



Healthy Schools Partnership
London Borough of Southwark

A PSHE & Wellbeing Curriculum Resource

Bank Reading List

A directory of books that support the teaching and learning of PSHE and Wellbeing in Primary Schools – March 2021

www.schools.southwark.gov.uk/pshe-healthy-schools

Changes from Version 4 to Version 5

Additional books have been added to each category within this Reading List and each book now has an age range to support teachers in planning to an appropriate age group. The books should reflect diverse characters from different backgrounds and abilities.

There are also new categories which have been taken from Relationships Education and Health Education including:

Basic First Aid & Health and Prevention

Economic Wellbeing & Careers

Online Safety & Online Relationships

Physical Health, Fitness & Healthy Eating

Additionally, on page 4 you will find reading schemes and additional book lists to resource a specific area of the wellbeing Framework. You can also use the reading schemes to find cross curricular planning units to integrate these books into other areas of your teaching.

Our Learning Partnership - www.schools.southwark.gov.uk/pshe-healthy-schools

Thank you specifically to the London Tri-borough for commissioning the basis of this work (led by Health Education Partnership) and sharing its development at key stages with professional colleagues. This Resource Bank would not have been possible without the ongoing support from HEP, The PSHE Association and Healthy Schools London Team as well as from lead teachers and consultants; this version has been led by Emily Hogg, Wellbeing Lead, from “Southwark Park Primary”, a Southwark Healthy Schools Champion.

All Southwark Healthy Schools have access to free membership to The PSHE Association - www.pshe-association.org.uk/southwark

Schools should log on to ensure that they take advantage of these Quality Assured resources.

Introduction

We have listed books under the following main categories:

- Basic First Aid & Health and Prevention p.5
- Bullying p.7
- Children's Rights and Citizenship p.9
- Difference and Diversity p.11
(Inc. LGBTQI+, Culture and Religion)
- Domestic Violence and Abuse p.16
- Economic Wellbeing & Careers p.17
- Emotions and Feelings p.19
- Friendship p.20
- Mindfulness p.22
- Online Safety & Online Relationships p.23
- Physical Health, Fitness & Healthy Eating p.25
- Sex & Relationships p.27
- Worry, loss, grief and bereavement p.29

The following two publications have been the "Awarded the Quality Assurance Mark" by the PSHE Association.

Health for Life

Health for Life has a series of teaching materials for primary and secondary schools. Lessons explore essential issues including self esteem, gangs, relationships, emotional literacy, personal safety, medicines and drugs and sexual health. www.health-for-life.org.uk

Understanding Personal, Social, Health and Economic Education in Primary Schools" Boddington, King and Mc Whirter. Sage

This book, written for those training to teach and early career primary teachers, provides clear guidance on how to tackle sensitive issues and informed ideas to help you to develop into a confident PSHE educator www.uk.sagepub.com/booksProdDesc.nav?prodId=Book240562

Additional Book Lists and Literacy Schemes linked to PSHE themes/books

Books for Topics

Fantastic website with recommended books linked to topics such as: Refugees and Immigration, Growth Mindset, Anti Bullying, Politic etc.

<https://www.booksfortopics.com/other-topics>

CLPE scheme

The CLPE scheme offers literacy planning units linked to books within this PSHE Book List: **A Monster Calls, Owl Babies, Ruby's Worry, The Boy at the Back of the Class, Wonder**

<https://clpe.org.uk/powerofreading/books-teaching-sequences>

You can also find suggested book lists by CLPE here:

<https://clpe.org.uk/library/booklists>

Little Box of Books

A subscription/one off box of diverse and representative books for a school or key stage.

<https://littleboxofbooks.co.uk/>

Love Reading for Kids

A list of books promoting Multiculturalism and Anti-Racism

<https://www.lovereadings4kids.co.uk/genre/rac/Racism-Multiculturalism.html>

Pandora Books

Here you can purchase Fiction and Non-Fiction Books linked to themes of Money, Keeping Safe, People who Help Us and Social/Emotional Wellbeing.

(KS1) <https://www.pandorabooks.co.uk/ks1-pshe>

The KS2 books cover themes of Money, Puberty, Identity, Online safety and Sport.

(KS2) <https://www.pandorabooks.co.uk/primary-topic-books/ks2-pshe?limit=all>

Peters Books

Primary book lists covering themes related to the PSHE curriculum <https://peters.co.uk/primary-book-lists>

School Reading List

Book List linked to Resilience

<https://schoolreadinglist.co.uk/books-for-topics/resilience/>

Stonewall

Books linked to diversity and difference.

<https://www.stonewall.org.uk/resources/primary-school-book-list>

The Literacy Curriculum

The website offers literacy planning units linked to books with PSHE themes: Pride: **The story of Harvey Milk and the Rainbow Flag, Julian is a Mermaid, The Night Pirates, The Arrival, Willy the Wimp**

<https://literarycurriculum.co.uk/planning-sequences/>

They also have suggested book lists:

<https://literarycurriculum.co.uk/blog/>

Basic First Aid & Health and Prevention

Bumps, Bruises and Scrapes (Head to Toe Health) (KS2)

Landau, Elaine. 2012

This book provides basic information about minor bumps, bruises, and scrapes, their treatment, and safety tips to help prevent them.

Goodnight Everyone (EYFS/KS1)

Haugton, Chris. 2015

This book captures the soothing time as the sun goes down and all the animals begin to fall into a deep sleep. All except Little Bear who is wide awake despite the yawning and sighing of all those around him. When even Little Bear stretches a great bit stretch and yawns a great big yawn, it really is goodnight for everyone. A great book to discuss the importance of everyone getting a good night's sleep.

How Do Dinosaurs Get Well Soon? (All Ages)

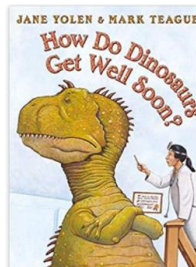
Yolan, Jane. 2004

A playful peek into the homes of poorly dinosaurs

'What if a dinosaur catches the flu?

Does he whimper and whine in between each Atchoo?'

Most certainly not! Dinosaurs get lots of juice and rest. They use hankies, take their medicine and are well-behaved at the doctor's! Brimming with humour and familiar antics, here is a playful peek into the homes of poorly dinosaur children and their parents.



I am Not Sleepy and I Will Not Go to Bed (Charlie and Lola) (EYFS)

Child, Lauren. 2007

Charlie and Lola are 10! To celebrate this momentous birthday, we are publishing three superly special birthday editions of the original and

classic Charlie and Lola picture books. With a beautiful designed embossed and foiled cover, each picture book also comes free with a four panel frieze - perfect for any fan's bedroom wall!

I Do Not Want to Wash My Hands (EYFS)

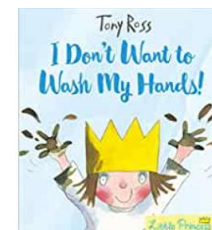
Ross, Tony. 2017

The Little Princess loves getting her hands dirty. The trouble is, she hates washing them. Until she learns all about the nasties, the dirties and all the other horrible things that lurk and make you ill . . .

Joey Goes to the Dentist (KS1/KS2)

Vittorini, Candace and Boyer-Quick, Sara. 2007

A colourful picture book with strategies to help children, including those with Asperger Syndrome, cope with visits to the dentist



Keeping Clean (Healthy Me) (KS1/KS2)

Woolly, Katie. 2019

Why do I have to wash? What's wrong with biting my nails? Why can't I pick my nose? Why can't I wear the same socks each day?

This book is designed for children to begin to learn about the importance of being healthy, and the ways in which we can look after our bodies to keep fit and well. A clean body is very important for keeping illnesses at bay and for feeling good about yourself.

My Very First First-Aid Book: A Simple Guide to First Aid for Younger Children (EYFS/KS1)

Lees, Ian. 2009

This very simple yet informative guide is a must-have for all those brave, potential life-savers out there! You're never too young to make a difference, and this collection of easy-to-follow instructions, set in rhyming verse, is a light-hearted approach to learning some important lessons.

Resting and Sleeping (Healthy Me) (KS1/KS2)

Woolley, Katie. 2019

How much sleep do I need? What happens when I sleep? Why do I dream? Will screen time affect my sleep? Why should I rest? The answers to these and many other questions about resting and sleeping can be discovered in this lively and informative book. The topics of fitness and fun are complemented by charming and humorous illustrations.

The Children's Book of First Aid Skills (All ages)

Giles, Sophie. 2018

This book helps children to develop essential skills that will stay with them throughout their lives. The Children's Book of First Aid Skills is designed to enable children to understand the basics of how to look after themselves and others, using scenarios to illustrate what needs to be done, and how to do it safely.

What are Germs? (EYFS)

Daynes, Katie. 2017

What are germs? How do they spread? And how do medicines help? Curious young children can take a closer look at those mischievous, microscopic bacteria and viruses in this fascinating introduction to germs and hygiene, with 30 flaps to lift and tips on hand-washing and staying healthy. Written with advice from Public Health England.

Why Should I Brush My Teeth? (EYFS)

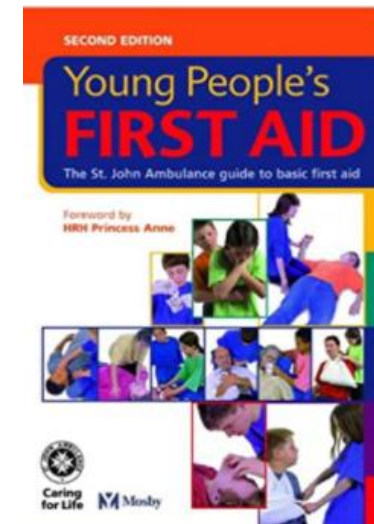
Daynes, Katie. 2020

Why don't animals have toothbrushes? And why do baby teeth fall out? Should everyone brush their teeth? Curious young children can discover the answers to these questions and many more in this entertaining book, with over 30 flaps to lift, gentle humour and easy-to-understand text on every page.

Young People's First Aid: The St. John Ambulance Guide to Basic First Aid (KS2)

St John Ambulance, 2000

This book provides an ideal introductory guide to first aid. It is aimed at the 10-15 year age group, but is excellent reading no matter how old you are! The principles of first aid are displayed in a clear and logical format, making it an easy-to-follow guide. Quick reference tools such as the Handy Hints and Do's and Don'ts are included throughout the book, highlighting the important pieces of information.



Bullying

All things that could Go Wrong (KS2)

Foster, Stewart. Simon and Shuster. 2017

An absorbing story about bullying and friendship crafted with the right balance of warmth and tension to engage readers in upper KS2.

Big Bad Bun (EYFS/KS1)

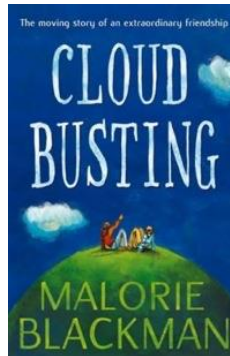
Willis, Jeanne and Ross. Tony. Anderson. 2010.

There never was a rabbit as bad as Big Bad Bun. Or so you'd think if you read the letter which he left on his bed after school one day...but it turns out Big Bad Bun (whose real name is actually Fluff) might not be as bad as he makes out. His school report aside, that is!

Cloud Busting (KS2)

Blackman, Malorie. Doubleday. 2004

Written in different forms of poetry and told as a flashback, this is a heart-wrenching story that offers many possibilities for engagement and discussion. Dealing with themes of bullying, courage, unlikely friendships, loyalty and betrayal, this book explores a child's ability to perceive everyday experiences in a multi-sensory way.



Is it because? (EYFS/KS1)

Ross, Tony. Anderson. 2006.

A little boy is wondering why he is bullied by his classmate Peregrine Frog. And the questions he asks leads him to a greater understanding of himself and the bully.

Laura's Secret (EYFS/KS1)

Baumgart, Klaus. Little Tiger Press, 2004.

When Laura and her little brother Tommy make a kite they can't wait to watch it fly as high as the stars. Are Laura and Tommy brave and bold enough to ignore the horrible boys who laugh at their homemade kite?

Leave me Alone (All age groups)

De Bode, Ann, Tulip Books. 2013.

Peter is excited about moving to a new house, although he has to leave his best friend behind. But at his new school he soon comes up against Jack, the class bully, who makes Peter's life a misery.

Little big mouth: mix and match the monsters! (EYFS/KS1)

Willis, Jeanne and Monks, Lydia. Walker. 2013.

Mine's bigger than yours (EYFS/KS1)

Willis, Jeanne and Reynolds, Adrian. Anderson. 2009.

Little Hairy Monster is sitting on a rock licking a lollipop, when along comes Scary Monster. "I'm bigger than you!" says Scary Monster. "Give me your lollipop!" But Little Hairy Monster won't, no matter how much he tries to bully her, and Scary Monster is in for a big surprise...

Smelly Bill: Love Stinks Smelly Bill: Love Stinks

Postgate, Daniel, Albert Whitman. 2010.

Tyrannosaurus Drip (All ages)

Donaldson, Julia and Roberts, David. Macmillan. 2007.

In this hilarious rhyming tale a placid duckbill ends up in the wrong nest. He finds himself surrounded by tyrannosauruses and is called 'Tyrannosaurus Drip' by his horrid sisters. Yet still he finds the courage to be himself.

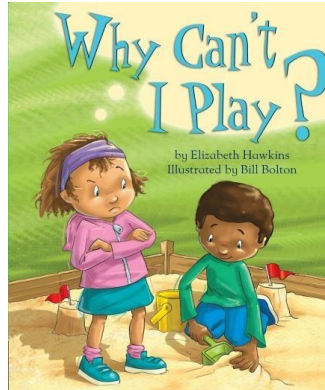
Who's Afraid of the big bad bunny? (EYFS/KS1)

Smallman, Steve and Pedler, Caroline. Little Tiger Press. 2012
A funny story about a big, bad bunny, and how to stop bullies like him!

Why can't I play? (EYFS/KS1)

Hawkins, Elizabeth and Bolton, Bill, Tamarind. 2010.

It's the summer holidays, and a new girl arrives at the park. She's mean and bossy. She boasts about her house, with its lake full of boy-eating crocodiles, its dungeon towers and worse hazards. When the new girl's mother hands out party invitations, the pupils are naturally not so keen. Their parents think the party is a lovely idea and they agree to take the pupils. The new girl's house does not have any horrible hazards, and the party is great fun. When it comes to blowing out the candles, the new girl makes a wish... that she can play with the pupils.

**Willy the Champ (All ages)**

Browne, Anthony, Walker 2008

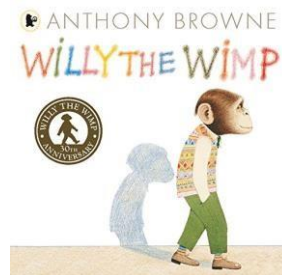
Willy is different. He likes to read books and listen to music; he's no good at sports, although he tries; and wherever he goes he gets laughed at. But when he's threatened by the horrible Buster Nose he really comes into his own.

Willy the Wimp (All ages)

Browne, Anthony, Walker 2008

Willy is kind and gentle, and bullied by the suburban gorilla gang who call him "Willy the Wimp". Desperate to do something about his situation, Willy answers a

bodybuilding advert and grows big



and strong, determined no one will ever call him "wimp" again.

Willow Pattern Story (KS1/KS2)

Drummond, Allan. North-South Books, 1995.

The story involves Koong Shee, a young Chinese woman who is imprisoned in a garden and who is promised to an old trader called Ta Jin. She falls in love with a young man called Chang, who is able to see her each day whilst dealing with her father's affairs. The two communicate with each other using the birds as messengers.

Wonder (KS2)

Palacio, R.J. Corgi Children's Books, 2014.

Born with a terrible facial abnormality, Auggie has been home-schooled by his parents his whole life. Now, for the first time, he's being sent to a real school - and he's dreading it. All he wants is to be accepted and the book follows his journey towards acceptance.

Children's Rights and Citizenship

A is For Activist (All Ages)

Nagara, Innosanto. Seven Stories. 2013

A is for Activist is an ABC board book written and illustrated for the next generation of progressives: families who want their kids to grow up in a space that is unapologetic about activism, environmental justice, civil rights, LGBTQ rights and everything else that activists believe in and fight for.

Every Child A Song (All Ages)

Davies, Nicola. Wren and Rook. 2020

The author introduces young readers to the universal rights that every child is entitled to under the United Nations Convention on the Rights of the Child.

Dream of Freedom (KS1/KS2)

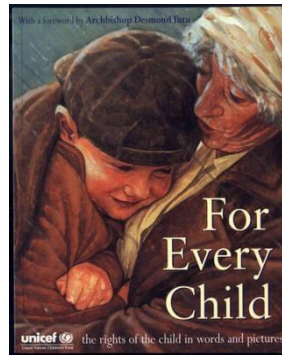
Amnesty International. Lincoln. 2015

This inspirational book contains 17 quotations about many different aspects of freedom, from the freedom to have an education to that not to be hurt or tortured, the freedom to have a home and the freedom to be yourself.

For Every Child (KS1/KS2)

This beautifully illustrated 40-page paperback book provides a simplified version of the UN Convention on the Rights of the Child. With a foreword by Archbishop Desmond Tutu, each page features a drawing by a well-known children's illustrator.

<https://www.unicef.org.uk/rights-respectingschools/resources/teaching-resources/for-every-child/>



Grandfather Gandhi (All Ages)

Gandhi, Arun, Hegedus, Bethany and Turk, Evan. Atheneum. 2014

This book can give children insight into the inner work that must accompany work for justice and peace.

Last Stop on Market Street (All Ages)

De la Pena, Matt and Robinson, Christian. Puffin. 2017

The book follows a young boy named CJ as he learns to appreciate the beauty in everyday things within their community during a bus ride. The book ends with CJ and Nana working at a soup kitchen.

Like the Ocean We Rise (All Ages)

Edwards, Nicola. Caterpillar Books. 2020

This timely peek-through picture book explores humans' impact on our Earth and how we can all make a difference. Celebrate the international youth movement making waves to save our beautiful planet.

Lubna and Pebble (EYFS/KS1)

Meddour, Wendy. Oxford University Press. 2019

In an unforgettable story that subtly addresses the refugee crisis, a young girl must decide if friendship means giving up the one item that gives her comfort during a time of utter uncertainty.

Malala's Magic Pencil (KS2)

Yousafzai, Malala. Puffin. 2019

As a child in Pakistan, Malala made a wish for a magic pencil that she could use to redraw reality. As she grew older, Malala wished for bigger and bigger things. She saw a world that needed fixing. And even if she never found a magic pencil, Malala realized that she could still work hard every day to make her wishes come true

Passage to Freedom: The Sugihara Story (KS2)

Mochizuki, Ken. Lee and Low Books. 1997

The true story of Chiune Sugihara, the Japanese Schindler, who, with his family's encouragement, saved thousands of Jews in Lithuania during World War II.

The Arrival (KS2)

Tan, Shaun. Hodder. 2014

This silent graphic novel is the story of every migrant, every refugee, every displaced person, and a tribute to all those who have made the journey.

The Boy at the Back of the Class (KS2)

Rauf, Onjali. Orian. 2018

The Boy at the Back of the Class is a child's perspective on the refugee crisis, highlighting the importance of friendship and kindness in a world that doesn't always make sense.

The Day the War Came (KS1)

Davies, Nicola. Walker. 2018

A powerful and necessary picture book – the journey of a child forced to become a refugee when war destroys everything she has ever known.

The Election (EYFS/KS1)

Levenson, Eleanor. Fisherton. 2014

A picture book for young children that explains, through a fun story with engaging illustrations, what an election is and how voting works.

The Fox Girl and The White Gazelle (KS2)

Williamson, Victoria. Kelpies. 2018

Reema is a refugee and finds life in Glasgow uncomfortable for a number of reasons. Caylin's mother is an alcoholic and rarely gets out of bed, so Caylin is forced to take extreme measures to fend for herself. The themes of bullying and asylum-seeking are handled sensitively and in a manner that will evoke empathy in Upper KS2 readers.

The Name Jar (EYFS/KS1)

Choi, Yangsook. Dragonfly Books. 2003

The Name Jar explores questions about difference, identity, and cultural assimilation. When Unhei, a young Korean girl, moves to America with her family and arrives at a new school, she begins to wonder if she should also choose a new name.

We Are Welcome (EYFS/KS1)

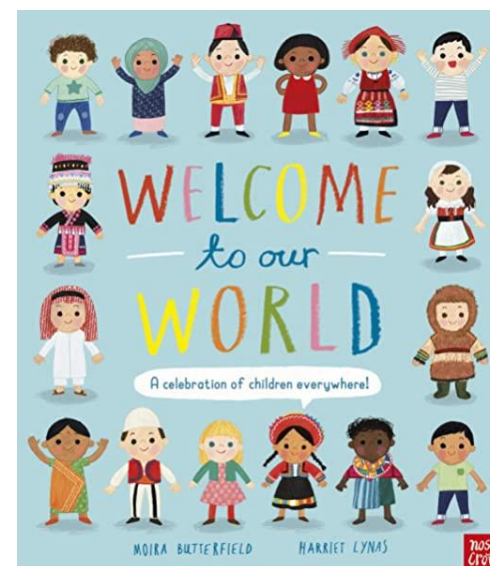
Penfold, Alexandra and Kaufman, Suzanne. Bloomsbury. 2019

Follow a group of children through a day in their school, where everyone is welcome. A school where children in patkas, hijabs, baseball caps and yarmulkes play side by side. A school where students grow and learn from each other's traditions. A school where diversity is a strength.

Welcome to Our World: A Celebration of Children Everywhere! (All ages)

Butterfield, Moira. Nosy Crow. 2018

This delightful book teaches us that despite different languages, customs and traditions, it really is a small world, after all.



Difference and Diversity incl. LGBTQI+, Culture and Religion.

50 LGBTQ People Who Made History (KS2)

Prager, Sarah. Harper Collins. 2020

This book is a celebration of the many ways these heroes have made a difference and will inspire young readers to make a difference, too

ABC: A Family Alphabet Book (EYFS/KS1)

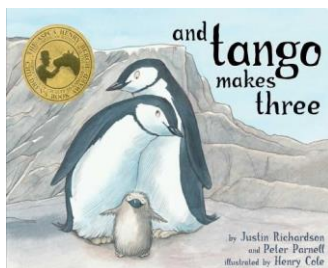
Combs, Bobbie, Keane, Desiree and Rappa, Brian . Two Lives Pub, 2001

It's family fun from A to Z in this alphabet book that shows kids and their parents laughing, playing and enjoying family life. All of the brilliant watercolors depict families headed by gays and lesbians.

And Tango Makes Three (All Ages)

Richardson, Justin, Parneel, Peter and (Illustrator) Cole, Henry. Simon & Schuster Pupils's Publishing, 2005

This tale based on a true story about a charming penguin family living in New York City's Central Park Zoo will capture the hearts of penguin lovers everywhere. Roy and Silo, two male penguins, are "a little bit different."



They cuddle and share a nest like the other penguin couples, and when all the others start hatching eggs, they want to be parents, too.

Anna Ray and the O-Ring (EYFS)

Wickens, Elaine. Alyson Publications Inc., U.S.

Asha's Mums (EYFS/KS1)

Elwin, Rosamund, and Paulse, Michele. Women's P.of Canada, 1990

For ages 4-8. When Asha's lesbian mums become an issue for the teacher and the curiosity of classmates, Asha responds that having two mums is not a big deal. They are a family.

Bill's New Frock (KS2)

Fine, Anne. Egmont, 2007

Bill Simpson wakes up to find he's a girl, and worse, his mother makes him wear a frilly pink dress to school. How on earth is he going to survive a whole day like this? Everything just seems to be different for girls . . .

Daddy's Roommate (KS1)

Willhaite, Michael. Alyson Publications Inc.,U.S., 1991). A young boy discusses his divorced father's new living situation, in which the father and his gay roommate share eating, doing chores, playing, loving, and living.

Feather Boy (KS2)

Singer, Nicky. Collins, 2002

Nicky Singer's Feather Boy is more than just a story about bullying. It's about finding your voice, shouting from the rooftops about something you believe in, refusing to back down, helping a friend and never giving up. It's enormously uplifting, accomplished and satisfying. (Age 10 and over).

Felicia's Favorite Story (KS1)

Newman, Lesléa and, and Adriana Romo. Two Lives Pub, 2002

EY/FS - Year 1. In a story set in a loving family with two women as parents, a little girl asks for her favourite bedtime story - the tale of how she became part of the family.

Giraffes Can't Dance (EYFS/KS1)

Gloria Goes to Gay Pride (KS1)

Newman, Lesléa. Alyson Publications Inc.,U.S, 1991.

Gloria begins her narrative with a description of some of the events that occur during such celebrations as Valentine's Day, Halloween, Chanukah and Mother's Day. She then recounts the events, colours, people and families who make up Gay Pride Day (ages 3 – 7).

Good Night Stories for Rebel Girls (KS2)

Favilli, Elena and Cavallo, Francesca, Penguin Book LTD, 2017

What if the princess didn't marry Prince Charming but instead went on to be an astronaut? What if the jealous step sisters were supportive and kind? And what if the queen was the one really in charge of the kingdom? Illustrated by sixty female artists from every corner of the globe, Good Night Stories for Rebel Girls introduces us to one hundred remarkable women and their extraordinary lives, from Ada Lovelace to Malala, Amelia Earhart to Michelle Obama. Empowering, moving and inspirational, these are true fairy tales for heroines who definitely don't need rescuing.

Heather Has Two Mommies (EYFS/KS1)

Newman, Lesléa, and (Illustrator) Souza, Diana. Alyson Publications Inc., U.S., 1995

When Heather goes to playgroup, at first she feels bad because she has two mothers and no father, but then she learns that there are lots of different kinds of families and the most important thing is that all the people love each other.

Hello Sailor (KS2)

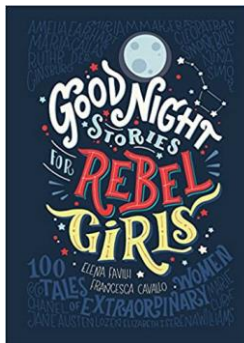
Sollie, Andre, and (Illustrator) Godon, Ingrid. Macmillan Pupils's Books, 2004

Matt lives in a lighthouse. He watches the sea every day for ships and for his friend, Sailor. Rose and Felix say Sailor is never coming back, but Matt won't give up hope. Surely Sailor will come back for Matt's birthday? This gentle story of hope and friendship complemented by Ingrid Godon's subtle illustrations will charm every parent and child.

How It Feels to Have a Gay or Lesbian Parent: A Book by Kids for Kids of All Ages (KS2)

Snow, Judith E. Harrington Park Press Inc., U.S., 2004

This book gives voice to the thoughts, feelings and experiences of pupils, adolescents and young adults who have a gay or lesbian parent. The one-on-one interviews illustrate the effects of



homophobia on family life. These are stories of acceptance and understanding.

Inventing Elliot (KS2)

Gardner, Graham. Orion Pupils's Books, 2004

Inventing Elliot is a chilling but fully believable story about a boy who is violently bullied at his school, recommended it to all those in the 13 to infinity age bracket.

Julian is a Mermaid (All Ages)

Love, Jessica. Walker Books. 2019

While riding the subway home with his Nana one day, Julian notices three women spectacularly dressed up. Their hair billows in brilliant hues, their dresses end in fishtails, and their joy fills the train carriage. When Julian gets home, daydreaming of the magic he's seen, all he can think about is dressing up just like the ladies and making his own fabulous mermaid costume. But what will Nana think about the mess he makes – and even more importantly – what will she think about how Julian sees himself?

Jump (KS1/KS2)

Magorian, Michelle, and (Illustrator) Ormerod, Jan. Walker Books, 2002

Every Saturday Steven watches his sister at her ballet class - jumping and dancing - and he longs to join in. But his mother says that real boys don't dance; they play games like basketball. However, there's one skill that you need for both ballet and basketball - and, fortunately for Steven, it's the thing that he loves doing best!

Long Live Princess Smartypants (KS1) Cole, Babette. Puffin Books, 2005

This is a modern fairy tale for the twenty-first century and a second adventure for the irrepressible and highly popular Princess Smartypants. Princess

Smartypants has decided she'd like to have a baby but doesn't want the husband to go with it.



Man's work (all in a day) (EYFS)

Kubler, Annie. Child's Play International ,1999

A word free picture book for early years. (One of a whole series)

Molly's Family (EYFS/KS1)

Garden, Nancy, and (Illustrator) Wooding, Sharon. Farrar Straus Giroux, 2004

EYFS to Yr 2. When Molly draws a picture of her family for her class, Tommy jeers at her that no one has two mommies. At first she is angry and hurt, but with the support of her teacher and her loving parents she comes to accept her family. Wooding's warm, soft-textured coloredpencil pictures show Molly in her lively classroom and in her happy, nurturing home.

Mommy, Mama and ME (EYFS/KS1)

Newman, Lesléa. Tricycle Press 2009

Rhythmic text and illustrations with universal appeal show a toddler spending the day with its daddies. Share the loving bond between same-sex parents and their pupils.

My Boy: A Two Mom Story (EYFS/KS1)

Considine, Kaitlyn Taylor. Emma and Meesha. Xlibris Corp, 2004

An illustrated book about twins with two mothers.

My Brother Bernadette (KS2)

Wilson, Jacqueline, and (Illustrator) Roberts, David. Egmont Books, 2001

Sara tries to take care of her younger brother when he is teased and called Bernadette at summer camp, but he finds an activity that he enjoys and that gives him the chance to shed his new nickname for good.

Oliver Button Is a Sissy (KS1/KS2) de Paola, Tomie. Harcourt Publishers Ltd, 1990

Oliver B. doesn't like basketball, or volleyball, or any kind of ball. So he ends up going to tap dance classes. Well, after a lot of teasing there is a talent show in which he loses!

One Dad, Two Dads, Brown Dad, Blue Dad (KS1/KS2)

Valentine, Johnny, and (Illustrator) Sarecky, Melody. Alyson Publications Inc.,U.S., 2004

Two pupils - one with blue dads and one from a more traditional family - compare notes in this light hearted, easy-to-read book about parents who are different. In the end, of course, they discover that blue dads aren't really that different from other dads. Except for one thing.

Our Favorite Day of the Year (All Ages)

Ali, A.E. Salaam Reads. 2020

A heartwarming picture book following a group of children from different backgrounds throughout the school year as they become the best of friends.

Pass It, Polly (KS1)

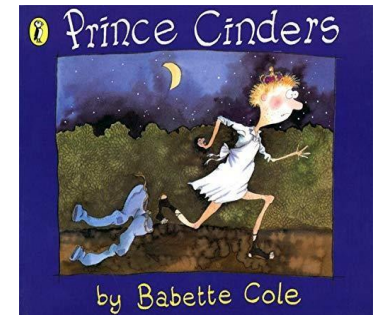
Garland, Sarah. Puffin Books, 1995

Belmont Primary is to field a football team - and Polly and Nisha are completely humiliated as the only girls in the practice match. Trying to do something to improve their skills isn't easy, until they discover that Nisha's grandfather used to play football. On with the coaching! Appropriate football vocabulary is used; Polly and Nisha get stuck in and the boys have to learn respect.

Prince Cinders (KS1)

Cole, Babette. Puffin Books, 1997

Prince Cinders leads a hard life, he spends all his time cleaning up after his three brothers who bully him. One night, Prince Cinders' luck changes as a small, dirty fairy falls down the chimney and promises that his wishes shall come true. However, not all the fairy's spells turn out as planned.

**Priscilla and the Pink Planet (KS1)**

Hobbie, Nathaniel. Little Brown and Company, 2004

Priscilla lives on a planet where everything is pink, dreams of seeing the world in other colours and ends up teaching the Great Queen of Pink that

diversity leads to true beauty. Told in lyrical verse, here is a clever read-aloud book.

Something Else (EYFS/KS1)

Cave, Kathryn, and (Illustrator)

Riddell, Chris. New ed: Puffin Books, 1995

This story gently helps pupils understand how people can be different and shows them a way to accept others who are different to them.

Spacegirl Pukes (KS1)

Watson, Katy, and (Illustrator) Carter, Vanda . Onlywomen Press, 2006

Young space girl is especially lucky to have two mothers and a very curious cat nearby when rocket troubles and nausea begin.

The Boy in the Dress (KS2)

Waliam, David. Harper Collins. 2013

It tells the story of a twelve-year-old boy who enjoys cross-dressing, and the reactions of his family and friends. It is aimed at readers aged eight to twelve, and is intended to teach children that cross-dressing is a healthy and acceptable hobby and not something to be ashamed of.

The Boy Who Cried Fabulous (EYFS/KS1)

Newman, Lesléa. Berkeley, CA: Tricycle, 2004

To Roger, the world is a wonder, full of details that one just simply can't rush by. But his parents have an entirely different view, and they expect Roger to see things the way they do.

The Daddy Machine (KS2)

Valentine, Johnny, and (Illustrator) Schmidt, Lynette. 2nd ed: Alyson Publications Inc., U.S., 2004

In a fantasy reminiscent of Dr. Seuss, two kids with lesbian mothers fantasize about what it would be like to have a father. When their mothers go away for the day, the kids make themselves a daddy machine, and soon they get their wish: they turn on the machine, and a dad pops out. Then comes another, and another, and another.

The Different Dragon (All Ages)

Bryan, Jennifer. Two Lives Pub, 2006

A story for the entire primary sector about different dragons and different families.

The Duke Who Outlawed Jelly Beans and Other Stories (KS2) Valentine, Johnny. 2004

A collection of five fairy tales about pupils with gay parents.

The Lion Who Wanted to Love (EYFS/KS1)

Andreae, Giles, and (Illustrator) Wojtowycz, David . New ed: Orchard Books, 2007

All Leo wants is to love and hug his fellow lions, but his mother tells him that if he can't learn to hunt he has no place in the pride. So Leo is all alone until out in the wide world he meets lots of animals who appreciate his love, hug and help. Soon he has a whole pride of his own, made up of all his friends.

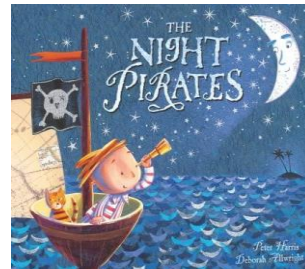
The Night Pirates (EYFS/KS1)

Harris, Peter & Allwright, Deborah. Egmont 2007

One night, young Tom is awoken by noises outside his house. He peeps out of the window and what should he see but PIRATES. And stranger

still – they're GIRL

PIRATES stealing the front of his house!



The Princesses Have a Ball (KS1/KS2)

Bateman, Teresa. Reprint ed: Albert Whitman & Company, 2005

Years 1-4. Bateman's verse uses wordplay and offers a fresh look at the story. Cravath's cartoon pictures add amusing anachronistic features such as an airplane advertising a big reward while men in tights and women in ball gowns frolic below. A fun look at classic tales and their retreads.

The Princess Knight (KS1/KS2)

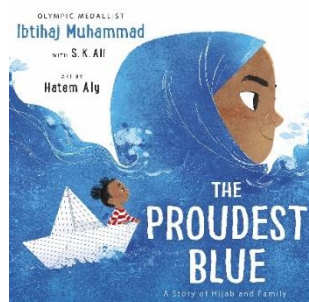
Funke, Cornelia & Meyer, Kerstin. Chicken House. 2004

Violet is a young princess who wishes she could show the world that she is just as brave and strong as her brothers. But her strict father insists that she get married, and her brothers only mock her when she wants to be included in their fun. So Violet decides to use her intelligence and bravery to show everyone--once and for all--what she's made of.

The Proudest Blue (All Ages)

Muhammad, Ibtihaj. Andersen Press. 2020

It's Faizah's first day of school, and her older sister Asiya's first day of wearing hijab – made of a beautiful blue fabric. But not everyone sees hijab as beautiful. In the face of hurtful, confusing words, will Faizah find new ways to be strong?



The Sissy Duckling (All Ages)

Fierstein, Harvey, and (Illustrator) Cole, Henry. Simon & Schuster Inc, 2002

A heart-warming tale about learning to embrace the special qualities we possess. Instead of building forts and playing sports like other boy ducklings, Elmer wants to bake cakes and put on the halftime show. He is great a big sissy. But when his father is wounded by a hunter, Elmer proves that the biggest sissy can also be the greatest hero.

The Strongest Girl in the World (KS2)

Gardner, Sally. Orion Pupils's Books, 1999

What happens when a small girl finds she can lift something as big as a bus?

Too Far Away to Touch (KS2)

Newman, Lesléa. Houghton Mifflin, 1998

Zoe's favorite uncle Leonard takes her to a planetarium and explains that if he dies he will be like the stars, too far away to touch.

Totally Joe (KS2)

Howe, James. Aladdin Paperbacks, 2007

Joe's teacher asks his class to write an alpha-biography throughout the year, presenting themselves and their lives in entries from A to Z. Joe's essays begin and end with friends, from Addie, a long-time pal and confidant, to Zachary, a new student who, like Joe, has a unique approach to life. Over the year Joe comes to grips with his sexuality, questioning gender expectations and traditional roles as he realizes he is gay.

Two Left Feet (All Ages)

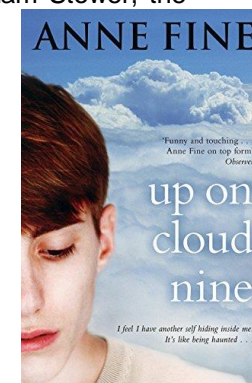
Stower A

Two Left Feet tells the story of Rufus, a monster who loves to dance despite his two left feet. Written and illustrated by Adam Stower, the book is aimed at pupils four and up.

Up on Cloud Nine (KS2)

Fine, Anne. Corgi, 2006

This is the story of a deep friendship between two boys, Stolly and Ian. The pair are introduced to the reader at the point where the accidentprone Stolly is lying unconscious in a hospital bed having survived a rather spectacular plummet to the ground from a very high window. Age 9 and over.



While You Were Sleeping (KS1)

Burks, Stephanie, and Kelli Bienvenu (Illustrator). Trafford Publishing, 2004

While You Were Sleeping, is a story that describes the day that two women learn that a birthmother has chosen them to adopt a newborn baby boy.

William's Doll (All Ages)

Zolotow, Charlotte. HarperCollins Publishers, 1972

An oddly tender tale about a boy and his desire to own a doll of his own.

Domestic Violence and Abuse

A Terrible Thing Happened (KS1/KS2)

Holmes, Margaret and Pillo, Cary. American Psychological Association, 2000.

Sherman Smith saw the most terrible thing happen. At first he tried to forget about it, but soon something inside him started to bother him. This gently told and tenderly illustrated story is for pupils who have witnessed any kind of violent or traumatic episode, including physical abuse, school or gang violence, accidents, homicide, suicide, and natural disasters such as floods or fire.

Clover's Secret: Helping Kids Cope with Domestic Abuse (KS2) Winn, Christine. Fairview Press. 2001.

This story is set in an imaginary land where people can fly. Two young girls form a friendship that helps one of them deal with the problems she faces at home.

Dizzy (KS2)

Cassidy, Cathy. Puffin. 2011.

Dizzy's mum left when she was small. But every year, on her birthday, something arrives in the post - a present or a card with her mum's loopy writing on it. Dizzy has kept everything. This year is different. Nothing comes in the post, but something amazing is about to arrive on Dizzy's doorstep. Something that will whisk her away - and put Dizzy's world in a spin. Will her secret birthday wish come true?

Farmer Duck (All Ages)

Waddell, Martin. Walker Books 1995.

A gluttonous, lazy farmer spends all day in bed, leaving all his work to his poor duck. One day the duck collapses and is comforted by the chickens who hatch a plan.

Hansel and Gretel (KS1/KS2)

Browne, Anthony. Walker 2008.

Hansel and Gretel is perhaps the darkest and greatest of the fairytales from the Brothers Grimm. This extraordinary book brings the classic childhood tale to a new generation courtesy of one of the world's greatest picture book artists, Hans Christian Andersen Award-winner Anthony Browne.

The Illustrated Mum (KS2)

Wilson, Jacqueline. Yearling 2007

Star and Dolphin are two young sisters who act as carers for their alcoholic and manic depressive mum.

The Princess and the Secret (KS2)

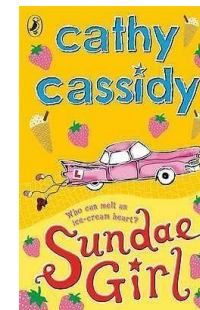
Dhami, Narinder.

A short story which introduces themes of alcoholism and emotional abuse in the family and is told from the perspective of a young girl who feels responsible for her alcoholic mother's welfare. Suitable for pupils aged 9-11.

Sundae Girl (KS2)

Cassidy, Cathy. Puffin. 2011.

Jude's family are crazy, quirky, bizarre . . . her mum brings her nothing but trouble and her dad thinks he's Elvis! Nothing seems to go Jude's way, until she realizes the floppy-haired boy from school could be her knight on shining Rollerblades. Will shy girl Jude ever share her secrets?

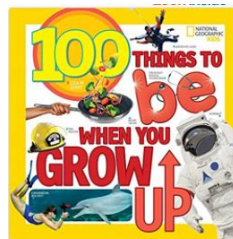


Economic Wellbeing & Careers

100 Things to be When you Grow UP (KS2)

Gerry, Lisa. 2017

Who says adults can't have fun? This book explores 100 of the coolest, wackiest, and most amazing jobs and careers out there, from astronaut to zookeeper, ice cream taster to game maker.



Ada Twist, Scientist (KS1)

Beatty, Andrea. 2016

Determined Ada Twist, with her boundless curiosity for science and love of the question Why?, is destined to join these two favourites. Like her classmates Iggy and Rosie, Ada has always been hopelessly curious. Why are there pointy things stuck to a rose? Why are there hairs growing inside your nose? She embarks on fact-finding missions and conducts scientific experiments, all in the name of discovery.

Daisy and the Trouble with Piggy Banks (EYFS/KS1)

Gray, Kes. 2015

Daisy's getting into more trouble than ever before! When her best friend Gabby turns up at Daisy's house with the most awesome, immense, water-squirting micro-scooter Daisy's ever seen. Daisy knows she's got to have one too! Trouble is, they cost a LOT of money. So Daisy and Gabby hatch a money making plan....

Iggy Peck, Architect (KS1/KS2)

Beatty, Andrea. 2013

Iggy has one passion: building. His parents are proud of his fabulous creations, though they're sometimes surprised by his materials—who could forget the tower he built of dirty diapers? When his second-grade teacher declares her dislike of architecture, Iggy faces a challenge. He loves building too much to give it up!

It's a No Money Day (KS1/KS2)

Milner, Kate. 2019

Although Mum works really hard, and budgets really carefully, today there is no money left and no food in the cupboards. Forced to visit the local foodbank, Mum feels ashamed that they have to rely on the kindness of others. But her daughter likes going to the foodbank and chats happily to the kind lady who gives her biscuits and squash.

Little Croc's Purse (EYFS/KS1)

Finlay, Lizzie. 2013

One fine day Little Croc finds a lonely lost purse . . . and it's FULL of money!

Does he keep it and use the money for himself? Will he succumb to the temptation of some new shoes, a cool lemonade or the teasing of his friends? NO! Honourable Little Croc is off to find the owner. And when the owner of the purse lets him keep it and the money inside, he soon realises that being honest is its own best reward!

Look Inside Jobs (EYFS/KS1)

Bryan, Lara. 2020

What do grown-ups do all day? Lift the flaps to open up a world of possibilities and discover over 100 things you can be from a nurse to a musician or an astronaut. Includes Usborne Quicklinks to specially selected websites with activities and fun facts about jobs people do.

Master Money the Millionaire (EYFS/KS1)

Ahlberg, Allan. 2014

Master Money is a very rich little boy indeed. When he's only four years old, he finds buried treasure in his garden. When he's five, he finds buried treasure in the sandpit at school. And, at six, he finds buried treasure on the beach. But then Mister Creep the Crook finds him ...

One Hen (KS1/KS2)

Milway, Katie Smith. 2009

One Hen tells the story of Kojo, a young Ghanaian boy who uses a micro loan to buy a chicken, so he can sell the eggs to make money. Through hard work, Kojo soon earns enough to go back to school. He grows up to own his own farm, employing many people in his village, and contributing to Ghana's development. The story illustrates how a small loan can have a huge impact on many people's lives if used in the right way.

Rosie Revere, Engineer (KS1)

Beatty, Andrea. 2013

Rosie may seem quiet during the day, but at night she's a brilliant inventor of gizmos and gadgets who dreams of becoming a great engineer. When her great-great-aunt Rose (Rosie the Riveter) comes for a visit and mentions her one unfinished goal—to fly—Rosie sets to work building a contraption to make her aunt's dream come true.

Savia and Spendio and the Piggy Banks (KS1/KS2)

Biztak, Mateja. 2019

Savia is always careful with money but her brother Spendio wastes it all, mainly on sweets. However, one day Savia spends all her money on some materials and now her piggy bank is empty too! Will Savia and Spendio be able to fill up their piggy banks again?

The Great Pet Sale (KS1/KS2)

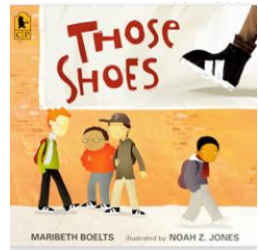
Inkpen, Mike. 1998

Everything in the pet shop must go, even the rat with half his whiskers missing! 'I'm only 1p. Choose me, ' he calls. But first, the little boy must look through all the other animal bargains...

Those Shoes (KS1)

Boelts, Maribeth. 2009

All Jeremy wants is a pair of those shoes, the ones everyone at school seems to be wearing. Though Jeremy's grandma says they don't have room for "want," just "need," when his old shoes fall apart at school, he is more determined than ever to have those shoes, even a thrift-shop pair that are much too small. But sore feet aren't much fun, and Jeremy soon sees that the things he has -- warm boots, a loving grandma, and the chance to help a friend -- are worth more than the things he wants.



When I Grow UP I Want to Be (KS1/KS2)

Baby Professor, 2017

Most kids want to be doctors or teachers because these are the professionals that they usually see. Open your child's eyes to endless possibilities. Let him/her know that there are a plethora of other options when it comes to choosing careers.

When I Grow Up I Want to be (EYFS/KS1)

Llloyd, Rosamund. 2020

This wonderful early-learning book is packed full of fascinating facts on the coolest careers. With amazing action flaps and a super-contemporary art style, these lift-the-flap books are perfect for curious young minds.

You Choose (EYFS)

Goodheart, Pippa. 2018

Imagine you could go anywhere, meet anyone and do anything. Where would you live? Where would you sleep? Who would be your friends? What games would you play? Go on . . . you choose!

Emotions and Feelings

Angry Arthur (EYFS/KS1)

Oram Hiawyn & Kitamura Satoshi, Anderson 2008

Once there was a boy called Arthur, who wanted to stay up and watch TV, but his mother wouldn't let him. "I'll get angry," said Arthur, and he did. Very, very angry...

Everybody feels Happy Everybody feels... Angry Everybody feels ... Sad Everybody feels ... Scared (EYFS/KS1)

Bingham, Jane. Crabtree Publications, 2007.

This series of books talks to pupils about feelings.

I am Books (I am Human, I am Love, I am One, I am Peace)

(All Ages) Verde, Susan. Abrams.

Kind (All Ages)

Green, Alison. Alison Green Books. 2020

Kind is a timely, inspiring picture book about the many ways children can be kind, from sharing their toys and games to helping those from other countries feel welcome.

Ravi's Roar (EYFS/KS1)

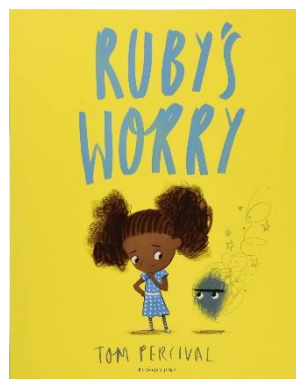
Percival, Tom. Bloomsbury. 2019

A clever and engaging book about temper tantrums, dealing with emotions and learning to express and understand your feelings.

Ruby's Worry (EYFS/KS1)

Percival, Tom. Bloomsbury. 2018

Ruby loves being Ruby. Until, one day, she finds a worry. At first it's not such a big worry, and that's all right, but then it starts to grow. It gets bigger and bigger every day and it makes Ruby sad. How can Ruby get rid of it and feel like herself again?



The Bad-tempered Ladybird (EYFS/KS1)

Carle Eric, Puffin 2010

The bad-tempered ladybird picks fights with every animal he meets, but soon learns the importance of friends and turns into a far nicer, happier bug.

The Good Mood Hunt (EYFS/KS1)

Oram, Hiawyn & Partis, Joanne. Oxford University Press, 2003.

Hannah wakes up so happy that everyone around her catches her good mood... until she remembers something that makes her good mood crumble away. So she sets out on a good mood hunt - and as she searches under stairs, inside pockets and in the garden shed, she finds all the ingredients for a perfectly wonderful day!

The Lion Inside (EYFS/KS1)

Bright, Rachel. Orchard Books. 2016

A story about confidence, self-esteem, and a shy little mouse who sets out on a journey to find his roar.

The Worrysaurus (EYFS/KS1)

Bright, Rachel. Orchard Books. 2020

The perfect book to help every anxious little dinosaur let go of their fears and feel happy in the moment.

When Sophie Gets Angry-Really, Really Angry (All Ages) Bang, M G. Scholastic Press, 2008.

A young girl is upset and doesn't know how to manage her anger but takes the time to cool off and regain her composure.

Friendship

A home for Mr Tipps (EYFS/KS1)

Percival, Tom. Harper Collins, 2011.

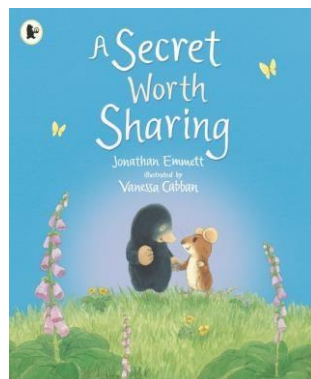
It's a hard life for Mr Tipps, a frightened stray cat who lives under an old dustbin - until he meets a lonely boy and a wonderful friendship is formed. But one day, the boy doesn't come to play and Mr Tipps finds himself lost and in danger. Will the two friends ever see each other again?

A secret worth sharing (KS1)

Emmett, Jonathan and Cabban, Vanessa. Walker, 2012.

One hot summer's day, when Mole is out exploring, he discovers a newcomer to the forest – a newcomer called Mouse! The two quickly become friends, but

Mole isn't keen to introduce Mouse to the other forest animals. Meanwhile, Rabbit, Squirrel and Hedgehog are wondering why they haven't seen Mole for so long. When they finally discover his secret, they're so pleased to meet Mouse that Mole realizes it's much nicer for everyone to be friends.



Dandylion (EYFS/KS1)

Finlay, Lizzie. Red Fox Picture Books, 2009.

When the 'delightfully different, bright yellow and rather scruffy' Dandylion joins Miss Gardener's neat and tidy class, chaos and fun follow. But after one messy incident too many he's told to go home - he just doesn't fit in. It doesn't take long, however, for everyone to realise that too much neatness and order isn't always a good thing and everyone's desperate for Dandylion to return!

Fox Tale (KS1/KS2)

Foreman, Michael. Anderson, 2007.

A young fox cub is just emerging from the safety of the den. His father takes him and the other cubs to the railway station to meet a kind man, who feeds them. But one day a group of rowdy boys jostle the man, and he has to be taken to hospital. The cub is very wary of the boys, but he is also very hungry, so when one of the boys comes back bringing food, the cub risks eating it. It is the start of an unusual friendship!

Gilbert the Great (EYFS/KS1)

Clarke, Jane and Fuge, Charles. Simon and Schuster, 2006.

'From the time Gilbert the Great White Shark was a tiny pup, Raymond the Remora stuck to him like glue...' Then one day, Gilbert wakes up to discover that Raymond has gone. Mrs Munch does everything she can to help her little shark come to terms with his loss and - slowly but surely - Gilbert learns to smile a wobbly smile through his sadness. He knows that Raymond will always be in his heart and, when mum takes Gilbert to the wreck, a chance meeting helps him find happiness once more.

Grub in Love (KS1)

Burlingham, Abi & Warburton, Sarah. Piccadilly, 2011.

Grub is a mucky pup. What happens when Tilly moves in next door?

I don't want to be a pea! (EYFS)

Bonwill, Ann and Rickerty, Simon. Oxford University Press, 2012.

Hugo is in no doubt as to what he and Bella should go as to the HippoBird Fancy Dress Party. They will go as the princess and the pea and he will be the princess. She has a better suggestion. They just can't decide on a costume and things reach a crisis when they say they don't want to go to the party at all. Both Hugo and Bella calm down and (privately) both choose to dress as a pea as a gesture of making it all up to each other. Hugo and Bella announce proudly that they are 'two peas in a pod, just as it should be' underlining the message of the book that friendship is all about give and take.

Itchy Itch Itch (EYFS/KS1)

Bergman, Mara & Bolam, Emily. LZS, 2012.

'Itchy Itch Itch' is an amusing story about a Buffalo with an itch that no one can scratch - that is, until little Bird comes along. She doesn't seem like she can do the job, when Elephant couldn't with her long trunk and Monkey couldn't with his long arms. Surprisingly though not only does little Bird do the job perfectly she now has Buffalo as a friend for life.

Mine! (KS1)

Oram, Hiawyn & Rees, Mary. Hodder and Stoughton, 1992.

Poor Isabel! It's hard to play with Claudia because Claudia simply will not share any of her toys: not the rocking horse, not the carrot-topped doll, not the shiny new tricycle. All Claudia can do is shriek "Mine!". This witty, droll tale provides the perfect opportunity for parents and young pupils to discuss friendship and sharing.

My Big Brother Boris (EYFS/KS1)

Pichon, Liz. Scholastic, 2008.

Little Croc and his big brother, Boris, used to be best friends. But lately Boris has turned into a grumpy teenage croc - all he does is eat, sleep and listen to loud music. Worst of all, he doesn't spend time with Little Croc anymore... What's a little brother to do?

Poddy and Flora (EYFS/KS1)

Metcalf, Paula. MacMillan, 2010.

... like jelly and ice cream, like buckets and spades, and like Flora and her dog Poddy. But when Flora goes to visit Gran, Poddy has to stay at home and nothing is much fun. And then Poddy realises it's not just Flora he's missing, but his tail seems to have disappeared too! When will Flora come home, and where on earth is Poddy's tail?

Toot & Puddle: Top of the world (KS1/KS2)

Hobbie, Holly. Little, Brown and Co., 1997.

Toot and Puddle are the best of friends. But when Toot leaves Woodcock Pocket to travel and see the world, Puddle chooses to stay at home. Just when Puddle begins to miss his old friend, he embarks on some of his own adventures-right at home. Finally, after Toot returns from his year-long trip, the two discover that true friendship knows no boundaries.

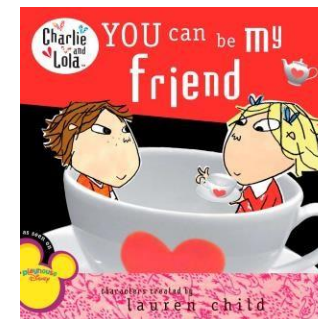
What Lola Wants Lola Gets (EYFS/KS1)

Salariya, David and Scrase, Carolyn. Scribblers, 2010.

This unique picture book for pupils uses original torn-paper illustrations to tell the fun-filled story of the glamorous Lola the Leopard, who is incredibly vain, and her friend Monty the Meerkat, whose clumsy antics don't add up to the perfection Lola is looking for.

You Can Be My Friend (Charlie & Lola) (KS1) Child, Lauren. Grosset and Dunlop, 2008.

Lola is excited because she is going to spend the afternoon with Morten, the little brother of Charlie's best friend. Lola has planned out the entire afternoon with fun and games, but her hopes are dashed when she discovers that Morten is so shy he won't even speak! Lola tries everything she can think of to get Morten to break out of his shell, but nothing does the trick. How will Lola and Morten have fun?



Mindfulness

A Pebble for my Pocket (KS2)

Nhat Hanh, Thich. Plum Blossom Books. 2010.

Introduces the basic principles of mindfulness, and includes practices that pupils can do by themselves or with others.

Each Breath a Smile (All Ages)

Nhat Hanh, Thich. Parallax Press. 2002.

Each Breath a Smile introduces preschool-aged pupils to mindful breathing. Through beautiful color illustrations, pupils learn to connect with their breathing to help them experience calmness and enjoy a deeper relationship with their friends and family. Illustrations of trees, frogs, crickets, and birds remind them of the many simple joys available in the world around them.

Kaya's Heart Song (All Ages)

Sanders, Diwa Tharan. Lantana Publishing. 2018

Kaya is looking for her heart song--the song that happy hearts sing. Her search takes her on a journey deep into the jungle where a broken down carousel waits for a very special song to make it turn again.

Mindful Monkey Happy Panda (All Ages)

MacLean, Kerry Lee. Wisdom. 2011

Mindful Monkey, Happy Panda This wonderful picture book for pupils and parents alike introduces the powerful practice of mindfulness in a fun and exciting way. With the delightful characters Mindful Monkey and his mindful friend Happy Panda guiding readers to a calm and focused mind

Moody Cow Meditates (All Ages)

MacLean, Kerry Lee. Wisdom. 2009

Peter the cow is having a BAD day. After missing the bus and wiping out on his bike he loses his temper and gets in trouble. And to make matters worse all the other kids are teasing him, calling him Moody Cow. Peter's day just seems to get worse until his grandfather comes over and teaches him how to settle his mind and let go of his frustration

through a simple and fun exercise. This vibrant and funny pupils's book is a playful and hilarious way to introduce pupils to the power of meditation.

No Ordinary Apple (All Ages)

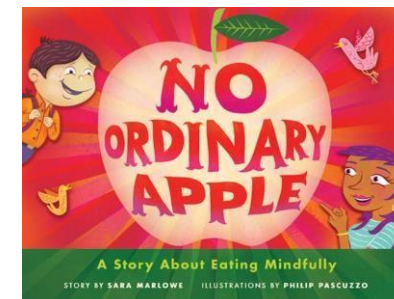
Marlowe, Sarah. Wisdom. 2013

On an otherwise ordinary day, Elliot discovers something extraordinary: the power of mindfulness. When he asks his neighbor Carmen for a snack, he's at first disappointed when she hands him an apple he wanted candy! But when encouraged to

carefully and attentively look, feel,

smell, taste, and even listen to the

apple, Elliot discovers that this apple is not ordinary at all.



Peacefully Piggy Meditation (All Ages)

MacLean, Kerry Lee. Albert Whitman Prarie Books. 2006.

Peacefully Piggy Meditation How do young piggies find a peaceful place in a frustrating world? They meditate. They find a quiet spot, a special place with a few simple things, and just breathe.

Planting Seeds: Practicing Mindfulness with Pupils (KS2) Nhat Hanh, Thich. Full Circle Publishing. 2012.

Each chapter of Planting Seeds begins with an overview of a topic, including mindful breathing, meditation, compassion, nature, suffering, healing, age, and death. After the overview, each chapter includes stories, sample activities, and guided meditations that adults can use to explore these themes with pupils.

Online Safety & Online Relationships

Chicken Clicking (KS1/KS2)

Willis, Jean and Ross, Tony. 2015

Chicken Clicking explores the story of a little chick that sneaks into the farmer's house at night and buys herself and her farmyard friends lots of gifts. Chicken Clicking also uses the internet to go online and meet a new friend but all is not as it seems!

Digiduck's Big Decision (EYFS/KS1)

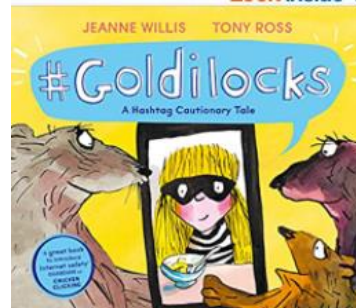
Buck, Lindsay and Flood, Ciara. 2012

This book helps children explore the idea of being a good online friend. Digiduck needs help to make a difficult decision about sharing photos online. Digiduck can be used to discuss issues such as online friendship, taking and sharing photos safely, online gaming and responsibility online.

Goldilocks (A Hashtag Cautionary Tale) (All Ages)

Willis, Jean and Ross, Tony. 2019

Everyone loves Goldilocks' hilarious online videos, but in her quest to get more likes, more laughs and more hits, she tries something a little more daring: stealing porridge #pipinghot, breaking chairs #fun, and using someone else's bed #sleep. What will Daddy Bear do when he sees that online?



Katie Friedman Gives Up Texting (KS2)

Greenwald, Tommy 2017

When a text goes wrong, Katie Friedman learns the hard way that sometimes you need to disconnect to connect.

Little Bird's Internet Security Adventure (All Ages)

Mercado, Jim and MacDermott, Siobhan. 2010

Little Bird is the story of a bird who wants to wish her grandma a happy birthday over the computer. With the help of her parents, Little Bird has learned how to be safe online but her animal friends haven't been so lucky and they need her help. Little bird shares her knowledge with them along her journey home.

MonkeyCow (EYFS/KS1)

Spendlow, Stuart. 2017

A follow-up to Penguin Pig, Monkeycow explores password safety. When a little girl creates the most delicious chocolate cake imaginable for the summer fair, she hides it in a top-secret underground base with a password for the door. Filled with delight, she makes her way around the town spreading the news and sharing the password with some locals. However, little does she know the disaster that is soon to strike...

Monkeycow can be used to discuss safe passwords with children. The main message is about the importance of keeping passwords private.

Penguinpig (EYFS/KS1)

Spendlow, Stuart. 2014

This is a story about a little girl who finds out about a magical creature online but her parents are too busy to help her so she sets off to find one. Penguinpig is a rhyming book which explores the issues of reliability online and the need to be aware that not everything online is true! Penguinpig can be used to discuss the issue of reliability and trust online with children.

Staying Safe Online (KS2)

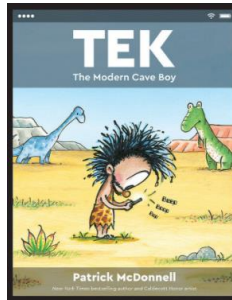
Stowell, Louie. 2016

The internet is full of amazing possibilities but, just like the real world, there are a lot of potential dangers and difficulties too. You need to know what to watch out for and how to protect yourself. Whether you're worried about oversharing on social media or coming across dangerous people, this guide gives you tips and tools to take control and stay safe online.

Tek the Modern Cave Boy (KS1/KS2)

McDonnell, Patrick. 2016

Tek tells the story of a cave boy in love with tech: his tablet, videogames, phone, and TV keep him deep in his cave, glued to his devices, day in and day out. He never sees his friends or family anymore – and his ability to communicate has devolved to just one word: “UGH”! Can anyone in the village convince Tek to unplug and come outside into the big, beautiful world?



Troll Stinks (KS2)

Willis, Jean and Ross, Tony. 2017

Billy Goat and his best friend Cyril are messing about with the farmer's mobile phone, taking selfies and playing games... until they find the number for a troll. Their Grandpa Gruff says trolls are bad, so Billy and Cyril decide to get their own back by sending mean messages. After all, trolls really do stink! Don't they?

Webster's Bedtime (All Ages)

Whaley, Hannah. 2015

This is a rhyming story which explores the need for us all to switch off from screens and internet, especially at bedtime. Webster's Bedtime can be used to discuss using technology responsibly, screen time, balanced use, gaming and using mobile phones and tablets responsibly.

Webster's Email (All Ages)

Whaley, Hannah. 2014

This is a wonderfully witty rhyming story that gathers pace as the little spider begins to regret emailing a funny picture of his sister. Count with Webster in this number book as his email reaches more and more people, while gently introducing young readers to the vocabulary and etiquette of email technology.

Webster's Friend (All Ages)

Whaley, Hannah. 2015

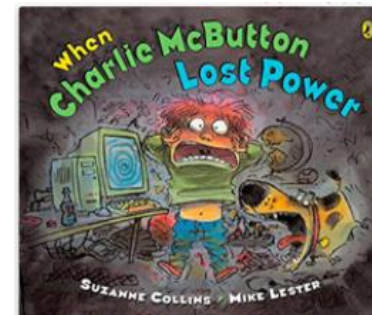
Webster thinks he has made a friend online... but who is he really talking to?

Webster tries his best to impress when he makes a new friend online. Told in playful rhyme, this story takes a turn when the friend wants to meet and Webster finds out who he has really been talking to!

When Charlie McButton Loses Power (KS1/KS2)

Collins, Suzanne and Lester, Mike. 2007

Charlie McButton explores the story of a little boy who likes computer games so much he never plays with anything else. When a thunderstorm knocks out the electricity his tech empire comes tumbling down. Charlie needs batteries fast the only ones he can find are in his little sister's talking doll. Will he resort to desperate measures and cause his sister to have a meltdown of her own or will he snap out of his computer craze long enough to realize his sister might be fun even if she doesn't come with batteries?!



Physical Health, Fitness & Healthy Eating

Eating Well (Healthy Me) (All Ages)

Woolley, Katie. 2019

Why should I eat fruit and vegetables? What's wrong with chocolate and crisps? What are proteins and carbohydrates? The answers to these and many other questions about healthy eating can be discovered in this lively and informative book, where the topic of healthy eating is complemented by charming and humorous illustrations.

Exercise and Play (Healthy Me) (All Ages)

Woolley, Katie. 2019

Why do I have to exercise? Why is it fun to play? The answers to these and many other questions about exercise and play can be discovered in this lively and informative series. The topics of fitness and fun are complemented by charming and humorous illustrations. This book is designed for children to begin to learn about the importance of being healthy, and the ways in which we can look after our bodies to keep fit and well.

Flabby Cat and Soggy Dog (EYFS/KS1)

Willis, Jeanne. 2010

Flabby Cat and Slobby Dog were very lazy. They ate and ate and ate. And they slept and slept and slept. But when they woke up, they were most uncomfortable. The sofa had shrunk! Or so they liked to think...

Food and Eating (Healthy for Life) (KS2)

Claybourne, Anna. 2019

Food can be confusing! There's a lot of information out there about which foods are 'good' or 'bad' for you - and it seems to change every week! And people can sometimes get very stressed about food and eating, and how it affects their bodies. This book explains how food works, so they can make their own decisions armed with all the facts.

From Head to Toe (EYFS/KS1)

Carle, Eric. 1999

An interactive introduction to basic body parts and movements.

Gorillas, elephants, camels and other animals invite young readers to clap, stomp, wriggle and bend like they do!

Healthy Eating (Now we Know About....) (KS1/KS2)

Chancellor, Deborah. 2009

Children are told that a healthy diet is important; Healthy Eating shows them why. Reading about the different food groups and the benefits of vitamins and proteins will have children thinking about the food they eat and the effect it has on their well-being.

I Will Not Ever Never Eat a Tomato (Charlie and Lola) (EYFS/KS1)

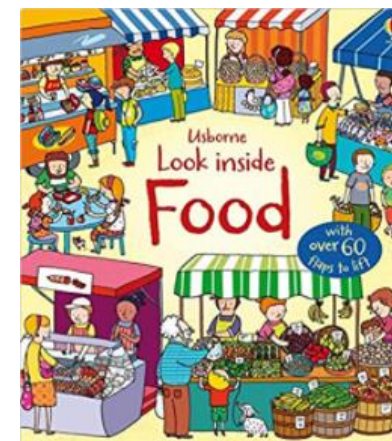
Child, Lauren. 2007

Charlie and Lola are 10! To celebrate this momentous birthday, we are publishing three superly special birthday editions of the original and classic Charlie and Lola picture books.

Look Inside Food (EYFS)

Bone, Emily. 2015

Little children can find out all about where the food they eat comes from in this colourful lift-the-flap book. Lift the flaps to look inside kitchen cupboards and a refrigerator, watch fields being sown with rice and wheat and see cows being milked on a farm. With special pages on farm animals, food from the sea and why we need to eat a balanced diet.



Look Inside Your Body (EYFS)

Usborne, 2012

This is a wonderful flap book introducing children to the way their own bodies work in a fun and informative way. It is a new, smaller format of the "Look Inside" series, perfect for little fingers. It is full of surprises to keep enquiring minds entertained, including flaps beneath flaps and a cheeky peek inside a toilet cubicle. Young readers' minds will boggle as they learn about how their brains work, what happens when they eat, how their lungs use oxygen and much more.

Keeping Fit (Healthy for Life) (KS2)

Claybourne, Anna. 2015

Keeping fit is about keeping your body working well, and avoiding illnesses and injuries. Getting exercise is one of the most important ways to do this, and that's mainly what this book is about. But exercise doesn't just work on its own. There are loads of ways to look after your body, and they all work together.



The Boy Who Loved Broccoli (EYFS)

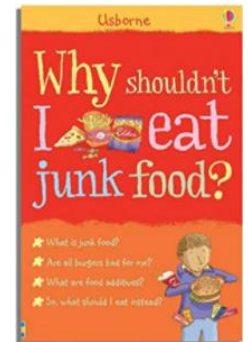
Creighton, Sarah. 2011

This is a humorous tale about Baxter, a boy who enjoys eating broccoli so much that it gives him super powers. After jumping over mountains and splashing through lakes, he goes on to perform superhero good deeds and convinces others to indulge in the delicious green veggie, only to find out that they become filled with super powers as well.

Why Shouldn't I Eat Junk Food (KS2)

Knighton, Kate. 2008

This is an informative guide to two of the hottest debates surrounding children today: Junk food and healthy eating. Written in a conversational style, this book offers children an approachable source of information on key subjects such as food labelling, the effects of eating too much junk food, the importance of a varied diet and how food is grown.



Why Should I Bother to Keep Fit? (KS2)

Knighton, Kate. 2015

An informative guide to the hows and whys of keeping fit. Written in a conversational style, this book offers children an approachable source of information on key subjects such as why keeping fit is good for you, how to choose the appropriate exercise regime and a how to stay healthy in day-to-day life.

Yummy Stories: Fruits, Vegetables and Healthy Eating Habits (All Ages)

Alexander, Lil. 2014

This book has truly gone too far. First, it inspires kids to read it aloud. Then, it makes them laugh and sing, and to top it all, it whets their appetite for veggies. How about that! And even though it encourages healthy eating habits, this yummy book is not "preachy" but fun. Six fascinating folk tales with vibrant illustrations are set to take children to a magical world, with unforgettable characters.

Sex and Relationships Education Key Stages 1 & 2

Good sex and relationships education should properly begin in the primary school as part of a planned, progressive programme of PSHE. Starting in Year 1 and covering topics such as: The beginning of life - animals, plants and me. In Year 2 name body parts, including sex organs - using correct vocabulary, and so on. The earlier one begins to deliver a programme of sex and relationships education, the easier it is. Pupils quickly overcome their giggles and embarrassment and are interested and enthusiastic to learn. There are teaching packs on the market (list of publishers below), which, provide relevant materials, and some really useful books, which could be used, by pupils and teachers alike to support learning:

Have you started yet? (KS2)

Thompson, Ruth. Macmillan

A really good book for older junior and secondary school girls who will appreciate the open nature of this book about menstruation aimed at young women aged 9 -17. Subjects covered include bras and breasts, sex organs, coping with PMS and a whole lot of 'What if...'questions. We agree with the author that boys should read it too. One could say that girls should also read the following.

It's My Body (All Ages)

Freeman, Lory. Parenting Press. 1982 (Domestic Violence/Abuse)

This book enables pupils to learn appropriate responses to physical assault, in a manner that is sensitive and doesn't provoke damaging guilty feelings. It contains phrases for the pupils to practice saying, should they ever feel uncomfortable about any kind of touch.

It's Perfectly Normal: Changing Bodies, Growing Up, Sex & Sexual Health (KS2)

Harris, Robie H, and (Illustrator) Emberley, Michael. 10 ed: Candlewick Press (MA), 2004). Visually, the book is in colour throughout, has enjoyable pictures and is not afraid of using nudity in pictures. The attitudes expressed are excellent, beginning with the bird and bee characters expressing different feelings about learning about sexuality; the attitudes towards (for example) homosexuality, non-nuclear families, race, and masturbation demonstrate an acceptance of difference, a respect for others, and a positive attitude to it all.

Living with a Willy (KS2)

Fisher, Nick. Macmillan

Deals with the trials, tribulations and pleasures of having a penis. The language Fisher uses will engage the most 'street-wise' young men. It deals with many issues including size, circumcision, erections, hygiene and sex. Curious males and females will benefit if these books are left lying around for them to peruse at their leisure.

Bear in mind that young people generally opt for magazines intended for an older age group. Take account of the youthfulness of the people portrayed in the photographic illustrations and add the following texts by Pete Sanders and Steve Myers (Published by Watts/Gloucester) to that box in junior school classrooms. Each of the following books will sit well within the framework of PSHE and also provide some of the support necessary to young people to enable you to achieve quality standards in Health Education. Subjects are sensitively and carefully explored using text, case studies and illustrated story lines and comic strip formats.

Let's Discuss Love, Hate and other Feelings (KS2)

Sanders, Peter and Myers, Steve. Watts/Gloucester

Let's Discuss Sex and Sexuality (KS2)

Sanders, Peter and Myers, Steve. Watts/Gloucester

Mummy Never Told Me (KS1/KS2)

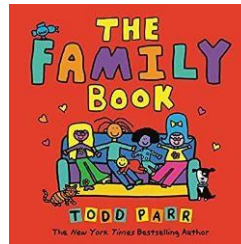
Cole, Babette. Red Fox, 2004

What are tummy buttons for, and how do they get there? Why do grown-ups have hair in their ears but sometimes none on their heads? Why do some women prefer to fall in love with other women, and some men with other men? Babette Cole explores these questions and many more with her wonderfully sharp text and riotously funny illustrations.

The Family Book (EYFS/KS1)

Parr, Todd. Magan Tingley Books, 2004

This book shows all sorts of families - big /small, animal /people, single /two parent, with just one page on same sex parents i.e. part of the wider picture. It shows differences but emphasises the things, which are the same about all families.



Two Weeks with the Queen (KS2)

(HIV & also Relationships) - Gleitzman, Morris. Puffin Books, 2003
When his brother Luke is diagnosed with cancer, Colin is sent to London to stay with his aunt. Determined to find the Best Doctor In The World he visits The Best Cancer Hospital In London. There he meets Ted whose lover, Griff, has AIDS. The ever resourceful Colin helps his new friends when circumstances threaten to separate them and, in supporting Ted through his grief, is able to come to terms with his own.

Waiting for Baby (EYFS/KS1)

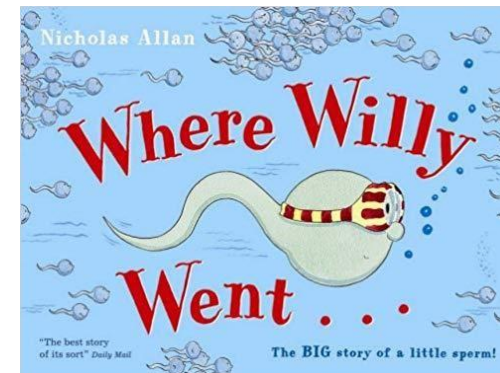
Fuller, Rachel. Child's Play Ltd. 2009

A new addition to any family is exciting, but the experience can also be worrying and confusing for siblings. Coping with the new situations and emotions that arise can be very challenging.

Where Willy Went (KS1/KS2)

Alan, Nicholas. Penguin Books, 2004

Never before have the facts of life been presented in such an accessible—or novel— way. Our hero is Willy, a little sperm who lives inside Mr. Browne with 300 million friends. Every day Willy practices for the Great Swimming Race.



Who's in a Family? (All Ages)

Skutch, Robert. Tricycle Press, U.S., 1998 (0552554650, 9780552554657).

This book describes different types of families: single parents, lesbian and gay parents, grandparent carers, step families and multi-race families. These are interspersed with different types of animal families.

Brook

Brook is the UK's leading provider of sexual health services and advice for young people under 25. They produce a number of resources that can be found at: www.brook.org.uk/index.php/resources/resourcecategories. They are listed under the following categories:

- Boys and Young Men
- Condom Use

- Confidentiality and Good Practice
- Contraception and STIs
- For People with Disabilities
- Growing Up
- Outreach
- Pregnancy Choices
- Sex and Relationships
- Talking to Doctors
- The Law and Public Policy

Family Planning Association (FPA) – (Talking sense about sex) The FPA educates and informs thousands of people about sexual health each year and campaign to improve sexual health services.

They produce a large variety of resources, including teaching packs, leaflets and 3D products.
www.fpa.org.uk/shop/78/product-list

The Sex Education Forum (SEF)

SEF represent a group of organisations and individuals committed to improving sex and relationships education (SRE) for pupils and young people. Their members include national organisations and SRE practitioners. They have representatives from health, education, faith, disability and pupils's organisations.
www.sexeducationforum.org.uk/members/list-of-members.aspx

SEF publish their own resources including factsheets that are free to download and books and practical toolkits available to purchase from the NCB web-shop. All are listed via their website in A-Z order.
www.sexeducationforum.org.uk/resources/resources-a-z.aspx

Worry, Loss, Grief and Bereavement

Worry, Loss, Grief and Bereavement – books for pupils under the age of 5

Can't You Sleep, Little Bear?

Waddell, M & Firth, B. Walker Books, 2005.

Little Bear is afraid of the dark, and just cannot go to sleep. Big Bear tries everything, and soon their cave shines with the light of three lanterns. But what about the dark outside?

Dear Grandma Bunny

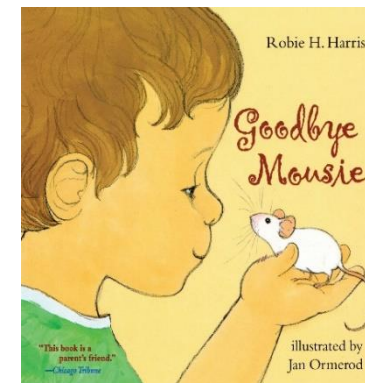
Bruna, Dick. 1996

Suitable for very young pupils this book tells the story of what happened and how Miffy felt and coped when Grandma died.

Goodbye Mousie

Harris, Robie H. & illustrated by Ormerod, Jan. Aladdin Paperbacks; Reprint edition, Nov 2004

This beautifully illustrated picture book tells the story of a little boy who's told that his pet mouse has died. At first he doesn't believe it, thinking it is just asleep, but by asking lots of questions and with the help of his family he begins to accept Mousie's death. This is a great story and would be very helpful to introduce death to young pupils and a starting point to discuss what happens after someone dies and the different feelings one may have.



Heaven

Allan, Nicholas. Red Fox, 2006

Dill, the dog, knows his time is up, so he packs his case and tells Lily, his owner, that he's off "up there". "Can I come too?" asks Lily. "Er...not yet," replies Dill. While he is waiting for the angels to collect him, Dill explains to Lily what he thinks heaven is like: hundreds of lampposts to pee against, lots of whiffy things to smell and bones everywhere - with meat on them! But, Lily completely disagrees; she thinks heaven is quite different. Luckily, they agree to disagree just in time for a fond, and very poignant, last goodbye.

I Miss You: A First Look at Death

Thomas, Pat & illustrated by Harker, Lesley. Barron's Educational Series, 2001

This bright and colourful picture book very simply talks about life and death. It briefly covers a range of issues such as why people die, how you may feel when someone dies and what happens afterwards. It includes questions for the reader to answer about their own experiences and a section at the back for adults on how to best use the book.

Oh The Things You Can Think!

Dr. Seuss. Random House, 2009.

The possibilities are endless in Dr. Seuss's classic Beginner Book! Young readers will delight in Oh, the Things You Can Think! which celebrates the imagination and encourages young readers to think . . . about thinking! "Think left and think right and think low and think high. Oh, the Things you can think up if only you try."

Owl Babies

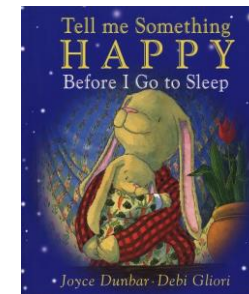
Waddel, M. Walker books, 1994

Three baby owls, Sarah, Percy and Bill, wake up one night in their hole in a tree to find that their mother has gone. So they sit on a branch and wait. Darkness gathers and the owls grow anxious, wondering when their mother will return. But, at last, she does, and they bounce up and down with joy, welcoming her home.

Tell Me Something Happy Before I Go To Sleep

Dunbar, J & Gliori, D. Harcourt Books

Little bunny Willa is scared to go to sleep, just in case she has a bad dream. She asks her older brother Willoughby for help. Wise Willoughby knows that she just needs to think of all happy things that will be waiting for her in the morning...



The Bear Under the Stairs

Cooper, Helen. Corgi Picture Books

William is scared of the place under the stairs. He is absolutely sure there's a great big and probably hungry grizzly bear lurking there. He is utterly convinced that the bear will gobble him up if he doesn't feed it, so every day he carefully opens the door, throws in some food and slams it shut quickly - wham, bang, thump!

Find out what happens when a nasty smell pervades the house and Mum and William decide to investigate . . .

The Frog Who Longed For The Moon To Smile

Sunderland, M. Speechmark publications, 2001

A story for pupils who yearn for someone they love. Frog is very much in love with the moon because she once smiled at him. So now he spends all his time dreaming about her. He waits and waits for her to smile at him again. One day a wise and friendly crow helps frog to see how he is wasting his life away. All the time he has been facing the place of very little, he's had his back to the place of plenty.

The Park in the Dark

Waddel, M & Firth, B. Walker Books, 2002

When the sun goes down and the moon comes up, the toy monkey and his friends, Loopy the elephant and Little Gee the dog, creep softly out of the bedroom, down the stairs and through the dark hall on their way to the deserted park. The park's an exciting place to be after dark, though a little bit scary - especially when the Thing (a night train) hurtles out of the darkness, seeming to chase them.

The Red Woollen Blanket

Graham, Bob. Candlewick Press, 1996

Even before Julia was born she was given a red woollen blanket that she used "right from the start." PW said, "Graham's colourful paintings show a humorous, tender regard for a preschooler's inexplicable attachment to a particular object." Ages 2 to 4.

When Uncle Bob Died (Talking it Through)

Althea & illustrated by Kopper, Lisa. Happy Cat Books Ltd, 2001

A young boy talks about death and about Uncle Bob who died from an illness. It clearly explains some basic facts such as what 'dead' means and what a funeral is. It also talks about feelings and memories. This small picture book would be a good starting point for very young pupils with lots of opportunity for further discussion.

Worry, Loss, Grief and Bereavement

Books for ages 5 to 8 years

A Birthday Present for Daniel, A Child's Story of Loss Rothman, Juliet & illustrated by Gish, Louise. Prometheus Books, 2001

Told by a young girl whose brother, Daniel, has died, she talks about how things have changed in the family. She also talks about the things she does when she is sad and how these differ from other members of her family.

Always and Forever

Durant, Alan & illustrated by Giori, Debi. 2003

Otter, Mole and Hare miss Fox when he falls ill and dies. They stay at home and don't want to talk about him because it makes them sadder. Then Squirrel visits and reminds them of all the fun times they had together. They all find a way to remember Fox and get on with their lives.

Badger's Parting Gifts

Varley, Susan. Picture Lions, 1992

Badger is old and knows he is going to die soon. When he does, the other animals think they will be sad forever, but they begin to talk about

the memories they have of the things Badger taught them and learn to cope with his death.

Drop Dead

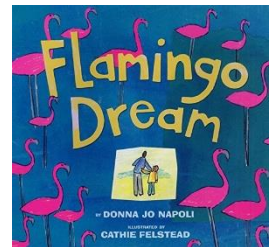
Cole, Babette. Red Fox, 1998

A humorous book with comic-like pictures, two 'bald old wrinklies' tell their grandpupils about their life growing up and how one day they will just drop down dead. It is a light-hearted book about life that emphasises the normality and inevitability of dying. It is very direct and some readers may not like its style.

Flamingo Dream

By Napoli, Donna Jo & illustrated by Felstead, Cathie. Greenwillow Books, 2003

In this bright and colourful book, a young boy tells the story of his Dad who is seriously ill and dies soon after a trip to Florida to see the place where he grew up. The collage style illustrations capture the things the boy collects to remind him of his Dad. A sensitive but honest book that emphasises the importance of memories.



Fred

Simmonds, Posy. Red Fox, 1998

A light-hearted book with detailed illustrations about Fred, Nick and

Sophie's lazy cat that dies. After burying him in the garden, they wake up at night to find all the cats in the area have come to say goodbye to Fred, the famous singer! This funny and touching story would be useful to introduce death to pupils.

Grandad's Island

Davies, Benji. Simon and Schuster. 2015

This book deals with the emotional topic of losing a grandparent. Subtly told, this beautifully illustrated book tackles a difficult subject with great sensitivity and depth.

Grandpa – The Book of the Film

Based on the story by John Burningham. Ladybird Books Ltd, 1991

This beautifully detailed picture book has very few words but tells the story of a little girl's relationship with her Grandpa. It takes the reader through many happy times they spent together playing games, telling stories and on outings. On the last page, Grandpa's chair is empty, signifying that he has died.

Heaven

Allan, Nicholas

Dill, the dog, knows his time is up, so he packs his case and tells Lily, his owner, that he's off "up there". "Can I come too?" asks Lily. "Er...not yet," replies Dill. While he is waiting for the angels to collect him, Dill explains to Lily what he thinks heaven is like: hundreds of lampposts to pee against, lots of whiffy things to smell and bones everywhere - with meat on them! But, Lily completely disagrees; she thinks heaven is quite different. Luckily, they agree to disagree just in time for a fond, and very poignant, last goodbye.

If All the World Were...

Coelho, Joseph. Lincoln Children's books. 2019

A moving, lyrical picture book about a young girl's love for her granddad and how she copes when he's gone, written by poet and playwright Joseph Coelho.

Saying Goodbye: A Special Farewell to Mama Nkwelle Onyefulu, Ifeoma. Frances Lincoln, 2002

This book has large bright colourful photos and follows a little boy, Ikenna describing what happens at the ceremony after his greatgrandmother's funeral. It gives ideas of different ways to remember someone and an insight into Nigerian culture.

Saying Goodbye to Daddy

Vigna, Judith. Albert Whitman & Company, 1991

Clare's Dad died in a car accident and this book looks at changes in the family, difficult feelings, funerals and memories through the eyes of Clare. It would also be a good book to help parents understand the child's

perspective. It gives good examples of how adults can answer pupils's questions, emphasising the need to be clear and honest.

The Heart and the Bottle

Jeffers, Oliver. Harper Collins. 2010

In this deeply moving story, Oliver Jeffers deals with the weighty themes of love and loss with an extraordinary lightness of touch and shows us, ultimately, that there is always hope.

The Huge Bag of Worries

Ironside, Virginia & illustrated by Rodgers, Frank. Hodder Wayland, 1996

Jenny begins to worry about lots of different things and these worries build up and get out of control. She just can't get rid of them, until she meets the old lady next door who helps her feel better. A lovely story with fun illustrations encourages pupils to talk about their worries

The Lonely Tree

Halliday, Nicholas. Halliday books.

Universally praised and beautifully written and illustrated, 'The Lonely

Tree' follows the first year in the life of a lone evergreen growing in the heart of the ancient oak woodland of the New Forest. The evergreen is befriended by the oldest oak who has lived for hundreds of years. When winter arrives all the oak trees must go to sleep, but of course evergreens never sleep. Finally, after a long, cold and lonely winter, spring brings both sadness and joy to the little tree.

The Memory Tree

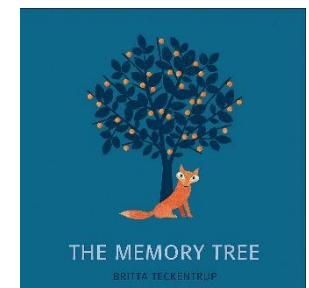
Teckentrup, Britta. Orchard Books. 2014

A beautiful and heartfelt picture book to help children celebrate the memories left behind when a loved one dies.

The See Saw

Percival, Tom. Simon and Shuster. 2019

When Sofia loses her beloved teddy after a day at the beach, she is heartbroken. But the sea saw it all, and maybe, just maybe, it can bring Sofia and her teddy back together. However long it may take...



The Sunshine Cat

Moss, Miriam and illustrated by Flather, Lisa. Orchard Picturebooks

Sunny the cat is loved by all his human family, but one day there is a knock at the door - Sunny has been killed in an accident. A sensitive story that aims to help pupils come to terms with death.

The Tenth Good Thing About Barney

Viorst, Judith & illustrated by Blegvad, Erik. Prentice Hall & IBD, 1987

A young boy's cat dies and his parents suggest that he could think of ten good things about Barney to tell at the funeral. But he can only think of nine, until he talks to his Father about what happens to someone after they have died, and he discovers the tenth. A carefully written book with black and white pictures, that sensitively deals with death and lets the reader make his or her own decisions about what happens after the funeral.

There's NO Such Thing as a Dragon

Kent, Jack. Happy Cat Books

There's No Such Thing as a Dragon (1975) by Jack Kent, part of the Family Storytime series, relates the charming tale of Billy Bixbee, who awakens to find a dragon "about the size of a kitten" sitting on his bed. The dragon grows by leaps and bounds, until Billy dares to pet the attention-seeking creature and it shrinks back down into an adoring little lap dragon.

When Dinosaurs Die: A Guide to Understanding Death

Krasny, Laurie & illustrated by Brown, Marc. Time Warner Trade Publishing, 1998

This factual picture book uses cartoon dinosaurs to illustrate the text and comment on what is said. It is a bright and colourful book that explains death in a simple and unthreatening way. It covers many issues including 'why does someone die?', 'feelings about death' and 'saying goodbye'.

When Sadness Comes to Call

Eland, Eva. Andersen Press. 2020

When Sadness arrives, try not to be afraid: give it a name, listen to it and spend some time together. Maybe all it wants is to know that it's welcome.

Worry, Loss, Grief and Bereavement

Books for ages 9 to 12 years

A Monster Calls

Ness, Patrick. Walker Books. 2015

Conor has the same dream every night, ever since his mother first fell ill, ever since she started the treatments that don't quite seem to be working. But tonight is different. Tonight, when he wakes, there's a visitor at his window. It's ancient, elemental, a force of nature. And it wants the most dangerous thing of all from Conor. It wants the truth. Patrick Ness weaves an extraordinary and heartbreaking tale of mischief, healing and above all, the courage it takes to survive

Beginnings and Endings with Lifetimes in Between, A beautiful way to explain life and death to pupils-

Mellonie, Bryan & Ingpen, Robert. Belitha Press, 1997

This thought provoking book has large pictures complemented with small sections of text. It clearly explains about life and death focussing on plants, animals and insects before moving on to people. It emphasises that death is part of the life cycle and is natural and normal whenever it occurs.

Death: What's Happening?

Bryant-Mole, Karen. Hodder Wayland, 1994

This factual book has clear text and large photos. It uses stories of young people to discuss issues surrounding death such as feeling frightened, the funeral and the future. It includes advice on how to feel better and cope with difficult situations after someone has died.

Explaining death to pupils

Chapman, Geoffrey. New Ed edition, 1997

This pocket size booklet with small black and white pictures is based on a fable, associating death with a water bug's transformation into a dragonfly. It portrays the mystery around death but may need an adult to explain the analogy and help a child relate it to their own experience.

It uses Christian beliefs with a focus on life after death and also contains advice for parents.

Losing Uncle Tim

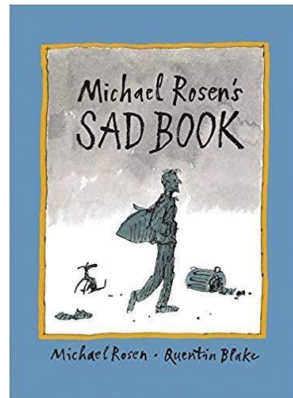
Jordan, Mary Kate & illustrated by Friedman, Judith. Albert Whitman & Company, 1999

This picture book for slightly older pupils explains how a young boy finds out his Uncle Tim has AIDS and is going to die. It is a serious and sensitive book covering many of the issues, changes and difficult feelings that can occur when someone has a serious illness.

Michael Rosen's SAD BOOK

Rosen, Michael & illustrated by Blake, Quentin. Walker Books, 2004

We all have sad stuff, but what makes Michael Rosen most sad is thinking about his son who died. This book is a simple but emotive story. He talks about what sad is and how it affects him and what he does to cope with it. In true Michael Rosen style, this book manages to make you smile as well.



Milly's Bug Nut

Janey, Jill. Winston's Wish, 2002

A short, simple story with black and white pictures, of a young girl who's Dad has died. It talks about the ups and downs of family life and how things slowly get easier as time goes. Milly misses her Dad and things are just not the same anymore. She knows when people die, they can't come back but she still keeps a wish to see her Dad one more time.

The Best Day of the Week

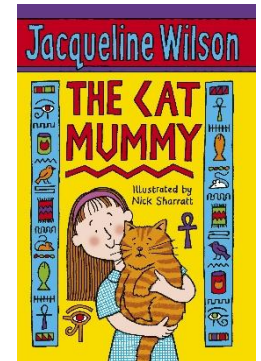
Cole, Hannah & illustrated by Prater, John. Walker Books, 1997
This storybook tells of two young pupils who spend Saturdays with their Grandparents when Mum is at work. It has three chapters, with stories of three different Saturdays. The first is a happy day; the second is at the hospital and sad as Granny dies, the third at

the theatre. It is a lovely story that gives an important message that it is still okay to have fun after someone dies.

The Cat Mummy

Wilson, Jacqueline & illustrated by Sharratt, Nick. Corgi Pupils's, 2002

Verity's Mum died the day she was born but she rarely talks about her. Verity doesn't want to upset her Dad or Grandparents. This humorous but sensitive story mainly focuses on Verity's missing cat Mabel but reveals some of the misunderstandings and anxieties pupils can have about death.



The Ghost of Uncle Arvie

Creech, Sharon. Macmillan Pupils's Books, 1997

This fun and humorous book is about Danny, an ordinary nine-year-old boy. However, once or twice a year a ghost visits him. This time it is the ghost of his Uncle Arvie who follows him, persuading him to make his three wishes come true. This book has some important messages and talks about death in an open way, but is primarily fun and imaginative.

The Mountains of Tibet

Gerstein, Mordicai. Barefoot Paperbacks, 1989

Based on Tibetan teachings, this book tells of a small boy who grows up to be a woodcutter. When he dies, he discovers there is a chance to live again but first he must make a number of choices. A simple tale with deep meaning but the theme of reincarnation could be confusing.

Two Weeks with the Queen

Gleitzman, Morris. Puffin Books, 2003

When his brother Luke is diagnosed with cancer, Colin is sent to London to stay with his aunt. Determined to find the Best Doctor In The World he visits The Best Cancer Hospital In London. There he meets Ted whose lover, Griff, has AIDS. The ever resourceful Colin helps his new friends when circumstances threaten to separate them and, in supporting Ted through his grief, is able to come to terms with his own.

Ways to Live Forever

Nicholls, Sally . Marion Lloyd Books, 2008

If I grow up," 11-year-old Sam informs readers, "I'm going to be a scientist." He says "if" because he has acute lymphoblastic leukaemia and knows he probably won't. With the encouragement of his tutor, he starts to write a bit about himself, then more, until he is using his writing to sort out his death. Interspersed with Sam's lists, questions and odd bits of mortality facts on notebook paper, his narrative proceeds in short, candid chapters that reveal a boy who, though he's not ready to die, nevertheless can confront the reality with heartbreaking clarity.

What on Earth Do You Do When Someone Dies?

Romain, Trevor. Free Spirit Publishing Inc, 2003

This book for older pupils is a factual guide, answering questions such as 'why do people have to die?', 'is it okay to cry?' and 'what is a funeral/memorial service?' It is written in a straightforward way, with practical tips, advice and information about different faiths and beliefs.