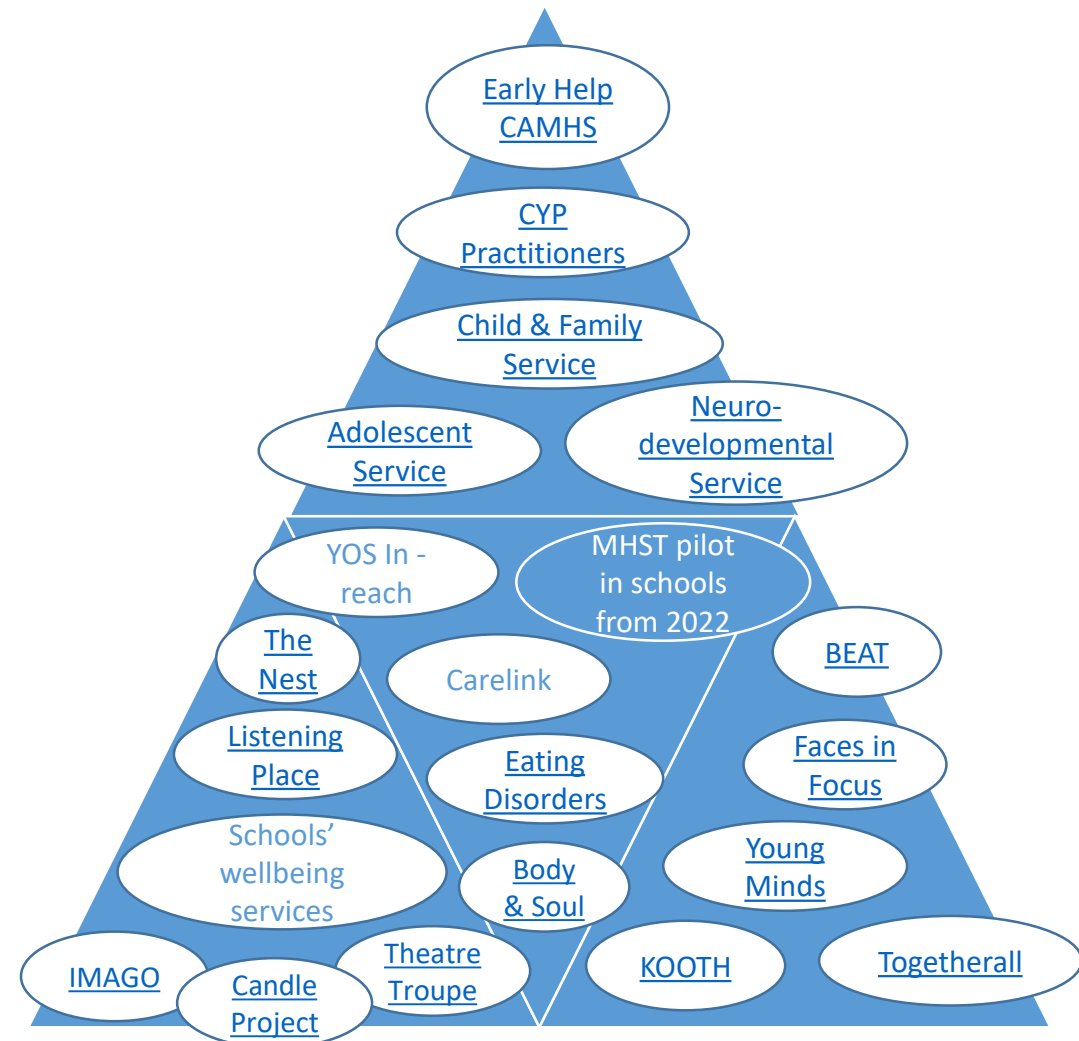
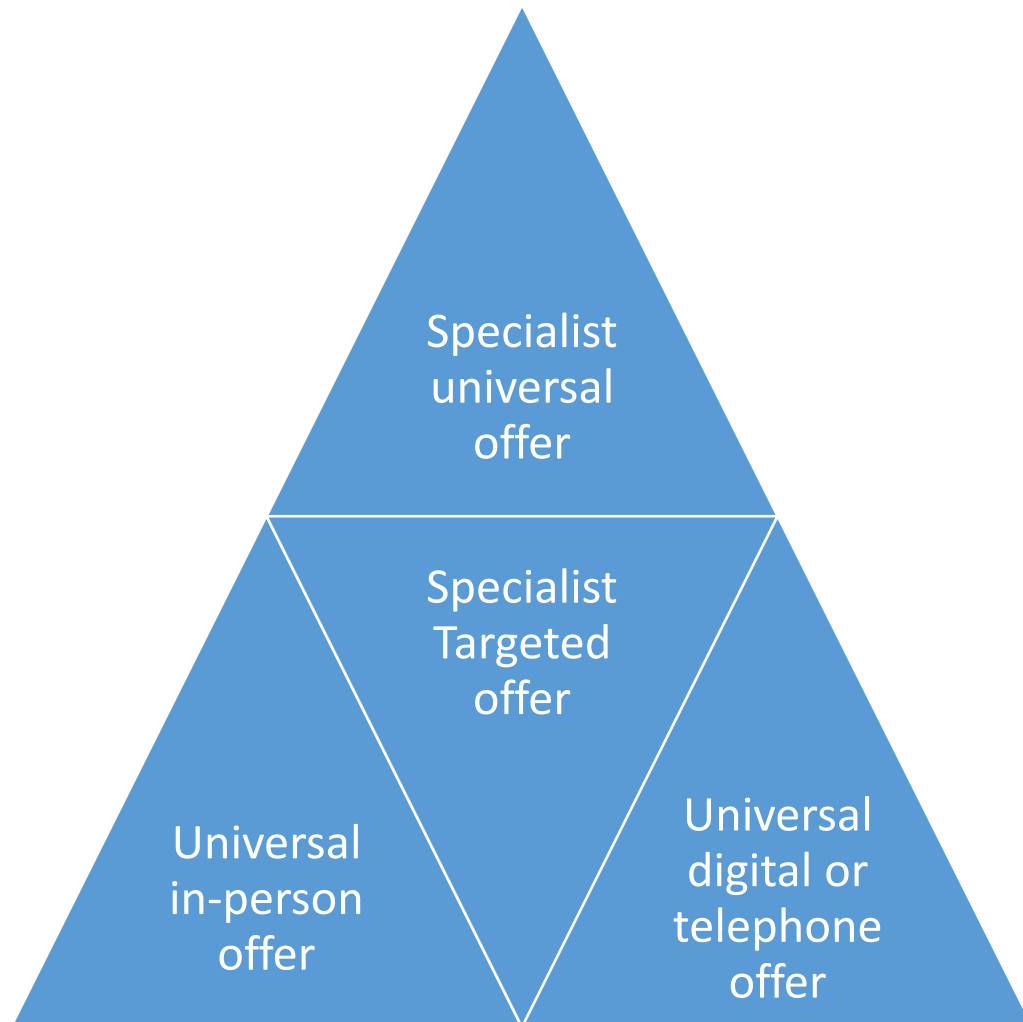


Services for Southwark children and young people in 2021



Referrals to the Nest

Overview of the thresholds for referrals	Common reasons why referrals aren't accepted	What information should be included on referrals
<p>Tier 2 (early intervention service)</p>	<ul style="list-style-type: none">• CYP in need of urgent care eg self-harm or suicidal ideation• CYP who are at significant risks to themselves• Diagnose or assess neuro-developmental disorders• Support CYP with significant MH concerns such as personality disorder• The CYP is being seen by a therapist• If an intervention has just concluded and for up to 3 months afterwards	<p><u>As much information as possible on a referral.</u></p> <p>Information should be as specific as possible, e.g. how long the mental health concern has been going on for, the impact it has on the young person, if other interventions have taken place, when were they/what were they/how long did they go for</p> <p>The Nest often receives one line referrals from schools that alludes to a concerning presentation, e.g. trauma and self-harm, with no further detail.</p> <p>If a young person presents with risk, the school should already have completed a safety plan that should be part of the referral.</p>

Referrals to CAMHS

Overview of the thresholds for referrals	Common reasons why referrals aren't accepted	What information should be included on referrals	Waiting times
<p>CAMHS consists of a number of teams which include a Children's Well Being Practitioner Service and Early Help teams that sees young people up to the age of 18 with <u>mild to moderate mental health difficulties</u>.</p> <p>The specialist multidisciplinary teams see young people again up to the age of 18, who have moderate to <u>severe mental health problems</u>.</p> <p>Single point of referral: CAMHS.SouthwarkReferrals@slam.nhs.uk</p>	<ol style="list-style-type: none"> 1. Patients not registered with a Southwark GP 2. When primary difficulties are challenging behaviours and parent has not yet been offered a parent child-management intervention. 3. Referrer asking for an ASD assessment, these are conducted by community paediatricians and hence redirected to Sunshine house (Referrals redirected to gst-tr.evelinacommunityreferrals@nhs.net) 4. Thresholds not met and needs can be met by other non-NHS services (e.g. Nest, Kooth, MHST) 	<p>It is important for as much information to be provided by referrers so that young people can be seen by the service most appropriate to meet their needs including:</p> <ul style="list-style-type: none"> • Are they known to other services • Do they have an ASD diagnosis 	<p>Waiting times vary depending on the demand for a particular service.</p>

The pathway for referrals of children and young people considered to need an **Autism or Autism Related diagnostic assessment**, is referral to the Paediatricians based at Sunshine House (gst-tr.evelinacommunityreferrals@nhs.net). The pathway for referrals of young people thought to have specific of global learning difficulties/disabilities is through the Educational Psychology service.