

Relationships, Sex and Health Education (RSHE) DfE training offer to LA's & schools in Southwark

We are being funded by the DfE to deliver 'Train the trainers' training to leads in schools, Local Authorities and MATs. In order to work strategically across areas and to reach as many RSHE leads and senior managers as possible.

In September & October we ran LIVE training for Southwark Primary & Secondary schools on:

1. 'Knowing the context of your area' for primary and secondary schools (2.5 hrs session)

This session will help schools to understand the context of RSE in terms of your local health, wellbeing, religious and ethnic data. This will support your school to understand the need for what Ofsted and the DfE require in being inclusive and sensitive to our own schools' context in RSHE. The training will equip staff to begin to comprehend the pressures and tensions faced by children and young people around RSHE.

*If you weren't there live you can still access this training via a recording.
Sign up with georgina.neil@rematters.co.uk*

2. Working well with your local community' for primary and secondary schools (2.5 hrs session)

This session will help staff to consider positive engagement with parents and a school's local community around issues of RSE. The session will consider how faith/pupil-sensitive RSE fits into the government and OFSTED requirements for schools. Giving case studies and proven techniques to engage with your school community.

*If you weren't there live you can still access this training via a recording.
Sign up with georgina.neil@rematters.co.uk*

3. Introduction to Primary training modules and curriculum planning (1.5 hrs session)

*This session will provide primary teachers an introduction to understanding the foundational of the methodology underpinning all the other primary on-line training available to your school. **Schools must complete this session before gaining access to all the other training sessions and materials available.** The session will cover how to train others in your own school; issues around safeguarding and ground rules for class conversations on RSHE topics, how to ensure your schools is an equal and inclusive environment for all pupils. There is a chance to ask your questions around your schools' policy and general practice on RSHE with our expert team.*

*If you weren't there live you can still access this training via a recording.
Sign up with georgina.neil@rematters.co.uk*

4. Secondary curriculum planning (1.5 hrs session)

*This session will provide secondary teachers a foundational understanding of the methodology underpinning all the other secondary on-line training available to your school. **Schools must complete this session before gaining access to all the other training materials available.** The session will cover how to train others in your own school; issues around safeguarding and ground rules for class conversations on RSE topics how to ensure your schools is an equal and inclusive environment for all pupils. There is a chance to ask your questions around your schools' policy and general practice on RSE with our expert team.*

*If you weren't there live you can still access this training via a recording.
Sign up with georgina.neil@rematters.co.uk*

We then have PRE-RECORDED sessions on our password protected website:

The sessions below have been highlighted by schools to the DfE as areas they would like to have some dialogue with other professionals about the best way/s to deliver these topics within their school. Each session will provide teachers with understanding the most up to date information on a topic, alongside principles for how to teach this relevantly with different age groups and settings.

Watch via our website at a time convenient to you.

For Primary schools:

Wellbeing (2 hrs)

Adolescent body & Basic first aid (1.5 hrs)

Drugs, alcohol & tobacco (1 hr)

Physical health and fitness, Healthy eating
Health & prevention (2.5 hrs)

**Virtual meeting to ask question on the above on-line
training session with our expert panel
Wednesday 24th February 2021 3-5pm**

Respectful relationships (1 hr)

Being safe (1 hr)

Caring relationships (1 hr)

Internet safety & harm and online relationships and
media (2 hrs)

Families (1 hr)

**Virtual meeting to ask question on the above on-line
training session with our expert panel
Tuesday 23rd March 2021 3-5pm**

For Secondary schools:

Wellbeing (2 hrs)

Adolescent body and Basic first aid (1.5 hrs)

Health & prevention, Physical health and fitness &
Healthy eating (2.5 hrs)

Drugs, alcohol & tobacco (1 hr)

**Virtual meeting to ask question on the above on-line
training session with our expert panel
Wednesday 3rd March 2021 3-5pm**

Respectful relationships (1 hr)

Intimacy and sexual relationships (1 .5 hrs)

Internet safety & harm, Being safe Online
relationships & online media (2 hrs)

Being safe & Families (2 hrs)

**Virtual meeting to ask question on the above on-line
training session with our expert panel
Thursday 1st April 2021 3-5pm**

Finally, the last part of the offer is for Email support to schools in answering questions throughout the training programme with the Newham team.

To book your school onto this training and for any further details please contact: Georgina Neil
Email: georgina.neil@rematters.co.uk (We need attendees name, email, school details and role in the school)

National Teaching School

designated by



National College for
Teaching & Leadership