

# Free Healthy Weight Training

for School Governors and all school  
and nursery staff members

## Learn for Free

Complete your free 30-minute online training now  
and get practical tools and downloadable resources designed to  
help you improve the health of your school's or nursery's children

## Complete and Win!

Everyone who completes this training will  
automatically be entered into a prize draw  
to win one of three Decathlon vouchers for  
their nursery or school

Entry closes 30th March at 11pm

win  
£100

win  
£100

win  
£50



Help Create a Healthier School  
Environment Today

Simply scan the QR code or  
register at [southwarkhealthyweight.com/gov](https://southwarkhealthyweight.com/gov)