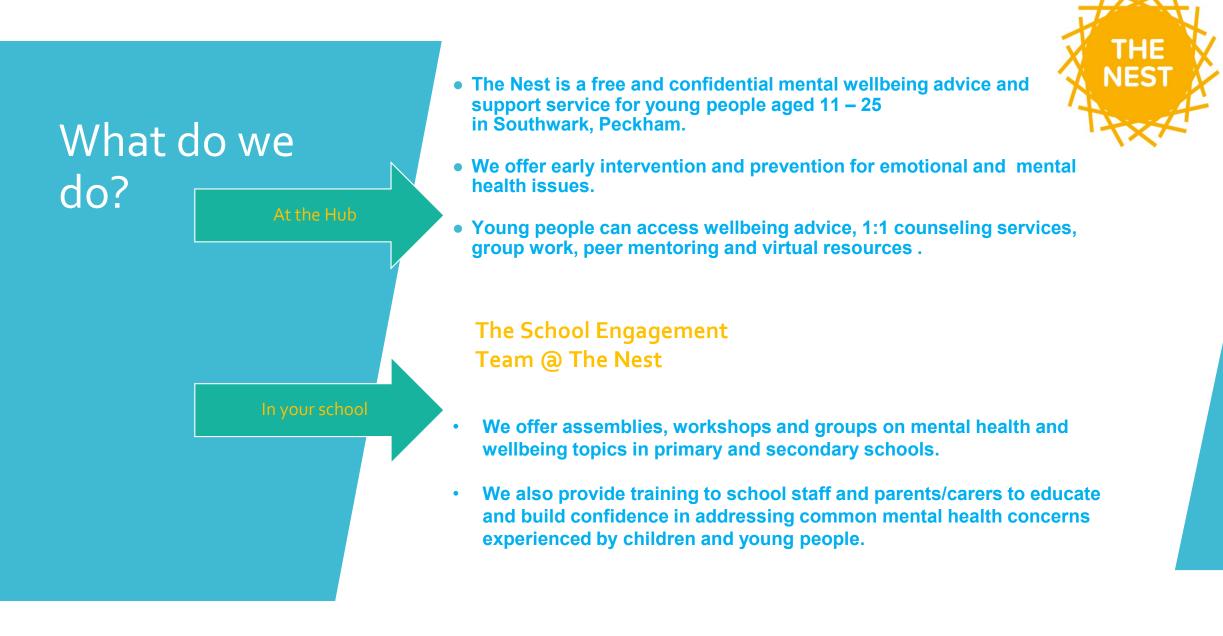


School Engagement Team



Current Delivery for children & YP's

UNIVERSAL

- Mental health 101 assembly
- Wellbeing and mental health
- Managing anxiety
- Mood & food
- Self-care
- Resilience
- Emotional regulation

TARGETED

- Managing anxiety group- 6 weeks
- Social Media & Wellbeing- 6 weeks
- Transitions- 6 weeks
- Pupils at risk of exclusion 12 weeks



Current Delivery for teachers & parent/ carers

Trainings/Workshops

- Self-care
- Emotional regulation
- Self- harm / suicidal Ideation
- Managing anxiety



Future Delivery



- The School Engagement Team are eager to respond to the emerging mental health and wellbeing needs of schools in Southwark.
- We are able to create and deliver further assemblies, workshops and trainings in response to the needs of children & YP's.
- Please get in contact with us if you would like discuss a future delivery.

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