

# Relationships and Sex support services



Southwark's young people only service for sexual health, contraception, and drugs & alcohol: <https://hypsouthwark.org.uk/>

## Your GP

The best first stop for free contraception. They can prescribe the pill, an IUD (coil) or implant

## STI Testing Online

<https://www.shl.uk/>

SHL offers confidential, free STI testing. Order online and test at home!

## Sexual health pharmacies

Some Southwark pharmacies provide the **morning after pill for free**. You'll also get free condoms and they can start you on the pill or refer you for a coil/IUS

## Sexual health clinics

- Camberwell clinic
- Burrell Street clinic
- Streatham Hill health centre

Scan here for full details of all services and where to find them.



[www.southwark.gov.uk/safesex](http://www.southwark.gov.uk/safesex)

# Relationships and Sex advice & resources



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## Which contraception is best for me?

Check out this chatbot to see which form of contraception is best for you, then compare options

<https://sh24.org.uk/contraception>



## Useful websites and links:

Confidential texts with your school nurse: 0750 733 2150

Sexwise for honest advice: <https://www.sexwise.org.uk/>

Free condoms with a C-card: <http://www.comecorrect.org.uk/>

Confidential sexual health and wellbeing advice from Brook: <https://www.brook.org.uk/>

NHS advice page: [www.nhs.uk/live-well/sexual-health](http://www.nhs.uk/live-well/sexual-health)

Considering abortion? Call the central booking system to discuss your options: 0345 345 9911

Unwanted or forced sexual contact is assault. For support, call The Havens at 020 3299 6900.

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