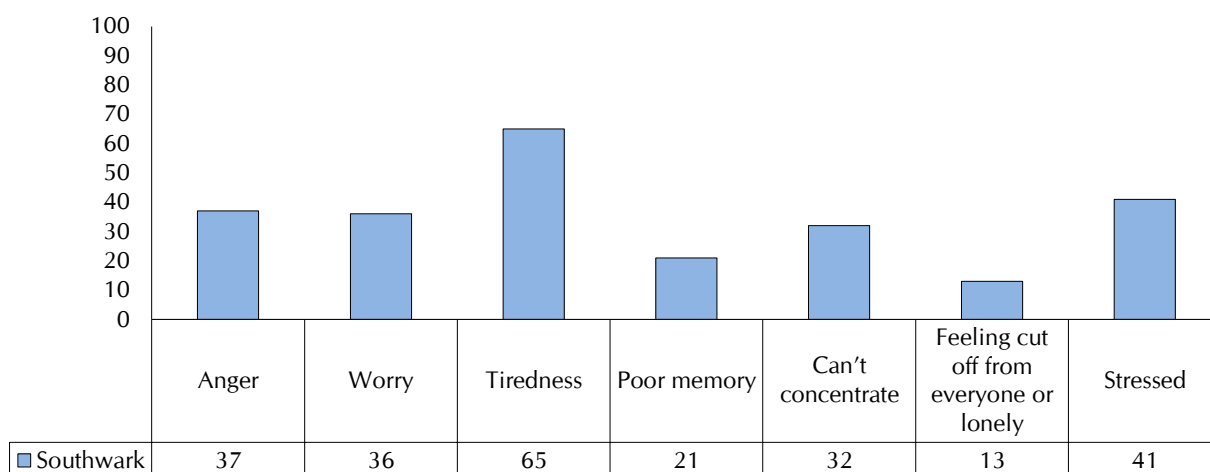
Boys	Never	Sometimes	Often	Very often
I've been feeling optimistic about the future	14	40	30	15
I've been feeling relaxed	7	33	35	26
I've been feeling useful	8	41	34	17
I've been dealing with problems well	9	35	34	20
I've been thinking clearly	5	34	37	23
I've been feeling close to other people	12	33	31	22
I've been able to make up my own mind about things	4	22	35	39

Girls	Never	Sometimes	Often	Very often
I've been feeling optimistic about the future	16	44	26	14
I've been feeling relaxed	16	50	26	9
I've been feeling useful	15	47	28	9
I've been dealing with problems well	15	39	32	12
I've been thinking clearly	12	41	31	15
I've been feeling close to other people	12	31	33	23
I've been able to make up my own mind about things	6	24	39	30

Q17. Percentage of pupils responding that they experienced the following thoughts and feelings 'often' or 'very often' in the two weeks before the survey:



Q18. Percentage of pupils responding that they have experienced the following feelings 'often' or 'very often' in the two weeks before the survey:



37% of pupils responded that they felt angry 'often' or 'very often' in the two weeks before the survey, while 65% experienced tiredness and 41% felt stressed.

Q18. Percentage of pupils responding that they have experienced the following feelings 'often' or 'very often' in the two weeks before the survey

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Anger	32	39	31	48	37
Worry	24	40	27	57	36
Tiredness	57	63	69	80	65
Poor memory	15	20	25	31	21
Can't concentrate	25	31	33	47	32
Feeling cut off from everyone or lonely	8	15	8	18	13
Stressed	31	38	33	70	41

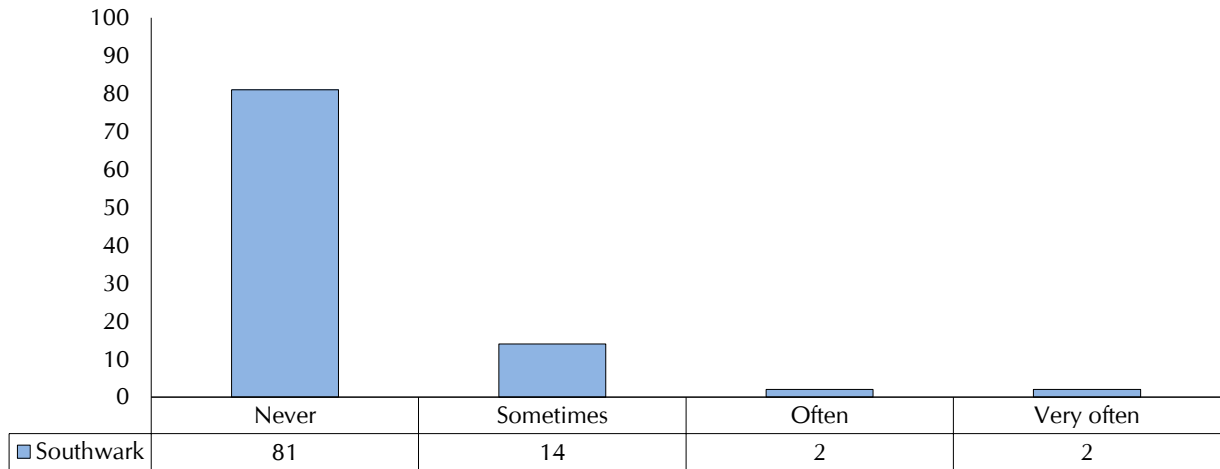
53% of pupils responded that when things went wrong in the past 6 months they 'often' or 'very often' learnt from the experience for next time.

Q19. Percentage of pupils responding that they 'often' or 'very often' did the following when things went wrong in the past 6 months:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Got upset and felt bad for ages	17	25	13	36	22
Felt a bit bad but soon forgot about it	30	34	33	27	31
Were calm and carried on	49	38	48	30	42
Learnt from it for next time	57	54	55	44	53
Felt something else	8	10	6	7	8

Bullying

Q20. Do you ever feel afraid of going to school because of bullying?



19% of pupils responded that they feel afraid of going to school because of bullying at least 'sometimes'.

Q20. Percentage answering that they feel afraid of going to school because of bullying at least 'sometimes'.

	Southwark	
	Yr 8	Yr 10
Boys	15	6
Girls	29	16

4% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

Q20. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

	Southwark	
	Yr 8	Yr 10
Boys	4	3
Girls	4	7

12% of pupils responded that they have been bullied at or near school in the last 12 months, while 15% said they 'don't know' if they have.

Q21. Percentage answering they have been bullied at or near school in the last 12 months.

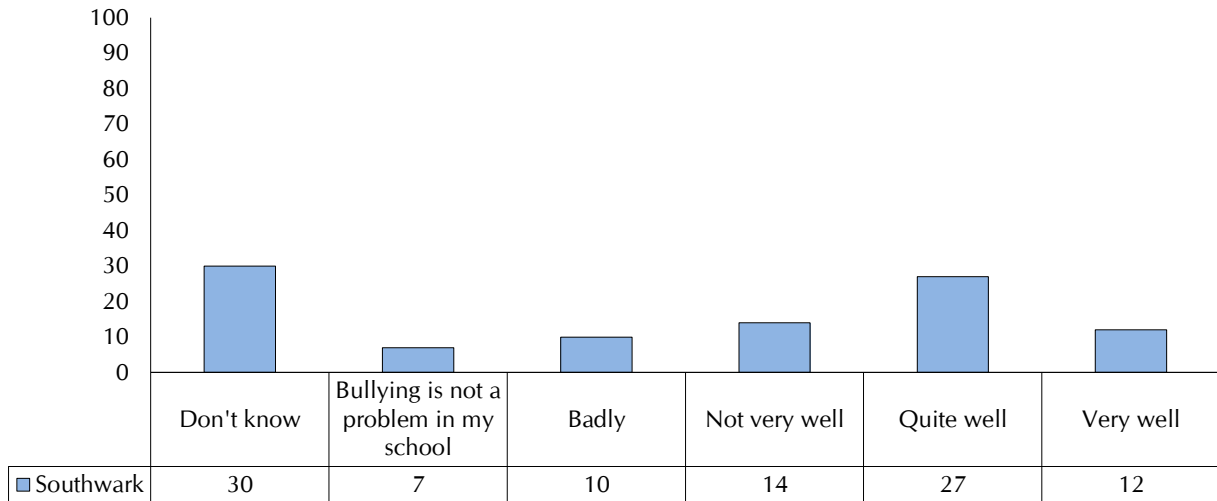
	Southwark	
	Yr 8	Yr 10
Boys	11	7
Girls	13	16

6% of pupils responded that they have bullied someone else at school in the last 12 months, while 12% said they 'don't know' if they have.

Q22. Percentage answering that they have bullied someone else at school in the last 12 months.

	Southwark	
	Yr 8	Yr 10
Boys	8	6
Girls	4	4

Q23. How well does your school deal with bullying?



10% of pupils responded that their school deals with bullying 'badly'.

Q23. Percentage answering that their school deals with bullying 'badly'.

	Southwark	
	Yr 8	Yr 10
Boys	8	15
Girls	7	15

39% of pupils responded that their school deals with bullying 'quite' or 'very' well, while 7% said that bullying is not a problem in their school.

Q23. Percentage answering that their school deals with bullying 'quite' or 'very' well.

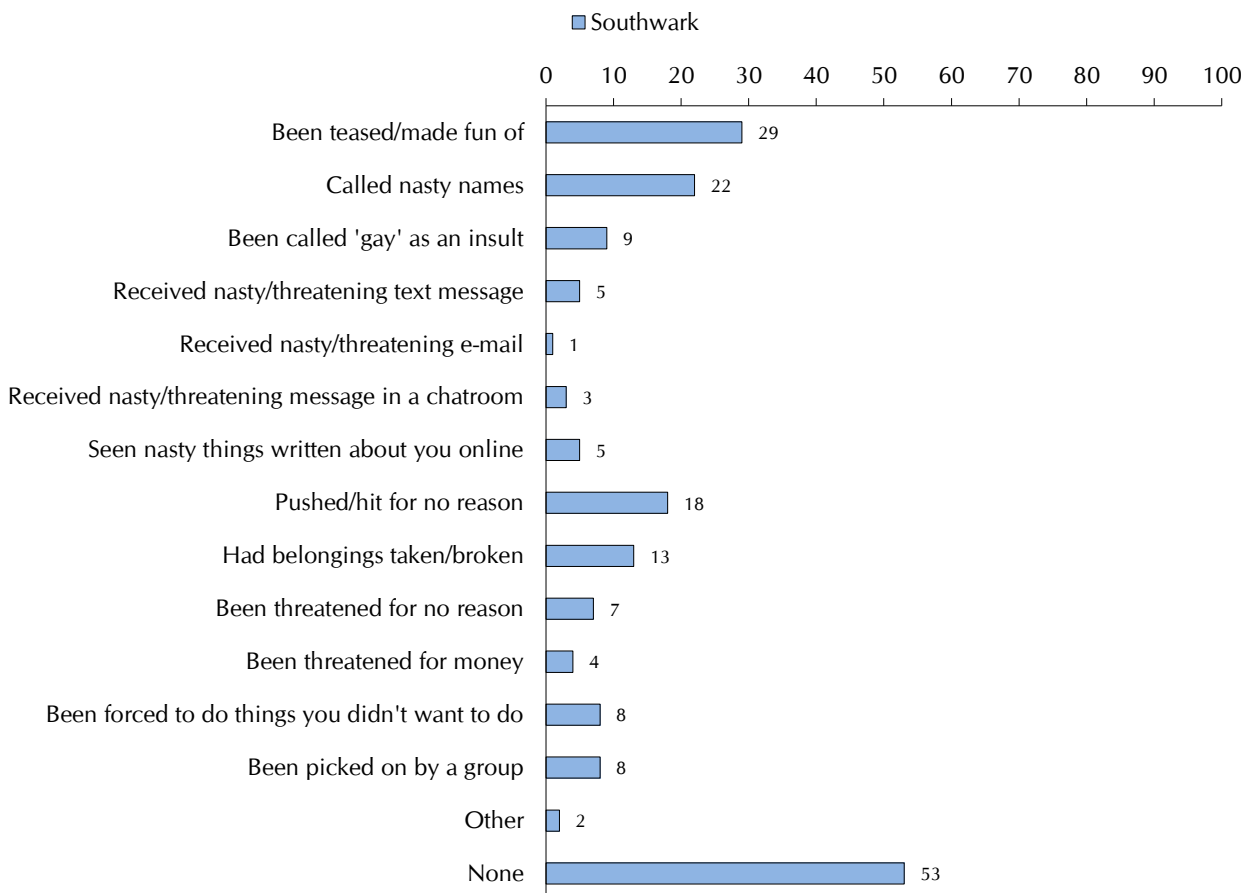
	Southwark	
	Yr 8	Yr 10
Boys	41	28
Girls	48	30

18% of pupils responded that they have been pushed or hit for no reason in the last month, while 13% said they've had their belongings taken or broken.

Q24. Percentage of pupils responding that they have experienced the following negative behaviours in the last month (top 10):

Boys			Girls		
1	Been teased/made fun of	28	1	Been teased/made fun of	30
2	Pushed/hit for no reason	21	2	Called nasty names	23
3	Called nasty names	20	3	Pushed/hit for no reason	15
4	Had belongings taken/broken	15	4	Had belongings taken/broken	11
5	Been called gay as an insult	13	5	Been picked on by a group	10
6	Been threatened for no reason	8	6	Been forced to do things they didn't want to do	9
7	Been picked on by a group	7	7	Been threatened for no reason	7
8	Been forced to do things they didn't want to do	6	8	Seen nasty things written about them online	6
9	Received nasty/threatening text message	4	9	Been called gay as an insult	5
10	Been threatened for money	4	10	Received nasty/threatening text message	5

Q24. Percentage of pupils responding that they have experienced the following negative behaviours in the last month:



36% of pupils responded that they experienced negative behaviour at school in the last month, while 7% said it happened at or near home.

Q25. Percentage of pupils responding that they have experienced negative behaviour at the following places in the last month:

Boys			Girls		
1	At school	35	1	At school	37
2	On the way to or from school	7	2	At or near home	8
3	At or near home	6	3	On the way to or from school	6
4	Somewhere else	5	4	Somewhere else	5

26% of pupils responded that they are being bullied because of the way they look, while 11% said it was because of their skin, colour or race.

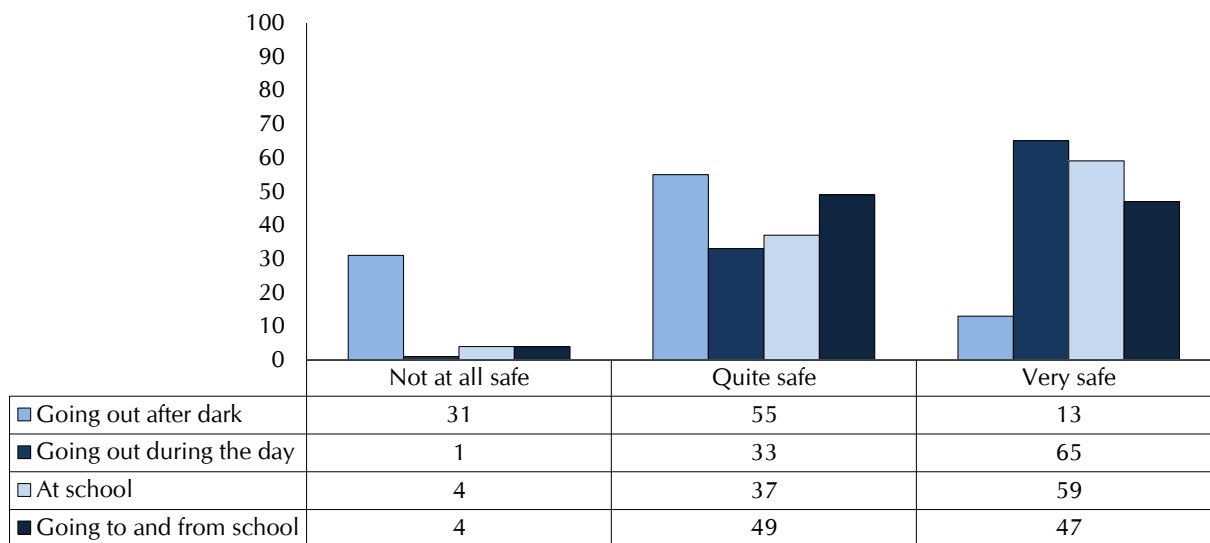
Q26. Percentage of pupils responding that they feel they are being 'picked on' or bullied for the following reasons (top 10):

Boys			Girls		
1	Their size or weight	19	1	The way they look	32
2	The way they look	19	2	Their size or weight	23
3	Their skin, colour or race	12	3	Their skin, colour or race	11
4	Their ability	10	4	The clothes they wear	11
5	Their family background	7	5	Their ability	10
6	The clothes they wear	6	6	Their family background	8
7	Their religion or faith	6	7	Their health	7
8	Their sexuality	5	8	Their gender	6
9	A disability or learning difficulty	5	9	Their religion or faith	4
10	Other	5	10	Their sexuality	4

Safety

Feeling Safe

Q27. Feeling safe summary: How do you rate your safety at the following times in the area where you live?



31% of pupils rated their safety when going out after dark in their area as 'not at all safe'.

Q27. Percentage of pupils rating their safety as 'not at all safe' in the following situations:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
When going out after dark	33	39	22	17	31
When going out during the day	2	1	3	1	1
At school	6	2	4	2	4
When going to and from school	6	2	4	0	4

59% of pupils rated their safety at school as 'very safe'.

Q27. Percentage of pupils rating their safety as 'very safe' in the following situations:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
When going out after dark	13	11	21	12	13
When going out during the day	64	64	70	63	65
At school	60	55	66	58	59
When going to and from school	43	42	61	50	47

Violence and aggression

14% of pupils responded that someone attacked them or tried to attack them in the past 12 months, while 8% said they were 'not sure' if someone did.

Q28a. Percentage answering that someone attacked them or tried to attack them in the past 12 months.

	Southwark	
	Yr 8	Yr 10
Boys	22	18
Girls	7	13

8% of pupils reported that someone attacked or tried to attack them in the school grounds, while 8% said that it happened in the street/park.

Q28b. Percentage of pupils responding that someone attacked or tried to attack them at the following places:

Boys			Girls		
1	In the street/park	12	1	In the street/park	5
2	In the school grounds	12	2	In the school grounds	4
3	Somewhere else	3	3	Somewhere else	2
4	At home	1	4	At home	2
5	At a club	1	5	At a club	1

6% of pupils responded that they reported the attack to a parent/carer, while 7% told no-one.

Q28c. Percentage of pupils responding that they reported the attack or attempted attack to the following:

Boys			Girls		
1	No-one	9	1	No-one	5
2	A parent/carer	7	2	A parent/carer	5
3	A friend	7	3	A friend	3
4	A teacher	6	4	A teacher	3
5	The police	4	5	The police	3

3% of pupils responded that a weapon was used/threatened when someone attacked them or tried to attack them, while 3% said they are 'not sure'.

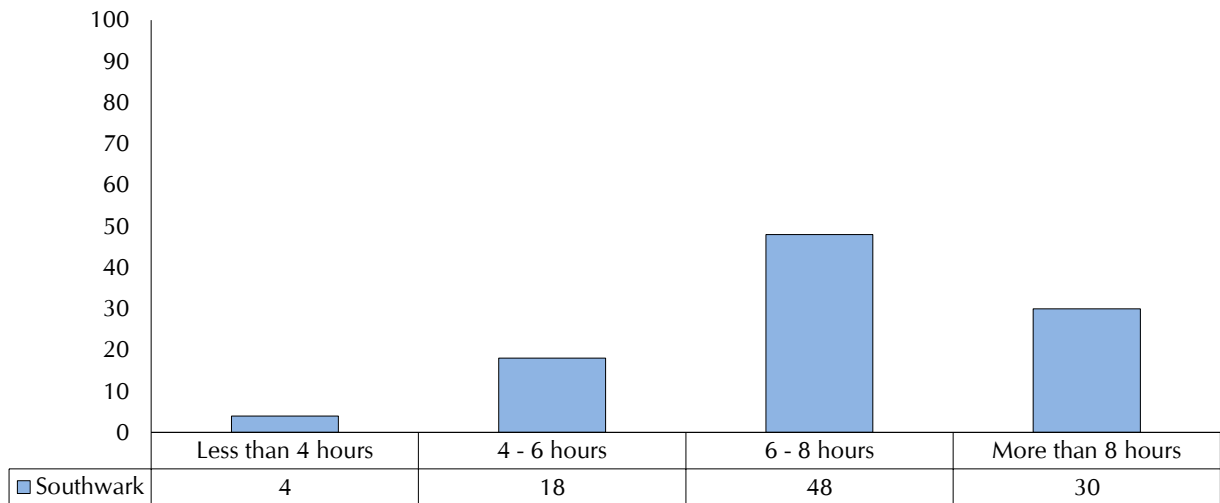
Q28d. Percentage answering that a weapon was used/threatened when someone attacked them or tried to attack them.

	Southwark	
	Yr 8	Yr 10
Boys	4	10
Girls	1	2

Health and Hygiene

Sleep

Q29. How much sleep did you get last night?



4% of pupils responded that they got less than 4 hours sleep last night.

Q29. Percentage answering that they got less than 4 hours sleep last night.

	Southwark	
	Yr 8	Yr 10
Boys	5	4
Girls	4	4

78% of pupils responded that they got at least 6 hours sleep last night, while 30% said that they got more than 8 hours.

Q29. Percentage answering that they got at least 6 hours sleep last night.

	Southwark	
	Yr 8	Yr 10
Boys	82	71
Girls	78	74

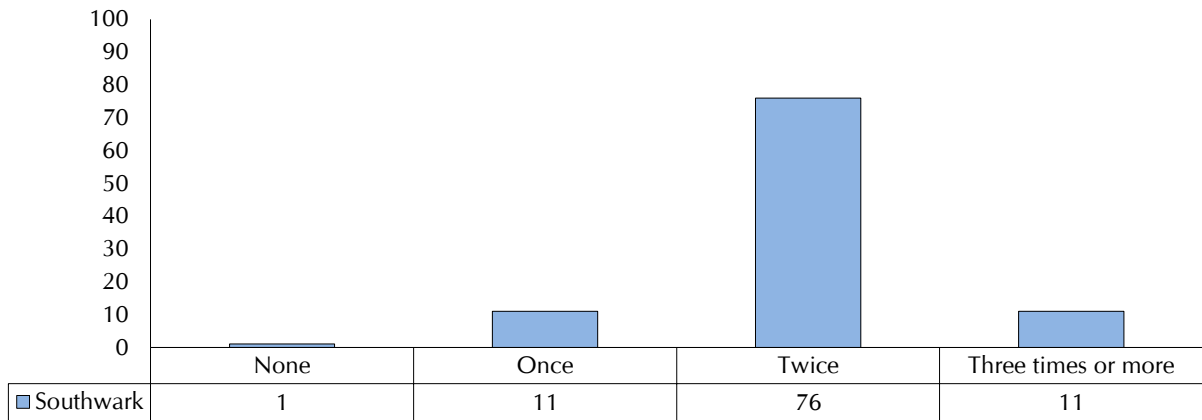
78% of pupils responded that the amount of sleep they got last night is usual for a school night, while 13% said it's less than they usually get.

Q30. Percentage answering that the amount of sleep they got last night is usual for a school night.

	Southwark	
	Yr 8	Yr 10
Boys	78	75
Girls	80	75

Dental health

Q31. How many times did you clean your teeth on the day before the survey?



88% of pupils responded that they cleaned their teeth at least twice on the day before the survey.

Q31. Percentage answering that they cleaned their teeth at least twice on the day before the survey.

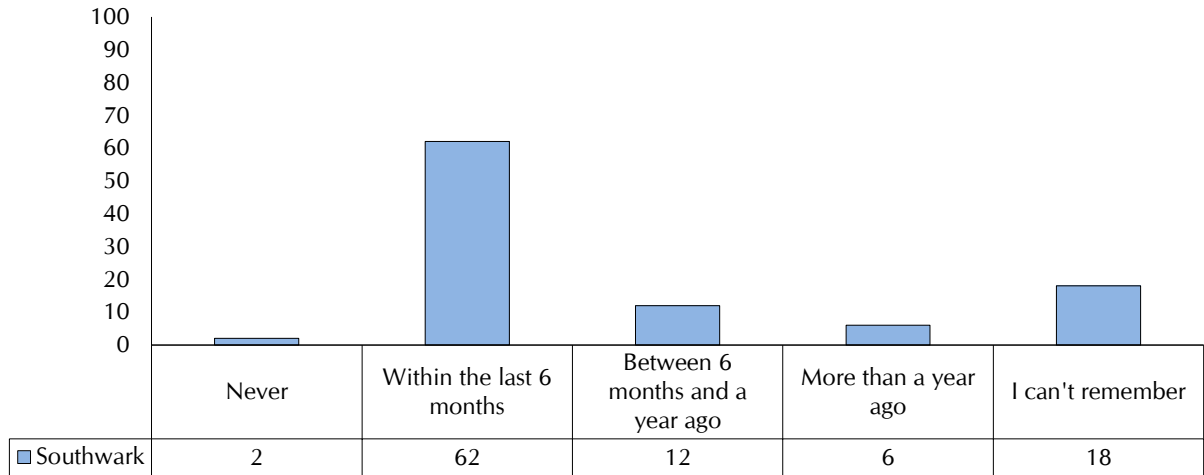
	Southwark	
	Yr 8	Yr 10
Boys	86	85
Girls	90	90

1% of pupils responded that they did not clean their teeth at all on the day before the survey.

Q31. Percentage answering that they did not clean their teeth at all on the day before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	1	0
Girls	1	1

Q32. When did you last visit the dentist?



62% of pupils responded that they have been to the dentist within the last 6 months, while 6% said they last went more than a year ago.

Q32. Percentage answering that they have been to the dentist within the last 6 months.

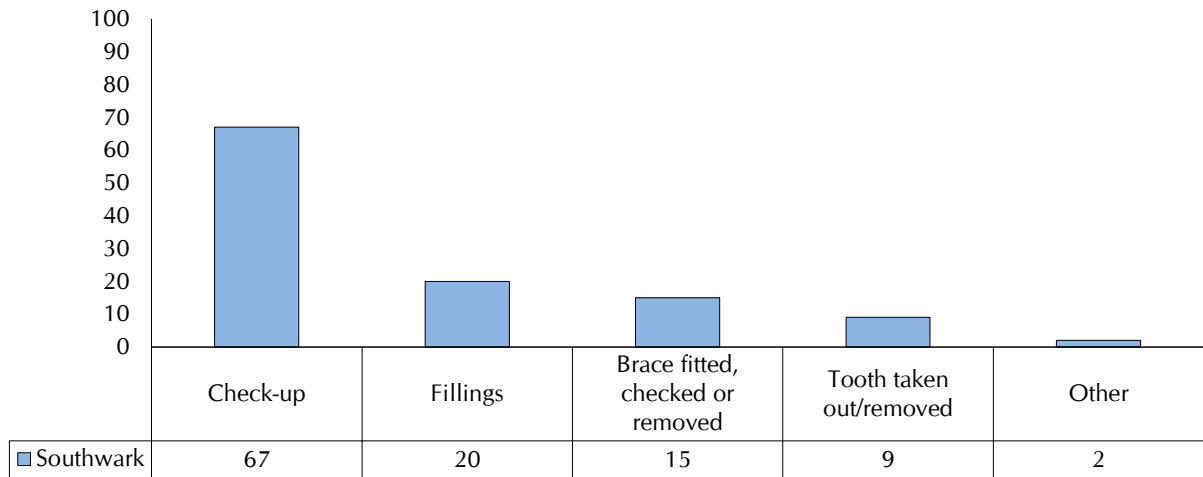
	Southwark	
	Yr 8	Yr 10
Boys	58	66
Girls	60	70

2% of pupils responded that they have never been to the dentist, while 18% said they can't remember.

Q32. Percentage answering that they have never been to the dentist.

	Southwark	
	Yr 8	Yr 10
Boys	3	2
Girls	1	2

Q33. What treatment did the dentist give you on your last visit?



67% of pupils responded that they last went to the dentist for a check-up.

Q33. Percentage answering that they last went to the dentist for a check-up.

	Southwark	
	Yr 8	Yr 10
Boys	69	61
Girls	70	65

20% of pupils responded that they last went to the dentist for fillings, while 15% went to have a brace fitted, checked or removed.

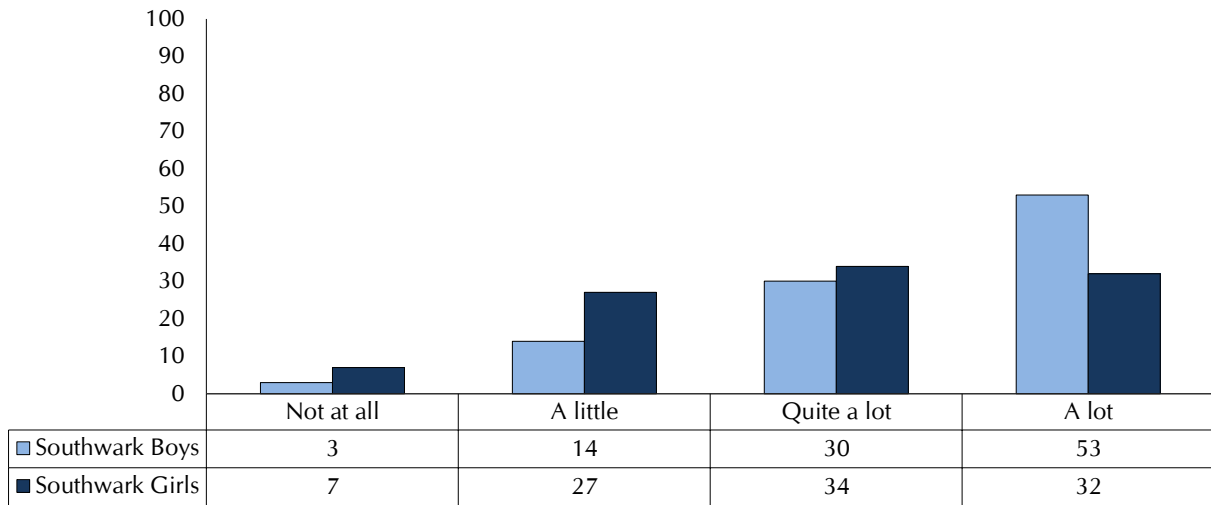
Q33. Percentage answering that they last went to the dentist for fillings.

	Southwark	
	Yr 8	Yr 10
Boys	22	17
Girls	21	15

Physical Activity

Exercise

Q34. How much do you enjoy physical activities?



5% of pupils responded that they don't enjoy physical activities at all.

Q34. Percentage answering that they don't enjoy physical activities at all.

	Southwark	
	Yr 8	Yr 10
Boys	3	3
Girls	7	8

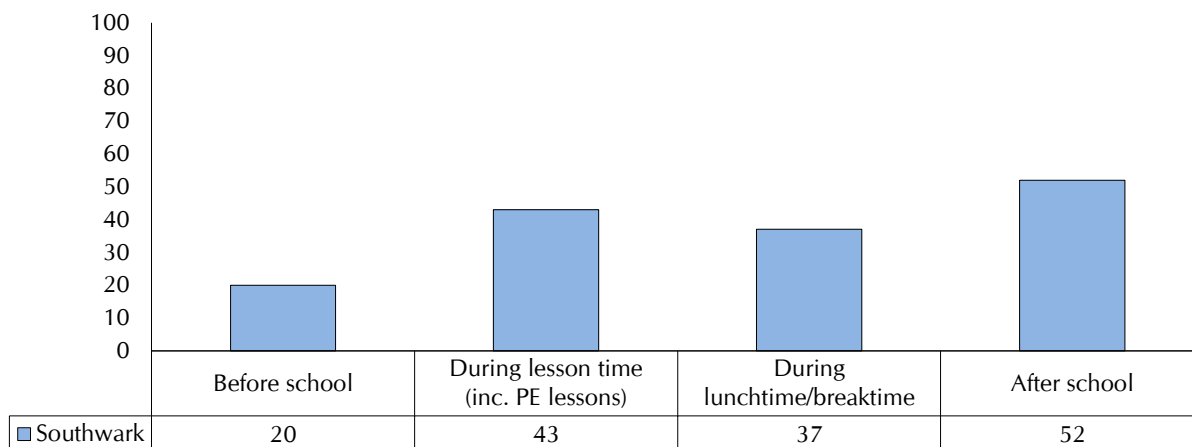
74% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Q34. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

	Southwark	
	Yr 8	Yr 10
Boys	87	76
Girls	69	58

58% of boys and 47% of girls responded that they did something active after school on at least some days the week before the survey.

Q35. How often did you take part in organised physical activity in the week before the survey? % responding 'most days' or 'every day'.



Q35. Percentage of pupils responding that they did something active at the following times in the week before the survey:

Boys	Never	Some days	Most days	Every day
Before school	42	32	14	11
During lesson time (incl. PE lessons)	9	41	31	19
During lunchtime/breaktimes	19	30	24	26
After school	11	30	34	24

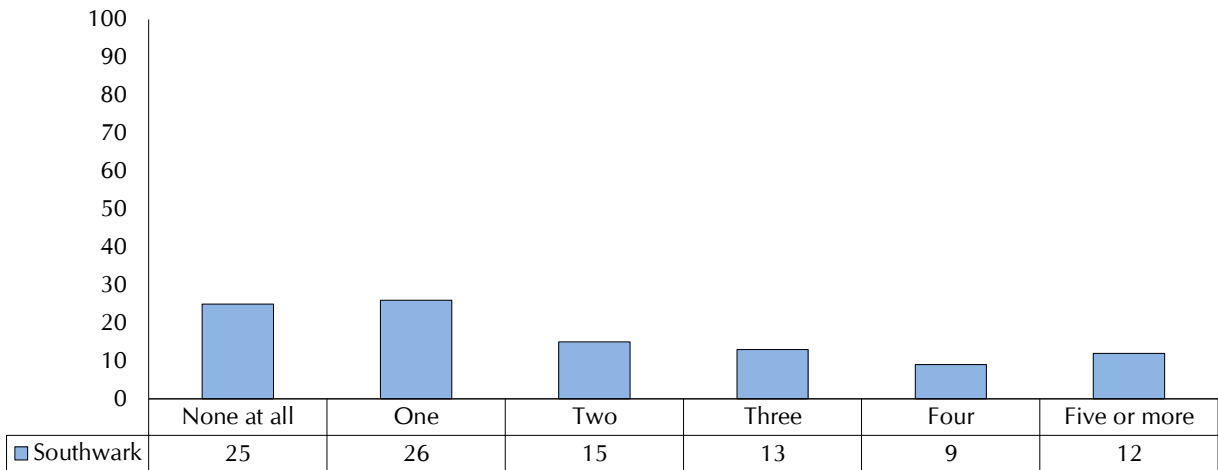
Girls	Never	Some days	Most days	Every day
Before school	50	34	9	5
During lesson time (incl. PE lessons)	10	51	25	12
During lunchtime/breaktimes	41	34	16	8
After school	21	32	27	20

83% of pupils responded that they did something active on at least 'one day' the weekend before the survey.

Q35 Percentage answering that they did something active on at least 'one day' the weekend before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	87	85
Girls	83	71

Q36. On how many days did you get out of breath and/or sweaty while doing physical activity, in the 7 days before the survey?



25% of pupils responded that they didn't exercise enough to breathe harder and faster in the 7 days before the survey.

Q36. Percentage answering that they didn't exercise enough to breathe harder and faster in the 7 days before the survey.

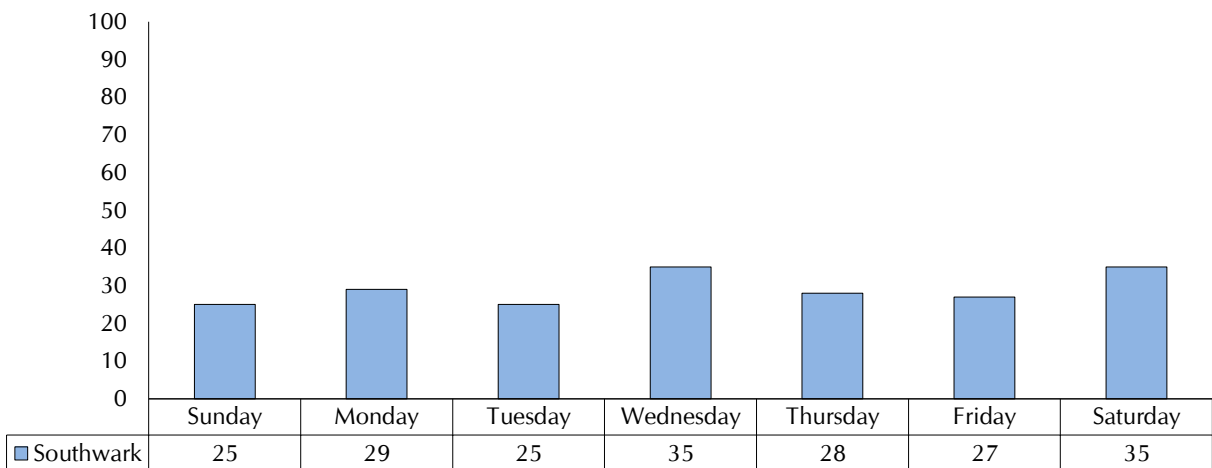
	Southwark	
	Yr 8	Yr 10
Boys	24	25
Girls	21	37

34% of pupils responded that they exercised enough to breathe harder and faster on at least 3 days in the 7 days before the survey.

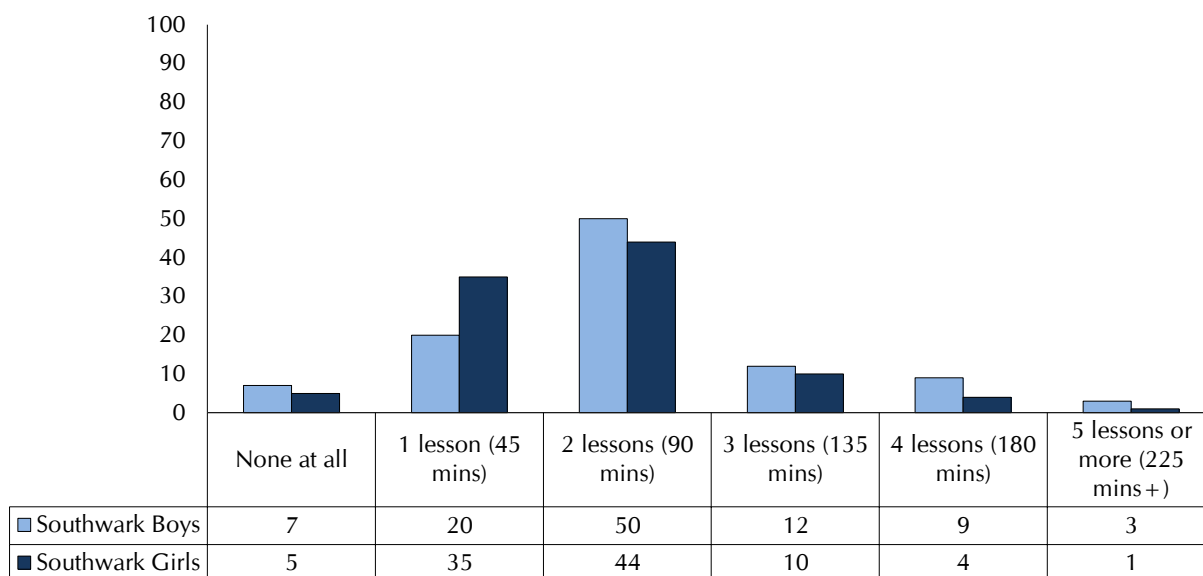
Q36. Percentage answering that they exercised enough to breathe harder and faster on at least 3 days in the 7 days before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	35	42
Girls	32	29

Q36. On which days did you get out of breath and/or sweaty while doing physical activity, in the 7 days before the survey?



Q37. How many lessons of physical education (PE) do you take part in per week at school?



6% of pupils responded that they don't take part in any PE lessons at school.

Q37. Percentage answering that they don't take part in any PE lessons at school.

	Southwark	
	Yr 8	Yr 10
Boys	2	16
Girls	1	16

19% of pupils responded that they take part in at least three PE lessons at school per week; while 28% said they take part in only 1 PE lesson per week.

Q37. Percentage answering that they take part in at least three PE lessons at school per week

	Southwark	
	Yr 8	Yr 10
Boys	26	18
Girls	18	9

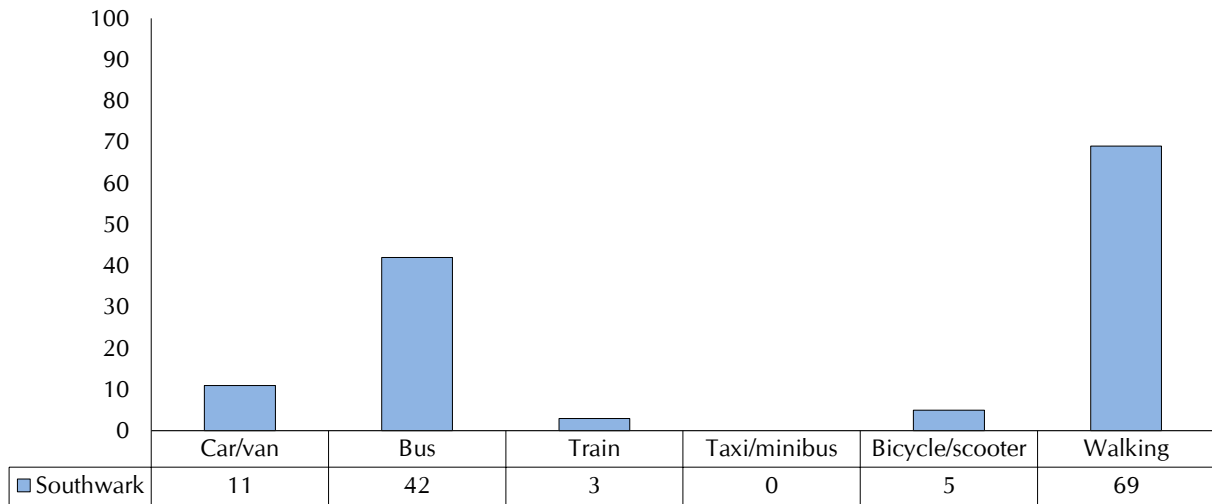
63% of pupils responded that they have found school lessons about physical activity 'quite' or 'very' useful, while 10% have found them 'not at all' useful and 7% couldn't remember any.

Q8. Percentage answering that they have found school lessons about physical activity 'quite' or 'very' useful.

	Southwark	
	Yr 8	Yr 10
Boys	73	55
Girls	71	44

Active Travel

Q38. How do you usually travel to school?



11% of pupils responded that they usually travel to school by car/van.

Q38. Percentage answering that they usually travel to school by car/van.

	Southwark	
	Yr 8	Yr 10
Boys	11	8
Girls	13	8

69% of pupils responded that they usually walk to school.

Q38. Percentage answering that they usually walk to school.

	Southwark	
	Yr 8	Yr 10
Boys	65	70
Girls	65	85

Leisure and Money

Leisure time

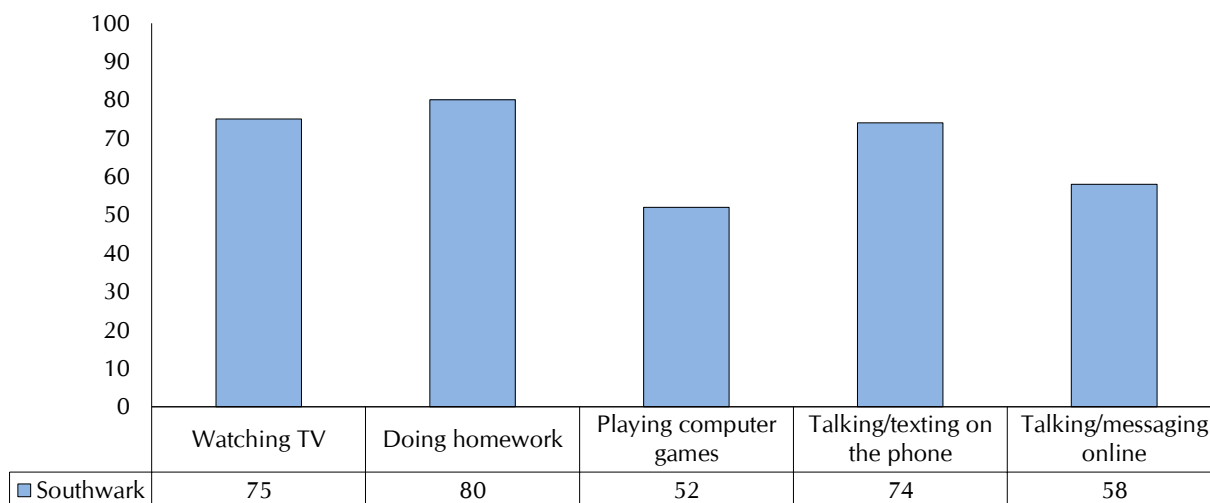
75% of pupils responded that they spent time watching TV after school on the day before the survey, while 80% did homework and 52% played computer games.

Q39. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:

Boys	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV	26	37	15	9	12
Doing homework	23	44	22	6	3
Playing computer games	23	23	20	12	21
Talking/texting on the phone	33	33	12	7	13
Talking/messaging online	46	27	10	5	11

Girls	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV	23	35	22	9	10
Doing homework	15	37	29	9	8
Playing computer games	69	17	7	2	3
Talking/texting on the phone	18	32	14	12	24
Talking/messaging online	37	24	15	8	16

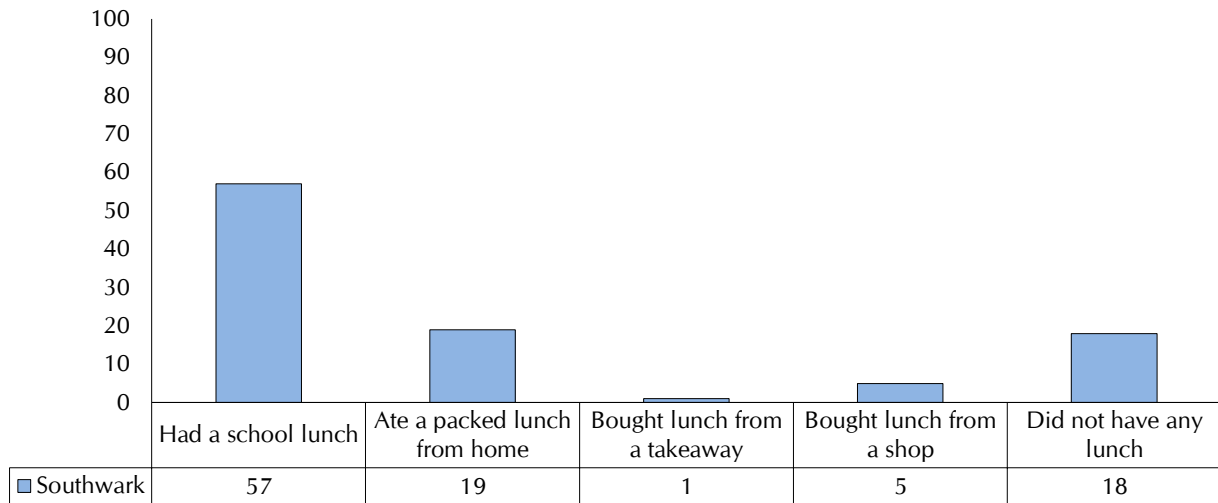
Q39. Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



Food and Diet

Lunch

Q40. What did you do for lunch on the day before the survey?



57% of pupils responded that they had a school lunch on the day before the survey, while 19% said they had a packed lunch from home.

Q40. Percentage answering that they had a school lunch on the day before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	65	51
Girls	56	49

15% of boys and 20% of girls responded that they didn't have any lunch on the day before the survey.

Q40. Percentage answering that they didn't have any lunch on the day before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	11	21
Girls	20	21

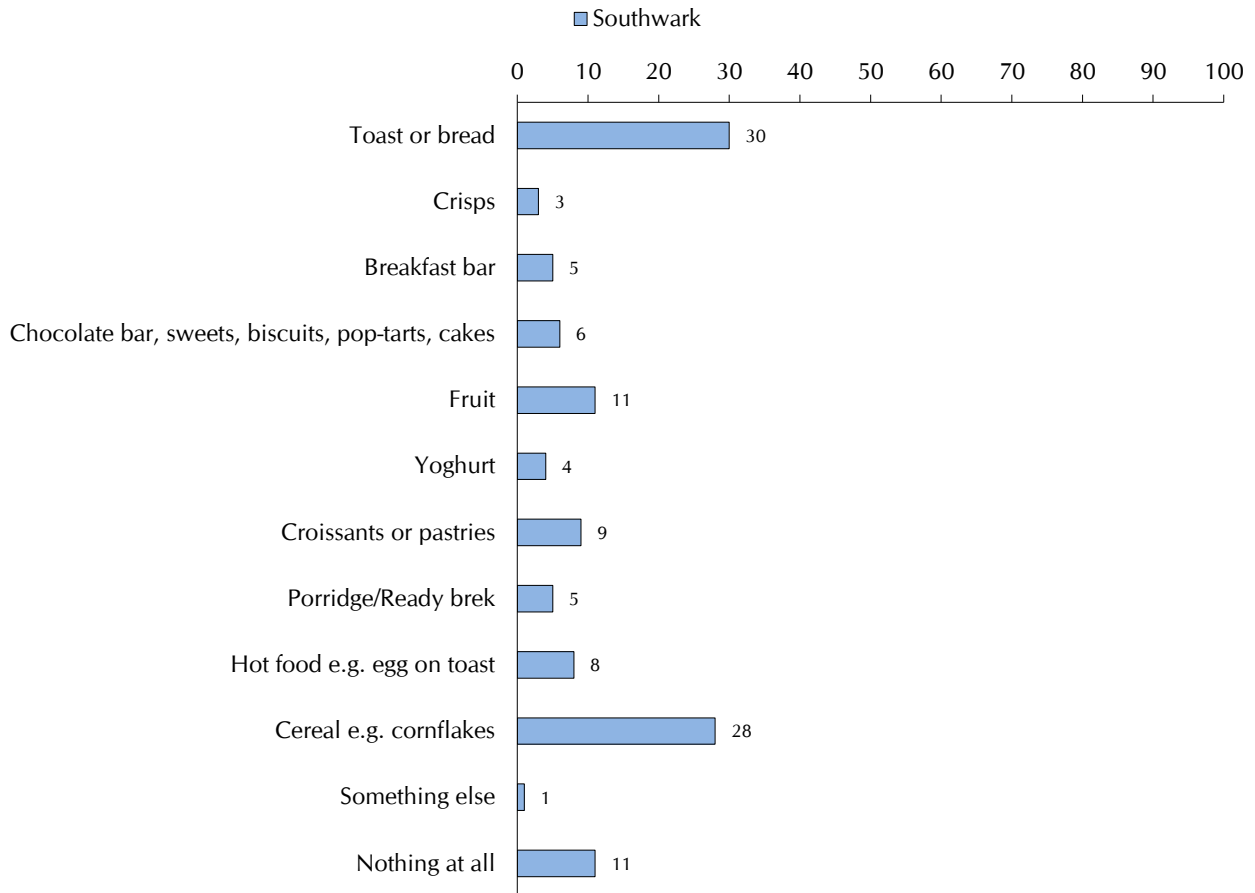
Q41. Percentage of pupils responding that they had something to eat or drink for breakfast at the following on the morning of the survey:

	Boys		Girls		
1	Something at home	66	1	Something at home	63
2	Something on the way to school	13	2	Something at school	19
3	Something at school	13	3	Something on the way to school	18

Breakfast

11% of pupils responded that they had nothing for breakfast on the day of the survey, while 8% had hot food.

Q42. What did you have to eat for breakfast this morning?

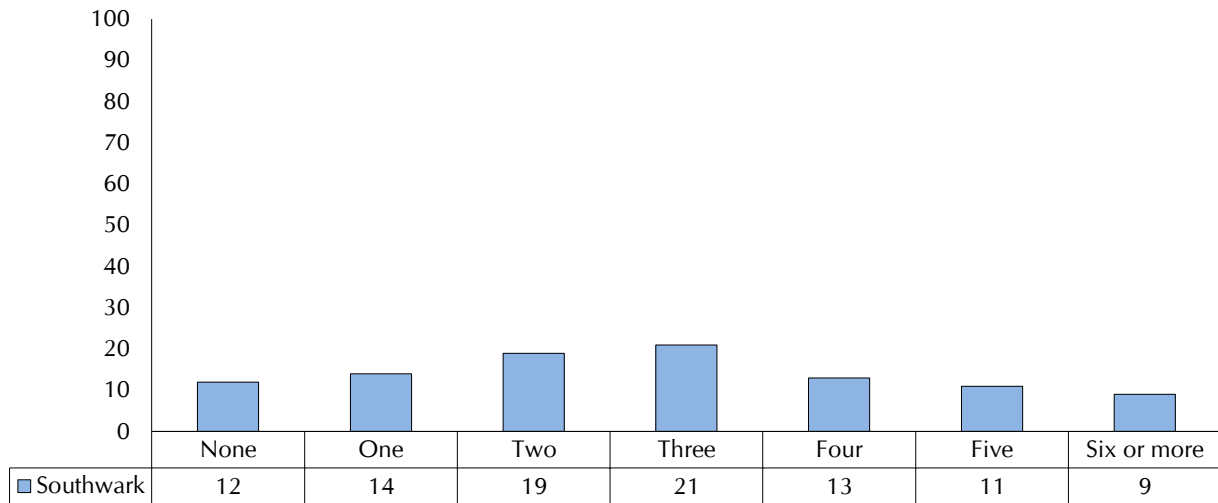


Q42. Top 5 breakfast items:

Boys		Girls			
1	Cereal e.g. cornflakes	35	1	Toast or bread	29
2	Toast or bread	31	2	Cereal e.g. cornflakes	22
3	Fruit	11	3	Nothing at all	12
4	Nothing at all	10	4	Fruit	11
5	Croissants or pastries	9	5	Croissants or pastries	9

5-a-day

Q43. How many portions of fruit and vegetables did you eat yesterday?



12% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

20% of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

Q43. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before survey.

Southwark

	Yr 8	Yr 10
Boys	13	15
Girls	10	14

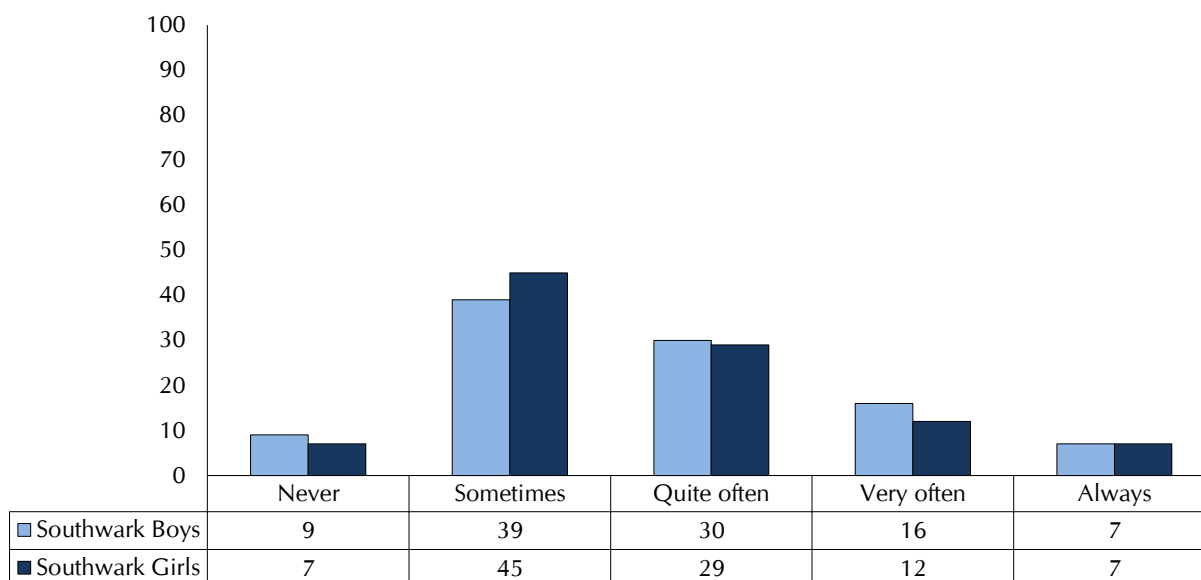
Q43. Percentage answering that they had at least 5 portions of fruit and vegetables on the day before survey.

Southwark

	Yr 8	Yr 10
Boys	21	19
Girls	23	13

Healthy choices

Q44. When choosing what to eat, do you consider your health?



50% of pupils responded that they 'never' or only 'sometimes' consider their health when choosing what to eat.

Q44. Percentage answering that they 'never' or only 'sometimes' consider their health when choosing what to eat.

	Southwark	
	Yr 8	Yr 10
Boys	43	57
Girls	52	51

21% of pupils responded that they 'very often' or 'always' consider their health when choosing what to eat.

Q44. Percentage answering that they 'very often' or 'always' consider their health when choosing what to eat.

	Southwark	
	Yr 8	Yr 10
Boys	24	19
Girls	20	18

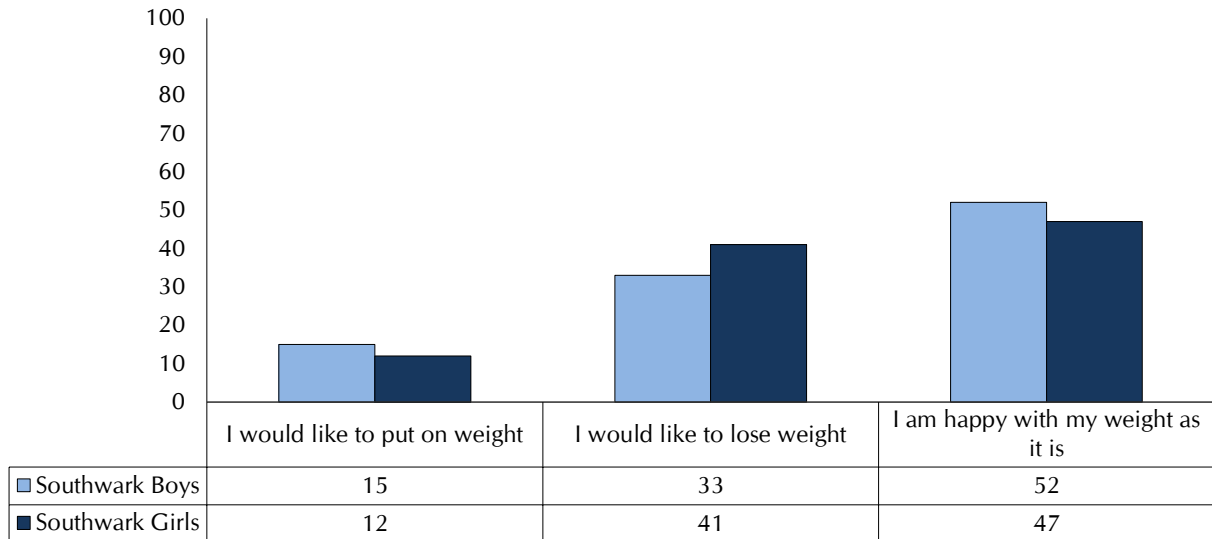
49% of pupils responded that they have found school lessons about healthy eating 'quite' or 'very' useful, while 14% have found them 'not at all' useful and 12% couldn't remember any.

Q8. Percentage answering that they have found school lessons about healthy eating 'quite' or 'very' useful.

	Southwark	
	Yr 8	Yr 10
Boys	63	30
Girls	64	23

Weight and dieting

Q45. Weight: Which statement describes you best?



13% of pupils responded that they would like to put on weight.

Q45. Percentage answering that they would like to put on weight.

	Southwark	
	Yr 8	Yr 10
Boys	11	23
Girls	11	13

33% of boys and 41% of girls responded that they would like to lose weight.

Q45. Percentage answering that they would like to lose weight.

	Southwark	
	Yr 8	Yr 10
Boys	32	34
Girls	41	43

50% of pupils responded that they are happy with their weight as it is.

Q45. Percentage answering that they are happy with their weight as it is.

	Southwark	
	Yr 8	Yr 10
Boys	56	44
Girls	48	45

19% of boys and 35% of girls responded that they worry about the way they look 'quite a lot' or 'a lot'.

Q15. Percentage answering that they worry about the way they look 'quite a lot' or 'a lot'.

	Southwark	
	Yr 8	Yr 10
Boys	18	21
Girls	29	47

68% of pupils responded that they wouldn't use a health service to help them to lose weight, while 29% said they would and 3% said that they have already used a health service to lose weight.

Q46. Percentage answering that they would use a health service to help them to lose weight.

	Southwark	
	Yr 8	Yr 10
Boys	27	23
Girls	35	25

Food

51% of pupils responded that they ate vegetables 'on most days' or 'every day' in the week before the survey, while 48% said the same of fresh fruit.

Q47. Percentage of pupils responding that they ate or drank the following 'on most days' or 'every day' in the week before the survey (top 10):

Boys		Girls			
1	Vegetables	49	1	Vegetables	54
2	Fresh fruit	47	2	Fresh fruit	48
3	Salads	30	3	Sweets, chocolate, choc bars	32
4	Other fizzy drinks	23	4	Salads	29
5	Sweets, chocolate, choc bars	21	5	Other fizzy drinks	21
6	'Diet' (Low-calorie) drinks	19	6	Crisps	21
7	Crisps	17	7	'Diet' (Low-calorie) drinks	16
8	Energy drinks	16	8	Chips	15
9	Isotonic sports drinks	16	9	Energy drinks	13
10	Chips	13	10	Take-away food	12

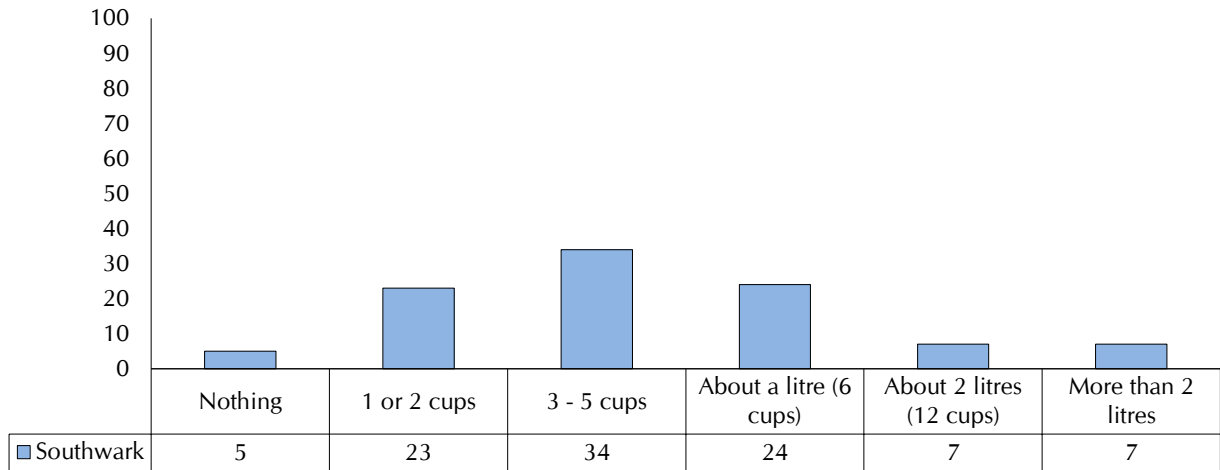
22% of pupils responded that they 'rarely or never' ate any salads in the week before the survey.

Q47. Percentage of pupils responding that they 'rarely or never' ate or drank the following in the week before the survey (top 10):

Boys		Girls			
1	Protein shakes	67	1	Protein shakes	74
2	Energy drinks	45	2	Isotonic sports drinks	61
3	Isotonic sports drinks	43	3	Energy drinks	52
4	'Diet' (Low-calorie) drinks	33	4	'Diet' (Low-calorie) drinks	42
5	Take-away food	25	5	Other fizzy drinks	26
6	Crisps	23	6	Take-away food	25
7	Salads	22	7	Salads	23
8	Other fizzy drinks	22	8	Crisps	19
9	Chips	20	9	Chips	16
10	Sweets, chocolate, choc bars	13	10	Sweets, chocolate, choc bars	9

Water

Q48. How much water did you drink yesterday?



5% of pupils responded that they didn't drink any water on the day before the survey.

Q48. Percentage answering that they didn't drink any water on the day before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	3	6
Girls	7	5

38% of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

Q48. Percentage answering that they drank at least 'about a litre' of water on the day before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	39	38
Girls	37	37

Smoking, Drinking, Drugs

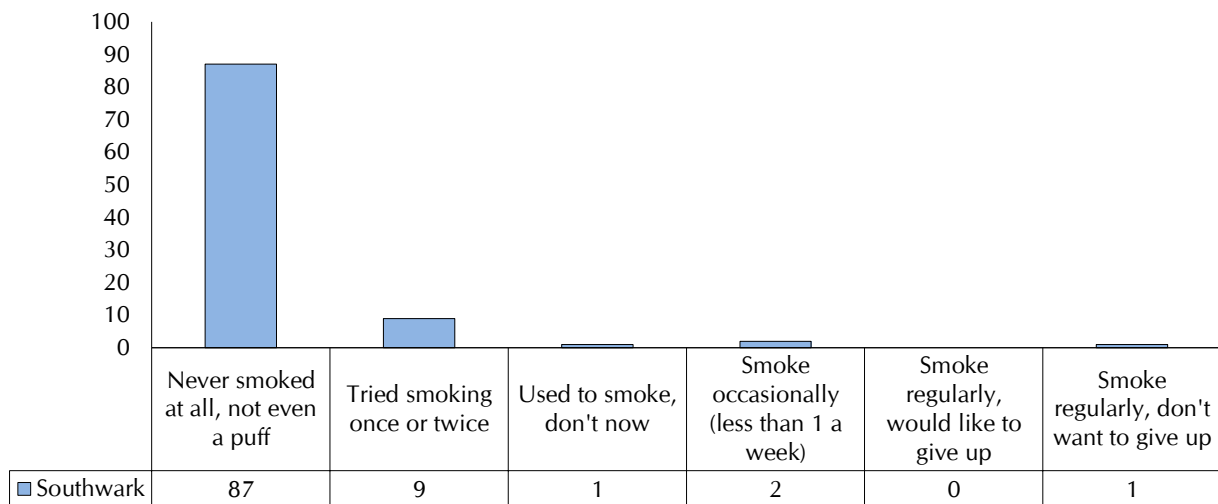
Smoking

4% of pupils responded that they smoked cigarettes in the 7 days before the survey.

Q49. Percentage answering that they smoked cigarettes in the 7 days before the survey.

Southwark		
	Yr 8	Yr 10
Boys	1	7
Girls	2	13

Q50. Smoking: Which statement describes you best?



13% of pupils responded that they have smoked in the past or smoke now.

Q50. Percentage answering that they have smoked in the past or smoke now.

Southwark		
	Yr 8	Yr 10
Boys	6	19
Girls	7	41

1% of pupils responded that they smoke 'regularly'.

Of the 7 pupils who said they smoke 'regularly', 43% said they would like to give it up.

Q50. Percentage answering that they smoke 'regularly'.

Southwark		
	Yr 8	Yr 10
Boys	0	3
Girls	0	2

Of the 24 pupils who smoke 'occasionally' or 'regularly', 18% would like help to stop smoking.

Q51. Percentage of occasional or regular smokers answering that they would like help to stop smoking.

Southwark		
	Yr 8	Yr 10
Boys	11	0
Girls	57	7

Of the 24 pupils who smoke 'occasionally' or 'regularly', 34% of pupils responded that they know where to get help to stop smoking.

22% of pupils responded that they have smoked shisha.

11% of pupils responded that they have smoked/vaped an e-cigarette.

Q52. Percentage of occasional or regular smokers answering that they know where to get help to stop smoking.

	Southwark	
	Yr 8	Yr 10
Boys	22	33
Girls	67	29

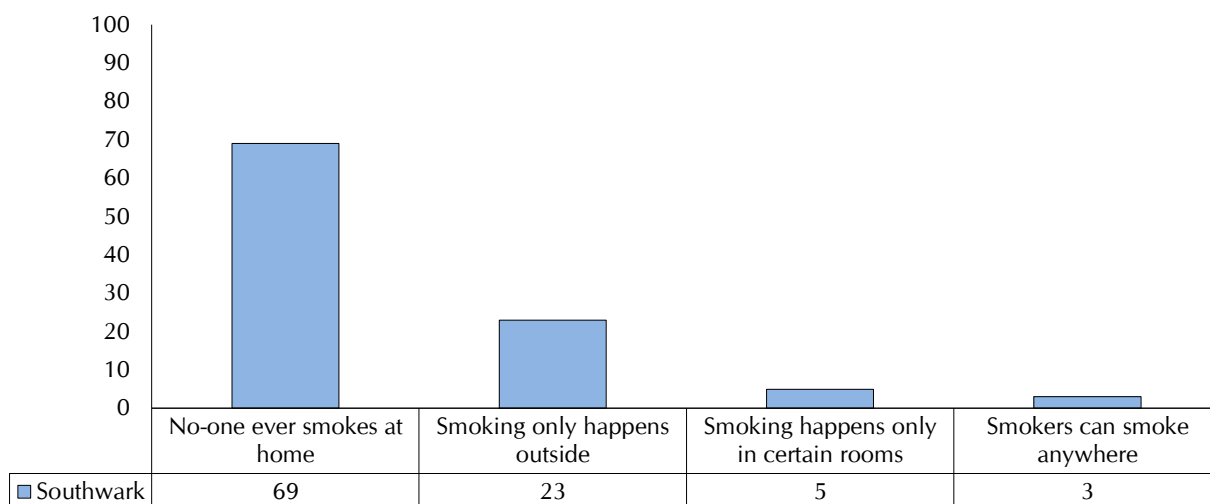
Q53. Percentage answering that they have smoked shisha.

	Southwark	
	Yr 8	Yr 10
Boys	14	33
Girls	16	50

Q54. Percentage answering that they have smoked/vaped an e-cigarette

	Southwark	
	Yr 8	Yr 10
Boys	8	15
Girls	6	31

Q55. Thinking about smoking at home, what best describes what happens in your home?



69% of pupils responded that no-one ever smokes at home.

Q55. Percentage answering that no-one ever smokes at home.

	Southwark	
	Yr 8	Yr 10
Boys	76	72
Girls	64	62

23% of pupils responded that smoking happens only outside.

Q55. Percentage answering that smoking happens only outside.

	Southwark	
	Yr 8	Yr 10
Boys	16	15
Girls	29	30

5% of pupils responded that smoking happens in certain rooms only.

Q55. Percentage answering that smoking happens in certain rooms only.

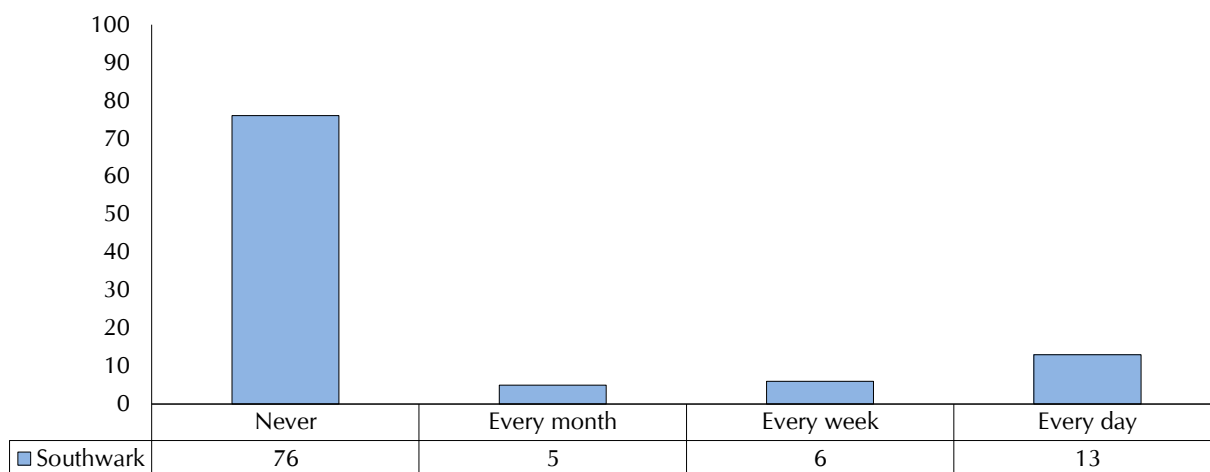
	Southwark	
	Yr 8	Yr 10
Boys	5	10
Girls	4	6

3% of pupils responded that smokers can smoke anywhere in their home.

Q55. Percentage answering that smokers can smoke anywhere in their home.

	Southwark	
	Yr 8	Yr 10
Boys	4	3
Girls	3	2

Q56. How often does someone smoke inside your house or flat?



24% of pupils responded that someone smokes inside their house or flat at least 'every month'.

Q56. Percentage answering that someone smokes inside their house or flat at least 'every month'.

Southwark		
	Yr 8	Yr 10
Boys	21	21
Girls	26	30

13% of pupils responded that someone smokes inside their house or flat 'every day'.

Q56. Percentage answering that someone smokes inside their house or flat 'every day'.

Southwark		
	Yr 8	Yr 10
Boys	10	13
Girls	14	15

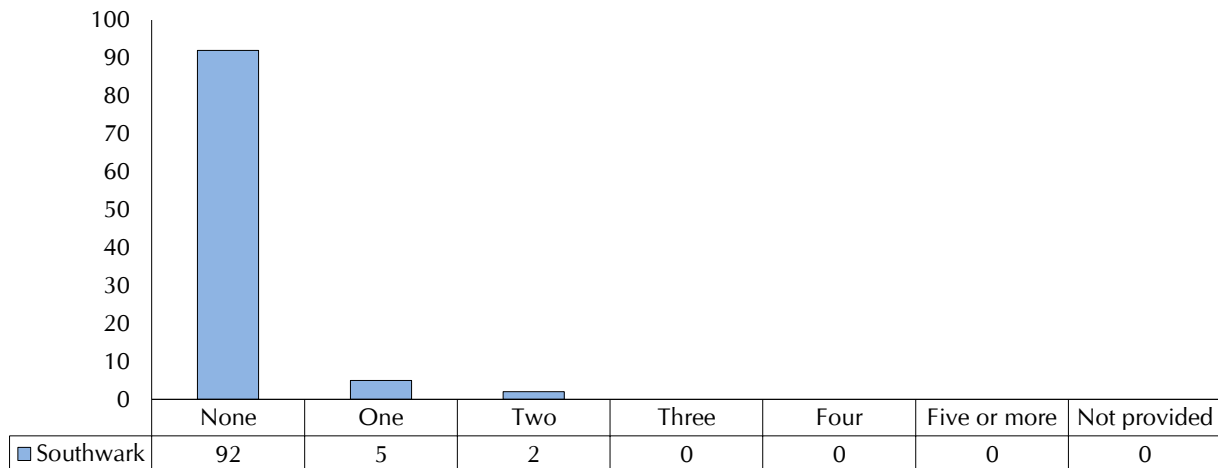
Alcohol

8% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q57. Percentage answering that they had an alcoholic drink in the 7 days before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	6	11
Girls	4	22

Q58. On how many days did you drink alcohol, in the last 7 days?

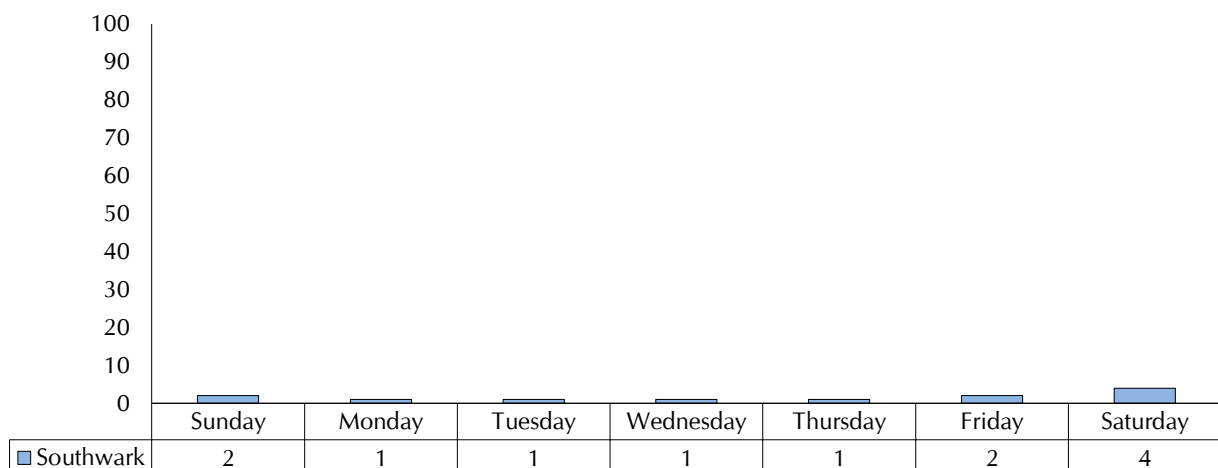


2% of pupils responded that they drank alcohol on more than one day in the 7 days before the survey, while 1% said they drank on at least three days.

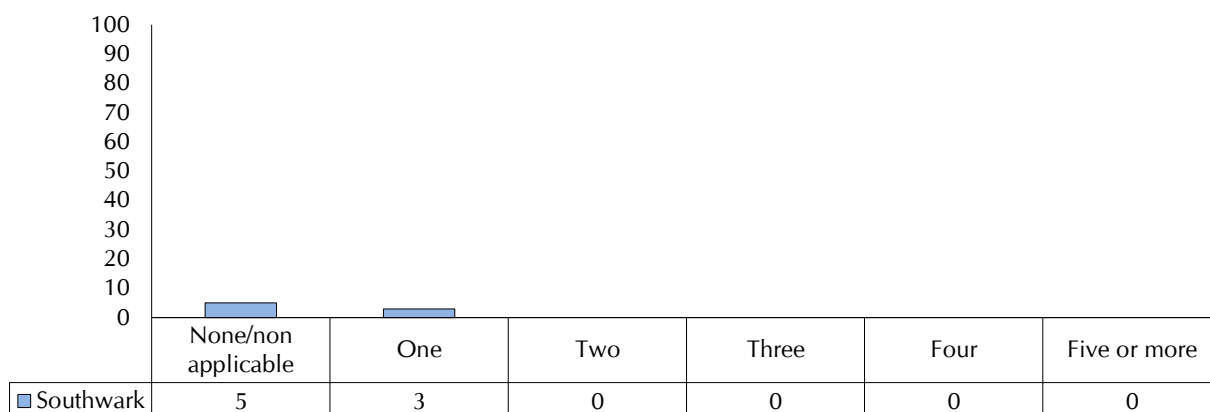
Q58. Percentage answering that they drank alcohol on more than one day in the 7 days before the survey.

	Southwark	
	Yr 8	Yr 10
Boys	1	4
Girls	2	6

Q58. On which days did you drink alcohol, in the last 7 days?



Q59. On how many days did you get drunk, in the last 7 days?

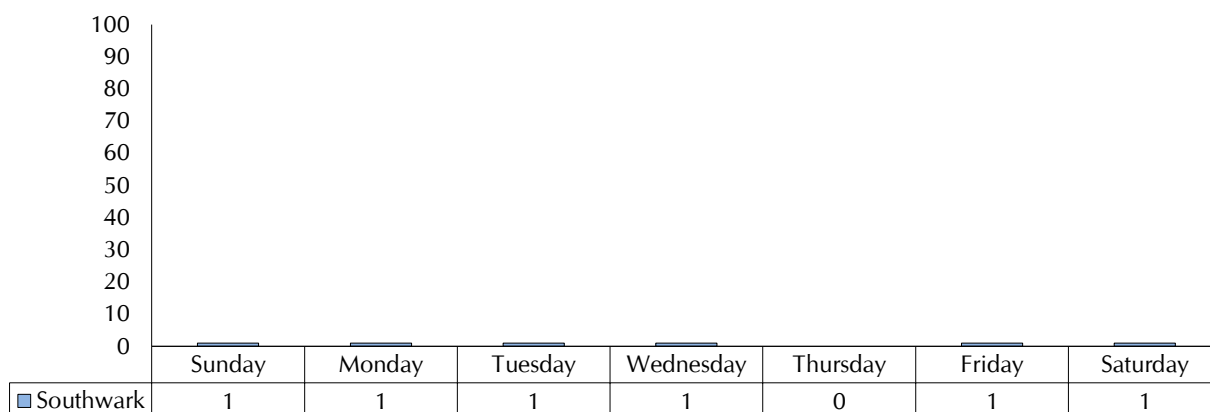


4% of pupils responded that they got drunk on at least one day in the 7 days before the survey, while 1% said they did so on more than one day.

Q59. Percentage answering that they got drunk on at least one day in the 7 days before the survey.

Southwark		
	Yr 8	Yr 10
Boys	1	4
Girls	3	13

Q59. On which days did you get drunk, in the last 7 days?



3% of pupils responded that they have drunk alcohol at home in the 7 days before the survey, while 3% said they have drunk alcohol at a friend's or relation's home.

Q60. Percentage of pupils responding that they have drunk alcoholic drink at the following places in the 7 days before the survey :

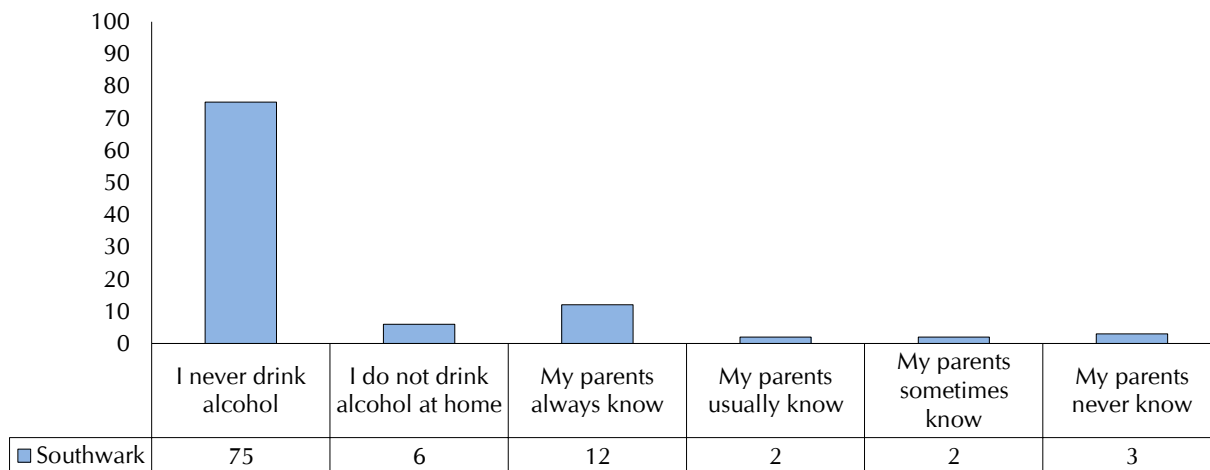
Boys		Girls	
1 At home	4	1 At a friend's or relation's home	3
2 At a friend's or relation's home	2	2 At home	2
3 At a party or nightclub	2	3 At a party or nightclub	2
4 In a pub or bar	1	4 Outside in a public place	2
5 Outside in a public place	1	5 In a pub or bar	1

1% of pupils responded that they have bought alcoholic drink from an off-licence in the 7 days before the survey.

Q61. Percentage of pupils responding that they have bought alcoholic drink from the following in the 7 days before the survey (top 3):

Boys		Girls	
1	Parents/carers bought it/gave it to them	2	1
2	Took it from their parents/carers without their consent	2	2
3	Supermarket	1	3
			Parents/carers bought it/gave it to them

Q62. If you ever drink alcohol at home, do your parents/carers know?



75% of pupils responded that they 'never' drink alcohol, while 6% said they do not drink alcohol at home.

Q62. Percentage answering that they either never drink alcohol, or don't drink it at home.

	Southwark	
	Yr 8	Yr 10
Boys	85	73
Girls	88	61

12% of pupils responded that they drink alcohol at home and their parents 'always' know, while 2% said their parents 'usually' know.

Q62. Percentage answering that they drink alcohol at home and their parents 'always' know.

	Southwark	
	Yr 8	Yr 10
Boys	13	14
Girls	9	16

5% of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

Q62. Percentage answering that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

	Southwark	
	Yr 8	Yr 10
Boys	1	9
Girls	3	16

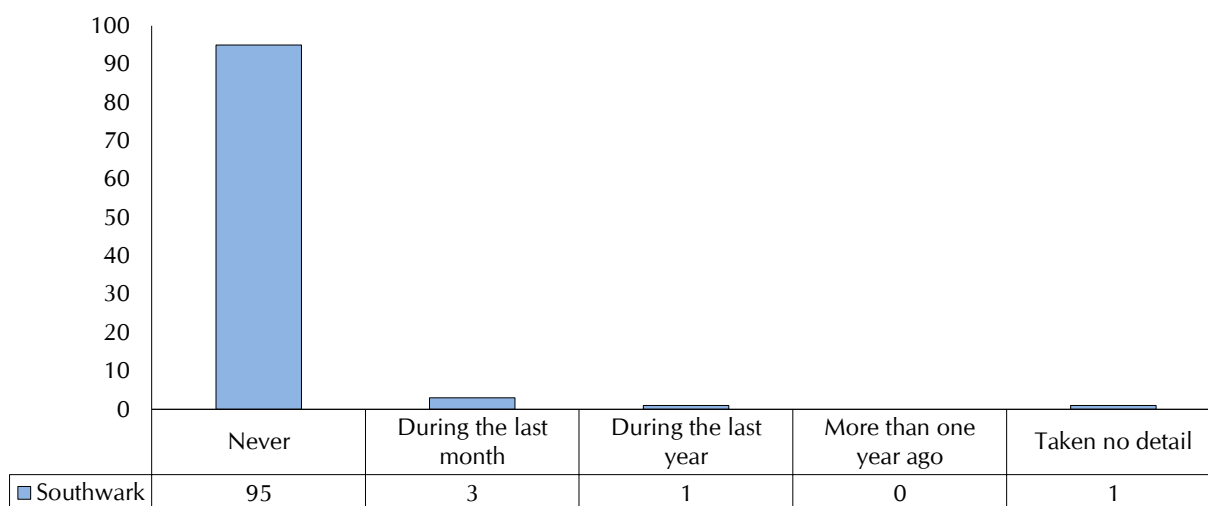
Drugs

5% of pupils responded that they have taken at least one of the drugs listed in the questionnaire.

Q63. Percentage answering that they have taken at least one of the drugs listed in the questionnaire.

Southwark		
	Yr 8	Yr 10
Boys	2	10
Girls	2	18

Q64. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:



3% of pupils responded that they have taken at least one of the drugs listed during the last month.

Q64. Percentage answering that they have taken one of the drugs listed during the last month.

Southwark		
	Yr 8	Yr 10
Boys	1	5
Girls	1	12

4% of pupils responded that they have taken at least one of the drugs listed during the last year.

Q64. Percentage answering that they have taken one of the drugs listed during the last year.

Southwark		
	Yr 8	Yr 10
Boys	2	7
Girls	1	16

4% of pupils responded that they have ever taken cannabis.

Q64. Summary of some of the most common recreational drugs:

Year 8	Have taken during the last month	Have taken during the last year	Took this drug more than one year ago
Amphetamines	0	1	0
Cannabis	0	1	0
Ecstasy	0	1	0
Cocaine	0	1	0
Mephedrone	0	0	0
Novel/Psychoactive Substances	0	0	0

Year 10	Have taken during the last month	Have taken during the last year	Took this drug more than one year ago
Amphetamines	0	0	1
Cannabis	6	10	1
Ecstasy	1	2	1
Cocaine	0	1	0
Mephedrone	0	1	0
Novel/Psychoactive Substances	2	3	0

2% of pupils responded that they have taken drugs and alcohol on the same occasion, while 1% said they 'don't know' if they have.

Q65. Percentage answering that they have taken drugs and alcohol on the same occasion.

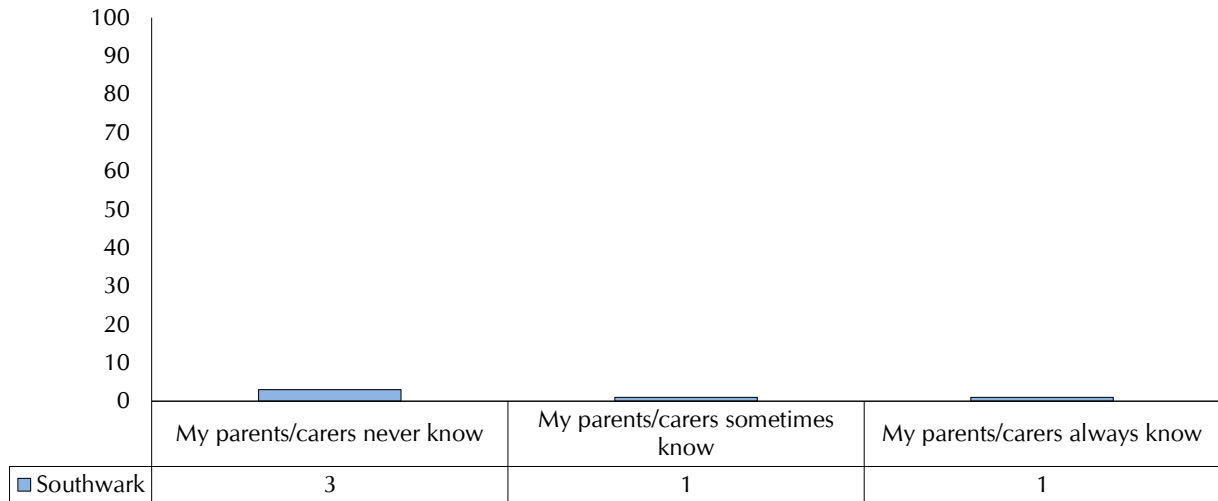
	Southwark	
	Yr 8	Yr 10
Boys	0	4
Girls	0	10

41% of pupils responded that they have found school lessons about drug education (including alcohol and tobacco) 'quite' or 'very' useful, while 18% have found them 'not at all' useful and 20% couldn't remember any.

Q8. Percentage answering that they have found school lessons about drug education 'quite' or 'very' useful.

	Southwark	
	Yr 8	Yr 10
Boys	48	30
Girls	49	28

Q66. If you take drugs, do your parents/carers know?



4% of pupils responded that they take drugs and their parents/carers 'never' or only 'sometimes' know.

Q66. Percentage answering that they take drugs and their parents/carers 'never' or only 'sometimes' know.

	Southwark	
	Yr 8	Yr 10
Boys	1	8
Girls	1	15

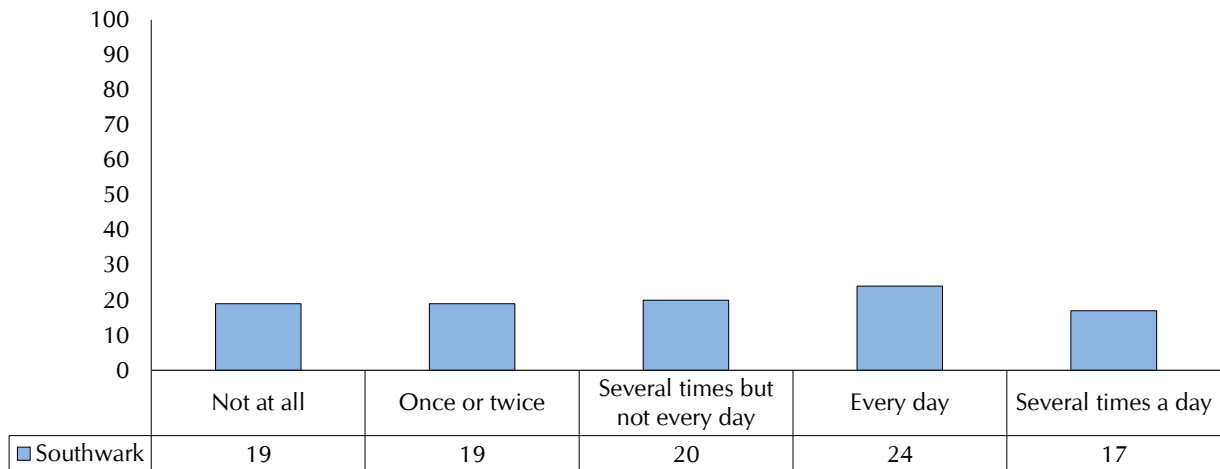
1% of pupils responded that they take drugs and their parents/carers 'always' know.

Q66. Percentage answering that they take drugs and their parents/carers 'always' know.

	Southwark	
	Yr 8	Yr 10
Boys	1	2
Girls	0	0

Internet Safety

Q67. Thinking about the last week (seven days), how often have you chatted with people online?



81% of pupils responded that they chatted online at least 'once or twice' in the week before the survey.

Q67. Percentage answering that they chatted online at least 'once or twice' in the week before the survey.

Southwark		
	Yr 8	Yr 10
Boys	76	86
Girls	81	86

42% of pupils responded that they chatted online at least 'every day' in the week before the survey, while 17% said they did so 'several times a day'.

Q67. Percentage answering that they chatted online at least 'every day' in the week before the survey.

Southwark		
	Yr 8	Yr 10
Boys	33	54
Girls	39	57

11% of pupils responded that they chatted online to people who they don't know at least 'some of the time' in the week before the survey.

Q68. When you were chatting online in the last week...?

Boys	Rarely or never	Some of the time	Most of the time
Did you chat to your friends or family?	4	20	53
Did you chat to friends of friends?	30	26	19
Did you chat to other people who you don't know	61	9	5

Girls	Rarely or never	Some of the time	Most of the time
Did you chat to your friends or family?	2	15	62
Did you chat to friends of friends?	27	25	24
Did you chat to other people who you don't know	67	6	2

15% of pupils responded that they got a message or picture in the last 12 months that scared or upset them, while 2% said this has happened several times.

Q69. Percentage answering that they got a message or picture in the last 12 months that scared or upset them.

	Southwark	
	Yr 8	Yr 10
Boys	11	11
Girls	16	24

Q70. Percentage of pupils responding that they did the following after getting a message or picture which scared or upset them in the last 12 months:

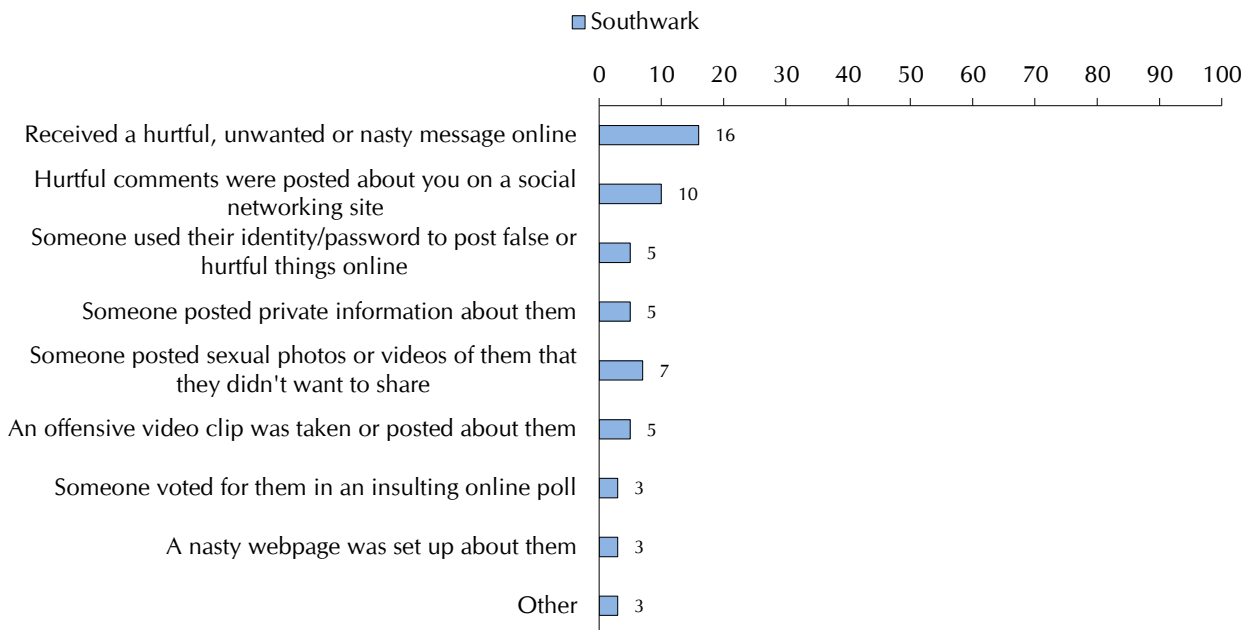
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Deleted it without showing anyone	4	7	8	7	6
Told/showed their friends	3	4	3	14	5
Told/showed their parents	3	3	1	2	2
Told/showed a responsible adult (e.g. teacher)	0	1	0	1	1
Reported to the Police/CEOP/Childline etc.	1	1	1	3	1
None of these	2	3	1	3	2

16% of pupils responded that they have received a hurtful, unwanted or nasty message online at least 'once or twice' in the last year.

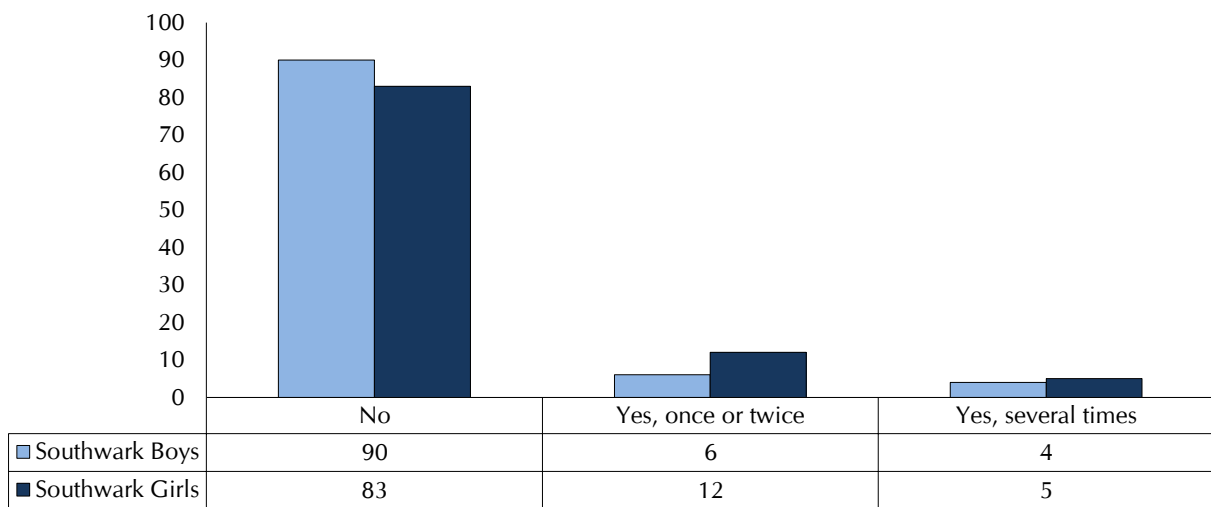
Q71. Percentage of pupils responding that the following things have happened to them online at least 'once or twice' in the last year (top 5):

Boys			Girls		
1	Received a hurtful, unwanted or nasty message online	15	1	Received a hurtful, unwanted or nasty message online	17
2	Hurtful comments were posted about them on a social networking site	9	2	Hurtful comments were posted about them on a social networking site	11
3	Someone used/changed a picture to humiliate them	7	3	Someone used/changed a picture to humiliate them	7
4	Someone used their identity/ password to post false or hurtful things online	6	4	Someone used their identity/ password to post false or hurtful things online	5
5	Someone posted private information about them (including pictures)	6	5	Someone posted private information about them (including pictures)	4

Q71. Percentage of pupils responding that the following things have happened to them online at least 'once or twice' in the last year:



Q72. Has anyone you don't know in person asked to meet with you in the last year?



14% of pupils responded that someone they don't know in person has asked to meet with them in the last year, while 4% said this has happened several times.

Q72. Percentage answering that someone they don't know in person has asked to meet with them in the last year.

	Southwark	
	Yr 8	Yr 10
Boys	8	15
Girls	11	33

90% of pupils responded that they have been told how to stay safe while online in the last year.

44% of pupils responded that they have been told how to stay safe online and 'always' follow the advice they have been given, while 9% said they 'rarely' do.

Of the 680 pupils who have been told how to stay safe online; 49% said they 'always' follow the advice they have been given.

13% of pupils responded that, in the last year, they have sent personal information or images to someone which they then wished they hadn't, while 1% said this has happened 'several times'.

Q73a. Percentage answering that they have been told how to stay safe while online in the last year.

	Southwark	
	Yr 8	Yr 10
Boys	88	83
Girls	94	90

Q73b. Percentage answering that they have been told how to stay safe online and 'always' follow the advice they have been given.

	Southwark	
	Yr 8	Yr 10
Boys	45	22
Girls	53	40

Q74. Percentage answering that, in the last year, they have sent personal information or images to someone which they then wished they hadn't.

	Southwark	
	Yr 8	Yr 10
Boys	10	18
Girls	10	26

Relationships and Sexual Health

Information

56% of pupils responded that their parents/carers are their main source of information about sex and relationships, while 47% said school lessons are.

Q75. Percentage of pupils responding that the following are their main sources of information about sex and relationships (top 10):

Boys			Girls		
1	My parents/carers	50	1	My parents/carers	61
2	School lessons	49	2	School lessons	45
3	Friends	35	3	Friends	36
4	Internet	27	4	Internet	25
5	Brothers, sisters, other close relations	22	5	Brothers, sisters, other close relations	25
6	TV, films	20	6	TV, films	17
7	School lessons delivered by outside speakers	18	7	School lessons delivered by outside speakers	15
8	Doctor	12	8	Doctor	12
9	Posters, leaflets, reference books	7	9	Posters, leaflets, reference books	11
10	Youth Workers	7	10	School nurse	8

19% of pupils responded that they would like to talk to young people about relationships and sexual health, while 30% said that they would like to talk to no-one.

Q76. Percentage of pupils responding that they would like to talk to the following about relationships and sexual health:

Boys			Girls		
1	Parents/carers	36	1	Parents/carers	46
2	No-one	35	2	No-one	25
3	Young people	16	3	Young people	22
4	Teachers, in school lessons	10	4	Teachers, in school lessons	11
5	Doctor	9	5	Doctor	10
6	Someone else	9	6	Someone else	8
7	School Nurse	5	7	School Nurse	7
8	Visitors in school lessons	4	8	Visitors in school lessons	5

20% of pupils responded that they know where they can get condoms free of charge.

Q77. Percentage answering that they know where they can get condoms free of charge.

Southwark		
	Yr 8	Yr 10
Boys	13	49
Girls	8	41

7% of pupils responded that there is a special contraception and advice service for young people available locally, while 66% said they 'don't know' if there is.

Q78. Percentage answering that there is a special contraception and advice service for young people available locally.

Southwark		
	Yr 8	Yr 10
Boys	4	12
Girls	5	18

Sex and Relationships Education (SRE)

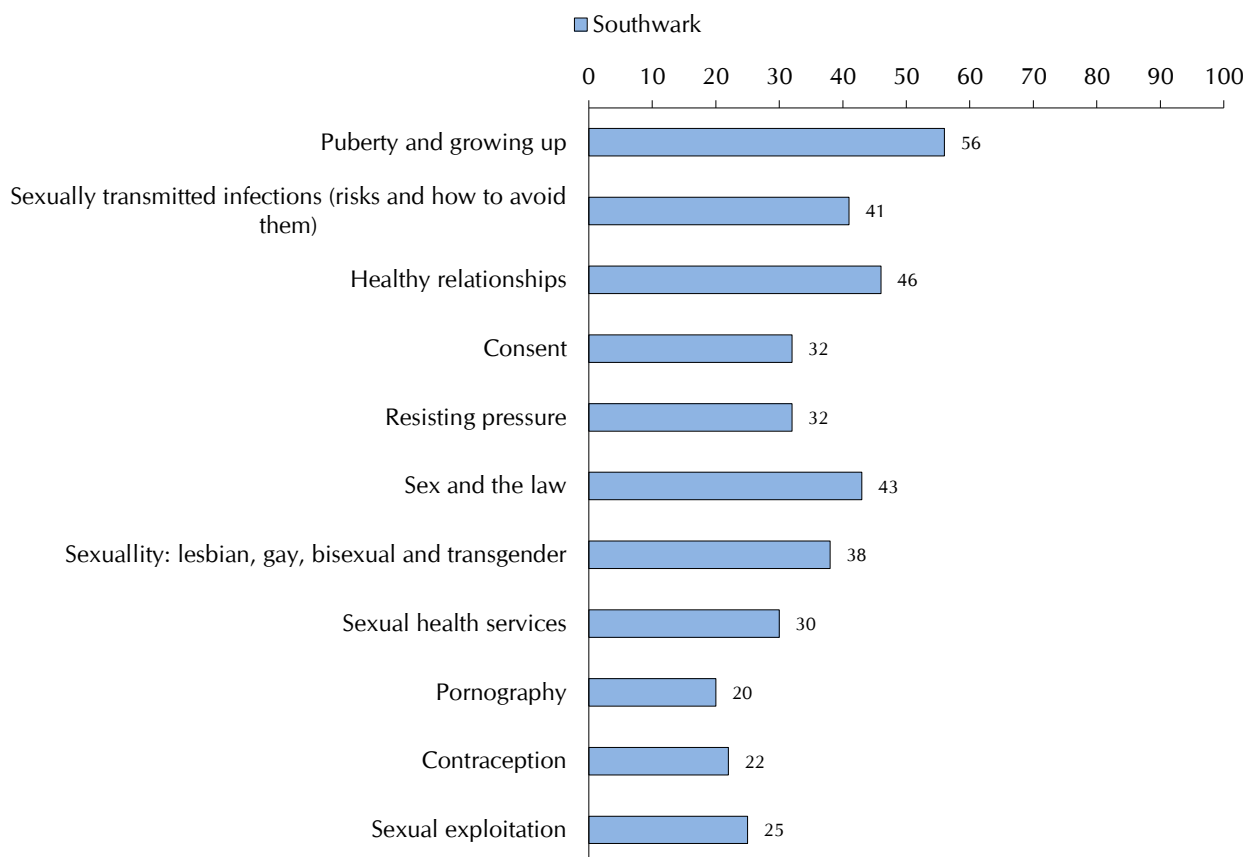
63% of pupils responded that they had SRE lessons in the last 6 months.

Q79. Percentage answering that they had SRE lessons in the last 6 months.

	Southwark	
	Yr 8	Yr 10
Boys	71	62
Girls	60	52

32% of pupils responded that their SRE (Sexual Relationship Education) lessons have helped them to understand consent 'quite a lot' or 'a lot', while 32% said that their lessons have helped them understand resisting pressure and 22% said the same about contraception.

Q80. Percentage of pupils responding that their SRE (Sex and Relationships Education) lessons have helped them to understand the following 'quite a lot' or 'a lot'.



41% of pupils responded that their SRE lessons have not helped them understand consent 'at all', while 38% said the same about resisting pressure.

Q80. Summary of SRE (Sex and Relationships Education lessons):

Year 8	Not at all	A little	Quite a lot	A lot
Puberty and growing up	10	28	37	25
Sexually transmitted infections	35	28	20	15
Healthy relationships	23	32	28	18
Consent	49	24	13	11
Resisting pressure	44	26	17	11
Sex and the law	33	25	23	17
Sexuality: straight, gay, bisexual and transgender	34	25	20	19
Sexual health services	45	24	16	12
Pornography	63	15	9	9
Contraception	66	14	8	7
Sexual exploitation	55	19	12	10
Year 10	Not at all	A little	Quite a lot	A lot
Puberty and growing up	20	39	23	17
Sexually transmitted infections	19	24	37	19
Healthy relationships	23	27	32	17
Consent	18	26	30	24
Resisting pressure	23	31	29	15
Sex and the law	19	27	36	16
Sexuality: straight, gay, bisexual and transgender	33	30	22	14
Sexual health services	26	36	27	9
Pornography	42	32	17	8
Contraception	32	25	27	15
Sexual exploitation	30	35	24	10

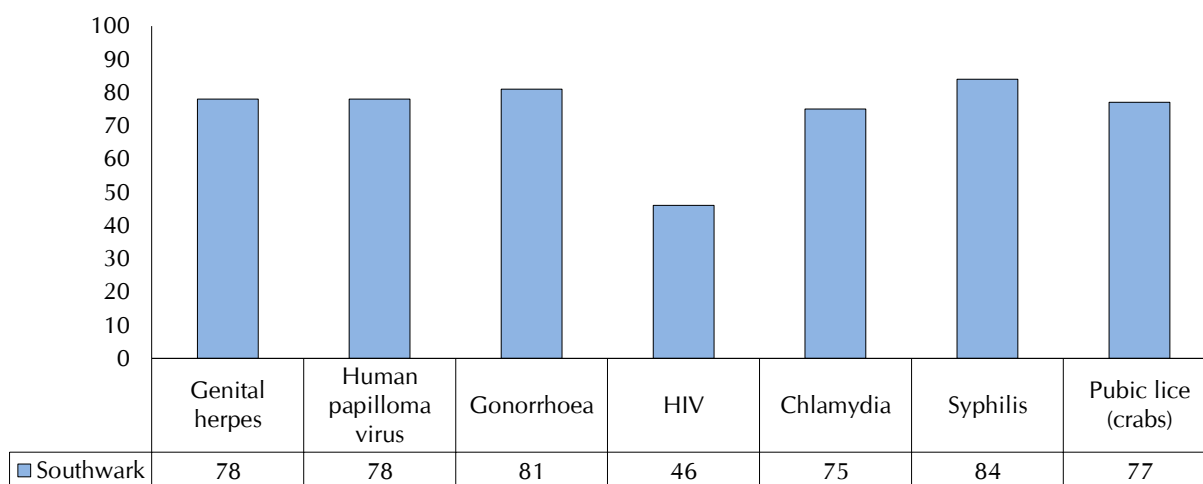
In Q81 the students were asked about their knowledge of sexually transmitted infections. They were offered four options for each: “Never heard of it”; “Know nothing about it”; “Can be treated but not cured”; “Can be treated and cured”. The correct answers are that Genital herpes, Human papilloma virus and HIV can be treated but not cured whereas Gonorrhoea, Chlamydia, Syphilis and Pubic lice can be cured. The percentages in the table are for those correctly answering whether the condition could be cured or not.

44% of pupils correctly identified that HIV can be treated but not cured, while 13% correctly identified that genital herpes can also be treated but not cured.

Q81. Knowledge of sexually transmitted diseases:

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Genital herpes	8	5	30	31	13
Human papilloma virus (HPV, Genital warts)	7	8	17	17	10
Gonorrhoea	4	4	31	27	11
HIV	37	36	55	72	44
Chlamydia	5	6	34	38	14
Syphilis	3	4	27	18	9
Pubic lice (crabs)	10	7	44	39	18

Q81. Percentage of pupils responding that they have ‘never heard of’ or ‘know nothing about’ the following sexually transmitted diseases:



44% of pupils responded that they have found school lessons about sex and relationship education ‘quite’ or ‘very’ useful, while 16% have found them ‘not at all’ useful and 15% couldn’t remember any.

Q8. Percentage answering that they have found school lessons on sex and relationship education ‘quite’ or ‘very’ useful.

	Southwark	
	Yr 8	Yr 10
Boys	52	34
Girls	50	32

23% of pupils responded that they have experienced at least one of the negative behaviours listed in a relationship with a past or current boyfriend/girlfriend.

Q82. Have any of these things happened to you in a relationship with a boyfriend/girlfriend?

Boys	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	93	5	2
Was angry or jealous when I wanted to spend time with friends	83	14	3
Kept checking my phone	85	10	4
Asked me to send them photos or videos of a sexual nature	93	5	2
Put pressure on me to have sex or do other sexual things	94	3	2
Threatened to tell people things about me	95	3	1
Threatened to hit me	94	3	2
Hit me	94	4	2
Girls	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend
Used hurtful or threatening language to me	91	7	1
Was angry or jealous when I wanted to spend time with friends	87	12	2
Kept checking my phone	93	5	2
Asked me to send them photos or videos of a sexual nature	93	6	1
Put pressure on me to have sex or do other sexual things	94	4	1
Threatened to tell people things about me	96	4	1
Threatened to hit me	96	3	1
Hit me	96	2	1

61% of pupils responded that if any of the things in Q82 happened to them, they would know what to do for themselves, while 17% said they would not know what to do for themselves.

Q83. Percentage answering that if any of the things in Q82 happened to them, they would know what to do for themselves.

	Southwark	
	Yr 8	Yr 10
Boys	60	64
Girls	58	72

63% of pupils responded that if any of the things in Q82 happened to them, they could get some help, while 13% said they could not get some help.

Q83. Percentage answering that if any of the things in Q82 happened to them, they could get some help.

	Southwark	
	Yr 8	Yr 10
Boys	55	58
Girls	68	73

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