



# Active Southwark fun days

Come and take part in a free physical activity taster session, plus get advice about improving your health and wellbeing.

**There's something for everyone.**

**Events will run from 12 noon to 4pm on Saturdays:**

29 July 2023	Southwark Park   SE16
5 August 2023	Geraldine Mary Harmsworth Park   SE1
12 August 2023	Dulwich Park   SE21
19 August 2023	Peckham Rye Park   SE15
26 August 2023	Burgess Park   SE5



For full details and to book activities go to  
[southwark.gov.uk/active-fun-days](https://southwark.gov.uk/active-fun-days)

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