

solace

Supporting Children affected by Domestic Abuse.



Safe Lives. Strong Futures

We're Solace. For more than 40 years we've supported women and children in London to build safe and strong lives free from violence and abuse.



rape crisis



therapeutic services



for young people



advice & support



accommodation



training

The Yuva Service



an expert group of charities inspiring individual recovery nationwide

- We work with young people aged 11-25, who have used or are using violence in intimate partnerships or with their parents/carers and/or siblings
- Direct 1-2-1 interventions and/or group work - 10 sessions
- Draws on CBT, Social learning theory and uses a strength based approach to support change
- Using violence and aggression is a choice which can be changed



Today's session will look at:

- The definitions and dynamics of domestic abuse and child to parent violence
- The impacts of abuse and some of the signs you might notice
- Signposting to sources of support

Ground Rules

- Respect each other
- Listen and pay attention
- Confidentiality – except if there is risk
- Self-care – take breaks if needed

Understanding Domestic Abuse

Domestic Abuse:

“Any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse”

Includes physical, emotional, psychological, sexual and financial abuse

Coercive Control:

“An act or pattern of acts of assaults, threats, humiliation or abuse that is used to harm, punish or frighten their victim”

Includes isolation, exploitation, deprivation of independence, and regulating behaviour

Child to Parent Violence:

Pattern of violence/abuse/controlling behaviours



Understand the Impacts
Spot the Signs

Consider the impacts

- Group 1 – Emotional / Psychological
- Group 2 – Behavioural
- Group 3 – Developmental

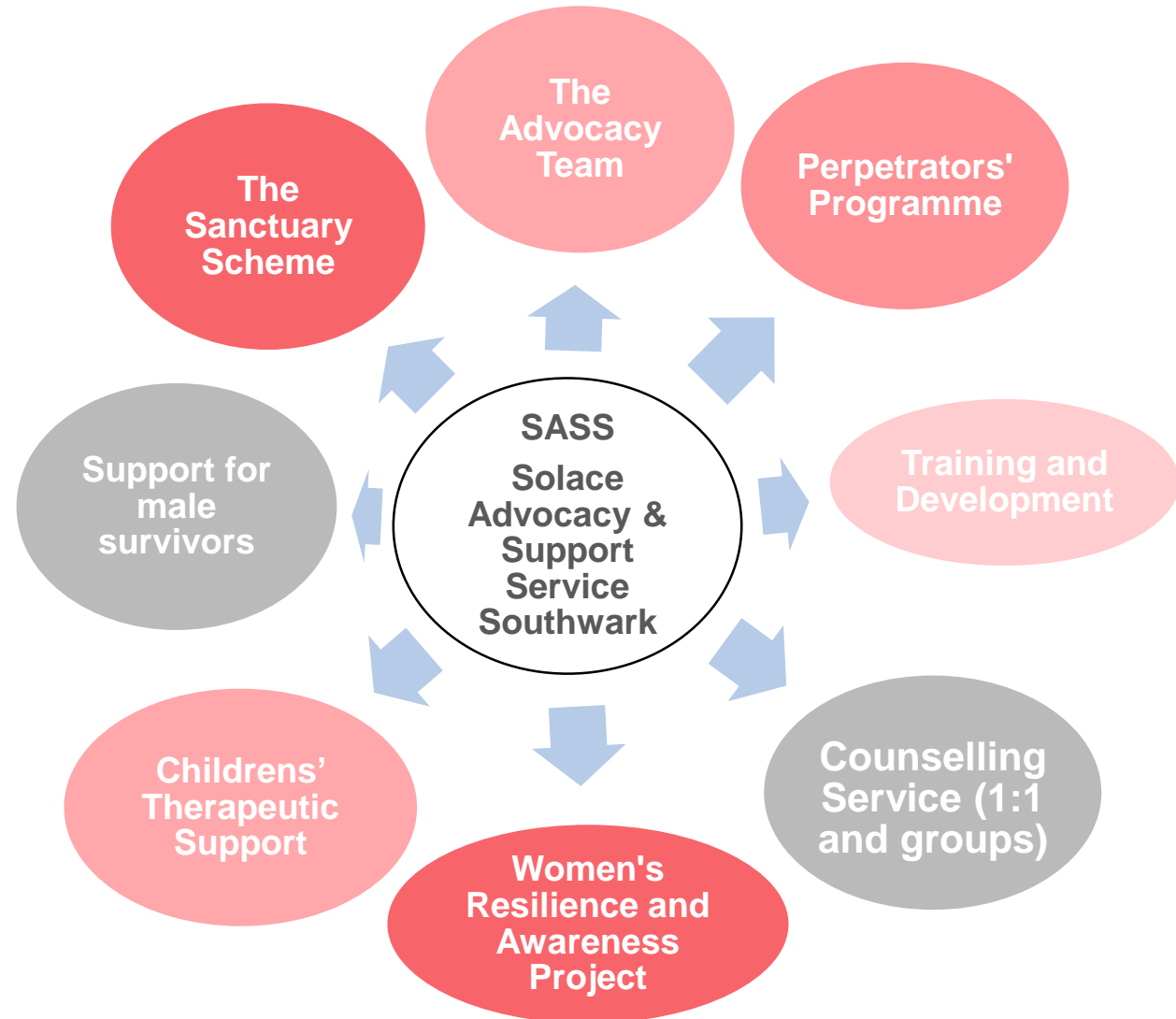
Solace Support in Southwark

To make a referral:

You can call us on
020 7593 1290

Or

You can email us at
southwark@solacewomensaid.org



Yuva Support in Southwark

- Ex/current partners, parent/s, siblings, other family members
- Emotional support – up to 10 sessions (dependent on young person engaging)
- Managing expectations of Yuva Programme
- Referral to services
- Rebuilding confidence

Yuva Support in Southwark

The *Who's in Charge?* group is an 8 week program for parents or carers of young people (8 to 18) who are beyond control, violent or defiant

- Provides a supportive environment to share experiences and ideas
- Reduces the guilt and shame which most parents feel
- Offers ideas to help parents develop individual strategies for managing their child's behaviour
- Explores ways of increasing safety and well-being
- Helps parents feel more in control and less stress

To make a referral:

DVIP.yuva@richmondfellowship.org.uk or 07501722609



Thank you!